THE POET AND I

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Record: The Poet And I, Polydor PD14517, Frank Mills (Flip: Music Box Dancer)

Golden Oldies Records, 201 N.E. 45th Street, Seattle, WA 98105,
Email: oldies@ wolfenet.com , Phone: (206) 547-2260 , Fax: (425) 747-4566,

Footwork: Opposite, except as noted ( W twk italics)

Rhythm: Waltz, Phase: 11+1 (Unphased ‘Waltz Lariat’) Time: 3:47 Speed: 44 rpm


INTRODUCTION
1---4 WAIT; WAIT; DIP CENTER; RECOV, TCH;
1-4 In CP/Wall, wait 2 meas;; Back on L, draw R to L, hold; fwd R, tch L, hold;
5---8 LEFT TURNING BOX;;; (BFLY)
5-8 Fwd L trng ¼ LF, sd R, cl L; bk R trng ¼ LF, sd L, cl R;
Fwd L trng ¼ LF, sd R, cl L; bk R trng ¼ LF, sd L, cl R; (BFLY)

PART A
1---4 WALTZ AWAY ; CROSS WRAP TO REV; BK WALTZ; LADY ROLL ACROSS;
1-4 Waltz fwd to OP turning slightly away from ptr L, R, L; M walks to R around W R, L, R ( W wraps LF) ending in Wrap pos fcg RLOD and both hands joined; in Wrap pos waltz bkwd L, R, L; Bk R, cl L, R in place (W rolls across L, R, L) to LOP fcg RLOD;
5---8 THRU TWINKLE; MAÎNEUV; TWO RIGHT TURNS (BFLY);;
5-8 Step thru to RLOD on L turning to fc ptr, sd R trng LF, cl L ending OP fcg LOD; thru R trng RF to CP fcg RLOD, sd L, cl R; bk L trng ¼ RF, sd R twd LOD contg turn, cl L; fwd R trng ¼ RF, sd L trng to fc wall, cl R end BFLY;
9—12 WALTZ AWAY ; CROSS WRAP TO REV; BK WALTZ; LADY ROLL ACROSS;
9-12 Waltz fwd to OP turning slightly away from ptr L, R, L; M walks to R around W R, L, R ( W wraps LF) ending in Wrap pos fcg RLOD and both hands joined; In Wrap pos waltz bkwd L, R, L; Bk R, cl L, R in place (W rolls across L, R, L) to LOP fcg RLOD;
13-16 THRU TWINKLE; MAÎNEUV; TWO RIGHT TURNS (BFLY);;
13-16 Step thru to RLOD on L, sd R trng LF, cl L to R ending OP fcg LOD; step thru R, maneuv to CP fcg RLOD, bl L trng ¼ RF, sd R twd LOD contg turn, cl L; fwd R trng ¼ RF, sd L trng to fc wall, cl R end BFLY;

PART B:
1---4 WALTZ AWAY & TOGETHER;; STEP SWING; SPIN MANEUVER;
1-4 Waltz fwd to OP turning slightly away from ptr L, R, L; fwd R turning to fc ptr and wall, sd L, cl R; fwd L, swing R towards LOD keeping foot low to floor; initiate W’s LF spin then release hand hold fwd R trng to fc RLOD, sd L, cl R ( W spins LF in place L, R, L ending in CP LOD);
5---8 TWO RIGHT TURNS (WALL); BOX;; (BFLY)
5-8 Bk L trng ¼ RF, sd R twd LOD contg turn, cl L; fwd R trng ¼ RF, sd L trng to fc wall, cl R end BFLY;

Continued on back…
PART B (CONTINUED)

9—12 WALTZ AWAY & TOGETHER;;  TWIRL VINE;  THRU, FACE, CLOSE;

9—12 Waltz fwd to OP turning slightly away from ptr L, R, L;  fwd R turning to fc ptr and wall, sd L, cl R;  sd L, XLIB of R, in place;  sd L ending in BFLY;  (Sd and fwd R trng ½ RF,  sd and bk L trng ½ RF,  sd R ending in BFLY;)  XLIB of L to fc ptr, sd L, cl R to L ending in CP/WALL;

13-16 LEFT TURNING BOX;;;;;

13-16 Fwd L trng ¼ LF, sd R, cl L;  bk R trng ¼ LF, sd L, cl R;

Fwd L trng ¼ LF, sd R, cl L;  bk R trng ¼ LF, sd L, cl R;  (BFLY)

PART C:

1---4 BAL LEFT AND RIGHT;;  TWIRL VINE;  THRU, FACE, CLOSE;

1-4 Sd L, XLIB of L, in place;  sd R, XLIB of R, in place;  sd L, XLIB of L, sd L ending in BFLY;  (Sd and fwd R trng ½ RF,  sd and bk L trng ½ RF,  sd R ending in BFLY;)  XLIB of L to fc ptr, sd L, cl R to L ending in BFLY;

5---8 BAL LEFT AND RIGHT;;  SOLO TURNS (WALL);;;

5-8 Sd L, XLIB of L, in place;  sd R, XLIB of R, in place;  fwd L trng away from ptr, sd R cont turn, cl L to complete ½ turn;  bk R cont turn, sd L, cl R to end fc ptr and wall;

9-12 WALTZ AWAY;  CHANGE SIDES;  BKWARD WALTZ;  CHANGE SIDES;

9-12 Waltz fwd to OP turning slightly away from ptr L, R, L;  chg sides R, L, R to RLOD trng W LF under joined hands (like Calif. Twirl);  back waltz LOD L, R, L;  Chg sides R, L, R to LOD trng W LF under joined hands;

13-16 FWD WALTZ;  PICKUP;  TWO LEFT TURNS (WALL);;;

13-16 Fwd L LOD, fwd R, cl L;  fwd R (W fwd L trng ½ LF in tft of M) to CP LOD, sd L, cl R;  fwd L trng ¼ LF, step sd R diag across LOD cont turn ¼ LF, cl L;  bk on R trng ¼ LF, sd L toward LOP trng to fc wall, cl R blending to BFLY;

INTERLUDE:

1---4 SLOW WALTZ LARIAT (BFLY);;;;

1---4 M faces wall and holds Ws left hand in his right and steps in place L, R, L;  R, L, R;  L, R, L;  R, L, R;  (W lariats LF around man in 12 steps R, L, R;  L, R, L;  R, L, R;  L, R, L ending in BFLY;)  Take your time, slow 12 counts!

ENDING

1---4 BAL LEFT AND RIGHT;;  TWIRL VINE;  THRU, FACE, CLOSE;

1-4 Sd L, XLIB of L, in place;  sd R, XLIB of R, in place;  sd L, XLIB of L, sd L ending in BFLY;  (Sd and fwd R trng ½ RF,  sd and bk L trng ½ RF,  sd R ending in BFLY;)  XLIB of L to fc ptr, sd L, cl R ending in CP;

5---7 BOX;;  SLOW DIP, TWIST, HOLD;

5-7 Fwd L, sd R, cl L to R;  bk R, sd L, cl R to L;  slow bk L, slow twist slightly LF, hold position till music fades;