

TODAY

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MUSIC : "Today" by Emi Fujita ALBUM: Ballroom Stars 7 download from Casa Musica

TIME 4'32" Cut 3'48" & fade out from 3'42"

SPEED: 105%

RHYTHM : WALTZ PHASE : III

Difficulty: EZ

FOOTWORK : Opposite unless noted, directions for M

Released: DEC 2019 (Corr.2)

SEQUENCE: INTRO-A-B-A-C-B-A-Ending

INTRO

1- 4 **OP-FCG/Wall WAIT 2 MEAS;; APT PT; TOG BFLY TCH;**

1- 4 op-fcg pos fcg wall wait 2 meas;; bk L, pt R twd ptnr, -; fwd R, tch L to bfly, -;

PART A

1- 8 **WALTZ AWAY&TOG BFLY;; BAL L; REV TWIRL; THRU TWINKLE; MANUV; 2 R TRNS fc Wall;;**

1-4 in bfly fcg wall trng lf(W rf) away from ptnr with inside hnds joined fwd L, sd & fwd R slight bk to bk, cl L; sd & fwd R trng to fc ptnr, sd & fwd L, cl R to bfly fcg wall; sd L, xib R, rec L; sd R & fwd twd rlod, fwd L, cl R to lop fcg rlod (W lf trn under joined lead hnds L, R, L);

5-8 thru L to fc ptnr, sd R, cl L to scp fcg lod; fwd R comm rf trn, fwd L cont rf trn, cl R to cp fcg rlod; bk L comm rf trn, sd R cont rf trn, cl L cont rf trn fcg lod; fwd R cont rf trn, sd L cont rf trn, cl R comp trn fcg wall;

9-16 **TWISTY VINE 3; MANUV; SPIN TRN; BOX BK to SCAR; PROG TWINKLE 3 TIMES;; FWD FC CL fc Wall;**

9-12 sd L, xib R(W xif L), sd L; xif R(W xib L) comm rf trn, sd L cont rf trn , cl R comp rf trn to cp fcg rlod; bk L pivot rf 1/2 fcg lod, fwd R and rise cont rf trn 1/8, sd & bk L comp trn fcg DLW (W fwd R pivot rf 1/2 , bk L rise and brush cont rf trn 1/8, sd & fwd R); bk R comm lf trn 1/8 to cp fcg lod, sd L, cl R to scar DLW;

13-16 xif(W xib) L, sd R, cl L to bjo DLC; xif(W xib) R, sd L, cl R to scar DLW; xif(W xib) L, sd R, cl L to bjo DLC; fwd(W bk) R comm rf trn, sd L, cl R fin trn cp fcg wall;

17-20 **L TRNG BOX;;;**

17-20 fwd L trn lf 1/4, sd R, cl L ; bk R trn lf 1/4, sd L, cl R ; fwd L trn lf 1/4, sd R, cl L ; bk R trn lf 1/4, sd L, cl R to cp fcg wall (2nd time to bfly fcg wall);

PART B

1- 8 **HOVER; PKUP; 1 L TRN; BK CHASSE to BJO; FWD FWD/LK FWD; MANUV; SPIN TRN; BOX FIN;**

1-4 in cp fcg wall fwd L, sd & fwd R and rise, sd & fwd L to scp(W bk R, sd & bk L and rise, sd & fwd R); thru R, fwd & sd L body trn lf and lead W to cp, cl R to cp fcg lod; fwd L comm lf trn, sd R cont lf trn, cl L to fcg rlod; bk R trn lf 1/4, sd L/cl R, sd & fwd L trn bdy lf to bjo fcg dlw;

5-8 fwd R, fwd L/lk R, fwd L; fwd R bdy rf trn, sd L cont rf trn to cp, cl R to cp fcg rlod; bk L & pivot rf 1/2, fwd & rise R cont trn 1/8 fcg dlw, comp trn sd & bk L (W fwd R pivot rf 1/2, bk L cot rf trn and brush R, comp trn sd & fwd R); bk R comm lf trn 1/8, sd L cont trn 1/8, comp trn cl R fcg dlc;

9-16 **TRN L & R CHASSE to BJO; BK BK/LK BK; IMPETUS to SCP; THRU FC CL; HOVER; THRU FC CL; TWISTY BAL L&R;;**

9-12 fwd L trn lf 1/8, sd R/cl L, sd R bdy trn lf to bjo fcg drc; bk L, bk R/lk L, bk R; bk L bdy rf trn to cp, cl R & heel trn rf 3/8, comp trn fwd L to scp fcg lod (W fwd R outside of m pivot rf 1/2; sd & fwd L

cont rf trn,comp trn fwd R); thru R, sd & fwd L fc ptnr, cl R cp fcg wall;
13-16 repeat meas 1 of part b; thru R, sd & fwd L fc ptnr, cl R cp fcg wall; sd L; xib R(W xif) & rise, rec L;
sd R, xib L(W xif) & rise, rec R;

PART C

1- 8 LACE ACROSS; FWD WALZ; OP BOX;; LACE BK; THRU FC CL; BOX to SCAR;;

1-4 in bfly fcg wall turn slightly to the left(W right) passind bhnd w with lead hnd joined diag across line fwd L, fwd R, cl L to left-op fcg lod; fwd R, fwd L, cl R; fwd L, sd R, cl L; bk R, sd L, cl R; passind bhnd w with trail hnd joined diag across line fwd L, fwd R, cl L to op fcg lod; fwd R bdy trn rf, sd & fwd L fc ptnr, cl R to cp fcg wall; fwd L, sd R, cl L; bk R, sd L, cl R bdy trn rf to scar DRW;

9-12 TWINKLE to BJO; MANUV; 2 R TRNS;;

9-12 xif L(W xib), sd R trn bdy lf fc ptnr, cl L trn bdy lf to bjo fcg DLW; repeat meas 6 of part b; bk L comm rf trn, sd R cont rf trn, cl L cont rf trn fcg lod; fwd R cont rf trn, sd L cont rf trn, cl R comp rf trn fcg wall;

ENDING

1 APT PT;

1 bk L, pt R twd ptnr, -;