

THE WOMAN IN MY LIFE
CHOREOGRAPHY: Gary & Barb Dean
4284 Merton Cres, Prince George, B.C., Canada, V2M 5B8

MUSIC: THE WOMAN IN MY LIFE - PHIL VASSAR (Album: Greatest Hits)

FOOTWORK: OPPOSITE. Directions for man unless otherwise indicated

ROUNDALB PHASE: II + 2 (Hover & Whisk)

RHYTHM: WALTZ

SEQUENCE: INTRO A BRG B INTER A BRG B(mod) BRG C BRG B END

INTRO (BFLY)

- (1-4) **2 MEAS WT;; SOLO Trng 6 TO BFLY;;**
In BFLY Wt 2 Meas;; Sd & Fwd L Trng LF (W Sd & Fwd R Trng RF), Sd & Bk R Contg trn, CI L jn Id hnds to fc RLOD in LOP; Bk R Contg trn, Sd L Contg trn to fc ptr, CI R blindg to Bfly;
- (5-8) **TWISTY BAL L & R;; TWIST VIN 3; PU TO CLSD;**
Sd L, xRib (W xLif), SIP L; Sd R xLib (W xRif), SIP R; Sd L, xRib (W xLif), Sd L to fc ptr; Fwd R (W Fwd L Trng LF in frt of M), Sd L, CI R to CP LOD;

A (PU)

- (1-4) **FWD WLTZ; FWD WLTZ; 2 L Trng TO CP WALL;**
Fwd L, Fwd R, Fwd L; Fwd R, Fwd L, Fwd R L; Fwd L Trng 1/4 LF, Sd R Trng 1/4 LF to fc RLOD, CI L, Bk R Trng 1/4 LF, Sd L Trng 1/8 LF to fc Wall, CI R CP WALL;
- (5-8) **WSK; THRU TWNKL: THRU TWNKL; THRU FC CLS TO BFLY WALL;**
Fwd L, Fwd & Sd R risng, XLib (W XRib) to SCP; Fwd R Trn RF (W Fwd L trn LF), Fwd & Sd L trn to fc ptr & WALL, Cls R to CP; xLif (W xRif), Fwd & Sd R trn to fc ptr & WALL, Cls L to CP; xRif (W xLif) trng twds ptr, Sd L to fc ptr, CI R to BFLY Wall;
- (9-12) **LACE UP TO BFLY;;;;**
Sd & Fwd L xg bhd W (W Sd & Fwd R xg in frt of M undr jnd Id hnds), Fwd R to LOP LOD, CI L; Fwd R, Fwd L, CI R; Relse Id hnds & jn trlg hnds Fwd L xg bhd W (W Fwd R xg in frt of M undr jnd trlg hnds), Fwd R, CI L; Fwd R, Fwd L, CI R to OP LOD;
- (13-16) **WLTZ AWY & TOG;; SOLO Trng 6 TO BFLY;;**
Sd & Fwd L Trng LF (W Sd & Fwd R Trng RF), Sd R, CI L; Fwd & Sd R Trng RF (W Fwd & Sd L Trng LF), Sd L Contg trn to fc ptr & Wall, CI R; Sd & Fwd L Trng LF (W Sd & Fwd R Trng RF), Sd & Bk R Contg trn, CI L jn Id hnds to fc RLOD in LOP; Bk R Contg trn, Sd L Contg trn to fc ptr, CI R blindg to Bfly;

BRIDGE (BFLY)

- (1) **CANTER;**
Sd L, Drw R to L, Cls R;

B (BFLY)

