Choreographer: Stephen & Wendy Bradt, 95 Coffeetown Road, Easton, PA 18042 (215) 250-8841
Choreographer/Coach: Lorraine Hahn M.I.S.T.D.
Record: Contact Choreographer
Release: April 1990
Sequence: Intro A B A(1-16) C Ending
Footwork: Directions for Man (Woman opposite except where noted)
Phase: VI International Rumba (Note: Dance may be danced on the 4&1 timing if desired, therefore increasing the difficulty.)

Intro

1-4

WALTZ: ARM CIRCLE: FENCELINE: SPOT TURN:

1. (Waltz) Man fc RLOD in open facing position arms at side when music begins slightly raise arms away from side;

2. (Arm Circle) Both man & lady circle arms inward around then up & out to side;

3. (FenceLine) No hands joined fwd & across L checking with flexed knee to COH, rec R, sd L to end fc partner & RLOD, settle into left hip; (W: Fwd & across R with flexed knee to COH, rec L, sd R to end fc partner & LOD, settle into right hip);

4. (Spot Turn) Fwd & across R toward WALL commencing lfc trn, fwd L continuing lfc trn, sd R toward COH finishing lfc trn to fc partner & RLOD, settle into right hip; (W: Fwd & across L toward WALL commencing rfc trn, fwd R continuing rfc trn, sd L toward COH finishing rfc trn to fc partner & LOD, settle into left hip;)

Part A

1-4

OPEN HIP TWIST: FAN (TO FC): NEW YORKER: NEW YORKER WITH ARMS:

1. (Open Hip Twist) With lead hands joined rk fwd L, rec R, close L to R bracing left arm at side waist level, settle into left hip; (W: Brk R, small step fwd L, fwd R feeling pressure on right arm from man's braced left arm trn sharply rfc 3/8 trn folding free left arm across body waist level, settle into right hip;)

2. (Fan to fc) Ek R, rec L commencing 1/4 lfc trn, sd R twd RLOD finishing 1/4 lfc trn to end fc partner & WALL, settle into right hip; (W: Fwd L, fwd R delay 1/2 lfc trn until after weight has been taken, sd L twd RLOD to end fc partner & COH, settle into left hip;)

3. (New Yorker) Turning 1/4 rfc/fwd L toward RLOD with lead hands joined free right arm diagonally up & out to right sd, rec R commence 1/4 lfc trn, sd L toward LOD finish 1/4 lfc trn to fc WALL & partner, settle into left hip; (W: Turning 1/4 lfc/fwd R toward RLOD with lead hands joined free left arm diagonally up & out to left sd, rec L commence 1/4 rfc trn, sd R toward LOD finish 1/4 rfc trn to fc COH & partner, settle into right hip;
4. (New Yorker with Arms) With lead joined fwd R XIF of L
toward LOD, trng upper body 1/8 lfc bring free right arm
upward in a circle until above head pointing toward LOD,
rec L trng upper body 1/8 rfc to fc partner; sd R to fc
WALL bring right arm diagonally down across front of
body, settle into right hip; (W: With lead hands joined
fwd L XIF of R toward LOD, trng upper body 1/8 rfc bring
free left arm in a circle until above head pointing toward
LOD, rec R trng upper body 1/8 lfc to fc partner, sd L
to fc COH bring left arm diagonally down across front of
body, settle into left hip.)

5-8

NEW YORKER; SPOT TURN; HAND TO HAND WITH SPIRAL; AIDA;
5. Repeat Measure 3, Part A;
6. Repeat Measure 4, Intro;
7. (Hand to Hand with Spiral) Turning 1/4 lfc/bk L to right
side by side position right joined with partner left arm
extended diagonally up & out, rec R commencing 1/4 rfc
trn, sd L to LOD finishing 1/4 rfc trn release joined
hand, spiral 3/4 rfc allowing R to cross loosely in front
no weight to fc LOD; (W: Turning 1/4 rfc/bk R to right
side by side position left hand joined with partner right
arm extended diagonally up & out, rec L commencing 1/4,
sd R to LOD finishing 1/4 lfc trn release joined hand,
spiral 3/4 lfc on R allowing L to cross loosely in front
no weight to fc LOD;)

