VITO’S WALTZ 3

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MUSIC: Song: Vito’s Waltz (The Godfather)  Artist: The New 101 Strings Orchestra
MUSIC MEDIA: CD: Strictly Slow Waltz: The Best Of Dancesports, Track 8
Download available from www.amazon.com

FOOTWORK: Opposite unless indicated (W’s footwork in parentheses)

RHYTHM: Waltz  RAL Phase: III + 2 [Diamond Turn, Telemark to SCP]  Difficulty Level: Easy

SEQUENCE:
INTRO    A  A    B  B (1-24)    END

MEAS:

INTRODUCTION

1-4

MAN FCG PARTNER & DLC  ABOUT 6 FEET APART  TRAIL FEET FREE  WAIT 1

MEAS:  CROSS POINT TWICE;;  PICKUP TOUCH DLC;

1  Wait ;
2  {X PT} XRif as arms Xif of chest, pt L to sd as arms extend to side, - (W XLif as arms Xif of chest, pt R to sd as arms extend to side, - ) ;
3  {X PT} XLif as arms Xif of chest, pt R to sd as arms extend to side, - (W XRif as arms Xif of chest, pt L to sd as arms extend to side, - ) ;
4  {PU TCH DLC} XRif [short step] twd DLC, tch L to R, blend to CP DLC (W XLif stepping in front of M trng slightly LF, tch R to L, blend to CP DLW) ;

PART A

1-4

1 LEFT TURN TO RLOD;  BACK WALTZ;  2 RIGHT TURNS TO WALL;;

1  (1 L TRN RLOD) Fwd L commence up to 1/4 LF trn, cont trn sd R DIAG acrs LOD trng LF to fc RLOD, cl L (W Bk R commence up to 1/4 LF trn, cont trn sd L twd LOD trng LF to fc LOD, cl R) ;
2  {BK WZ} Bk R, bk L, cl R (W Fwd L, fwd R, cl L) ;
3  {2 R TRNS WALL} Bk on L trng up to 1/4 RF, sd R twd LOD trng 1/8 RF, cl L CP DLC (W fwd R trng up to 1/4 RF, sd L DIAG acrs LOD trng up to 1/8 RF, cl R CP DWR) ;
4  Fwd R trng up to 1/4 RF, cont trn sd L DIAG acrs line of progression trng 1/8 RF to WALL, cl R (W Bk L trng up to 1/4 RF, sd R twd line of progression trng 1/8 RF to COH, cl L) ;

5-8

TWIRL VINE 3:  MANEUVER:  SPIN TURN TO DRW:  BOX FINISH DLW;

5  {TWRL VIN 3} Raising L hnd sd L, XRib, sd L (W sd & fwd R trng 1/2 RF undr jnd hnds, sd & bk L trng 1/2 RF, sd r) ;
6  {MANUV} Thru R DIAG acrs LOD commencing RF upper body trn, cont RF trn to fc ptr & RLOD sd L, cl R (W Thru L [short stp] begin RF upper body trn, sd & fwd R cont RF trn to fc ptr & LOD, cl L) ;
7  {SPN TRN TO DRW} Commence RF upper bdy trn bk L pvgt 1/2 RF to fc LOD, fwd R between W's feet heel to toe cont trn leaving L leg extended bk & sd, comp trn rec sd & bk L end fcg DRW (W Commence RF upper bdy trn fwd R between M's feet heel to toe pvgt 1/2 RF, bk L toe cont trn brush R to L, comp sd & fwd R end fcg DLC) ;
8  {BOX FIN} Bk R commence LF trn, sd L to fc DLW, cl R (W Fwd L commence LF trn, sd R to fc DRC, cl L) ;

9-13

WHISK:  WING:  CROSS HOVER THREE TIMES TO SCP;;;

9  {WSK} Fwd L, fwd & sd R commencing rise to ball of foot, XLif of R cont to full rise on ball of foot endg in tight SCP (W bk R, bk & sd L commencing to rise to ball of foot, XRib of L cont to full rise on ball of foot to SCP) ;
10  {WING} Fwd R, draw L twd R, tch L to R trng upper bdy LF w/ L sd stretch to SCAR fgc DLC (W Fwd L beginning to Xif of M commence trng slightly LF, fwd R around M cont trng slightly LF, fwd L around M continuing to trn slightly LF to end in tight SCAR DWR) ;
11  {X HVR TO BJO} XLif of R, sd R w/ a slight rise commence LF trn, rec L comp trn to BJO (W XRib of L, sd L w/ a slight rise commence LF trn, rec R comp trn to BJO) ;
12  {X HVR TO SCAR} XRif of L, sd L w/ a slight rise commence RF trn, rec R comp trn to SCAR (W XLif of R, sd R w/ a slight rise commence RF trn, rec L comp trn to SCAR) ;
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13 {X HVR TO SCP} XLif of R, sd R w/ a slight rise commence LF trn, rec L comp trn to SCP
(W XRib of L, sd L w/ a slight rise commence RF trn, fwd R trng to SCP);