- (1-4) **WLTZ AWY; WRAP; FWD WLTZ; MANUV;**
Relsg Id hnds Sd & Fwd L Trn LF (W Sd & Fwd R trn RF), Sd & Fwd R, Cls L; Sd & Fwd R Trn RF (W Fwd L trn LF), FwdL (W Sd & Bk R cont trn), Cls R (W Cls L cont trn) jng Id hnds acrs W's chest to wrappd pos fcg LOD; Fwd L, Fwd R, Cls L; Fwd R comm RF trn relse trlg hnds, Fwd & Sd L, Cls R to CP RLOD;
- (5-8) **2 R Trng TO CP WALL;; BOX;;**
Bk L Trn RF, Sd R Cont trn fc LOD, Cls L; Fwd R Trn RF, Sd L Cont trn to WALL, Cls R; Fwd L, Sd R, CI L; Bk R, Sd L, CI R;
- (9-12) **BAL L & R;; TWL VIN; THRU FC CLS;**
Sd L, xRib, SIP L; Sd R xLib, SIP R; Sd L (W Sd & Fwd R Comm RF trn undr jnd Id hnds), xRib (W Sd & Bk L Contg trn), Sd L (W Sd & Fwd R Contg trn) to fc ptr; xRif (W xLif) trng twds ptr, Sd L to fc ptr, CI R to BFLY Wall;
- (13-15) **CANTER; HVR; PU TO CLSD;**
Sd L, Drw R to L, Cls R; Fwd L, Fwd & Sd R risng, Sd & Fwd L lowrg to SCP; Fwd R (W Fwd L Trng LF in frt of M), Sd L, CI R to CP RLOD;

B modified (BFLY)

- (1-4) **WLTZ AWY; WRAP; FWD WLTZ; MANUV;**
Repeat Part B, Measures 1 - 4
- (5-8) **2 R TURN TO CP;; BOX;;**
Repeat Part B, Measures 5 - 8
- (9-12) **BAL L & R;; TWL VIN; THRU FC CLS;**
Repeat Part B, Measures 9 - 12
- (13-15) **CANTER; HOVER; FWD FC CLS;**
Repeat Part B, Measures 13 - 14, Fwd R trng twds ptr, Sd L to fc ptr, CI R to BFLY Wall

INTERLUDE (PU)

- (1-4) **L TURNING BOX;;;;**
Fwd L Trng 1/4 LF, Sd R, CI L; Bk R Trng 1/4 LF, Sd L, CI R; Fwd L Trng 1/4 LF Sd R, CI L; Bk R Trng 1/4 LF to Wall, Sd L, CI R blindg to SCAR DLW;

THE WOMAN IN MY LIFE continued

C (BFLY)

(1-4) WLTZ AWY & TOG;;; SOLO Trng 6 TO BFLY;;

Sd & Fwd L Trng LF (W Sd & Fwd R Trng RF), Sd R, CI L; Fwd & Sd R Trng RF (W Fwd & Sd L Trng LF), Sd L Contg trn to fc ptr & Wall, CI R; Sd & Fwd L Trng LF (W Sd & Fwd R Trng RF), Sd & Bk R Contg trn, CI L jn Id hnds to fc RLOD in LOP; Bk R Contg trn, Sd L Contg trn to fc ptr, CI R blndg to Bfly;

(5-8) WLTZ AWY; WRAP; FWD WLTZ; FWD FC CLS;

Relsg Id hnds Sd & Fwd L Trn LF (W Sd & Fwd R trn RF), Sd & Fwd R, Cls L; Sd & Fwd R Trn RF (W Fwd L trn LF), FwdL (W Sd & Bk R cont trn), Cls R (W Cls L cont trn) jng Id hnds acrs W's chest to wrappd pos fcg LOD; Fwd L, Fwd R, Cls L; Fwd R trng twds ptr, Sd L to fc ptr, CI R to BFLY Wall;

ENDING (PU)

(1-4) L TURNING BOX;;;;

Fwd L Trng 1/4 LF, Sd R, CI L; Bk R Trng 1/4 LF, Sd L, CI R; Fwd L Trng 1/4 LF Sd R, CI L; Bk R Trng 1/4 LF to Wall, Sd L, CI R blndg to SCAR DLW;

(5-7) DIP BK & HOLD; REC; APT & ACK;

Dip bk L with R leg extended, -, -; rec R, sd L cl R; Step apt L M's R & W's L hands joined, pt R twd ptr, -;

Date: 03/19/07