8. (Aida) Fwd R LOD, fwd L delay 1/2 rfc trn until weight has
been taken, bk & slightly sd R joining left hand with
partner body trn 1/8 rfc to end diagonally back to back
"V" position right arm up & out to end fc RLOD, settle
into right hip; (W: Fwd L LOD, fwd R delay 1/2 lfc trn
until weight has been taken, bk & slightly sd L joining
right hand with partner body trn 1/8 lfc to end
diagonally back to back "V" position left arm up & out to
end fc RLOD, settle into L hip;)

9-12

ROCK THREE WITH ARM ACTION; SPOT TURN; HALF BASIC; FAN;
9. (Rock Three with Arm Action) Rk fwd on extended L settling
strongly into left hip bring right arm in toward body
back of wrist leading, rk bk R settling strongly into
right hip bring right arm diagonally down elbow leading
rotating back of wrist down, rk fwd L delaying 1/4 lfc
trn until weight has been taken to fc partner & WALL
inside edge of right foot pointed sd to RLOD right arm
down at right sd, settle into left hip; (W: Rk fwd on
extended R settling strongly into right hip bring left
arm in toward body back of wrist leading, rk bk L
settling strongly into left hip bring left arm diagonally
down elbow leading rotating back of wrist down, rk fwd
R delaying 1/4 rfc trn until weight taken to fc partner &
COH inside edge of left foot pointed sd to RLOD left arm
down at left sd, settle into right hip;)

10. Repeat Measure 4, Intro
11. (Half Basic) In paso doble hold (loose closed) fwd L, rec R, sd & slightly bk L fc WALL, settle into left hip;
(W: Bk R, small fwd L, sd & slightly fwd R fc COH, settle into right hip;)

12. (Fan) Bk R commencing to bring left arm back to lead fan, rec L finishing left arm back with elbow at waist palm up, sd R extending left arm sd & slightly fwd to fc WALL, settle into R hip; (W: Fwd L, fwd R outside next to man's left foot delaying 1/4 lfc trn until weight is taken, bk L 1/8 lfc upper body trn to fc DRW, settle into left hip;)

13-16 THREE ALEMANAS;

13-16. (Three Alemanas) Fwd L, rec-R bring left arm in CW arc up in front of body palm out arm held slightly braced "to lead lady to alemana, settle into left hip; keeping left arm over lady's head" Bk R, rec L, close R to L, settle into right hip; Rk sd L, rec R, close L to R, settle into left hip; Continue keeping left arm over lady's head Rk bk R, rec L, close R to L changing to right to right hand hold high-left to left hand hold low ending to fc WALL, settle into right hip; (W: Close R to L trn upper body 1/8 rfc to RLOD & partner, fwd L, fwd R delay 3/8 rfc trn until weight has been taken to end fc DCL, settle into right hip; Fwd L under joined right hand trn 1/2 rfc to fc DWR, fwd R trn 1/2 rfc to end fc partner & COH, bk & sd L trn 1/4 rfc to end DLV right hand joined above head in front of body, settle into left hip; Sd & fwd R trn 1/4 lfc to fc partner, spin 1 1/4 lfc on L to fc DCL, small sd R, settle into right hip; Fwd L under joined right hand trn 1/2 rfc to fc DWR, fwd R trn 3/8 rfc to end fc partner & COH, fwd & slightly sd L, settle into left hip;)

17-20 ADVANCED HIP TWIST; STEP SWIVELS WITH LADY SPIRAL;

ROPES SPIN (Lady Fold to Skaters-Man Transition):

17. (Advanced Hip Twist) Fwd L slight rfc upper body trn, rec R commence very slight lfc upper body trn, XLB of R continue lfc trn keeping upper body well toward lady keep raised joined right hands up & over lady's head until second step of lady's footwork is completed then bring right hands down to waist level, settle into left hip;
(W: Trn 1/2 rfc on L bk R, rec L trn 1/2 lfc, fwd R outside man's right side trn 3/8 rfc to end fc DWL with joined hands at waist level, settle into right hip;)

18. (Step Swivels with Lady Spiral) Bk R, rec L, small fwd R keep hands joined sweep toned arms from right to left then left to right in a figure "8", release left hand & raise right arm as lady spirals settle into right hip;
(W: Fwd L trn 1/2 lfc to fc DWR, fwd R trn 1/4 rfc to fc LOD, sd & fwd L spiral 3/4 rfc release left hand & raising right arm to end fc COH, settle into left hip;
19-20. (Rope Spin Lady Fold to Skaters—Man Transition)
Releasing right hands Rk sd L, rec R, close L to R, settle into left hip; Rk bk R, rec L, touch R to L end in skaters fc DLW left hands joined free right arm extended toward DWR, settle into left hip; (W: Dragging right hand around man's shoulder & neck throughout first five steps fwd R circling rfc behind man, fwd L continuing rfc circle, fwd R continue rfc circle to fc WALL on man's left side, settle into right hip; Fwd L still circling rfc, fwd R continuing rfc circle, fwd L trng 1/2 rfc to end fc DLW in shadow skaters left hands joined free right arm extended toward DWR, settle into left hip;)