THRU SIDE BEHIND; ROLL 3: **PICKUP FORWARD CLOSE DLC:
14-16
{THRU SD BHD} Thru R w/ small reaching stp trng to fc ptr, sd L, XRib blending to BFLY
(W Thru L w/ small reaching stp trng to fc ptr, sd R, XLib blending to BFLY);

15 {ROLL 3} Commence LF trn sd L twd LOD, cont LF trn bk R twd LOD, cont LF trn sd L trng
to fc ptr & WALL (W Commence RF trn sd R twd LOD, cont RF trn bk L twd LOD, cont RF trn sd R to fc ptr & COH);

16 {PU FWD CL} Fwd R [short step] twd DLC blending to CP DLC, fwd L, cl R (W Fwd L DIAG
acrs LOD trng LF to fc ptr & DWR, bk R, cl L) ; **See note at end for more challenging
figure for more experienced dancers

REPEAT PART A

PART B

1-4 DIAMOND TURN TO SCAR:::;
1-4 {DIAM TRN} Fwd L trng LF on the diag, cont L trn sd R, bk L to BJO ;
Staying in BJO &
tng LF stp bk R, sd on L, fwd R ;
Still in BJO stp fwd L trng on the diag, sd R, bk L ;
Bk R
cont trn, sd L, fwd R to SCAR ;

5-8 CROSS HOVER TO SCP; MANEUVER; IMPETUS TO SCP; THRU CHASSE TO SCP;
5 {X HVR TO SCP} Same as Part A meas 13 ;
6 {MANUV} Same as Part A measure 6 ;
7 {IMP TO SCP} W/ soft or flexed knees throughout commence RF upper bdy trn bk L, cl R
[heel turn] cont trn to LOD, fwd L in tight SCP (W W/ soft or flexed knees throughout
commence RF upper bdy trn fwd R, between M’s ft heel to toe pvtg 1/2 RF, sd & fwd L cont
trn around M brush R to L, fwd R to SCP) ;

8 {THRU CHASSE TO SCP} Thru R commence trn to fc, sd L/cl R, sd L to SCP (W Thru L
commence trn to fc, sd R/cl L, sd R to SCP);

9-12 PICKUP FORWARD CLOSE; TELEMARK TO SCP; HOVER FALLAWAY; SLIP
PIVOT TO BJO;
9 {PU FWD CL} Fwd R [short step] twd DLC blending to CP DLC, fwd L, cl R (W Fwd L DIAG
acrs LOD trng LF to fc ptr & DWR, bk R, cl L) ;

10 {TELE SCP} Fwd L commencing to trn LF, sd R contg trn, sd and slightly fwd L to end in
tight SCP (W bk R commencing to trn LF bringing L beside R w/ no weight, trn LF on R
heel [W heel turn] and chg weight to L, stp sd and slightly fwd R to end in tight SCP) ;

11 {HVR FALWY} Staying in SCP throughout thru R, fwd L rising to ball of foot and ckg, rec R
(W staying in SCP throughout thru L, fwd R rising to ball of foot and ckg, rec L ) ;

12 {SLP PVT TO BJO} Bk L, bk R commence LF trn [keeping L leg extended], fwd L blending
to BJO (W Bk R commence LF pvt on ball of foot [thighs locked left leg extended], fwd L
comp LF trn placing L foot near M R foot, bk R blending to BJO) ;

13-16 MANEUVER; SPIN TURN OVERTURNED [DRW]; BOX FINISH DLW; WHISK;
13 {MÁNÚV} Thru R DIAG acrs LOD commencing RF upper body trn, cont RF trn to fc ptr &
RLOD sd L, cl R (W Bk L begin RF upper body trn, sd & fwd R cont RF trn to fc ptr & LOD, cl L) ;

14 {SPN TRN OVRTRNĐ) Same as Part A meas 7 ;
15 {BOX FIN DRW} Same as Part A meas 8 ;
16 {WSK} Same as Part A meas 9 ;

