

# THE SYNCOPATED CLOCK

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**MUSIC:** The Syncopated Clock, Sally Harmon, *Pirouette, A Spin on the Classics*, available as a download from Napster, etc. (slowed about 3%)

**RHYTHM:** Foxtrot/Jive, Ph IV+2 (curved feath, stop & go) FT SQQ unless otherwise noted

**FOOTWORK:** Opposite, directions for man (W in parentheses)

**SEQUENCE:** INTRO A B A (1-8) C B B BRIDGE A ENDING

## INTRODUCTION

### 1-2 CHKD BJO DLC WAIT; FISHTAIL;

1-2 BJO DLC WAIT; *{fishtail}* XLib beg curv RF, sd R, fwd L, lk R;

## PART A

### 1-4 OPEN REVERSE TURN; BACK & CHASSE BJO; ½ NATURAL; BACK & R CHASSE ;

1 *{Op Rev}* Fwd L trn LF ¼, -, cont trn sd R, bk L in CBJO;  
 SQ&Q 2 *{Bk & Chasse Bjo}* Bk R trng LF to WALL, -, sd L/cl R to CP, fwd L to BJO;  
 3 *{1/2 Nat}* Fwd R comm RF turn, -, cl R to L cont turn, bk L;

SQ&Q 4 *{Bk & R Chasse}* Bk L trng RF, -, sd R/cl L trng RF, sd R to CP DLC;

### 5-8 OPEN TELEMARK; IN & OUT RUNS;; THRU SIDE CLOSE CP;

5 *{Op Tele}* Fwd L comm LF trn, -, sd R around W cont trn, sd & fwd L (W bk R comm. LF trn, -, cl L to R for heel trn, sd & fwd R) to SCP DLW;  
 6 *{Start In & Out Runs}* Trn RF fwd R (W fwd L), -, sd & bk L to CP, bk R to CBJO DRC (W fwd L, -, fwd R, between M's feet fwd L);  
 7 *{Fin In & Out Runs}* Trn RF bk L, -, sd & fwd R between W's feet cont trn RF, fwd L to SCP DLC (W trng RF fwd R, -, fwd & sd L cont trn RF brush R to L, fwd R);  
 8 *{Thru Sd Cl}* Thru R, -, sd L, cl R CP;

### 9-12 HOVER TELEMARK; CURVED FEATHER; BACK FEATHER; FEATHER FINISH;

9 *{Hov Tele}* Fwd L, -, sd & fwd R w/ rise trng 1/8 RF, sm fwd L on toe to SCP DLW;  
 10 *{Curved Feath}* Thru R comm RF trn, -, sd & fwd L trng more sharply, fwd R ckg to BJO DRW (W fwd L comm LF trn, -, sd & bk R trng more sharply, bk L);  
 11 *{Bk Feath}* Bk L, -, bk R to BJO w/ R sh lead, bk L;  
 12 *{Feath Fin}* Bk R trn ¼ LF to WALL, -, sd & fwd L LOD, fwd R to BJO DLW;

### 13-16 3 STEP; ½ NATURAL; CLOSED IMPETUS; FEATHER FINISH;

13 *{3 Stp}* Fwd L blend to CP, -, fwd R, fwd L;  
 14 *{1/2 Nat}* Fwd R comm RF turn, -, cl R to L cont turn, bk L;  
 15 *{Cl Imp}* Bk L LOD turn RF, -, cl R to L cont turn, bk L DRC;  
 16 *{Feath Fin}* Bk R, -, bk L trn LF, sd & fwd R to CBJO DLC;

## PART B

### 1-4 DIAMOND TURN TO SCAR;;;:

1 *{Diamond Turn to SCAR}* Fwd L trng on diag, -, sd R cont trng LF, bk L CBJO;  
 2 Bk R trng LF, -, sd R cont trng LF, bk L CBJO;  
 3 Fwd L trng on diag, -, sd R cont trng LF, bk L CBJO;  
 4 Bk R, -, Sd L, cl R to SCAR DLW;

### 5-8 X HOVER BJO; X HOVER SCAR; X HOVER SCP; FEATHER;

5 *{X Hov BJO}* XLif, -, sd R w/ slight rise comm LF trn, rec L ending in BJO DLC (W XRib, -, sd L w/ slight rise comm. rec R);  
 6 *{X Hov SCAR}* XRif, -, sd L w/ slight rise comm RF trn, rec R to SCAR (W XLib, -, sd R w/ slight rise rec L);  
 7 *{X Hov SCP}* XLif, -, sd R w/ slight rise trng LF, rec L to SCP (W XRib, -, sd L w/ slight rise trng LF, rec R to SCP);  
 8 *{Feath}* Fwd R DLC, -, fwd L, fwd R to BJO DLC (W fwd L start LF trn, -, cont LF trn sd & bk R, bk L); [3<sup>rd</sup> time checking for fishtail]

### REPEAT A (1-8)

PART C1-4 SIDE TOUCH & SIDE CHASSE; RIGHT TO LEFT ~ LEFT TO RIGHT;;;:

1 {Sd Tch & Sd Chasse} Sd L, tch R, sd R/cl L, sd R;

2-4 {R to L ~ L to R} Rk bk L SCP, rec R, sd chasse L/R, L (W fwd chasse start RF trn und ld hnds); In pl R/L, R trn ¼ LF (W fin RF trn L/R, L to fc ptr), rk apt L, rec R; Sd L/R, L to fc ptr (W fwd chasse R/L, R trng ¾ LF und ld hnds), sd chasse R/L,R to fc WALL;

5-8 SHOULDER SHOVE ~ LINK ROCK TO SCP;;; DOUBLE ROCK;

5-7 {Sh Shove ~ Link Rk} Rk apt L, rec R sd L/R, sd L toward ptr bring M's L and W's R shoulders tog; Bk L/R, L trng LF (W RF) to fc, rk bk L, rec R; Sd L/cl R to loose CP, sd L, sd R/cl L, sd R trng to SCP;

8 {Dbl Rk} Rk bk L, rec R, rk bk L, rec R;

9-12 R TURNING TRIPLE TO SCP RLOD; RIGHT TO LEFT TO RLOD ~ CHANGE HANDS BEH BACK;;;:

9 {R Trng Triple} Trng ¼ RF sd L/cl R, sd L, trng ¼ RF sd R/cl L, sd R to SCP RLOD;

10-12 {R to L ~ Chg Hnds Beh Bk} Rk bk L SCP, rec R, sd chasse L/R, L (W fwd chasse R/L, R, start RF trn und ld hnds); In pl R/L, R trn ¼ LF to fc RLOD (W fin RF trn L/R, L to fc ptr), rk apt L, rec R; Chasse fwd L/R, L trng ¼ LF chng W's R hnd to M's R hnd beh M's bk (W fwd R/L, R, trng ¼ RF), chasse sd & bk R/L, R cont trng ¼ LF chng W's R hnd to M's L to fc LOD (W sd L/R, sd & bk L trng ¼ RF);

13-16 LEFT TO RIGHT ~ AMERICAN SPIN;;; ROCK RECOVER SIDE CLOSE;

13-15 {L to R ~ Am Spin} Rk apt L, rec R, sd L/R, L to fc ptr (W fwd chasse R/L, R trng ¾ LF und ld hnds); Sd chasse R/L,R to fc WALL, rk apt L, rec R; Tog L/R, L, sd R/L, R (W tog R/L, R start RF spin on last stp, spin L/R, L);

16 {Rk Rec Sd Cl} Rk bk L, rec R, sd L, cl R;

17-20 PRETZEL TURN; DBL ROCK W/ SNAPS; UNWRAP PRETZEL; DBL ROCK;

17-18 {Pretzel turn & Dbl Rk w/ snaps} Retaining M's L & W's R hnds M trn RF (W LF) L/R, L, R/L, R end both fcg LOD hnds joined beh bk free hnd extended LOD; Rk fwd L & snap, rec R, rk fwd L & snap, rec R;

19-20 {Unwrap Pretzel & Dbl Rk} Progressing RLOD unwind L/R, L, R/L, R to fc; In SCP rk bk L, rec R, rk bk L, rec R;

21-24 THROWAWAY; STOP & GO;;; ROCK RECOVER SIDE CLOSE TO CP LOD;

21 {Throwaway} Fwd L/cl /R, fwd L (fwd R/cl L, fwd R trng ½ front of man), sd R/cl L, sd & fwd R (sd L/cl R, sd & bk L) LOP LOD;

22-23 {Stop & Go} Rk bk L, rec R, Fwd L/cl R, fwd L (W rk bk R, rec L, fwd R/L, R trng ½ LF und ld hnds to end at M's R sd) catch W w/ R hnd on L shld blade; Rk fwd R, rec L, sm bk R/cl L, bk R (W rk bk L, rec R, fwd L/R, L trng ½ RF und ld hnds) to LOP FCG WALL;

24 {Rk Rec Sd Cl} Rk bk L, rec R, sd L, cl R to CP;

REPEAT BREPEAT B CHECKINGBRIDGE1 FISHTAIL;

1 {Fishtail} XLib beg curv RF, sd R, fwd L, lk R;

REPEAT AENDING1-4 REVERSE TURN ½; ROCK BACK & REC; BOX FIN BFLY WALL; SYNC TWISTY VINE 3 CLOSE PT;

1 {Start Rev Turn} Fwd L comm. LF trn, -, fwd & sd R twd COH, bk L to CP RLOD (W bk R heel trn, -, cl L to R, fwd R);

2 {Rk Bk & Rec} Rk bk R, -, rec L, -;

3 {Box Fin} Bk R trn ¼ LF, -, sd L LOD, cl R BFLY WALL;

4 {Sync Twisty Vine 3 Cl Pt} Trng slightly RF sd L/XRib (W XLif), trng slightly LF sd L/XRif (W XLib), trng slightly RF sd L/XRib (W XLif), cl L/pt R (W L) RLOD; [ soft knees - a1a2a3a4]