INTRO

1-8 WAIT;; PT STEPS TWICE; TWO SAILORS SHUFFLES FC LOD; PT STEPS TWICE; KICK BALL CHG RK TO RT TRNING FALLAWAY;; SLINGSHOT JUMP THROWAWAY FC RLOD;

INTRO

1-8 WAIT;; PT STEPS TWICE; TWO SAILORS SHUFFLES FC LOD; PT STEPS TWICE; KICK BALL CHG RK TO RT TRNING FALLAWAY;; SLINGSHOT JUMP THROWAWAY FC RLOD;

PART A

1-4 LEFT TO RIGHT CONTINUOUS CHASSE;; START LEFT TO RIGHT; BEHIND, SD, KICK, STEP;

123&4 1-2 {Left to Rt Cont Chasse} Rk apt L, recov R raise joined lead hnds, chasse sd & fwd L/R, L (W rk apt R, recov L, chasse fwd R/L, R trn ¾ LF under joined lead hnds); lean slightly twd LOD sd R/ cl L, sd R/ cl L, sd R/ cl L, sd R;

5&67&8 3-4 {Start Left to Right} Rk apt L, recov R raise joined lead hnds, chasse sd & fwd L/R, L (W rk apt R, recov L, chasse fwd R/L, R trn ¾ LF under joined lead hnds); {Behind Sd Kick Step} XLRB of L, sd L fc wall, kick R across L to LOD, sd R RLOD;

5-8 START LEFT TO RIGHT; BEHIND, SD, TRNING SAILORS SHUFFLE TO OPEN CHK.; HOLD BALL CHG BASKETBALL TRN TO FC; TRIPLE REVERSE BFLY SWVL 2;

123&4 5-6 {Start Left to Right} Rk apt L, recov R raise joined lead hnds, chasse sd & fwd L/R, L (W rk apt R, recov L, chasse fwd R/L, R
trn ¾ LF under joined lead hnds); {Behind Sd Trng Sailors Shuffle to Open Chk} XRIB of L, sd L to fc COH, XRIB of L trning RF/ sd L to LOP LOD, cont LF trn chk thru R ft in Latin cross fc LOD trail hnds up & bk;

{Hold Ball Chg Basketball Trn to Fc} Hold/ & then on & ct move L ft slghtly fwd to step on ball of ft, recov slght fwd R, fwd L twd LOD trn RF away from ptr, recov R trning to fc ptr BFLY;

{Triple RLOD BFLY Swvl 2} Fwd triple to RLOD L/R, L BFLY, swvl RF on L step twd LOD R, swvl LF on R step fwd RLOD L;

9-12 KICK STEPS 3 TIMES;,, HOLD/ CL, SD; WHIP THOWAWAY TO RLOD;;

{Kick Steps 3 Times Hold/Cl Sd} Kick R thru to RLOD, step small sd R, kick L thru to LOD, step small sd L; kick R thru to RLOD, small sd R, hold/ on & ct cl L to R, sd R fc COH lead ft free;

{Whip Throwaway to RLOD} Rk apt L, recov R, in plc L/R, L; XRIB of L trning RF, sd L cont RF trn to fc RLOD, chasse DRC sd R/cl L, sd R (W rk apt R, recov L, chasse fwd to CP R/L, R; sd L trning RF, XRIF of L in CP, separate as diag bk chasse L/R, L);

REPEAT PART A

PART B

1-4 CHICKEN WALKS 2 SLOWS 4 QKS;; CHICKEN WALKS 2 SLOWS 4 QKS;;

{Chicken Walks 2 Slows 4 Qks} Bk L,-, R(W swvl RF to fc ptr swvl walk by trning toes out fwd R,-, L),-; Bk L, R, L, R (W swvl walk by trning toes out fwd R, L, R, L);

{Chicken Walks 2 Slows 4 Qks} Bk L,-, R(W swvl walk by trning toes out fwd R,-, L),-; Bk L, R, L, R (W swvl walk by trning toes out fwd R, L, R, L);

5-8 CHG HNDS BEHIND THE BK ARM SWING & SHAKE HNDS;; TRIPLE WHEEL VARIATION WITH UNDERARM TRN;;;

{Chg Hnds Behind The Bk Arm Swing & Shake Hnds} Rk apt L, recov R start LF trn as swing R arm bk up & over, trning LF triple L/R, L sliding in front of W pl lead hnds momentarily on M’s R hip but let go; cont LF trn sd R/ cl L, sd & bk R to shk hnds fc LOD (W rk apt R, recov L, fwd chasse R/L, R trning ¼ RF behind his bk & allow R hd to slide across his bk; fwd & sd L/ cl R, sd & bk L to fc ptr sliding down L arm but end shake hnds),

