INTRODUCTION

1-4 WAIT ; ; DIP BACK & HOLD ; RECOVER (CP/LOD) & HOLD ;

(1-2) in CP fgg DLW wait 2 meas; (3) stp bk L with knee relaxed and R leg extended with toe on floor, hold, hold; (4) return weight to R drawing L up to R tng slightly lift fc to CP/LOD, hold, hold;

PART A

1-4 2 RUNNING WALTZES ; ; OPEN REVERSE TURN ; BACK RUNNING WALTZ ;

(1) fwd L, fwd R, fwd L; (2) fwd R, fwd L, fwd R; (3) fwd L tng lift fc 1/4, cont lift fc tn sd R, bk L ending CBJO/RLOD; (4) bk R, bk L, bk R;

5-8 OUTSIDE CHANGE TO BJO ; NATURAL TURN HALF ; SPIN TURN ; BOX FINISH (LOD) ;

(5) bk L, bk R tng lift fc, sd & fwd L to CBJO; (6) fwd R start rgt fc tn, sd diag line & wall L, cl R to L;

(7) bk L piv 1/2 rgt fc, fwd R cont tn rising on ball of foot, rec sd & bk L to CP/DLW; (8) bk R tng lift fc 1/8, sd L, cl R ending CP/LOD;

9-12 2 RUNNING WALTZES ; ; REVERSE TURN HALF ; BACK RUNNING WALTZ ;

(9-12) repeat measures 1 thru 4 Part A; ; ;

13-16 OUTSIDE CHANGE TO BJO ; HALF NATURAL TURN ; OVERSPIN TURN ; BOX FINISH (DLW) ;

(13-14) repeat measures 5 & 6 Part A; (15) bk L piv 1/2 rgt fc, fwd R cont tn rising on ball of foot, rec sd & bk L to CP/DRW; (16) bk R tng lift fc 1/4, sd L, cl R ending CP/DLW;

PART B

1-4 HOVER TELEMARK ; MANEUVER ; DOUBLE TWIRL/OUTSIDE CHANGE & PICKUP IN 3 ;

(1) fwd L, diag sd & fwd R rising tng body 1/8 rgt fc, fwd smi stp on toe L to SCP/LOD; (2) fwd R tng rgt fc, fwd L cont rgt fc tn, cl R to CP/RLOD; (3-4) [W fwd R tng rgt fc 1/2, bk L tng rgt fc 1/2, fwd R tng 1/2 rgt fc] bk L, bk R tng lift fc, sd & fwd L allowing W to travel towards LOD untouched; [W fwd L tng 1/2 rgt fc, bk R, bk L] small stps fwd R, fwd L, fwd R to CP/LOD;

5-8 FORWARD WALTZ ; MANEUVER ; DOUBLE TWIRL/OUTSIDE CHANGE & PICKUP IN 3 ;

(5) fwd L, fwd & sd R, cl L; (6-8) repeat measure 2 thru 4 Part B; ; ;
PART B (CONTINUED)

9-12
DIAMOND TURN ; ; ; ;
(9-12) fwd L tng ft fc on diag to BJO, cont tn sd R, bk L; tng ft fc bk R on diag, cont tn sd L, bk R;
fwd L tng ft fc on diag, cont tn sd R, bk L; tng ft fc bk R on diag, cont tn sd L, bk R ending BJO/DLC;

13-16
CHECK TO OUTSIDE SWIVEL ; WEAVE TO BJO ; ; CLOSED WING ;
(13) chkg fwd motion stp bk L, cross R in fnt of L no weight [W fwd R, swvl rgt fc on ball of R foot to SCP], ; (14-15) fwd R, fwd L tng ft fc to CP, sd & bk R to DLC; bk L tng W to CBJO, bk R tng body ft fc to CP, sd & fwd L to CBJO/DLW; (16) fwd R, drw L to R with lft body tn, lch L to R [bk L, sd R acr M, fwd L ending SCAR/DLW;

PART C

1-4
CROSS HOVER TO BJO ; BALANCE FORWARD & BACK ; ; CROSS HOVER TO SCAR ;
(1) xlf L, sd R with rise & tn, rec L; (2-3) fwd R, cl L, ip cl R; bk L, cl R, ip cl L; (4) xlf R, sd L with rise & tn, rec R;

5-8
BALANCE FORWARD & BACK ; ; CROSS HOVER TO SCP ; CHAIR AND SLIP ;
(5-6) ; repeat measure 2 & 3 Part C; (7) repeat measure 1 Part C to SCP/LOD; (8) lunge thru R checking, rec L, small stp bk on R toe [W swvl ft fc on R stp fwd L outsd M rgt sd] to CP/DLC;

9-12
REVERSE TURN HALF ; HOVER CORTE ; BACK WHISK ; WING ;
(9) fwd L start ft fc body tn, sd rgt acr LOD cont tn, cl L to R; (10) bk R start ft fc tn, sd & fwd L with rise, rec bk R tng W to CONTRA-BJO; (11) bk L, bk & sd R, xlf L to SCP; (12) fwd R, drw L to R, tch L to R [fwd L xlf of M tng slightly ft fc, fwd R ard M cont tn, fwd L ard M cont tn] ending SCAR/DLW;

13-16
OPEN TELEMARK ; IN AND OUT RUNS ; ; PICKUP IN 3 ;
(SECOND TIME CHANGE MEASURE 16 TO:) THRU TO PROMANADE SWAY ;
(13) fwd L start ft fc tn, sd R cont tn, sd & fwd L [bk R start ft fc tn bring L to R, heel tn on R chg weight to L, sd & fwd R] to SCP/LOD; (14-15) fwd R start rgt fc tn, sd & bk L to CP, bk R to CBJO; bk L tng rgt fc, sd & fwd R between W's feet cont rgt ft fc tn, fwd L to SCP/LOD; (16) small stps fwd R, fwd L, fwd R [W fwd R tng ft in fnt of M, bk & sd L, bk L] ending CP/LOD;

(NOTE, 2nd time change measure 16 to: thru R tng to fc partner, sd & fwd L to SCP stretching body upward to look over joined lead hands, relax R knee;

END

1-3
SLOW CHANGE OF SWAY ; ;
(1-2) very slowly, until end of music, without changing weight, change stretch of body and head position towards RLOD while executing slight upper body rgt fc rotation ; ;