WE KNOW THE WAY

Choreographers:
Annette & Frank Woodruff
Rue du Camp, 87
7034 Mons, Belgium

Rhythm & Phase: Cha Cha III (Difficult: transitions)
Music: Soundtrack Disney's Moana, We Know The Way by Lin-Manuel Miranda & Opetaia Foa'i, CD & mp3 available from Amazon. See Links*.

Footwork: Opposite except where indicated (W's footwork in parentheses)

anneandfrank@gmail.com
Sequence: Intro - ABC

INTRODUCTION
Tandem WALL both with L ft free wait long lead-in note [approximately 8 beats]

1 - 4 Point forward Point Side Behind Side Forward 4 x ;;;
Both pt L fwd to WALL, pt L to sd twd LOD, XLib/sd R, fwd L ; pt R fwd to WALL, pt R sd twd RLOD, XRib/sd L, fwd R ; rpt meas 1-2 Intro ;;

PART A

1 Left Foot Walk ;
Still with no hnds jnd & on same ftwrk walk twds LOD fwd L, fwd R, fwd L/cl R, fwd L ;

2 Right Foot Walk Lady in 4 ;
Fwd R, fwd L, jng trl hnds fwd R/cl L, fwd R (W fwd R, L, R, L) ;

3 Sliding Door ;
Sd apt L, rec R, relg hnds & chg sd bhd W XLiL/sd R, XLiL (W chg sd in frnt of M XRif/sd L, XRif) to LOP LOD ;

4 Rk Apart Recover Lady transitions to Left Foot;
Rk sd apt R, rec L, fwd R/cl L, fwd R (W sd apt L, rec R, fwd l, fwd R) ;

5 - 6 Point forward Point Side Behind Side Forward2x 2nd time with spin to OP ;;
Both pt L fwd twd LOD, pt L to sd twd COH, XLIB/sd R, fwd L ; pt R fwd twd LOD, pt R sd twd WALL, XRib/sd L, dropping hnds fwd R/spin individually ½ RF on ball of R ft to OP RLOD ;

7 - 8 Point forward Point Side Behind Side Forward 2x ;;
Both pt L fwd twd RLOD, pt L to sd twd WALL, XLIB/sd R, fwd L ; pt R fwd twd RLOD, pt R sd twd COH, XRBib/sd L, fwd R ;

9 Left Foot Walk ;
Still on same ftwrk walk twds RLOD fwd L, fwd R, fwd L/cl R, fwd L ;

10 Right Foot Walk Lady in 4 ;
Fwd R, fwd L, fwd R/cl L, fwd R (W fwd R, L, R, L) ;

11 Sliding Door ;
Sd apt L, rec R, relg hnds & chg sd bhd W XLiL/sd R, XLiL (W chg sd in frnt of M XRif/sd L, XRif) to RLOD ;

12 Apart Recover Forward Cha ;
Rk sd apt R, rec L, fwd R/cl L, fwd R ;

13 New Yorker ;
Fwd L (W fwd R) w/ straight leg, rec R to BFLY, sd L/cl R, sd L ;

14 Spot Turn ;
Relg hnds & swvlg ¼ LF on L ft fwd R trng LF ½, rec L trng ¼ LF to fc ptr, sd R/cl L, sd R ;

15-16 Hand to Hand Both Ways ;;
XLib to OP LOD, rec R to fc, sd L/cl R, sd L to BFLY WALL; XRib to RLOD, rec L to fc, sd R/cl L, sd R to mom BFLY WALL;

PART B

1 - 8 Chase Peek-a-Boo Double
**WE KNOW THE WAY**

**PART C**

<table>
<thead>
<tr>
<th>1</th>
<th>½ Basic ;</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 - 3</td>
<td>Crab Walks ;;</td>
</tr>
<tr>
<td>4</td>
<td>Whip to LOP ;</td>
</tr>
<tr>
<td>5</td>
<td>New Yorker ;</td>
</tr>
<tr>
<td>6</td>
<td>Whip to LOP ;</td>
</tr>
<tr>
<td>7</td>
<td>New Yorker to OP ;</td>
</tr>
<tr>
<td>8</td>
<td>New Yorker to BFLY ;</td>
</tr>
<tr>
<td>9</td>
<td>Vine 2 Face to Face ;</td>
</tr>
<tr>
<td>10</td>
<td>Vine 2 Back to Back ;</td>
</tr>
<tr>
<td>11 - 12</td>
<td>Sand Step 2x ;;</td>
</tr>
<tr>
<td>13 - 14</td>
<td>Side Walks ;;</td>
</tr>
<tr>
<td>15 - 16</td>
<td>Traveling Doors to OP ;;</td>
</tr>
<tr>
<td>17</td>
<td>Walk ;</td>
</tr>
<tr>
<td>18</td>
<td>Close/Point</td>
</tr>
</tbody>
</table>

