THE FIRST HELLO (The Last Goodbye)

Music: Roger Whittaker
www.amazon.com/

Time: 2:58  Speed Up w/ +10%

Available from choreographer

Rhythm: Bolero  Phase: IV+2 (Horseshoe Turn + Riff Turn)

Footwork: Opposite except where (Noted)

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Sequence: INTRO ABC AB(1-9) A(1-8) END

INTRO

01-04  BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; FULL BASIC ; ;

[Wait] BFLY pos WALL ld ft free wt 2 meas ; ; [Full Basic] Sd L, -, bk R w/ bk contra ck action, rec L ; Sd R, -, fwd L w/ contra ck action, rec R ;

PART A

01-04  DBL HANDHOLD UNDERARM TURN ; STACKED HANDS OP BREAK to FACE ; CHANGE SIDES/W UNDERARM ;

FENCE LINE w/ ARMSWEEP ;

[Db1 Hnd Hold Underarm Turn] Sd L, -, XRib lead ptr under db1 hd hold, rec fwd L stacked Lft over Rt hands (W fwd R, -, fwd L RF trn under db1 hd hold, fwd R stacked hands L over R) to WALL ; [Stacked Hnds OP Break] With stacked hnds Sd R, -, apt L, rec R to W’s r-sd ; [Change Sides /W Underarm] Fwd L WALL chg sds lead W trn under stacked hnds, -, sd R, XLIIf (W fwrd R COH Lf trn under stacked hnds chg sds, -, sd L, XRIf) to BFLY COH ; [Fence Line w/ Armsweep] Sd R body rise,;, XLIIf bent knee left arm circle CW in front of body, rec bk R to BFLY COH ;

05-08  TURNING BASIC ; BACK BREAK to 1/2 OP LOD ; OP IN & OUT RUNS ; ;

[Turning Basic] Sd L w/ RF upper bdy trn, -, bk R trng ¼ LF, sd & fwd L trng ¼ LF (W sd R w/ RF upper bdy trn, -, fwd L trng ¼ LF w/ slip action, sd & bk R trng ¼ LF) to BFLY WALL ; [Bk Break to ½ OP LOD] Sd R, -, XLIB toSCP, fwr R to ½ OP LOD ; [OP In & Out Runs] Fwd L rise,;, fwr R twd DLW across W comm trn RF, bk L cont trn to fc LOD w/ free arms out to sd (W fwrd R rise, -, L, R) to ½ LOP LOD ; Fwd R rise, -, fwr R, L w/ free arms out to sd (W fwrd L rise, -, fwr R twd DLW across M comm trn RF, bk L cont trn to fc LOD) to ½ OP LOD ;

09-91/2  SLOW HIP ROCK TWO ; SINGLE RIFF TURN ;

[Slow Hip Rock 2] [SS] Fwr & Sd L to fcg ptr rollg L hip, -, rec R rollg R hip,; ; [Single Riff Turn] [QQ] Sd L raisg ld hnds, cl R (W sd & fwrd R com RF spin, cl L compg full RF spin under ld hnds) ;

PART B

01-04  RIGHT SIDE PASS ; LUNGE BREAK ; SPOT TURN TWICE ; ;

[Right Sd Pass] Fwd & Sd L begin RF trn raise lead hds to create window, -, XRib cont RF trn, fwr L (W fwrd R, -, fwr L begin LF trn, bk R cont LF trn under raised lead hds) to BFLY COH ; [Lunge Break] Sd R, -, lower on R extend L leg bk & sd extend trn arm to sd, rise on R (W sd L, -, bk R, rec L) to BFLY COH ; [Spot Turn x 2] Sd & fwrd L to slight V pos RLOD,-, relg hnds & trng LF XRIIf (trng RF XLIIf), rec L to BFLY COH ; Sd & fwr R to slight V pos LOD, -, relg hnds & trng RF XLIIf, fwrd & Sd R contg trn to BFLY COH ;

05-08  LEFT SIDE PASS ; REVERSE UNDERARM TURN ; AIDA PREPARATION ; AIDA LINE SWITCH & CLOSE ;

