TO LOVE
Music: Agnetha Fältskog (ABBA) 1983
www.amazon.com/ wrap your arms around me
Track 8 Time 3:48
Shortened from 3:13 to the End – Fade Out From 3:05
Slow down w/-10% to Time 3:13
Available from choreographer
Rhythm: Slow Two Step Phase:IV+2 (Triple Traveler+Horseshoe Turn)
+2 U (Trav. Right Turn+ The Square)
Footwork: Opposite except where (Noted)
Release Date: Dec 17
Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium
Email: jos.dierickx@telenet.be
Sequence: INTRO AB(1-20) INTRO (3-10) AB INTRO (3-10) END

INTRO
01-02 BFLY POS WALL LEAD FOOT FREE WAIT 3 ½ MEASURES ; ; ; ~
[Wait] BFLY pos WALL ld ft free wt 3 ½ meas ; ; ; ~
03-06 SIDE BASIC ; WRAP the LADY ; FORWARD & RUN 2 TWICE to FCG PARTNER & to Picking Up in Low BFLY ;
[Sd Basic] Sd L, -. XRib (W XLib), rec L ; [Wrap the Lady] Sd R, -, XLib leading W to trn LF, rec R trng to fc LOD
(W sd L, -, XRif trng LF, rec L to fc LOD In Wrap Pos’n) ; [Fwd & Run Two x 2 to fgc ptr] Fwd L, -,fwd R, fwd L ;
Fwd R, -, fwd L, fwd R to fc ptr & to Picking Up in Low Bfly ;
07-10 4 TRAVELING CROSS CHASSE to BFLY WALL ; ; ; ;
[Traveling Cross-Chasse x 4 end to BFLY WALL] Joining both hands low Fwd L trng LF, -, with rt side leading
sd R, XLib (W bk R trng If, -, with If side leading sd L, XRif) to DRW ; Fwd R trng RF, -, with If side leading sd L,
XRif (W bk L trng rt, -, with rt side leading sd R, XLib) to DRC ; Repeat meas 3,4 Intro end to BFLY WALL ;

PART A
01-04 FULL BASIC ; ; LUNGE BASIC TWICE to DBL HANDHOLD ; ;
[Full Basic] Sd L, -, XRib (W XLib), rec L ; Sd R, -, XLib (W XRib), rec R ; [Lunge Basic x 2] Sd L extg ld arm to sd,
-, rec R, XLib (W XRif) ; Sd R extg trl arm to sd, -, rec L, trng LF sm fwd R (W sd L, rec R, XLib trng LF to fold if of M)
) to DBL Hndhdl WALL ;
05-08 DBL HND UNDERARM TURN to STACKED HANDS ; OP BREAK to FACE ; CHNGE SIDES/W UNDERARM ;
BASIC ENDING to Manvr : ;
[Db1 Handhold Undrm Trn to Stacked Hnds] [With both hands joined above lady's head ] Sd L, -, XRib lead
ptr under db1 hd hold, rec fwd L Stacked Lt over Rt hands (W fwd R, -, fwd L rt trn under db1 hd hold, fwd R
stacked hands L over R) fcg ptr & WALL ; { Open Break to Fc} With stacked hnds sd R, -, rk apt L, rec R to r-sd
of W ; [Change Sides / W Underarm] Fwd L to WALL chg sds CW lead W trn under stacked hds, -, sd R, XLib
(W fwd R to COH LF trn under stacked hds chg sds, -, sd L, XRif) to BFLY COH ; {Basic Ending to Manvr} Sd R, -,
XLib, rec R to manuver ;
09-12 RIGHT TURN w/ OUTSIDE ROLL ; FENCE LINE w/ Armsweep ; OP BASIC TWICE ; ;
[Right Trn w/ Outsd Roll] Sd & bk L Xg in frt of W, -, raisj ngd ld hnds to ld W's RF trn sd & bk R trng ¼ RF, XLib
(W fwd R com RF twrl undr ld hnds, -, fwd L contg to trn, fwd & sd R contg to trn to fc ptr) to BFLY WALL ;
[Fence Line w/ Armsweep] Sd R body rise, -, XLib bent knee left arm circle CW in front of body, rec bk R ; [OP
Basic x 2] Sd L trng to ½ LOP RLOD, -, XRib (W XLib), rec L trng to fc ; Sd R trng to ¼ OP LOD, -, XLib (XRib), rec
R to ½ OP LOD ;
13-16 2 SWITCHES ; ; SIDE BASIC ; SIDE to SCAR & FORWARD CHECKG/W DEVELOPE ~ & BACK ; [Long Meas]
[Switches x 2] Sd L Xg in frt of W to ½-OP RLOD, -, fwd R, fwd L (W fwd R, -, fwd L, fwd R com to fold in frt of M)
) ; Fwd R, -, fwd L, fwd R (W sd L Xg in frt of M to ½-LOP RLOD, fwd R, sm fwd L) trng to BFLY WALL ; [Sd
Basic] Sd L, -, XRib (W XLib), rec L ; [Sd to SCAR & Fwd Checking/W Develope & ~ Bk] [SS&]Sd R swivel to
SCAR DRW, -, fwd L checking, -, bk R to BFLY WALL ;
PART B

