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MUSIC: “The Twist” by Chubby Checker - CD: Chubby Checker’s Greatest Hits - Track #2  
SEQUENCE: Intro, A, B, C, B, D, C, B, Ending  
SPEED: As on Mini- Disc (Slow)  
RELEASED: July 2008  
RHYTHM: Jive  
PHASE: VI  
FOOTWORK: Described for Man - Woman opposite (or as noted)  
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INTRO

1 - 4 WAIT; CHANGE L TO R w/CONTINUOUS CHASSE;; 2 SLOW FLEA HOPS;  
Wait 1 down beat and 1 meas in LEFT OPEN FACING POS M FACING WALL with lead foot free for both;  
[Change L to R w/Cont Chasse] Rk apt L, rec R raising lead hands to trn W under LF fwd chasse L/R, L placing R hand on W's L shoulder blade w/lead hands now low to end in R sd by sd pos facing WALL; Fwd R softening R knee slightly & look R bk at W, rec L raising lead hands to lead W to trn under RF, small bk in place chasse R/L, R (rk apt R, rec L comm LF trn, cont LF trn chasse R/L, R completing ½ LF trn under lead hands; rk bk L extending L arm straight up, rec R comm RF trn, cont RF trn chasse R/L, L completing ½ RF trn under lead hands) to end BFLY M FACING WALL;  
[2 Slow Flea Hops] Lift L knee and slip R ft slightly to L/cl L to R-, lift R knee and slip L ft slightly to R/cl R to L still in LEFT OPEN FACING M FACING WALL;-

PART A

1 - 4 STOP & GO; TO BUTTERFLY; TRAVELING SAND STEP 8;;  
[Stop & Go] Rk apt L, rec R raising lead hands to trn W under LF fwd chasse L/R, L placing R hand on W's L shoulder blade w/lead hands now low to end in R sd by sd pos facing WALL; Fwd R softening R knee slightly & look R bk at W, rec L raising lead hands to lead W to trn under RF, small bk in place chasse R/L, R (rk apt R, rec L comm LF trn, cont LF trn chasse R/L, R completing ½ LF trn under lead hands; rk bk L extending L arm straight up, rec R comm RF trn, cont RF trn chasse R/L, L completing ½ RF trn under lead hands) to end BFLY M FACING WALL;  
[Traveling Sand Step 8] Swvl 1/8 RF on R/place L toe to R instep no wgt, swvl ½ LF on R/sd & fwd L, swvl ¼ RF on L/place R heel diag fwd without wgt, swvl ¼ LF on L/XRIF of L; Swvl ¼ RF on R/place L toe to R instep without wgt, swvl ¼ LF on R/sd & fwd L, swvl ½ RF on L/place R heel diag fwd without wgt, swvl ¼ LF on L/XRIF of L;  

5 - 8 AMERICAN SPIN (BOTH) TO OPEN;; RK TO SWVL WALK 4;; JITTEBBUG KICK TO BFLY;;  
[American Spin Both Spin] Swvl 1/8 on R/rk apt L, rec R, almost cl to chasse in pl L/R, L spin LF (RF) 1 full trn on last step of triple release hand hold; Join trail hands as chasse sd in place R/L, R to end OPEN FACING LOD,  
[Rk to Swvl Walk 4] Rk bk L, rec R; With lead arm extended out to side toeing out swvl small fwd L, R, L, R;  
[Jitterbug Kick to Bfly] Tch L to R blending to BFLY WALL, trng slightly LF on R sd & fwd L LOD, kick R fwd & across L, swvl slightly RF on L and tch R to L; Sd chasse R/L, R in BFLY,  

9-12 RK TO SYNCOPEATED SIDE BREAK;; & CURLY WHIP; TO SEMI;  
[Rk to Sync Side Break] Rk apt L, rec R lowering hands; Sd L/sd R, hold, hold, together L under L hip/cl R to L;  
[Curly Whip to Semi] Rk fwd L, rec R raising lead hands, trng ½ RF chasse L/R, L to CP FCING COH; Cont RF trn XRIB of L, cont RF tm sd L, small sd in place chasse R/L, R (rk bk R, rec L, trng ½ LF under joined lead hands chasse R/L, R to CP: fwd L towards M sd trng RF, fwd R between M's feet cont RF trn, sd chasse L/R, L) start to blend to SCP LOD;  