[Left Sd Pass] Fwd L trng RF to DLC, -, trng LF rec R, cont LF trn sd & fwr L to fc WALL (W fwrd R DLC trng ¼ RF & bk to ptr, -, sd & fwr L w/ strong LF trn, bk R) to BFLY WALL ; [Reverse Underarm Trn] Sd R, -, XLIIf, bk R (W sd L contm ¼ LF trn under jnd ld hnds, -, XRIf contg trn, fwr L compg trn to fc ptr) to BFLY WALL ; [Aida Prep] Sd L rise to slight OP “V” shape, -, thru R flex knee comm trn RF, Sd L to Bfly ; [Aida Line Switch & Cl] Relag trn hnds Trn RF bk R slight “V” bk to bk pos RLOD sweep trail hnds up (ldy trn LF), -, trn LF bring lead hnds thru (lady RF) sd L soft knee shape to ptr, cl R ;

09-91/2  VINE 4 ; SINGLE RIFF TURN ;

[Vine 4] [QQQQ] Sd L, XRib (W XLib), Sd L, XRIf (W XLIIf) ; [Single Riff Turn] Repeat meas 91/2 Part A ;
PART C

01-04 DOUBLE HANDHOLD OPENING OUT TWICE ; ; ALTERNATING UNDERARM TURN W & M ; ;
[DBL Hnd Opening Out x 2] Sd & fwd small step L body rise and body rotate LF, -, lower on L and extend R foot to sd, rise on L body rotate in Bfly (W sd & bk R body rise and body rotate LF match ptr, -, XLb lowering, fwd R to Bfly) ; Cl R body rise and body rotate RF, -, lower on R and extend L foot to sd, rise on R body rotate in Bfly (W sd & bk L body rise and body rotate RF match ptr, -, Xrib lowering, fwd L to Bfly) ; [Alternating Underarm Turn W & M] Raisg jnd ld hnds sd L, -, xrib, rec L (W sd R, -, trng RF undr jnd ld hnds fwd L, fwd R cont RF trn to fc ptr) ; [join tl hnds] Sd R, -, trng RF undr jnd tl hnds fwd L, fwd R cont RF trn to fc ptr (W sd L, -, xrib, rec L) to BFLY WALL ;

05-08 TURNING BASIC ; HORSESHOE TURN ; ; NEW YORKER ;
[Turning Basic] Repeat meas 5 Part A to BFLY COH ; [Horseshoe Turn] Sd & fwd R trng RF to V pos LOD, -, thru L to LOD, lk Rib to V pos & raise ld hnds ; Circ LF fwd L, -, R, L (W circ RF ½ undr jnd hnds fwd R, -, L, R) to BFLY WALL ; [New Yorker] Sd & fwd R RLOD rise, -, slight trn RF (W LF) ck thru L soft knee, rec R trn to BFLY WALL ;

ENDING

01-04 TURNING BASIC ; VINE 3 ; FWD to SCAR CHKG/W DEVELOPE ; On the word "BYE" BACK & HIP ROCK 2 ;
[Turning Basic] Repeat meas 5 Part A to BFLY COH ; [Vine 3] To LOD Sd R, -, XLb (W xrib), sd R ; [Fwd to SCAR Chkg/W Develope & Wait] [S, S] In BFLY Fwd L trng to SCAR outsd W checking & DRW, -, -, - (W bk R trng to SCAR, bring L ft up R leg to insd of R knee, extend ft fwd) ; [On the word"Bye" Bk & Hip Rock 2] Bk R to fcg ptr, -, sd L rollig L hip, rec R rollg R hip to BFLY COH ;

05-06 TURNING BASIC INTO LUNGE & SIT LINE ; ;
[Turning Basic Into Lunge Break] Sd L w/ RF upper bdy trn, -, bk R comm trng ¾ LF, fwd L cont trn (W sd R w/ RF upper bdy trn, -, fwd L comm trng ¾ LF w/ slip action, bk R cont trn) to WALL ; [S] releasg trail hnds Lower on L extend R leg bk & sd extend trail arm to sd (W bk L in sit line extend ld arm to sd) ;