INTRODUCTION

MEAS: 1-4

INTRODUCTION

1-4

LOP FCG DLC WAIT; WAIT; BACK HOVER TO SCP; FEATHER;

1-2
In LOP FCG DLC lead hnds joined  Wait ;  Wait ;

3 {BK HVR TO SCP} Bk L DRW (W outside partner), -, bk R with slight rise hover action  lead W to SCP, rec L to SCP DLC (W fwd R, -, fwd L rising to ball of foot trng to SCP, fwd R to SCP);

4 {FTHR} Thru R DLC, -, fwd L, fwd R outs Bd W in BJO DLC (W thru L, trn LF toward ptr, sd & bk R to BJO, bk L in BJO );

PART A

1-4

REVERSE TURN;; 3 STEP;; 1/2 NATURAL;

1 {REV TRN} Fwd L blend to CP turning LF, -, sd R continuing trn, bk L LOD to CP LOD (W Bk R starting LF trn, -, cl L to R [heel trn] continuing trn, fwd R to CP);

2 Bk R LOD continuing LF trn, -, sd & slightly fwd L DLW, fwd R to BJO (W fwd L continuing LF trn, -, sd R to DLW, bk L to BJO DLW);

3 {3 STP} Fwd L w/ heel lead blend to CP, -, fwd R with heel lead rising to toe curving to face LOD, fwd L on toe P LOD [M has right side lead on steps 2 & 3] (W Bk R, -, bk L, bk R);

4 {1/2 NAT} Commence RF trn fwd R heel to toe, -, sd & bk L acrs LOD, bk R end CP RLOD (W Commence RF trn bk L, -, bring R to L turning on left heel transfer weight to R, fwd L LOD);

5-8

CLOSED IMPETUS; FEATHER FINISH; OPEN TELEMARK; FEATHER;

5 {CL IMP} Commence RF trn bk L, -, cl R to L [heel trn] cont trn, sd & bk L to CP DLW (W Commence RF trn fwd R between M's feet heel to toe trng 1/2 RF, -, sd & fwd L cont RF trn around M & brush R to L, fwd R between M's feet to CP);

6 {FTHR FIN} Bk R trng 1/4 LF, -, sd & fwd L DLC, fwd R outs W XRif of L at thighs to BJO fcg DLC (W Fwd L trng LF, -, sd & bk R, bk XLib of R at thighs);

7 {OP TELE} Fwd L commencing to trn LF, -, sd R continuing LF trn, sd & slightly fwd L to end in tight SCP fcg DLW (W Bk R commencing to trn L bringing L beside R w/ no wgt, -, trn LF on R heel [heel trn] & chg wgt to L, sd & slightly fwd R to end in tight SCP);

8 {FTHR} Thru R, -, fwd L, fwd R outs the W in BJO fcg DLW (W From SCP thru L turning LF twd ptr, -, sd & bk R to BJO, bk L);

9-12

HOVER TELEMARK; OPEN NATURAL; OPEN IMPETUS; FOXTROT

WEAVE TO SCP;

9 {HVR TELE} Fwd L DLW to CP, -, diag sd & fwd R rising slightly [hovering] with body turning 1/8 RF to SCP DLW, fwd L small stp on toes to SCP DLW (W Bk R, -, diag sd & bk L w/ hovering action & body turning 1/8 RF, fwd R small stp on toes to SCP);

10 {OP NAT} Thru R commencing RF body turn, -, sd L across LOD & lady's path to CP, continue RF trn sd & bk R to fc RLOD preparing for next step in BJO (W Thru L turning RF, -, fwd R between M’s feet to CP, fwd L continuing to turn RF preparing for next step outs Bd to BJO);
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11 {OP IMP} With soft or flexed knees throughout commence RF upper bdy trn bk L, -, cl R to L [heel trn] cont RF trn, comp trn fwd L in tight SCP f cg DLC (W with soft or flexed knees throughout commence RF upper bdy trn fwd R between M's feet heel to toe pivoting 1/2 RF, -, sd & fwd L cont trn brushing R to L, comp trn fwd R) ;

12 {FT WEV TO SCP} Fwd R DLC, -, fwd L commence LF trn, cont trn sd & slightly bk R to fc DRC (W Fwd L DLC commence LF trn, -, cont trn sd & slightly bk R to fc DRW, cont trn sd & fwd L LOD) ;

13-16 CONT FOXTROT WEAVE TO SCP: FEATHER; HOVER; CHAIR AND SLIP;

13 bk L LOD leading W to stp outsd to CBMP, -, bk R cont LF trn, sd & fwd L DLW to SCP (W fwd R LOD commenc to trn, -, cont trn sd & slightly bk R to SCP)

14 {FTHR} Fwd R, -, fwd L, fwd R outsd the W in CBMP & BJO (W Fwd L, trng 1/4 LF, sd R comp LF trn to BJO, bk L in CBMP & BJO) ;

15 {HVR} Fwd L to CP, -, fwd & sd R rising to ball of foot trng 1/4 LF, rec L to tight SCP DLC (W Bk R to CP, -, bk & sd L trn to SCP & rising to ball of foot, rec R to tight SCP) ;