17-20 WING; TURN LEFT & RIGHT CHASSE TO BJO; BACK BACK/LOCK BACK;
IMPETUS TO SCP;
17 {WING} Same as Part A measures 10 ;
18 {TRN L & R CHASSE TO BJO} Fwd L commence LF upper bdy trn, sd R cont LF trn /cl L,
sd R comp trn to BJO (W Bk R commence LF upper bdy trn, sd L cont trn LF/cl R, sd L
comp trn to BJO) ;
19 {BK BK/LK BK} Bk L, bk R/lk Lif of R, bk R (W Fwd R, fwd L/lk Rib of L, fwd L) ;
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20 {IMP SCP} Same as Part B meas 7 except W’s 1st stp is fwd on R outsbd M;

21-25
THRU HOVER TO BJO; BACK BACK/LOCK BACK; BACK HOVER SCP; THRU CHASSE SCP; **PICKUP FORWARD CLOSE DLC;

21 {THRU HVR BJO} Thru R, fwd & sd L rising to ball of foot w/ slight LF upper bdy trn, rec R to BJO (W Thru L, fwd & sd R rising to ball of foot trng to BJO brush L to R, rec L);

22 {BK BK/LK BK} Bk L, bk R/lk Lif of R, bk R (W Fwd R, fwd L/lk Rib of L, fwd L);

23 {BK HVR SCP} Bk L, sd & bk R w/ a slight LF bdy trn & slight rise, rec L to tight SCP (W Fwd R, fwd & sd L trng & rising to ball of foot brush R to L trng to SCP, fwd R);

24 {THRU CHASSE SCP} Thru R commence trn to fc, sd L/cl R, sd L to SCP (W Thru L commence trn to fc, sd R/cl L, sd R to SCP);

25 {PU FWD CL} Same as Part A meas 16;

REPEAT PART B MEAS (1-24)

END

1-2
THRU HOVER TO BFLY; BACK WRAP IN 2 POINT SIDE & LOOK AT PARTNER;

1 {THRU HVR BFLY} Thru R, fwd & sd L rising to ball of foot w/ slight LF upper bdy trn, rec R to BFLY fcg DLW (W Thru L, fwd & sd R rising to ball of foot trng LF to BFLY DCR, rec L);

2 {BK WRP IN 2 PT SD & LOOK AT PTR} Bk L [short stp], cl R to L lower trail hnd to W’s waist level leading W to make a LF trn under jnd lead hnds & lowering jnd lead hnds to W’s waist, pt L to COH & look at ptr (W Fwd R trng 1/2 LF under jnd lead hnds to fc LOD, cl L to R, pt R to WALL & look at ptr);

**QK CUES
SEQ: INTRO A A B B (1-24) END

INTRO: M FCG PTR & LOD ABOUT 6 FEET APT TRAIL FEET FREE WAIT 1 MEAS; X PT 2X; PU DLC;

PART A: 1 L TRN TO RLOD; BK WZ; 2 R TRNS TO WALL;;
TWRL VIN 3; MANUV; SPN TRN OVRTRND [DRW]; BOX FIN DLW;
WSK; WING; X HVR 3X TO SCP;;;
THRU SD BHD; ROLL 3; PU FWD CL [DLC];

REPEAT PART A

PART B: DIAM TRN TO SCAR;;;
X HVR TO SCP; MANUV; IMP TO SCP; THRU CHASSE TO SCP;
PU FWD CL [DLC]; TELE TO SCP; HVR FALWAY; SLP PVT TO BJO;
MANUV; SPN TRN TO DRW; BOX FIN DLW; WSK;
WING; TRN L & R CHASSE TO BJO; BK BK/LK BK; IMP TO SCP;
THRU HVR TO BJO;; BK BK/LK BK; BK HVR TO SCP; THRU CHASSE SCP; 2ND ➔ END
PU FWD CL [DLC];

REPEAT PART B (1-24)

END: THRU HVR TO BFLY; BK WRP IN 2 PT SD LOOK AT PTR;

**Alternate more challenging figure for more experienced dancers: PU TO BJO & QK DBL LK;
Can be used in Part A meas 16 & Part B meas 25

{PU TO BJO & QK DBL LK} Fwd R [short step] twd DLC blending to BJO DLC, fwd L/lk Rib, fwd L/lk Rib (W Fwd L DIAG acrs LOD trng LF to fc ptr & RLOD blending to BJO, bk R/lk Lif, bk R/lk Lif);