Uno Mas Tiempo

INTRO

1-4 IN LOP/WALL WAIT TWO MEASURES; ALEMANA;

1-2 In LOP/Wall wait two measures;

3-4 From LOP/Wall step fwd L, rec R, sd L, -; Rk bk R, rec L, sd R, -; (W bk R, rec L, sd R, -; Fwd L XLIF of R trng R, fwd R cont RF trn to face ptr, sd L, -)

PART A

1-4 CHASE ½ MEN TRANSITION in 4 to SHADOW/WALL; SHADOW CUCARACHA R & L;

1 Fwd L trng RF ½, rec fwd R twd COH, fwd L twd COH, -;

2 Fwd R twd COH trng LF ½, rec fwd L twd Wall, fwd R twd Wall, cls L to R, -; [End Shadow/Wall]

(W fwd L trng RF ½ twd Wall, rec R twd Wall, cls L to R, -)

3-4 In Shadow/Wall M’s hands on W’s hips both Rk sd R, rec L, cls R to L, -; Rk sd L, rec R, cls L to R, -;

5-8 CRABWALKS; SPOT TURN; SPOT TURN to BFLY/WALL MEN TRANSITION in 4;

5-6 In Shadow extend lead arm twd LOD both feg Wall both XRIF of L, sd L, XRIF of L, -;

Sd L, XRIF of L, sd L, -;

7 In Shadow both feg Wall both XRIF of L commence LF trn, rec L continue LF trn to face Wall, sd R, -; [End both feg Wall]

8 In Shadow both feg Wall both XLIF of R commence RF trn, rec R continue RF trn Man full trn to face Wall (Woman trn ½ RF to face COH), Man Cls L (Woman sd L), Woman hold – Man sd R [End BFLY Man feg Wall, Woman feg COH];

9-12 BREAK to OPEN BOTH SPIRAL; AIDA; SWITCH ROCK; SPOT TURN to LOOSE CLOSED;

9 From BFLY/Wall swiveling sharply on M’s R (W’s L) foot step bk on M’s L (W’s R) to OP/LOD, rec R, fwd L spiral on L ft (W on R ft) trng twd ptr -;

10 Twd LOD fwd R trn RF, sd L to LOD cont RF trn, bk R to LOD end in “V” BK to BK position;

11 Sd L trng LF to face Pvr brg jnd hnds thru, rec R, stp sd L to LOP/Wall, -; (W sd R trn RF to face ptr brg joined hnds thru, rec L, stp sd R bind to LOP/COH, -)

12 From LOP feg ptr XRIF of L commence LF trn (W XLIF of R commence RF trn), rec L continue LF trn to face Wall (W rec R continue RF trn to face COH), stp sd R (W stp sd L), -; [End in Loose Cls Position]

13-18 CROSS BODY to BFLY; SHOULDER to SHOULDER TWICE; TURNING [advanced] ALEMANA;

13 From Loose Cls Position/Wall stp fwd L blending to Loose Cls Position, rec R, sd L trng LF [foot turned about ¼ turn – body turned 1/8 turn], -; (W bk R, rec L, fwd R twd M staying on R sd ending in an L-shaped position, -)

14 Bk R continue LF trn, small fwd L, sd and fwd R, -; (W fwd L commencing LF trn, fwd R trng ½ LF ending with R foot bk, sd and bk L, -) [End BFLY/COH]

15-16 From BFLY/COH stp fwd L to BFLY/SCAR, rec R, sd L, -; stp fwd R to BFLY/BJO, rec L, sd R, -;

17 From BFLY feg COH M step fwd L, rec R, trng 1/8 RF small sd L, -;

(W stp bk R, rec L, small sd R commence RF swivel, -)

18 Man XRIB of L trng RF, sd L completing 3/8 RF trn, cls R to L to LOP/Wall, -; (W cont RF trn under joined lead hands fwd L, cont RF trn fwd R, cont trn fwd L to face ptr in LOP/COH, -)
PART B

