TITLE: THEIR HEARTS ARE DANCING
DANCE BY: Richard & Frances Matthews, 404 Pine Forest Dr., Slidell, LA. 70458-1714, 985-649-1979, rdcuers@aol.com
MUSIC: "Their Hearts Are Dancing" The Forester Sisters – Walmart download
FOOTWORK: Opposite, except where noted
RHYTHM: WALTZ  PHASE: III+1 (Diamond Turn)  SPEED: 45 RPM  AVG  6/14
SEQUENCE: INT, A, B, BRG, A, B, END

INTRO
1-4  WAIT ; WAIT ; APART, POINT ; TOGETHER, TCH (BFLY) ;
      5-8  WALTZ AWAY & TOGETHER (BFLY) ; BALANCE LEFT & RIGHT ;
   -A-
  1-4  STEP SWING ; SPIN MANEUVER ; TWO RIGHT TURNS ;
       5-8  BOX ; CANTER (BFLY) ;
         9-12  WALTZ AWAY ; TURN IN (FC RLOD) ; BACK WALTZ ; BACK, FACE, CLOSE ;
            13-16  DIP BACK ; MANEUVER ; TWO 1/4 RIGHT TURNS (LOD) ;
               17-20  TWO FORWARD WALTZES ; TWO LEFT TURNS ;
                  21-24  HOVER (SCP) ; PICKUP (SCAR) ; PROGRESSIVE TWINKLE (BJO) ;
                       25-28  PROGRESSIVE TWINKLE (SCAR) ;
                          29-32  HOVER (SCP) ; MANEUVER ; SPIN TURN ; BOX FINISH ;
   -B-
   1-4  DIAMOND TURN ;
      5-8  ONE LEFT TURN (RLOD) ; BACKUP WALTZ ; ONE RIGHT TURN (LOD) ; FORWARD WALTZ ;
         9-12  DIAMOND TURN (SCAR) ;
            13-16  THREE PROGRESSIVE TWINKLES ; FORWARD, FACE, CLOSE ;
               1-6  BALANCE LEFT & RIGHT ; TWIRL VINE 3 ; THROUGH, FACE, CLOSE ;
                  5-9  BALANCE LEFT & RIGHT ; CANTER TWICE ;
  -BRG-
   1-4  APART, POINT ; TOGETHER, TOUCH (BFLY) ; WALTZ AWAY & TOGETHER ;
      5-9  BALANCE LEFT & RIGHT ; CANTER TWICE ; LUNGE SIDE ;

Many thanks to David and Dolly Kingsley who introduced me to this wonderful music. They made this dance possible.