PART B

1 - 4 RK TO CHASSE ROLL 2 TRIPLES;; ROLL 2 & TRIPLE FC REV;; RK TO 2 KICK BALL CHGS;;  
[Rk to Chasse Roll 2 Triples] Rk bk L, rec R trng 1/8 RF to fc ptr, sd L/cl R to L, sd L trng ½ RF now bk to bk;  
Sd R/cl L to R, sd R trng ½ RF to fc ptr,  
[Roll 2 & Triple Fc Rev] Sd L trng ½ RF, sd R trng ½ RF to fc ptr; Sd L/cl R to L, sd L trng 1/8 RF to LEFT ½ OPEN REV.  
[Rk to 2 Kick Ball Changes] Rk bk R, rec L; Kick R fwd & sd/cl R on ball to L, cl L to R in place whole foot, kick R fwd & sd/cl R on ball to L, cl L to R in place whole foot;  

5 - 8 RK TO CHASSE ROLL 2 TRIPLES;; ROLL 2 & TRIPLE TO SCP;; RK TO 2 KICK BALL CHGS;;  
[Rk to Chasse Roll 2 Triples] Rk bk R, rec L trng 1/8 LF to fc ptr, sd R/cl L to R, sd R trng ½ LF now bk to bk;  
Sd L/cl R to L, sd L trng ½ LF to fc ptr,  
[Roll 2 & Triple to Semi] Sd R trng ½ LF, sd L trng ½ LF to fc ptr; Sd R/cl L to R, sd R trng 1/8 LF to SCP LOD,  
[Rk to 2 Kick Ball Changes] Rk bk L, rec R; Kick L fwd & sd/cl L on ball to R, cl R to L in place whole foot, kick L fwd & sd/cl L on ball to R, cl R to L in place whole foot in SCP LOD;
9-12 **THROWAWAY BOTH OVERTURN; SNAP FREEZE, & LEFT TO R w/EXTRA TURN TO FACE;;:**

(Throwaway Both Overturn) Fwd chasse L/R, L leading W to fold in front, trng RF small fwd chasse R/L, R (trng 3/8 LF sd & bk chasse R/L, R to CP DLW, cont LF trn releasing from CP small fwd chasse L/R, L) to end almost bk to bk w/lead hands joined M fcng DRW and W fcng DLW;

(Snap Freeze & L to R w/Extra Turn to Face) Sharply swvl ¼ LF on R leaving L pointed fwd twd ptr, hold, hold, small bk L on ball/in place R whole foot; Trng ¼ RF chasse L/R, L, sd R leading W under lead hands again, XLIF of R; Sd chasse R/L, R to LEFT OPEN FCING M FCING WALL, rk apt L, rec R (sharply swvl ¼ RF on L leaving R pointed fwd twd ptr, hold, hold, small bk R on ball, in place R whole foot; trng ½ LF under joined lead hands chasse R/L, R, cont trng LF sd L trng under joined lead hands again, sd R cont LF trn to fc ptr completing 1 ¾ LF trn; Sd chasse L/R, L, rk apt R, rec L) to end LEFT OPEN FACING M FACING WALL;

**NOTE:** The last rock apart & recover, though in this meas, is part of the Link in Part C & the Ending, as well as the Triple Wheel in Part D, as far as the cue goes.

**NOTE:** 2nd time end Part B w/a R handshake and the cue should be Extra Turn To Handshake for Triple Wheel.

### PART C

1 - 4 **LINK to WHIP TURN SEMI;; JIVE WALKS; KICK CLOSE TWICE;**

(Link to Whip Turn Semi) Small fwd chasse L/R, L completing 3/8 RF trn to CP fcng DRC, cont RF trn XRIB of L, cont RF trn sd L; Cont RF trn small sd in place chasse R/L, R (small fwd chasse R/L, R completing 3/8 RF trn to CP, cont RF trn fwd L, cont RF trn small fwd R between M’s feet; cont RF trn sd chasse L/R, L) start to blend to SCP LOD;

(Jive Walks) Rk bk L, rec R; Fwd chasse L/R, L, fwd chasse R/L, R in SCP LOD;

(Kick Close Twice) Kick L fwd, cl L to R, kick R fwd, cl R to L in SCP LOD;