01-04 3 ALTERNATING UNDERARM TURNS W - M & W ; ; ; INTO A LARIAT 3 to LOD ;
[3 Alternating Underarm Turns W - M - W] Sd L raisg jnd ld hnds palm-to-palm, -, XRib, rec L (W sd R com RF trn undr jnd ld hnds, -, XLif cont RF trn ½, rec R compg full trn to fc ptr) ; [join trailing hnds] Sd R compg RF trn undr jnd trail hnds, -, XLif cont RF trn ½, rec R compg full trn to fc ptr (W sd L raisg jnd trail hnds palm-to-palm, -, XRib, rec L) ; [join lead hnds] Repeat meas 3 Part B to BFLY WALL ; [Into a Lariat 3 to LOD] sip R, -, L trng ¼ LF to LOD, cl R (W fwd L, -, R, L arnd M to LOD) to LOP LOD ;

05-08 OUTSIDE ROLL ; HORSE SHOE TURN ; ; BASIC ENDING to Picking Up ;
[Outsd Roll] Fwd L comm LF trn to fc ptr, -, sd R cont trn to fc COH, XLif (W fwd R com RF trn undr jnd hnds, -, cont RF trn L, R) to BFLY COH ; [Horse Shoe Trn] Relg trl hnds Sd & fwd R to LOP LOD, -, cont trn thru L to V pos LOD, rec R to V pos & raise ld hnds ; LF ½ circ fwd L, -, R, L (W RF ½ circ undr jnd hnds fwd R, -, L, R) to BFLY WALL ; [Basic Ending to PU] Sd R, -, XLib, rec R to Picking Up ;

09-12 TRIPPLE TRAVELER ; ; ; BASIC ENDING to Manuver ;
[Triple Traveler] [To LOD] Fwd L comm LF trn raisg jnd ld hnds to ld W's LF trn, -, sd R compg ¼ LF trn, XLif (W bk R comm LF trn, -, sd L trng LF undr ld hnds, contg LF trn sd R) to LOD ; Fwd R spiral LF undr jnd hnds, -, fwd L, fwd R (W fwd L, -, fwd R trn L, R) to LOD ; Fwd L bring jnd hnds dwn & bk in cont circ motion to ld W into RF trn, -, fwd & sd R to fc ptr, XLif (W fwd R comm roll RF under jnd lead hnds, -, bk L cont roll, fwd R comp Roll to fc ptr) ; [Basic Ending to Manuver] Repeat meas 8 Part A to BFLY WALL ;

13-16 TRAVELING RIGHT TURN w/ OUTSIDE ROLL ; ; FENCE LINE w/ Armsweep TWICE to Picking Up ;
[Traveling Right Turn w/ Outsd Roll] Trng RF Xg in frt ot W sd & bk L to fc RLOD, -, XRib, twist trn RF 5/8 on both ft to fc DLW, fwd L to LOD (W fwd R btw M's ft com RF trn, -, contg RF trn fwd L twd WALL, contg trn fwd R twd RLOD) to BJO DLW ; [Fence Line w/ Armsweep x 2 to PU] Sd & bk R to LOP FCG, -, sliding L ft sd & bk w/ no wgt lowr on R w/ slight RF bdy trn, rise (W sd & bk L, -, bk R w/ sitting action, rec L) to BFLY WALL ; [OP Basic x 2] Repeat meas 11,12 Part A ;

17-20 LEFT TURN w/ INSIDE ROLL ; LUNGE BREAK ; OP BASIC TWICE ; ;
[Left Trn w/ Insd Roll] P/U Fwd L comm LF trn raisg jnd ld hnds to ld W's LF trn, -, sd R compg ¼ LF trn, XLif (W bk R comm LF trn, -, sd L trng LF undr ld hnds, contg LF trn sd R) BFLY WALL ; [Lunge Break] Sd & bk R to LOP FCG, -, sliding L ft sd & bk w/ no wgt lowr on R w/ slight RF bdy trn, rise (W sd & bk L, -, bk R w/ sitting action, rec L) to BFLY WALL ; [OP Basic x 2] Repeat meas 11,12 Part A ;

21-24 THE SQUARE ; ; ; ;
[The Square] [Like a switch] M Xif of W sd L, -, trng RF to step sd R twd COH in L ½ OP, XLif (W fwd R, -, sd L twd COH, XRif starting to Xif of M) ; Fwd R, -, sd L twd RLOD, XRif starting to Xif of W (W [like a switch] Xif of M sd L, -, trng RF to step sd R twd RLOD in ½ OP, XLif) ; [Like a switch] M Xif of W sd L, -, trng RF to step sd R twd WALL in L ½ OP, XLif (W fwd R, -, sd L twd WALL, XRif starting to Xif of M) ; Fwd R, -, sd L twd LOD, XRif (W [like a switch] Xif of M sd L, -, trng RF to step sd R twd LOD in ½ OP, XLif) to ½ OP LOD ;

ENDING

01 LUNGE SIDE & CARESS ;
[Lunge Sd & Caress] [S] Sd L extg ld arm to sd, caressing cheek ptr w/ trail hnd, -;