UN POQUITO MAS DE AMOR

Music: Maywood
www.amazon.com/Hollandse-Sterren-Maywood

Track # 3 Time: 3:44 Slow Down w/ -7%
Available from choreographer

Rhythm: Rumba  Phase: V+U (Multiple U)
Footwork: Opposite except where (Noted)
Release Date: May 15
Choreo: Jos Dierickx  Beverlosestwg 14b2 3583 Paal Belgium
Email: jos.dierickx@telenet.be
Sequence: INTRO AB AB AA BRIDGE END

====================================================================================================

INTRO

01-04 R-HANDSHAKE WALL LEAD FOOT FREE WAIT ; ; TRADE PLACES TWICE ; ;

{Wait} R-hndshk WALL ld ft free wt 2 meas ; ; {Trade Places x 2} With R hndds jnd rkt apt L, rec R trng ¼ RF to fc LOD beh W then rel jnd R hnds, cont to trn RF to fc ptr & WALL stepping sd & bk L twd COH (W rk apt R, rec L trng ¼ LF to fc LOD in front of M then rel jnd R hnds, cont LF trn to fc ptr & COH stepping sd & bk R twd WALL) joining L hnds, - ; With L hnds jnd wk R apt L, rec L trng ¼ LF to fc LOD beh W then rel jnd L hnds, cont to trn LF to fc ptr & COH stepping sd & bk R twd WALL (W rk apt L, rec R trng ¼ RF to fc LOD in front of M then rel jnd L hnds, cont RF trn to fc ptr & COH stepping sd & bk L twd COH) ending BFLY Wall, -;

PART A

01-04 ALEMANA ; ; AIDA to RLOD ; SWITCH ROCK ;

{Alemana} Fwd L, rec R, cl L (W bk R, fwd L, fwd R swivel) to LOD sf of M, ; ; {Aida to RLOD} Thru L, sd R trng LF, bk L cont LF trn to V-bk to-bk pos LOD, - ; {Switch Rock} Sd & bk R trng RF to fc ptr, hip rk L, hip rk R, -;

05-08 REVERSE UNDERARM TURN to a FAN ; ; HOCKEY STICK ; ;

{Reverse Underarm Turn} Raisg jnd ld hnds sm sd & bk R, rec L, fwd & sd R (W trng RF undr jnd hnds fwd L, fwd R, fwd & sd L to fc ptr), - ; {Hockey Stick} Sm bk R, rec L, long fwd R (W fwd L, fwd R trng sharply 5/8 LF undr jnd lead hnds, bk L) to BFLY FCG DRW, - ;

09-12 NEW YORKER ; UNDERARM TURN into a LARIAT 3/M TURN to FC ; ; CUCARACHA w/ ARMS ;

{New Yorker} Xrif to LOP, rec R to fc ptr, sd L , - ; {Underarm Turn into a Lariat 3/M Turn to FC} XRib, rec R, cl R (W XRif trng 1/2 RF undr Id hnds, rec R cont RF trn to fc ptr, fwd L to M’s r-shldr) to LOD Pos, - ; Rk sd L, rec R, sd L trng ½ LF on last stp to fc W and COH (W circ CW arnd M passing R-shldrs stepping fwd R, L w/ jnd Id hnds passing over M’s hd to fc LOD then swvl 1/4 RF on last stp to fc M and WALL), - ; {Cucaracha w/ Arms} Sd R, rec L, cl R, - ; [extend trail arm to sd]

13-16 MODIFIED CHASE M FULL TURN ; W FULL TURN ; CROSS BODY /W SPIRAL ; ; r-hndshk

{Modified Chase M Full Trn W full Trn} [Release hnds] Fwd L turn ½ RF, rec R cont turn ½ RF, cl L (W bk R, rec L, sd & fwd R), - ; Bk R, rec L, sd & fwd R (W fwd L turn ½ RF, rec R cont turn ½ RF to fc ptr, cl L), - ; {Cross Body/W Spiral} Fwd L, rec R, sd & bk L trng ¼ LF (W bk R, rec L, fwd R spiraling 7/8 LF under joined ld hands) to “L” CP M fcg RLOD W fcg WALL, - ; Bk R contg LF trn, rec L comp LF trn, sd R (W comm trng LF fwd L, fwd & sd R cont trng LF to fc ptr, sd L) to r-hndshk WALL, -;