5 - 8 **RK TO REVERSE WHIP SEMI;; RK TO ONE FWD TRIPLE; 2 POINT STEPS;**

(Reverse Whip) Rk bk L, rec R, fwd L/sd & slightly bk R, small fwd L heel opposite R toe to CP DLC; Sd & slightly fwd R trng LF, swvl LF on ball of L ending L heel opposite R toe fcng WALL, sd chasse R/L, R (rk bk R, rec L, trng LF sd chasse R/L, R; trng LF XLIB of R w/L toe opposite R heel, cont LF trn bk & slightly sd R, sd chasse L/R, L) start to blend to SCP LOD;

(Rk to Fwd Triple) Rk bk L, rec R, fwd chasse L/R, L, loosening the hold in SCP LOD;

(2 Point Steps) Point R fwd toeing out, fwd R, point L fwd toeing out, fwd L in loose SCP LOD;

9-12 **KICK STEP EACH WAY;; CROSS CHECK FREEZE,,, & PRETZEL TURN;; RK & UNWRAP IN 2;**

(Kick Step Each Way) Kick R fwd & across twd LOD, trng ¼ RF on L sd & fwd R twd R LOD to loose RSCP, kick L fwd & across twd R LOD, trng 1/4 LF on R sd & fwd L to loose SCP;

(Cross Check Freeze & Pretzel Turn) Lowering slightly XRIF of L to check, hold, hold, rk bk L on ball/in place R; Releasing trailing arm hold & maintaining lead hand hold fwd chasse trng RF L/R, L, cont RF trn chasse sd & fwd R/L, R to end lead hands now joined low behind bk to bk to bk V-pos M fcng DLC and W fcng DLW;

(Rk & Unwrap 2 to Semi) Rk fwd L down LOD, rec R comm LF trn, cont LF trn sd L, cont LF trn sd R start to blend to SCP LOD;

### PART B

### PART D

1 - 4 **TRIPLE WHEEL (HANG ON) LADY TWIRL TO FACE CENTER;; ROLLING OFF THE ARM;;**

(Triple Wheel) Trng RF fwd & sd chasse L/R, L to touch W’s bk w/L hand trng LF on last step of triple, cont slight LF trn fwd & sd chasse R/L, R extend L arm out to sd trng RF on last step of triple; Cont slight RF trn fwd & sd chasse L/R, L to touch W’s bk w/L hand & raise R hands to lead W under on last step of triple, in place triple R/L, R bringing R hands down (trng LF fwd & sd chasse R/L, R extend L arm out to sd trng RF on last step of triple, cont slight RF trn fwd & sd chasse L/R, L to touch W’s bk w/L hand & raise R hands to lead W under on last step of triple, in place triple R/L, R bringing R hands down (trng LF fwd & sd chasse R/L, R extend L arm out to sd trng RF on last step of triple, cont slight RF trn fwd & sd chasse L/R, L to touch W’s bk w/L hand & raise R hands to lead W under on last step of triple, in place triple R/L, R bringing R hands down (trng LF fwd & sd chasse R/L, R extend L arm out to sd trning RF 1 full trn on last step of triple under joined R hands, cont ½ LF trn in place L/R, L) to end in handshake M FCING COH;

(Rolling Off The Arm) Rk apt L, rec R comm RF trn, cont RF trn small chasse L/R, L while leading W to trn L in crook of R arm & end in skaters pos FCING LOD; Wheel ½ RF fwd R, L, to end fcng R LOD, cont RF trn fwd chasse R/L, R (rk apt R, rec L comm LF trn, cont LF trn chasse R/L, R into M’s R arm; wheel ½ RF trn bk L, R, comm RF trn, cont RF trn chasse L/R, L off M’s R arm) to handshake M FCING COH;
5 - 8 **MIAMI SPECIAL TO LEFT OPEN REV**; **SHE GO HE GO TO LEFT OPEN LINE**; **RK & SLIDE**:

**(Miami Special to Left Open Rev)** Rk apt L, rec R comm RF trn, pass by ptr fwd & sd chasse L/R, L completing ¾ RF trn under joined R hands and immediately take R hands over head to rest behind neck to end both FCING RLOD w/M's L arm around W's back; Sd chasse R/L, R allowing L hand to slide off W's arm (rk apt R, rec L, pass by ptr fwd & sd chasse R/L, R making ¾ LF trn under R hands; Sd chasse L/R, L allowing R hand to slide off M's arm) to join lead hands and end in LEFT OPEN FCING RLOD;