1-4 OPEN BREAK; SPOT TURN; CRABWALKS to REVERSE::
1 From LOP fcg Rk apt strongly on L keep M’s L and W’s R hnds joined extnd free arm to sd, rec R, sd L, -;
2 From LOP fcg prt XRIF of L commence LF trn (W XLIF of R commence RF trn), rec L continue LF trn to face Wall (W rec R continue RF trn to face COH), sd R (W sd L), - [End in BFLY]
3-4 From BFLY twd RLOD XLIF of R, sd R, XLIF of R, -; Sd R, XLIF of R, sd R, -;

5-8 FENCE LINE; THRU SERPIENTE to OPEN LOD:: PROGRESSIVE WALK 3;
5 From BFLY/Wall lng thru L w/bent knee looking in direction of lng, rec R to face ptr, sd L, -
6-7 From BFLY/Wall stp thru R, sd L, XRIB of L, fan L CCW out and behind; continue fan XLIB of R, sd R, stp thru L twd RLOD, fan R CW trng RF to OP/LOD M’s R W’s L ft free;
8 In OP/LOD f wd R, L, R, -;

9-12 CIRCLE AWAY and TOGETHER to a LADIES TAMARA:: WHEEL ½; UNWIND to face WALL;
9-10 From OP/LOD separate frm ptr move away in a circ pattern L, R, L, -; cont circ pattern twd ptr R, L, R, -; [End M face Wall in W’s Tamara POS]
11 Staying in W’s Tamara wheel RF ½ to M face COH both moving f wd L, R, L, -;
12 Releasing top hnds M cir RF R, L, R, - to LOP/Wall; (W cir LF L, R, L, - to face ptr in LOP;)

13-16 ALEMANA:: SHOULDER to SHOULDER TWICE::
13-14 From LOP /Wall f wd L, rec R, sd L, -; Rk bk R, rec L, sd R, -; (W bk R, rec L, sd R, -; Fwd L trn RF, f wd R cont RF trn to face ptr, sd L, -) [End BFLY/Wall]
15-16 From BFLY/Wall f wd L to BFLY/SCAR, rec R, sd L, -; f wd R to BFLY/BJO, rec L, sd R, -;

PART C

1-4 CHASE with SPINS::;
1-2 Fwd L commence RF trn, rec f wd R spin RF fully to face Wall, bk L, -; bk R; rec f wd L, f wd R, -; (W bk R; rec f wd L, f wd R, -; Fwd L trn RF, f wd R cont RF trn to face COH, bk L, -)
3-4 Fwd L commence RF trn, rec f wd R spin RF fully to face Wall, cls L to R, -; Bk R; rec f wd L, f wd R, -; (W bk R; rec f wd L, f wd R, -; Fwd L commence RF trn, rec f wd R spin fully to face COH, bk L, -) [Ending BFLY/Wall]

5-8 ½ BASIC [to a]; FAN; ALEMANA from a FAN [to a];
5 From BFLY/Wall step f wd L, rec R, sd L, -;
6 From BFLY/Wall step bk R, rec L lead W to step between M’s feet, sd R leading W to trn ¼ LF to face LOD, -; (W from BFLY/Wall step f wd L between M’s feet, turning LF step sd and bk R making ¼ turn to L, bk L leaving R ft extended f wd with no weight, - ;)
7 From Fan position f wd L, rec R, cls L leading W to trn RF, -; (W cls R, f wd L, f wd R commence RF swivel to face ptr, - ;)
8 Step bk R, rec L, sd R, -; (W cont RF turn under jnd lead hnds f wd L, cont RF trn f wd R, sd L, -)

9-12 LARIAT 3 face COH; FENCE LINE to LOP; PROGRESSIVE WALK 3 w/ RONDE; FENCE LINE to LOP;
9 With lead hands jnd stp in place L commence LF trn, f wd R complete LF trn to face COH, cls L to R, -; (Woman circle man clockwise with lead hands jnd f wd right, f wd left, f wd R to face ptr/Wall, - ;) [End BFLY]
10 From BFLY/COH lng thru R w/ bent knee looking in direction of lng, rec L to face Ptr, sd R trng to LOP/LOD, -;
11 In LOP/LOD f wd L, f wd R, f wd L relax L knee, rotate upper body LF (W rotate upper body RF) moving free foot in a counter clockwise (W clockwise) motion maintaining toe contact with floor, -; [ending in BFLY fcg ptr]
12 From BFLY/COH lng thru R w/ bent knee looking in direction of lng, rec L to face ptr, sd R trng to LOP/LOD, -;

