

# THERE IS NEVER MORE A MORNING AFTER

(Es gibt niemehr einen morgen danach)

Music: Helene Fischer

[www.amazon.de/es gibt niemehr einen morgen danach](http://www.amazon.de/es-gibt-niemehr-einen-morgen-danach)

Time: 3:22 Available from choreographer

Rhythm: Rumba & Cha Cha

Phase: IV+1(OP Hip Twist) + 2 U (Chase w/ Underarm Pass + Full Turn Chase)

Footwork: Opposite except where (Noted)

Release Date: June 18

Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

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Sequence: INTRO AB AB B END



## INTRO RUMBA

### 01-04 LOP WALL NO HANDHOLD LEAD FOOT FREE WAIT 4 MEASURES ; ; ;

{Wait} LOP WALL no hndhdl d ft free wt 4 meas ; ; ;

### 05-06 FULL TURN CHASE M & W ;

{Full Turn Chase M & W} Fwd L turn ½ RF, rec R cont turn ½ RF, cl L (W bk R, rec L, cl R), -; Bk R, rec L, cl R (W fwd L turn ½ RF, rec R cont turn ½ RF to fc ptr, cl L) to BFLY WALL, -;

## PART A RUMBA

### 01-04 OP HIP TWIST to FCG FAN LOD ; ; OP HIP TWIST to FCG FAN COH ;

{OP Hip Twist to Fcg Fan LOD} Chk fwd L, rec R, cl L (W bk R, fwd L, fwd L, pushg off M's braced hnd swvl ¼ RF), -; Bk R, rec L trng ¼ LF to LOD, fwd R (W fwd L, trng LF sd R, cont LF trn bk L to RLOD), -; {OP Hip Twist to Fcg Fan COH} Chk fwd L, rec R, cl L (W bk R, fwd L, fwd L, pushg off M's braced hnd swvl ¼ RF), -; Bk R, rec L trng ¼ LF to COH, fwd R (W fwd L, trng LF sd R, cont LF trn bk L to WALL), -;

### 05-08 FENCE LINE ; THRU SERPIENTE ; ; WHIP to WALL ;

{Fence Line} XLif (W XRif) w/ bent knee, rec R, sd L to BFLY COH, -; {Thru Serpiente} [QQQQ] Thru R, sd L, XRib (W XLib), flare CCW w/ L-ft ; [QQQQ] XLib (W XRib), sd R, XLif (W XRif), flare CCW w/ R-ft ; {Whip to WALL} Bk R trng ¼ LF, rec L trng ¼ LF, sd R (W fwd L long step in frt of M, trng LF fwd & sd R, sd L to fc M) to BFLY WALL, -;

### 09-12 To RLOD AIDA ; SWITCH ROCK ; REVERSE UNDERARM TURN ; WHIP to COH ;

{Aida to RLOD} Xg Id hnds ovr trl hnds to RLOD thru L, sd R trng LF, bk L contg LF trn to "V" bk to bk pos, -; {Switch Rock} Sd & bk R trng RF to fc ptr, hip rk L, hip rk R, -; {Reverse Undarm Turn} Raisg jnd Id hnds XLif, rec R, sd L (W XRif undr jnd Id hnds trng LF ½ rec L contg LF trn to fc ptr, sd R) to BFLY WALL, -; {Whip to COH} Repeat meas 8 Part A to BFLY COH ;

### 13-16 NEW YORKER TWICE ; ; CHASE /W UNDERARM PASS ;

{New Yorker x 2} XLif (WXRif) to LOP LOD, rec R to BFLY COH, sd L, -; XRif (WXLif) to OP RLOD, rec L to BFLY COH, sd R, -; {Chase / W Underarm Pass} [relsng trail hnds] Fwd L trng RF ½ keepg Id hnds jnd w/ palm upwards, rec R, small fwd L (W bk R, rec L, fwd R twd M's L sd), -; Bk R raisg Id hnds, rec L, sd R (W fwd L, fwd R trng ½ LF undr jnd Id hnds to fc ptr, sd L) to BFLY WALL, -;