**(She Go He Go to Left Open Line)** X rk LIB of R, rec R; Sd chasse L/R, L on last step comm LF trn under joined lead hands, cont LF trn sd chasse R/L, R completing ½ LF trn under lead hands (X rk LIB of R, rec R; trng ¾ LF under joined lead hands R/L, R to momentarily fc ptr, sd chasse L/R, L to LEFT OPEN FCING LOD;)

**(RK & Slide)** X rk LIB of R, rec R, sliding behind W sd chasse L/R, L (X rk LIB of R, rec R, sliding in front of M sd chasse R/L, R) to join trailing hands & end OPEN FCING LOD;

9 - 12 **RK & SLIDE M IN FRONT**; **RK & SLIDE TO WRAP LINE**; **WHEEL 4**; & **UNWRAP TO FACE**:

**(RK & Slide M in Front)** X rk RIB of L, rec L, sliding in front of W sd chasse R/L, R (X rk RIB of L, rec R, sliding behind M sd chasse L/R, L) to join lead hands & end LEFT OPEN FCING LOD;

**(RK & Slide to Wrap Line)** X rk RIB of R, rec R, sliding behind W raising joined lead hands sd chasse L/R, L (X rk RIB of L, rec L, sliding in front of M under joined lead hands sd chasse R/L, R) to join trailing hands around W's R waist to end WRAP POS FCING LOD;

**(Wheel 4 & Unwrap to Face)** Wheel RF fwd R, L, R, L completing 1 full turn to end icng LOD still in WRAP POS; Lead W under lead hands trng ¼ RF in place R/L, R, rk apt L, rec R (bk L, R, L, R; trng ¾ RF under joined lead hands L/R, L, rk apt R, rec L) to end LEFT OPEN FACING M FACING WALL;

**NOTE**: The last rock apart & recover, though in this meas, is part of the Link in Part C, as far as the cue goes.

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**PART C**

**PART B**

**ENDING**

1 - 4 **LINK TO WHIP TURN SEMI**; **JIVE WALKS**; **KICK CLOSE TWICE TO FACE**:

**(Link to Whip Turn Semi)** Small fwd chasse L/R, L completing 3/8 RF trn to CP fcing DRC, cont RF trn XRIB of L, cont RF trn sd L; Cont RF trn small sd in place chasse R/L, R (small fwd chasse R/L, R completing 3/8 RF trn to CP, cont RF trn fwd L, cont RF trn small fwd R between M's feet; cont RF trn sd chasse L/R, L) to blend to SCP LOD,

**(Jive Walks)** Rk bk L, rec R; Fwd chasse L/R, L, fwd chasse R/L, R in SCP LOD;

**(Kick Close Twice)** Kick L fwd, cl L to R, kick R fwd, swvl 1/8 RF on L/cl R to L to CP WALL;

5 - 8 **AMERICAN SPIN (BOTH) TO OPEN**; **RK TO SWVL WALK 4**; **JITTERBUG KICK TO BFLY**;

**(American Spin Both Spin)** Rk apt L, rec R, almost cl to chasse in pl L/R, L spin LF (RF) 1 full trn on last step of triple releasing hand hold; Join trailing hands as chasse sd in place R/L, R to end OPEN POS FACING LOD;

**(RK to Swvl Walk 4)** Rk bk L, rec R; Toeing out swvl small fwd L, R, L, R;

**(Jitterbug Kick to Bfly)** Tch L to R blending to BFLY WALL, trng slightly LF on R sd & fwd L LOD, kick R fwd & across L, swvl slightly RF on L and tch R to L; Swvl chasse R/L, R in BFLY,

9 - 12 **RK TO SYNCOPATED SIDE BREAK**; **& TRAVELING SAND STEP 7 TO PRESS LINE HOLD**:

**(Rk to Sync Side Break)** Rk apt L, rec R lowering hands; Sd L/sd R, hold, hold, together L under L hip/cl R to L;

**(Traveling Sand Step 7 to Press Line)** Swvl 1/8 RF on R/place L toe to R instep without wgt, swvl ¼ LF on R/sd & fwd L, swvl ¼ RF on L/place R heel diag fwd without wgt, swvl ¼ LF on L/XRIF of L; Swvl ¼ RF on R/place L toe to R instep without wgt, swvl ¼ LF on R/sd & fwd L, swvl ¼ RF on L/place hands on hips and R toe diag fwd in light press line & hold,

**NOTE**: Traveling Sand Step in measures 11 & 12 is actually 1 beat shy of 2 full measures to end with the music.