13-16 PROGRESSIVE WALK 3; SLIDE the DOOR; CIRCLE AWAY and TOGETHER::
13 In LOP/LOD f wd L, R, L, -;
14 Rk apt R, rec L, XRIF of L chg sds to OP/LOD (WXIF of M), -;
15-16 From OP/LOD separate frm ptr move away in cir pattern L, R, L, -; cont cir pattern twd ptr R, L, R, -; [End M face Wall in BFLY]
PART A

1-4 CHASE ½ MEN TRANSITION in 4 to SHADOW/WALL;; SHADOW CUCARACHA R & L;;
   1 Fwd L trng RF ½, rec fwd R twd COH, fwd L twd COH, -;
   2 Fwd R twd COH trng LF ½, rec fwd L twd Wall, fwd R twd Wall, cls L to R, -; [End Shadow/Wall]
      (W fwd L trng RF ½ twd Wall, rec R twd Wall, cls L to R, -)
   3-4 In Shadow/Wall M’s hands on W’s hips both Rk sd R, rec L, cls R to L, -; Rk sd L, rec R, cls L to R, -;

5-8 CRABWALKS;; SPOT TURN to BFLY/WALL MEN TRANSITION in 4;
   5-6 In Shadow extend lead arm twd LOD both fcg Wall both XRIF of L, sd L, XRIF of L, -;
      Sd L, XRIF of L, sd L, -;
   7 In Shadow both fcg Wall both XRIF of L commence LF trn, rec L continue LF trn to face Wall, sd R, -;
      [End both fcg Wall]
   8 In Shadow both fcg Wall both XLIF of R commence RF trn, rec R continue RF trn to face Wall (Woman trn ½ RF to face COH), ManCls L (Woman sd L), Woman hold – Man sd R [End BFLY Man fcg Wall, Woman fcg COH];

9-12 BREAK to OPEN BOTH SPIRAL: AIDA, SWITCH ROCK: SPOT TURN to LOOSE CLOSED:
   9 From BFLY/Wall swiveling sharply on M’s R (W’s L) foot step bk on M’s L (W’s R) to OP/LOD, rec R,
      fwd L spiral on L ft (W on R ft) trng twd ptr -;
   10 Twd LOD fwd R trn RF, sd L to LOD cont RF trn, bk R to LOD end in “V” BK to BK position;
   11 Sd L trng LF to face Ptr brg jnd hnds thru, rec R, stp sd L to LOP/Wall, -; (W sd R trn RF to face ptr brg
      joined hnds thru, rec L, stp sd R blnd to LOP/COH, -)
   12 From LOP fcg prt XRIF of L commence LF trn (W XLIF of R commence RF trn), rec L continue LF trn to
      face Wall (W R cont RF trn to face COH), stp sd R (W stp sd L), - [End in Loose Cls Position]

13-18 CROSS BODY to BFLY;; SHOULDER to SHOULDER TWICE;; TURNING [advanced] ALEMANA;;
   13 From Loose Cls Position/Wall stp fwd L blending to Loose Cls Position, rec R, sd L trng
      LF [foot turned about ¼ turn – body turned 1/8 turn], -; (W bk R, rec L, fwd R twd M staying on R sd
      ending in an L-shaped position, -)
   14 Bk R continue LF turn, small fwd L, sd and fwd R, -; (W fwd L commencing LF trn, fwd R trng ½ LF
      ending with R foot bk, sd and bk L, -) [End BFLY/COH]
   15-16 From BFLY/COH stp fwd L to BFLY/SCAR, rec R, sd L, -; stp fwd R to BFLY/BJO, rec L, sd R, -;
   17 From BFLY fcg COH M step fwd L, rec R, trng 1/8 RF small sd L, -;
      (W stp bk R, rec L, small sd R commence RF swivel, -)
   18 Man XRIB of L trng RF, sd L completing 3/8 RF trn, cls R to L to LOP/Wall, -; (W cont RF trn under
      joined lead hands fwd L, cont RF trn fwd R, cont trn fwd L to face ptr in LOP/COH, -)