21-24 CRABWALKS; SHADOW FENCeline; SPOT TURN;
21-22. (Crabwalks) Toward LOD with left shoulder leading XRIF of L, sd L, XRIF of L, settle into right hip; sd L, XRIF of L, settle into left hip; (W: Same footwork as Man;)
23. (Shadow Fenceline) Fwd & sd XRIF of L checking with flexed knee toward LOD, rec L trng 1/8 rfc to fc WALL, touch R to L, settle into left hip; (W: Fwd & sd XRIF of L checking with flexed knee toward LOD, rec L, sd R toward RLOD trng 1/2 rfc to fc COH & partner, settle into right hip;)

24. Repeat Measure 4, Intro join lead hands fc WALL;

25-28 OPEN HIP TWIST (Lady Spins); FAN; STOP & GO HOCKEY STICK;

ALEMANA;
25. (Open Hip Twist Lady Spins) Rk fwd L, rec R, close L to R bracing left arm waist level at side, settle into left hip; (W: Bk R, small step fwd L, fwd R feeling pressure on right arm from man's braced left arm free spin on R 1'1/4 rfc to end DLW with right hand joined & left wrapped across body slightly above waist level, settle into right hip **NOTE: IF DESIRED REPLACE SPIN WITH 3/8 RFC TRN AS IN STANDARD OPEN HIP TWIST;)

26. Repeat Measure 12, Part A;
27. (Stop & Go Hockey Stick) Rk fwd L, rec R, sd L bringing joined hand CCW up & over lady's head, settle into left hip; (W: Close R to L trng upper body 1/8 rfc, fwd L, fwd R trng 3/8 lfc to fc DLW, settle into right hip;)

28. (Alemana) Rk bk R, rec L, close R to L, settle into right hip to end CP fc WALL; (W: Fwd L trng 1/4 rfc to fc WALL, fwd R trng 1/2 rfc to fc partner & COH, fwd & slightly sd L to CP COH, settle into left hip;
29-32  ADVANCED HIP TWIST;  CIRCULAR HIP TWIST;  FAN (to face);
29. Repeat Measure 17, Part A;
30 & 31. (Circular Hip Twist) In small tight 1fc trng circle keep upper body toward lady and left arm braced as in a hip twist bk up R, L, R to fc COH, settle into right hip; Continue backing _lfc circle L, R, L, settle into left hip to end fc DWR; (W: Fwd L trng 1/4 1fc hip twist action, fwd R trng 1/4 rfc hip twist action, fwd L trng 1/4 1fc hip twist action to fc WALL, settle into left hip; Fwd R trng 1/4 rfc hip twist action, fwd L trng 1/4 lfc hip twist action, fwd R trng 1/4 rfc hip twist action to end fc WALL, settle into right hip;)
32. Repeat Measure 2, Part A;

Part B

1-4  HALF CURL; WALK OUT THREE & TURN; RIGHT FACE TURN (to BNJO);
THREE OF NATURAL TOP (Lady Spiral);
1. (Half Curl) Rk fwd L, rec R, close L to R raise joined hand up & over lady's head leading her to trn lfc, release hands & settle into left hip; (W: Bk R, rec L, fwd R trng 1/2 lfc to fc WALL left arm wrapped in front of body slightly above waist level, release hands & settle into right hip;)
2. (Walk Out Three & Turn) Rk bk R, rec L, fwd R trng 1/4 1fc to fc LOD, settle into right hip; (W: Fwd L, fwd R, fwd L trng 1/2 rfc leaving right foot extended fwd to fc COH & partner, settle into left hip;)
3. (Right Face Turn to BNJO) Commencing rfc trn XLIF of R, rec to R continuing rfc trn, fwd L toward WALL finishing 1 3/8 rfc trn to end contra BNJO DRW; (W: Rotating 1 1/4 rfc trn fwd R, fwd L, fwd R toward partner to end contra BNJO DCL, settle into right hip;)
4. (Three of Natural Top Lady Spiral) XRIF of L commencing 5/8 rfc trn. sd L continuing rfc trn. close R to L finishing rfc trn raise left arm up over head with strong right upper body sway to lead lady to spiral, settle into right hip to fc LOD; (W: Sd L commencing 5/8 rfc trn. XRIF of L continuing rfc trn, sd L finishing rfc trn, spiral 7/8 rfc on L allowing R to cross loosely in front no weight keep right hand joined with man's left to fc RLCD;)
BACKWALK THREE BOTH TURN; BACK WALK THREE LADY TURN; FORWARD TO FACE CROSS & SIDE; ZIG ZAG THREE (Man Swivels to Counter Promenade):