16 {CHR & SLP} Ck thru R w/ lun action as for Chair, -, rec L [no rise] w/ slight LF upper bdy trn, slip R behind L completing 1/8 LF trn to CP f cg DLC (W Ck thru L w/ lun action as for Chair, -, rec R [no rise] swvl 1/2 LF on R, stp fwd L outsd M's R foot to CP) ;

PART B

1-4 REVERSE WAVE 3 TO CHECK & WEAVE; CHANGE OF DIRECTION;

1 {REV WAV 3} Fwd L starting LF bdy trn, -, sd R LOD cont LF trn bk R completing LF trn to fc RLOD (W Bk R starting LF bdy trn, -, cl L to R contuing LF trn [heel trn], fwd R completing trn to fc LOD) ;

2 {CK & WEV} Slp R foot bk undr bdy w/ a slight contra ck action, -, rec fwd L commence to trn LF, sd R [1/8 LF trn between stps 1 & 2 of the weave] w/ R sd lead & slight R sd stretch preparing to lead W outsd ptr (W Slp L foot fwd under bdy w/ a slight contra ck action, -, bk R commence to trn LF, sd L [1/8 LF trn between stps 1 & 2 of the weave] w/ L sd lead & slight L sd stretch preparing to stp outsd ptr) ;

3 {CONTINUE WEV} With R sd stretch bk L in CBMP cont 1/8 LF trn between stps 2 & 3 of the weave, bk R to a momentary CP cont to trn LF, sd & fwd L w/ L sd stretch [1/4 LF trn between stps 4 & 5 of the weave bdy trns less], w/ L sd stretch fwd R in CBMP outsd ptr DLW (W with L sd stretch fwd R in CBMP outsd ptr, fwd L to a momentary CP cont to trn LF, sd & bk R with R sd stretch [1/8 LF trn between stps 4 & 5 of the weave], w/ R sd stretch bk L in CBMP [1/8 LF trn between stps 5 & 6 of the weave bdy trns less])

SS 4 {CHG OF DIR} Fwd L DLW to CP, -, fwd R DLW R shoulder leading & trn LF 1/4 to facce DLC, draw L to R with brush (W Bk R blend to CP, -, bk L with L shoulder leading & trn 1/4 LF, draw R to L with brush) ;

5-8 QUICK DIAMOND 4 TO RLOD; STEP BACK TO HINGE; HOVER EXIT; FEATHER;

QQQQ 5 {QK DIAM 4} Fwd L on the diag commenc LF trn, cont LF trn sd R, bk L cont LF trn to fc RLOD, bk R to CP (W Bk R on the diag commenc LF trn, cont LF trn sd L, fwd R cont LF trn to fc RLOD, fwd L to CP) ;

SS 6 {STP BK TO HINGE} Bk and sd L twd LOD trn upper bdy to fc wall w/ L sd stretch leading W to XLib of R keeping L sd twd ptr, -, relax L knee w/ no wgt on R, - (W stp fwd R swvl 1/2 to fc RLOD w/ R sd stretch, -, XLib of R keeping R sd twd ptr relax L knee w/ no wgt on R keep R extended fwd twd RLOD, -) ;
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7 {HVR EXIT} From hinge pos M straighten L leg rising causing W to take small stp fwd R, -, M rotate bdy slightly RF to fc DLW causing W to trn RF to CP, stp fwd L to end SCP fcg DLC (W cl R to L, trn to CP fcg ptr w/ no wgt chg, small stp sd & fwd L turning to CP facing ptr, stp fwd R to SCP) ;

8 {FTHR} Thru R DLC, -, fwd L, fwd R outsd W in BJO DLC (W thru L, trn LF toward ptr, sd & bk R to BJO, bk L in BJO ) ;

9-12 OPEN TELEMARK; IN AND OUT RUNS;; OPEN NATURAL;

9 {OP TELE} Fwd L commencing to trn LF, -, sd R continuing LF trn, sd & slightly fwd L to end in tight SCP fcg DLW (W Bk R commencing to trn L bringing L beside R w/ no wgt, -, trn LF on R heel [heel trn] & chg wgt to L, sd & slightly fwd R to end in tight SCP) ;

10 {I/O RUNS} Fwd R starting RF trn, -, sd & bk diag LOD and wall on L to CP, bk R to BJO (W Fwd L, -, fwd R between M's feet, fwd L outsd the M in BJO) ;

11 {CONTINUE I/O RUNS} Using CBM bk L trng RF, -, sd & fwd R between W's feet continuing RF trn, fwd L to SCP DLW (W using CBM fwd R starting RF trn, -, fwd & sd L continuing RF trn, fwd R to SCP) ;

12 {OP NAT} Thru R commencing RF body turn, -, sd L continue RF turn to end CP facing DRC, bk R with R shoulder lead end CBJO facing DRC (W Thru L turning RF , -, fwd R between M's feet to CP, fwd L outsd ptr to BJO) ;

13-16 QUICK OUTSIDE SWIVELS; BACK TWISTY VINE 4; QUICK OUTSIDE SWIVELS; HESITATION CHANGE:

SS 13 {QK OUTSD SWVLS} BJO DRC bk L in CMBP, XRif of L w/ no wgt change with strong RF upper body turn, rec R in CMBP, XLib of R w/ no wgt change (W In BJO fwd R, swivel 1/2 RF on ball of R foot to SCP, fwd L, swivel 1/2 LF on ball of L foot ending in BJO) ;

QQQQ 14 {BK TWISTY VIN 4} Bk L turning RF, sd R toward LOD, XLib of R turning LF, sd L to end BJO DRC (W Fwd R turning RF, sd L toward LOD, XRib of L turning LF, fwd L to end BJO) ;

SS 15 {QK OUTSD SWVLS} BJO DRC bk L in CMBP, XRif of L w/ no wgt change with strong RF upper body turn, rec R in CMBP, XLib of R w/ no wgt change (W In BJO fwd R, swivel 1/2 RF on ball of R foot to SCP, fwd L, swivel 1/2 LF on ball of L foot ending in BJO) ;

16 {HES CHG} Commence RF upper bdy trn bk L, -, sd R continuing RF trn, draw L to R end fcg DLC (W Commence RF upper bdy trn fwd R, -, sd L continuing RF trn, draw R to L) ;

REPEAT PART A

REPEAT PART B

END

1-4 DIAMOND TURN 1/2 CHECKING TO;; BACK TWISTY VINE 8;;

1 {DIAM TRN 1/2 CKG} Fwd L trng LF on the diag, -, continuing LF trn sd R, bk L w/ the ptr outsd the M in BJO; (W Bk R trng LF on the diag, -, continuing LF trn sd L, fwd R outsd ptr ending in BJO) ;

2 Staying in BJO bk R trng LF, -, sd L, fwd R outsd ptr in CBMP ckg to end fcg DRC (W fwd L trng LF, -, sd R, bk L ckg) ;

QQQQ 3-4 {BK TWISTY VIN 8} Bk L turning RF, sd R toward LOD, XLib of R turning LF, sd L to end BJO DRC (W Fwd R turning RF, sd L toward LOD, XRib of L turning LF, fwd L to end BJO) ;

QQQQ {CONTINUE BK TWISTY VIN 8} Bk L turning RF, sd R toward LOD, XLib of R turning LF, sd L to end BJO DRC (W Fwd R turning RF, sd L toward LOD, XRib
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of L turning LF, fwd L to end BJO;

5-7
OPEN IMPETUS; PICKUP TO RIGHT LUNGE AND HOLD; -, -, -, CHANGE SWAY;

5
{OP IMP} With soft or flexed knees throughout commence RF upper bdy trn bk L, - , cl R to L [heel trn] cont RF trn, comp trn fwd L in tight SCP feg DLC (W with soft or flexed knees throughout commence RF upper bdy trn fwd R between M’s feet heel to toe pivoting 1/2 RF, -, sd & fwd L cont trn brushing R to L, comp trn fwd R);

6
{PU TO R LUN} Thru R, trng LF to PU lady, sd L, flex L knee move sd & slightly fwd onto R keeping L sd in twd ptr & as wgt is taken on R flex R knee & make slight LF bdy trn & look at ptr ending DLW (W Thru L, trng LF twd ptr comp bdy trn to CP, sd R, flex R knee move sd & slightly bk on to L keeping R sd in twd ptr & as wgt is taken on L flex L knee & make slight LF bdy trn);

7
{CHG SWAY} Hold, -, -, Without changing weight change stretch of bdy & head position to opposite direction on last beat of song.

QK CUES

SEQ:
INTRO  AB  AB  END
INTRO:  WAIT;  WAIT;  BK HVR TO SCP;  FTHR;

PART A:  REV TRN;  3 STP;  1/2 NAT;
CL IMP;  FTHR FIN;  OP TELE;  FTHR;
HVR TELE;  OP NAT;  OP IMP;  WEV TO BJO;;
FTHR;  HVR;  CHR & SLP;

PART B:  REV WAV 3 TO CK & WEV;;;  CHG OF DIR;
QK DIAM 4 TO RLOD;  STP BK TO HINGE;  HVR EXIT;  FTHR;
OP TELE;  I/O RUNS;;  OP NAT;
QK OUTSD SWVLS;  BK TWISTY VIN 4;  QK OUTSD SWVLS;  HES CHG;

PART A:  REV TRN;  3 STP;  1/2 NAT;
CL IMP;  FTHR FIN;  OP TELE;  FTHR;
HVR TELE;  OP NAT;  OP IMP;  WEV TO BJO;;
FTHR;  HVR;  CHR & SLP;

PART B:  REV WAV 3 TO CK & WEV;;;  CHG OF DIR;
QK DIAM 4 TO RLOD;  STP BK TO HINGE;  HVR EXIT;  FTHR;
OP TELE;  I/O RUNS;;  OP NAT;
QK OUTSD SWVLS;  BK TWISTY VIN 4;  QK OUTSD SWVLS;  HES CHG;

END:  DIAM TRN 1/2 CKG TO;;;  BK TWISTY VIN 8;;
OP IMP;  PU TO R LUN & HOLD;  -, -, CHG SWAY, - ;