3th & 4th TIME: to BFLY WALL
PART B

01-04 FLIRT to VARS ; ; SWEETHEART TWICE ; ;
{Flirt to VARS} Fwd L, rec R, sd L (W bk R, rec L, fwd R swvl 1/2 LF) to VARS WALL, -; Bk R, rec L, sd R (W bk L, rec R, sd L slidg if of M) to L-VARS WALL, -; {Sweetheart x 2} Chk Fwd L w/ LF bdy trn & look at ptr xtndg both arms to sd, rec R, sd L (W Bk R w/ LF bdy trn & look at ptr xtndg both arms to sd, rec L, sd R), -; Chk Fwd R w/ RF bdy trn & look at ptr, rec L, sd R (W Bk L w/ RF bdy trn & look at ptr, rec R, sd L), -;

05-08 SWEETHEART/W TURN to FC & BOTH to AIDA ; ; SWITCH ROCK ; ; FENCE LINE ;
{Sweetheart /W Swivel to Fc & Both to AIDA } Chk Fwd L w/ LF bdy trn & look at ptr xtndg both arms to sd, rec R, cl L (W bk R w/ LF bdy trn & look at ptr xtndg both arms to sd, rec L, fwd R trng 1/2 RF to fcg ptr), -; Thru R (W thru L), sd L trng RF, bk R cont RF trn to V-bk-to-bk pos RLOD, -; {Switch Rock} Sd & bk L trng LF to fc ptr, hip rk R, hip rk L, -; {Fence Line} XRif (W XLif) w/ bent knee, rec L, sd R, -;

09-12 SPOT TURN TWICE ; ; SPRING BREAK ; ; M ACROSS/W INSIDE TURN to L-POS ;
{Spot Turn x 2} Relg hnds XLif (W XRif) trng RF, rec R compg full trn, sd L to fc, -; Relg hnds XRif (W XLif) trng LF, rec L compg full trn, sd R to fc, -; {Spring Break} Fwd L, rec R, push off R to lunge sd LOD L xtndg trail arm to sd (W rk bk R, rec L while swvlg ¼ RF to fc LOD, push off L to sit bk on R raisg trail arm up) to end M fcg Wall and W fcg LOD w/ ld hnds jnd low while looking at ptr, -; {M Across/W Insd Trn} Fwd R twd Wall stepg acrs frnt of W while trng ¼ RF to fc LOD, sd L trng ¼ RF to fc COH while raisg jnd ld hnds, R checkg swd movement & catchg W in R arm (W fwd L LOD, fwd R trng ¼ LF undr jnd ld hnds, bk L to RLOD) to "L" position w/ M fcg COH & W fcg RLOD ;

13-16 SLINGSHOT CROSS BODY ; W OUT to WALL ; NEW YORKER TWICE ; ;
{Slingshot Cross Body} lunge sd L twd RLOD looking at ptr, rec R, cl L (W cl R, fwd L, fwd R twd RLOD), -; {W Out to WALL} Sm bk R comm LF trn like a Slip Pvt, sm fwd L contg LF trn to fc Wall, sd R (W fwd L comm LF trn, fwd & sd R cont LF trn to fc COH, sd & bk L) to CP WALL, -; {New Yorker x 2} XLif (W XRif) to LOP, rec R to fc ptr, sd L, -; XRif (W XLif) to OP, rec L to fc ptr, sd R, -;

BRIDGE

01-04 MODIFIED CHASE M FULL TURN & W FULL TURN ; ; CROSS BODY/W SPIRAL ; ; r-hndshk
{Modified Chase M Full Trn & W Full Trn} Repeat meas 13,14 Part A ; ; {Cross Body/W Spiral } Repeat meas 15,16 Part A ; ;

ENDING

01-04 TRADE PLACES/W SPIRAL ; W OUT to FC ; AIDA to RLOD ; SWITCH & RECOVER to a LEFT LUNGE ;
{Trade Places/W Spiral} With r-hnds jnd Rk apt L, rec R comm to pass R shldrs while trng ¼ RF and keeping R hnds jnd, cont to trn RF but slightly less than in meas 10 stepping sd L twd COH (W rk apt R, rec L, fwd R fwd WALL spiralling 7/8 LF undr jnd r-hnds to end almost fcg WALL), -; {W Out to Fc} Trng bdy RF to fc WALL stp fwd twd WALL R,L,R (W fwd WALL L, fwd R trng ½ LF to fc COH, sd & bk L) to BFLY WALL, -; {Aida to RLOD} Repeat meas 3 Part A ; ; {Switch & Rec to a L Lunge} [SS] Trn RF to fc ptr sd & bk R to fc ptr & WALL, -; lunge sd L with soft L knee keeping R leg extended & trng bdy sitly LF, -;