{Triple Wheel Variation with Underarm Trn} Rk apt L, recov R; starting RF wheel trning RF ¼ twd ptr L/R, L to tch her bk, cont RF wheel trn ¼ LF away from ptr R/L, R fc RLOD; trn ½ RF to fc RLOD in pl L/R, L stopping her with R palms up she fc COH, in pl R/L, R as trn the W underarm ¼ RF to fc join lead hnds fc RLOD (W rk apt R, recov L; starting RF wheel trn LF ¼
away from ptr R/L, R, cont RF wheel trn ½ RF twd ptr L/R, L to
tch his bk; trning ¼ LF fc COH to R palms up R/L, R, trn RF on
R fc wall finish ¾ RF trn under joined hnds L/R, L to fc ptr);

**REPEAT PART A**

**PART C**

1-4 STOP & GO WITH ARM SLIDING DOOR ENDING LADY ROLL REV
FC COH;; KICK, KICK, TRNING SAILORS SHUFFLE BFLY;; KNEE
UP HOLD,, SAILORS SHUFFLE;;

123&4 1-2 {Stop & Go with Arm Sliding Door Ending Lady Roll Rev Fc
567&8 COH} Rk apt L, recov R, fwd chasse L/R, L leading W under
lead hnds (W rk apt R, recov L, trning chasse LF under lead arms
R/L, R); Lunge fwd R like a chair with trail arm up, recov L to fc
COH, slide apt sd R/ cl L, sd R to LOP fc COH (W sit bk L trail
arm up, recov R, fwd triple rolling LF to chg sds L/R, L);

--3&4 3-4 {Kick, Kick, Trning Sailor Shuffle BFLY} Kick L across R,
--7&8 kick L fwd slghtly twd ptr, XLIB of R trning L F/ sd R, fwd L fc ptr
& RLOD in BFLY; {Knee up Hold Sailors Shuffle} Bring R
knee up & across body, hold, bring R ft down to XIB of L/ sd L,
recov R still fc RLOD;

5-8 PRETZEL TRN TO WALL; RK WITH ARM, HOLD, 2, RECOV;
UNWRAP THE PRETZEL TO FC; RK APT WITH ARM, HOLD, 2,
RECOV BFLY;

1&23&4 5-6 {Pretzel Trn to Wall} Twd wall trn RF sd L/ cl R, sd L to bk to
5--8 bk fc LOD with lead hnds joined behind bk, finish pretzel sd R/ cl
L to R, sd R look to wall; {Rk Hold 2 Recov} Rk fwd L with
trail arms fwd to wall, hold for 2 cts., recov R;

1&23&4 7-8 {Unwrap the Pretzel} Trning LF to unwrap the pretzel sd L/ cl
5--8 R, sd L to fc ptr & RLOD, finish unwrap to fc sd R/ cl L, sd R;
{Rk Apt Hold 2 Recov} Rk apt L trail arm up, hold for 2 cts.,
recov R to BFLY fc RLOD;

9-12 SANDSTEP; TOE, HOLD, BEHIND/SD, FRONT; NO HNDS ROLLING
OFF THE ARMS FC RLOD;;

123&4 9-10 {Sandstep} Swvl RF on R & tch L toe to instep of R, swvl LF on
--7&8 R & tch L heel twd the wall, swvl RF on R XLIF of R/ sd R,
XLIF of R; {Toe Hold Behind Sd Front} Swvl LF on L & tch R
toe to instep of L, hold one ct, swvl RF on L to XRIB of L/ sd L,
XRIF of L lead hnds joined fc RLOD;

123&4 11-12 {No Hnds Rolling Off the Arms Fc RLOD} Rk apt L, as recov
567&8 R start to lead W to trn to skaters let go lead hnds and place R arm
arnd W’s waist to skaters, trning ¼ RF L/R, L to fc COH (W rk
apt R, recov L, trning ¼ LF into M’s R arm in skaters triple fwd
R/L, R fc COH); Cont RF wheel fwd R, fwd L to fc wall, lead W
with R hnd to spin RF as triple in pl R/L, R to fc RLOD lead hnds
joined (W wheel bk L begin unwind RF, fwd R, unwind triple RF
L/R, L leave R sd slghtly fwd fc ptr);
REPEAT PART B  REPEAT PART A

ENDING

1-8  WHIP WITH INSIDE TRN SEPARATING TO;; PT STEPS TWICE;
TWO SAILORS SHUFFLES FC LOD; PT STEPS TWICE; KICK BALL
CHG Rk TO RT TRNING FALLAWAY;; SLINGSHOT JUMP
THROWAWAY FC RLOD;

123&4  5&67&8
1-2  3-4  {Whip with Inside Trn Separating to} Rk apt L, recov R, in pl
{Pt Steps Twice} {Sailors Shuffles Fc LOD} Repeat meas 3-4 of
567&8  intro;;

-2-4  5&67&8  {Pt Steps Twice} {Kick Ball Chg Rk To} Repeat meas 5-6 of
-2-4  7-8  intro;;
-&678  {Right Trning Fallaway} {Slingshot Jump Throwaway Fc
1&23&4  RLOD} Repeat meas 7-8 of intro but stay down after jump
567-  throwaway;;