## PART B CHA CHA

### 01-04 BACK BREAK INTO TRIPLE CHA's to LOD ; ; AIDA INTO BACK TRIPLE CHA's ;

{Bk Break Into Triple Cha to LOD} [Relg Id hands] XLib (W XRib) to OP LOD, rec R, w/ bdy trn twd ptr fwd L/Ik Rib (W/Ik Lib), fwd L ; w/ Bdy trn awy from ptr fwd R/Ik Rib (W/Ik Rib), fwd R, w/ bdy trn twd ptr fwd L/Ik Rib (W/Ik Lib), fwd L ; {Aida into Back Triple Cha} Thru R to fc LOD xg R hnd ovr L, sd L trng ½ RF fcg LOP RLOD, bk R/Ik Lif, bk R to V bk-to-bk ; w/ bdy trn twd ptr bk L/Ik Rif (W/Ik Lif), bk L ; w/ Bdy trn awy from ptr bk R/Ik Lif (W/Ik Rif), bk R ;

### 05-06 SWITCH ROCK ; WHIP to COH ;

{Switch Rock} Trng LF to fc ptr bk & sd L, rec R hnds low, rk sd L/rk sd R, rk sd L ; {Whip to COH} Bk R trng LF & ldg acrs, rec L contg LF trn (W fwd L trng LF & xg in frt of M, fwd & sd R contg LF trn, sd L/cl R, sd L) sd R/cl L, sd R to BFLY COH ;

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### **07-10 BACK BREAK INTO TRIPLE CHA's to RLOD ; ; AIDA INTO BACK TRIPLE CHA's ; ;**

{**Bk Break Into Triple Cha to RLOD**} Repeat meas 1,2 Part B to RLOD ; ; {**Aida into Back Triple Cha**} Repeat meas 3,4 Part B to RLOD ; ;

### **11-12 SWITCH ROCK ; WHIP to WALL ;**

{**Switch Rock**} Repeat meas 5 Part B ; {**Whip to WALL**} Repeat meas 6 Part B to BFLY WALL ;

### **13-16 NEW YORKER ; CRAB WALKS ; ; SPOT TURN ;**

{**New Yorker**} Thru L to LOP RLOD, rec R to fc, sd L/cl R, sd L ; {**Crab Walks**} Twd LOD XRif (*WXLif*), sd L, XRif (*WXLif*)/ sd L, XRif (*WXLif*) ; Sd L, XRif (*WXLif*), sd L/cl R, sd L ; {**Spot Turn**} XRif (*WXLif*) trng ½ LF, rec L contg to trn to fc ptr, sd R/cl L, sd R ;

### **17-20 To RLOD AIDA ; SWITCH CROSS ; TWIRL/VINE 2 & CHA ; FENCE LINE ;**

{**Aida to RLOD**} Thru L RLOD, sd R to fc rel ld hnds & jn trl hnds, trng LF bk L/Ik Rif, bk L LOD to V BK-TO-BK ; {**Switch Cross**} Trng RF to fc ptr bk & sd R, rec L to BFLY, XRif (*WXLif*)/sd L, XRif (*WXLif*) ; {**Twirl/Vine 2 & Cha**} Raise lead hnds & release trail hnds sd L, XRib, sd L/cl R, sd L (*W fwd R begin RF twirl, cont twirl fwd L to BFLY, sd R/cl L, sd R*) ; {**Fence Line**} XRif (*WXLif*) w/ bent knee, rec L, sd R/cl L, sd R ;

## **ENDING**

### **01 APART & POINT to PARTNER & EXTEND ARMS ;**

{**Aprt & Pnt to Ptr**} [SS] Releasg lead hnds Bk L, -, point R to ptr lead arms to sd, -;