Ending

1-4 CHASE-PEEK-A-BOO:::
   1-4 From LOP/Wall fwd L trng sharply ½ RF to Tandem (M in front), rec R, fwd L, -; sd R looking over L
      shoulder, rec L, cls R, -; sd L looking over R shoulder, rec R, cls L, -; fwd R turning sharply ½ LF to face
      R, cls L to R, -) [End BFLY/Wall]

5-7 CHASE ½ MEN TRANSITION in 4 to SHADOW/WALL;; CUCARACHA R;
   5 Fwd L trng RF ½, rec fwd R twd COH, fwd L twd COH, -;
   6 Fwd R twd COH trng LF ½, rec fwd L twd Wall, fwd R twd Wall, cls L to R, -; [End Shadow/Wall]
      (W fwd L trng RF ½ twd Wall, rec R twd Wall, cls L to R, -)
   7 In Shadow/Wall M’s hands on W’s hips both Rk sd R, rec L, cls R to L, -;

8-10 CRABWALKS to REVERSE;; SPOT TURN;
   8-9 In Shadow extend trailing arms twd RLOD both fcg Wall both XLIF of R, sd R, XLIF of R, -;
      Sd R, XLIF of R, sd R, -;
   10 In Shadow both fcg Wall both XLIF of R commence RF trn, rec R continue RF trn to face Wall, stp sd L, -;
      [End both fcg Wall]

11-12 SLOW ROCK 2: SLOW CROSS LUNGE AND EXTEND:
   11-12 In Shadow both fcg Wall slowly rock sd R, -, rock sd L, -; M’s R hnd on W’s R hip
      (W’s R hnd on top of M’s) XRIF of L twd LOD, -, extend lead arms out and slightly up twd LOD, -;
Uno Mas Tiempo
(Quick Cues)

Rumba                Speed 44                Phase 4 + 1 +1 (Spiral, Cuddle) (Trng [adv]Alemana)

INTRO   (BFLY M fcg Wall) Wait 2 Meas;; Alemana;;

A        Chase ½ Men Trans in 4 to Shadow/Wall;; Cucaracha Right and Left;;
         Crabwalks;; Spot Turn; Spot Turn to BFLY/Wall Men Transition in 4;
         Break to Open Both Spiral; Aida; Switch Rock; Spot Turn to Loose Cls;
         Cross Body;; Shoulder to Shoulder Twice;; Turning (advanced) Alemana;;

B        Open Break; Spot Turn; Crabwalks to Reverse;;
         Fence Line; Thru Serpiente to Open LOD;; Progressive Walk 3;
         Circle Away and Together to a Ladies Tamara;; Wheel ½; Unwind to LOP/Wall;
         Alemana;; Shoulder to Shoulder Twice;;

C        Chase w/Spins;;;
         ½ Basic to a Fan;; Alemana from the Fan [to a];;
         Lariat 3 to face COH; Fence Line to LOP; Progressive Walk 3 w/Ronde; Fence Line to LOP;
         Progressive Walk 3; Slide the Door Across; Circle Away and Together;;

A        Chase ½ Men Trans in 4 to Shadow/Wall;; Cucaracha Right and Left;;
         Crabwalks;; Spot Turn; Spot Turn to BFLY/Wall Men Transition in 4;
         Break to Open Both Spiral; Aida; Switch Rock; Spot Turn to Loose Cls;
         Cross Body;; Shoulder to Shoulder Twice;; Turning (advanced) Alemana;;

END    Chase-Peek-a-Boo;;;
        Chase ½ Men Trans in 4 to Shadow/Wall;; Cucaracha to the Right;
        Shadow Crabwalks to Reverse;; Shadow Spot Turn; Slow Rock 2; Slow Cross Lunge and Extend;