---

Amazon: [https://www.amazon.com/We-Know-The-Way/dp/B01MQ2CKRA/ref=sr_1_1?dchild=1&keywords=Moana+we+know+the+way](https://www.amazon.com/We-Know-The-Way/dp/B01MQ2CKRA/ref=sr_1_1?dchild=1&keywords=Moana+we+know+the+way)

YouTube: [https://www.youtube.com/watch?v=ubZrAmRxy_M](https://www.youtube.com/watch?v=ubZrAmRxy_M)

Spotify: [https://open.spotify.com/track/0WyATLI80uAj9VPpGlTG1R](https://open.spotify.com/track/0WyATLI80uAj9VPpGlTG1R)

**WE KNOW THE WAY** is a song from the Disney animated feature *Moana*. The song is performed by Opetaia Foa’i of Oceanic music group “Te Vaka” and Tony award winning artist Lin-Manuel Miranda. Within the movie, the song is sent as a spiritual message to Moana. It can be viewed as her ancestors trying to tell her who her people truly are in their hearts. It becomes a celebration of voyaging, and the Polynesian pride that comes from being the world’s original great navigators. It was the first song written and composed for the film by Mark Mancina, Opetaia Foa’i, and Lin-Manuel Miranda. It is written in Samoan, Tokelauan, and English.

**WE KNOW THE WAY - WOODRUFF - CH III - 01:59 - Disney’s Moana**

**INTRO (4 meas)**

Tandem WALL, both with L ft free, wait 1 long lead-in note
Point forward, Point side, Behind/Side forward 4x ;;;

**PART A (16 meas)**

L foot Walk ; R foot Walk Lady in 4 ; Sliding Door ;
Apt, rec, Lady transitions to L ft ;
Point forward, Point side, Behind/Side forward 2x 2nd time with spin to face
Reverse ;; Point forward, Point side, Behind/Side forward 2x ;;
L foot Walk ; R foot Walk Lady in 4 ; Sliding Door ; Apt Rec Forward Cha ;
New Yorker ; Spot Turn ; Hand to Hand both ways ;;

Chase Peek-a-Boo Double ;;;;;;

**PART B (8 meas)**

½ Basic ; Crab Walks ;; Whip to LOP ;
New Yorker ; Whip to LOP ; New Yorker to OP ; New Yorker to BFLY ;
Vine 2 Fc to Fc ; Vine 2 Bk to Bk ; Sand Step 2x ;;
Side Walks ;; Traveling Doors to OP ;; Walk ; Close/Point ;

**PART C (18 meas)**

Amazon: [https://www.amazon.com/We-Know-The-Way/dp/B01MQ2CKRA/ref=sr_1_1?dchild=1&keywords=Moana+we+know+the+way](https://www.amazon.com/We-Know-The-Way/dp/B01MQ2CKRA/ref=sr_1_1?dchild=1&keywords=Moana+we+know+the+way)

YouTube: [https://www.youtube.com/watch?v=ubZrAmRxy_M](https://www.youtube.com/watch?v=ubZrAmRxy_M)

Spotify: [https://open.spotify.com/track/0WyATLI80uAj9VPpGlTG1R](https://open.spotify.com/track/0WyATLI80uAj9VPpGlTG1R)

**WE KNOW THE WAY** is a song from the Disney animated feature *Moana*. The song is performed by Opetaia Foa’i of Oceanic music group “Te Vaka” and Tony award winning artist Lin-Manuel Miranda. Within the movie, the song is sent as a spiritual message to Moana. It can be viewed as her ancestors trying to tell her who her people truly are in their hearts. It becomes a celebration of voyaging, and the Polynesian pride that comes from being the world’s original great navigators. It was the first song written and composed for the film by Mark Mancina, Opetaia Foa’i, and Lin-Manuel Miranda. It is written in Samoan, Tokelauan, and English.

**WE KNOW THE WAY - WOODRUFF - CH III - 01:59 - Disney’s Moana**

**INTRO (4 meas)**

Tandem WALL, both with L ft free, wait 1 long lead-in note
Point forward, Point side, Behind/Side forward 4x ;;;

**PART A (16 meas)**

L foot Walk ; R foot Walk Lady in 4 ; Sliding Door ;
Apt, rec, Lady transitions to L ft ;
Point forward, Point side, Behind/Side forward 2x 2nd time with spin to face
Reverse ;; Point forward, Point side, Behind/Side forward 2x ;;
L foot Walk ; R foot Walk Lady in 4 ; Sliding Door ; Apt Rec Forward Cha ;
New Yorker ; Spot Turn ; Hand to Hand both ways ;;

Chase Peek-a-Boo Double ;;;;;;

**PART B (8 meas)**

½ Basic ; Crab Walks ;; Whip to LOP ;
New Yorker ; Whip to LOP ; New Yorker to OP ; New Yorker to BFLY ;
Vine 2 Fc to Fc ; Vine 2 Bk to Bk ; Sand Step 2x ;;
Side Walks ;; Traveling Doors to OP ;; Walk ; Close/Point ;