5. (Backwalk Three Both Turn) Keeping right arm extended across lady's back Bk L, bk R, bk L trng 1/2 rfc left hand joined with lady-right arm extended out to side settle into left hip; (W: Fwd R, fwd L, fwd R-trng 1/2 rfc keep right-hand joined with man-left arm extended out across man to fc LOD, settle into right hip;)

6. (Back Walk Three Lady Turn) Bk R, bk L, bk R keeping left hand joined with lady allowing lady-to turn under as in alemana, settle into right hip; (W: Fwd L, fwd R, fwd L trng 1/2 rfc under joined right-hand to end LOP fc RLOD, settle into left hip;)

7. (Forward to Face Cross & Side) Fwd L trng 1/4 lfc to fc WALL & partner, XRIF of L, sd L trng upper body 1/4 rfc to end contra SDCAR DWR, settle into left hip; (W: Fwd R trng 1/4 rfc to fc COH & partner, XLIF of R, sd R trng upper body 1/4 rfc to end contra SDCAR DCL, settle into right hip;)

8. (Zig Zag Man Swivels to Counter Promenade) Toward LOD XRIB of L, sd L, XRIF of L swiveling on R to unwind legs so that is extended toward LOD end BFLY looking RLOD, settle into right hip; (W: XLIF of R, sd R, XLIB of R, settle into left hip;)

9-12 FENCELINE (With Optional Spin); SIDE WALK; ROCK THREE;
FENCELINE (With Optional Spin):

9. (Fenceline with Optional Spin) Fwd XLIF of R checking with flexed knee to RLOD, rec R, sd L to fc partner & WALL, spin on L one revolution lfc to end fc partner & WALL **NOTE: IF SPIN IS NOT DESIRED AFTER TAKING SD L TO FC PARTNER & WALL, SETTLE INTO LEFT HIP; (W: Fwd XRIF of L checking with flexed knee to RLOD, rec L, sd R to fc partner & COH, spin on R one revolution rfc to end fc partner & COH **NOTE: IF SPIN IS NOT DESIRED AFTER TAKING SD R TO FC PARTNER & COH, SETTLE INTO RIGHT HIP;)

10. (Side Walk) Toward RLOD Sd R, close L to R, sd R, settle into right hip;

11. (Rock Three) In place rk sd L settling strongly into left hip, rk sd R settling strongly into right hip, rk sd L settling strongly into left hip, continue settling into left hip;

12. (Fenceline with Optional Spin) Fwd XRIF of L checking with flexed knee to LOD, rec L, sd R to fc partner & WALL, spin on R one revolution rfc to fc partner & WALL; (W: Fwd XLIF of R checking with flexed knee to LOD, rec R, sd L to fc partner & COH, spin on L one revolution lfc to fc partner & COH;)

SIDE WALK; ALEMANA; ADVANCED HIP TWIST; FAN:
13. (Side Walk) Twd LOD Sd L, cls R to L, sd L, settle into left hip;
14. Repeat Measure 16, Part A to end CP WALL;
15. Repeat Measure 17, Part A;
16. Repeat Measure 12, Part A;

(REPEAT PART A SUBSTITUTE MEASURES 1 & 2 AS FOLLOWS)

1-2
HOCKEY STICK:
1-2. Fwd L, rec R, cls L to R, settle into left hip; Bk R commence 1/8 rfc tra, fwd L twd DWR, fwd & sd R, settle into right hip to fc WALL; (W: Cls R to L trng upper body 1/8 rfc, fwd L, fwd R trng upper body to look twd partner, settle into right hip; DWR fwd L, fwd R trng 5/8 lfc to fc partner, bk L, settle into left hip;)

