Un-Break My Heart

Choreographers: Chris and Gail Johnson
Record: Tony Braxton
Footwork: Opposite unless otherwise indicate (W lady’s footwork between brackets)
Sequence: Intro, A, B, A, B, C, D, End

To Mrs. Anne P. Gupton; for being a Teacher, a Mentor and a Friend

INTRO:

1-3 BFLY/W - WAIT 3 MEAS
4-5 CUCARACHA w/ ARMS - TWICE
6-9 REV. UNDERARM TURN; UNDERARM TURN; SHOULDER-SHOULDER - TWICE
A
1-4 FULL BASIC; FENCELINE - TWICE
5-8 ALLEMANA - overture to a Lariat Position; LARIAT in 6
9-12 NY in 4; SPT TRN; NY in 4; SPT TRN
B
1-4 SLIDING DOOR - TWICE; PROGRESSIVE WALK 6 to FACE
5-8 CHASE PEEK-A-BOO
9-12 OPEN BREAK; WHIP; CUCARACHA - TWICE

Rhythm: Rumba
Phone & email: (770) 578-9032 cjohnson@mindspring.com

Un-Break My Heart

Released: October 1, 2003
Choreographers: Chris and Gail Johnson
353 Indian Hills Trail Marietta, Georgia 30068

Tony Braxton Secrets CD La Face Records 73008-26020-2 Track 4 Time: 4:30

Rumba Phae IV + 1 Unphased (NY in 4)

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To Mrs. Anne P. Gupton; for being a Teacher, a Mentor and a Friend
Un-Break My Heart

13-16

1/2 BASIC ; to a FAN ; ALLEMANA ;

QQS: 13  [Half Basic] fwd L , rec R , sd L , - ;
QQS: 14  {Fan} bk R, rec L, sd R, - ; (W fwd L, sd & bk R trn LF 1/4, bk L, - ;)
QQS: 15-16  [Repeat measures 5 - 6 of A - ending facing wall]
QQS:

Repeat A & B

C

1-8

DBL CHASE PEEK-A-BOO ; ; ; ; ; ;

QQS: QQS: 1-8  [Double Chase Peek-a-boo] fwd L trn ½ RF, rec R, cl L, - ; sd R look over L shldr, rec L, cl R, - ; sd L
QQS: QQS:  look over R shldr, rec R, cl L, - ; fwd R trn LF ½, rec L, cl R, - ; sd L(turn head RF to look at W), rec R,
QQS: QQS:  (W bk R, rec L, cl R, - ; sd L(turn head RF to look at M), rec R, cl L, - ; sd R(turn head LF to look at
M), rec L, cl R, - ; fwd L trn RF ½, rec R, cl L, - ; sd R look over L shldr, rec L, cl R, - ; sd L look over
R shldr, rec R, cl L, - ; fwd L, rec R, bk L, - ; )

9-12

TIMESTEP - TWICE ; ; ;

QQS: 9  {Timestep} xLib R, rec R, sd L, - ;
QQS: 10  {Timestep} xRib L, rec L, sd R, - ;
QQS: 11  {Hand to Hand} xLib R to sd by sd , rec R to fc , sd L, - ;
QQS: 12  {Hand to Hand} xRib L to sd by sd , rec L to fc , sd R, - ;

13-16

FORWARD BASIC ; BACK BASIC to OPEN ; KIKI WALK 6 ;

QQS: QQS: 13,14  [Repeat measures 13 - 14 of A]
QQS: QQS: 15,16  [Repeat measures 15 - 16 of A]

D

1-4

SLIDING DOOR - TWICE ; PROGRESSIVE WALK 6 to FAC ;

QQS: QQS: 1, 2  [Repeat measures 1 - 2 of A]
QQS: QQS: 3, 4  [Repeat measure 3 - 4 of A]

5-8

CHASE ; ; ;

QQS: QQS: 5 - 8  [Chase] fwd L trn RF 1/2, rec R, fwd L, - ; fwd R trn LF 1/2, rec L, fwsd R, - ; fwd L, rec R, bk L, - ; bk
QQS: QQS:  R, rec L, fwd R, - ; (W bk R, rec L, fwd R, - ; fwd L trn RF 1/2, rec R, fwd L, - ; fwsd R trn LF 1/2, rec
L, fwsd R, - ; fwd L, rec R, bk L, - ;)

9-12

TIMESTEP - TWICE ; ; CUCARACHA - TWICE ;

QQS: QQS: 9, 10  [Repeat measures 9 - 10 of C]
QQS: QQS: 11, 12  [Repeat measures 4 - 5 of Intro]

13-16

OPEN BREAK ; WHIP ; NY - TWICE ;

QQS: QQS: 13  [Open Break] [Repeat measure 9 of B]
QQS: QQS: 14  [Whip] [Repeat measure 10 of B to Butterfly/COH]
QQS: QQS: 15  [New Yorker] xLib R to opn rev/lo, rec R to fc, sd L, - ;
QQS: QQS: 16  [New Yorker] xRif L to opn lod, rec L to fc, sd R, - ;

17-20

OPEN BREAK ; WHIP ; NY - TWICE ;

QQS: QQS: 17  [Open Break] [Repeat measure 9 of B]
QQS: QQS: 18  [Whip] [Repeat measure 10 of B to Butterfly/Wall]
QQS: QQS: 19  [New Yorker] [Repeat measure 15 of D]
QQS: QQS: 20  [New Yorker] [Repeat measure 16 of D]

21-24

AIDA ; SWITCH ROCK ; FULL BASIC ;

QQS: QQS: 21  [Aida] thr u L trn RF, sd R & bk trn to fc lod, bk L to slight bk to bk “V” posn, - ;
QQS: QQS: 22  [Switch Rock] sd R trn to fc ptrn brng jnd hnds thru, rec L, sd R, - ;
QQS: QQS: 23-24  [Full Basic] [Repeat measures 1 - 2 of A]

END

1-4

AIDA ; SWITCD ROCK ; FULL BASIC ;

QQS: QQS: 1 - 4  [Repeat measure 21 - 24 of D]
QQS:

5-7

AIDA ; SWITCH ROCK ; DIP BK w/ LEG CRAWL ;

QQS: QQS: 5, 6  [Repeat measures 21 - 22 of D]
QQS: 7  Dip Back on L, leaving Rt lef extended, & hold (W fwd R - slight LF body rotation - slowly draw L leg up outside of M’s Rt leg w/ toe pointed down)
<table>
<thead>
<tr>
<th>Head Cues</th>
<th>Unbreak My Heart</th>
<th>(Intro - A - B - A - B - C - D - End)</th>
<th>4:30</th>
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<tbody>
<tr>
<td>Intro</td>
<td>1-5 Wait 3 meas ; ; ; CUCA w/ arms - twice ; ;</td>
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<td></td>
<td>6-9 REV UNDRM TRN ; UNDRM TRN ; SHLDR-SHLDR -twice ; ;</td>
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<td>A</td>
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