1-4
THREE THREES:
1-4. (Three Threes) Fwd L, rec R, cls L to R, settle into left hip; Rk sd R, rec L, cls R to L settle into right hip; Rk fwd L trng upper body 1/8 rfc left arm extended fwd right arm extended up & out, rec R, cls L to R, settle into left hip; Rk bk R, rec L, fwd R to blend to loose CP fc WALL, settle into right hip; (W: Bk R, small fwd L, fwd R trng 1/2 rfc as in hip twist, settle into right hip; Rk sd L, rec R, cls L to R, spin on L one revolution lfc to fc WALL; Rk bk R extending left arm fwd right arm up & out, rec L, cls R to L, spin on R one revolution rfc to fc WALL; Fwd L trng 1/2 rfc to fc COH, fwd R, fwd L blending to loose CP, settle left hip;)

NOTE: SPINS ARE INTEGRAL PART OF THIS FIGURE HOWEVER IF DESIRED SPIN IN SECOND MEASURE MAY BE ELIMINATED & SPIN IN THIRD MEASURE MAY BE 1/2 INSTEAD OF FULL, THEN FOURTH MEASURE DANCE STANDARD ALEMANA.

5-8
ADVANCED HIP TWIST; FAN: HOCKEY STICK (Overturned):
5. Repeat Measure 17, Part A;
6. Repeat Measure 12, Part A;
7-8. Repeat Measures 1 & 2, Part A Second Time See Option;
8. (HockeyStick Overturned) Dance Normal HockeyStick Ending; (W: Optional Ending for HockeyStick-DWR fwd L, fwd R trng 1fc one revolution to fc DWR joined lead hands behind back, small fwd L, swivel 1/2 rfc on L to fc DLC;)

9-12
HALF CURL; FOOT SWIVELS (Lady to Fc); SPOT TURN;
9. Repeat Measure 1, Part B;
10-11. (Foot Swivels; Lady to Fc) Lead hands joined above lady's head rk sd L, rec R, cls L to R, settle left hip; Rk sd R, rec L, cls R to L, settle right hip; (W: Sd L swiveling 1/4 rfc, sd & swivel 3/8 lfc, sd L swivel 3/8 rfc; settle left hip; sd R swivel 3/8 lfc, sd L swivel
3/8 rfc, sd R trng 1/2 rfc to fc partner & COH, settle right hip;

12. Repeat Measure 6, Part A;

13-16

CUCARACHAS w/ARMS; EXPLOSION (Lady Roll to Wrap Skaters);

CRABWALK THREE;
13-14 (Cucarachas w/Arms) Rk sd L left arm circles CCW, rec R, cls L to R, settle left hip; Rk sd R right arm circles CW, rec L; cls R to L, settle right hip;

15. (Explosion Lady Roll to Wrap Skaters) Trng 1/4 lfc rk sd L left arm circles CCW, rec R, cls L to R, settle left hip; (W: Trng 1/4 rfc rk sd R-right arm circles CW, rec L, XRIF of L trng one revolution lfc like spiral keep man's right lady's left joined, cls L to R to end wrapped position skaters;)

16. Repeat Measure 21, Part A Moving twd DCL;

Ending

1-4

LADY TO LEFT SIDE; WALK AROUND SIX (Lady Spirals); SHADOW FENCELINE & SHAPE;

1. (Lady to Left Side) Rk sd L releasing right hand, rec R, cls L to R, settle left hip; (W: Fwd L commencing lfc circle around man, fwd R, fwd L end fc RLOD on man's left side, settle left hip;)

2-3. (Walk Around Six Lady Spirals) Rk sd R, rec L, cls R to L, settle right hip; Rk sd L, rec R, cls L to R, settle left hip; (W: Fwd & sd R spiral 3/4 lfc, fwd L continue lfc circle around man, fwd R fc WALL behind man, settle right hip; Fwd & sd L spiral 3/4 rfc, fwd R finishing lfc circle around man, sd L moving to shadow position in front of man no hands joined, settle left hip;)

NOTE: SPIRAL ACTION IS OPTIONAL IF DESIRED MAY DANCE WALKAROUND AS SIX FWD STEPS AROUND MAN.

4. (Shadow Fenceline & Shape) Fwd & sd XRIF of L twd DLC checking with flexed knee looking twd DWR, slowly change sway from looking DWR to DLC, finishing shaping as music fades; (W: Same footwork as Man;)

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