THE FIRST HELLO  (The Last Goodbye)

Music:  Roger Whittaker
www.amazon.com/
Time: 2:58  Speed Up w/ +10%
Available from choreographer

Rhythm:  Bolero  Phase: IV+2 (Horseshoe Turn + Riff Turn)
Footwork:  Opposite except where (Noted)
Release Date:  Dec 18
Choreo:  Jos Dierickx  Beverlosestwg  14b2  3583 Paal Belgium
Email: jos.dierickx@telenet.be
Sequence:  INTRO ABC AB(1-9) A(1-8) END

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INTRO

01-04  BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; FULL BASIC ; ;
[Wait]  BFLY pos WALL ld ft free wt 2 meas ; ; [Full Basic]  Sd L, -, bk R w/ bk contra ck action, rec L ; Sd R, -, fwd L w/ contra ck action, rec R to BFLY WALL ;

PART A

01-04  DBL HANDHOLD UNDERARM TURN ; STACKED HANDS OP BREAK to FACE ; CHANGE SIDES/W UNDERARM ;
FENCE LINE w/ ARMSWEEP ;
[Dbi Hnd Hold Underarm Turn]  Sd L, -, XRib lead ptr under dbi hd hold, rec fwd L stacked Lft over Rt hands (W fwd R, -, fwd L RF tm under dbl hd hold, fwd R stacked hands L over R) to WALL ; [Stacked Hnds OP Break] With stacked hnds Sd R, -, apt L, rec R to W's r-sd ; [Change Sides /W Underarm] Fwd L WALL chg sds lead W tm under stacked hnds, -, sd R, XLif (W fwd R COH Lf tm under stacked hnds chg sds, -, sd L, XRif) to BFLY COH ; [Fence Line w/ Armsweep] Sd R body rise, -, XLif bent knee left arm circle CW in front of body, rec bk R to BFLY COH ;

05-08  TURNING BASIC ; BACK BREAK to 1/2 OP LOD ; OP IN & OUT RUNS ; ;
[Turning Basic]  Sd L w/ RF upper bdy tmn, -, bk R trng ¼ LF, sd & fwd L trng ¾ LF (W sd R w/ RF upper bdy tmn, -, fwd L trng ¼ LF w/ slip action, sd & bk R trng ¾ LF) to BFLY WALL ; [Bk Break to ½ OP LOD] Sd R, -, XLIB to SCP,  fwd R to ½ OP LOD ; [OP In & Out Runs]Fwd L rise, -, fwd R fwd DLW across W comm tmn RF, bk L cont tmn to fc LOD w/ free arms out to sd (W fwd R rise, -, L, R) to ½ LOP LOD ; Fwd R rise, -, fwd L, R w/ free arms out to sd (W fwd L rise, -, fwd R fwd DLW across M comm tmn RF, bk L cont tmn to fc LOD) to ½ OP LOD ;

09-9½  SLOW HIP ROCK TWO ; SINGLE RIFF TURN ;
[Slow Hip Rock 2] [SS]  Fwd & Sd L to fcg ptr rolrg L hip, -, rec R rolrg R hip,--; [Single Riff Turn] [QQ] Sd L raisg ld hnds, cl R (W sd & fwd R com RF spin, cl L compg full RF spin under ld hnds) ;

PART B

01-04  RIGHT SIDE PASS ; LUNGE BREAK ; SPOT TURN TWICE ; ;
[Right Sd Pass]  Fwd & s L begin RF tmn raise lead hds to create window, -, XRib cont RF tmn, fwd L (W fwd R, -, fwd L begin LF tmn, bk R cont LF tmn under raised lead hds) to BFLY COH ; [Lunge Break] Sd R, -, lower on R extend L leg bk & sd extend thr arm to sd, rise on arm R (W sd L, -, bk R, rec L) to BFLY COH ; [Spot Turn x 2] Sd & fwd L to slight V pos RLOD, -, relg hnds & trng FXRF (tmg RF XLIF), rec L to BFLY COH ; Sd & fwd R to slight V pos LOD, -, relg hnds & trng RF XLIF, fwd & sd R contg tmn to BFLY COH ;

05-08  LEFT SIDE PASS ; REVERSE UNDERARM TURN ; AIDA PREPARATION ; AIDA LINE SWITCH & CLOSE ;
[Left Sd Pass]  Fwd L trng RF to DLC, -, trng LF rec R, cont LF tmn sd & fwd L to fc WALL (W fwd R DLC trng ¼ RF & bk to ptr, -, sd & fwd L w/ strong LF tmn, bk R) to BFLY WALL ; [Reverse Underarm Trn] Sd R, -, XLif, bk R (W sd L compg ½ LF tmn undr jnd ld hnds, -, XRif contg trn, fwd L compg trn to fc ptr) to BFLY WALL ; [Aida Prep] Sd L rise to slight OP "V" shape, -, thru R flex knee comm tmn RF, Sd L to BFLy ; [Aida Line Switch & Cl] Releasg trail hnds Trn RF bk R sight "V" bk to bk pos RLOD sweep trail hnds up (lady tmn LF), -, trn LF bring lead hnds thru (lady RF) sd L soft knee shape to ptr, cl R to CP WALL ;

09-9½  VINE 4 ; SINGLE RIFF TURN ;
[Vine 4] [QQQQ] Sd L, XRib (W XLib), sd L, XRif (W XLif) ; [Single Riff Turn] Repeat meas 9½ Part A to BFLY WALL ;
PART C

01-04 DOUBLE HANDHOLD OPENING OUT TWICE ; ; ALTERNATING UNDERARM TURN W & M ; ;
[DBL Hnd Opening Out x 2] Sd & fwd L body rise and body rotate LF, - , lower on L and extend R foot to sd, rise on L body rotate in Bfly (Ws & bk R body rise and body rotate LF match ptr, - , XLlb lowering, fwd R to Bfly) ; Cl R body rise and body rotate RF, - , lower on R and extend L foot to sd, rise on R body rotate in Bfly [W sd & bk L body rise and body rotate RF match ptr, - , XRib lowering, fwd L to Bfly] ; [Alternating Underarm Turn W & M] Raisg jnd ld hnds sd L, - , XRib, rec L (W sd R, - , trng RF undr jnd ld hnds fwd L, fwd R cont RF trn to fc ptr) ; [join tl hnds] Sd R, - , trng RF undr jnd tl hnds fwd L, fwd R cont RF trn to fc ptr (W sd L, - , XRib, rec L) to BFLY WALL ;

05-08 TURNING BASIC ; HORSESHOE TURN ; ; NEW YORKER ;
[Turning Basic] Repeat meas 5 Part A to BFLY COH ; [Horseshoe Turn] Sd & fwd R trng RF to V pos LOD, - , thru L to LOD, lk Rib to V pos & raise ld hnds ; Circ LF fwd L, - , R, L (W circ RF ½ undr jnd hnds fwd R, - , L, R) to BFLY WALL ; [New Yorker] Sd & fwd R RLOD rise, - , slght trn RF (lady LF) ck thru L soft knee, rec R trn to BFLY WALL ;

ENDING

01-04 TURNING BASIC ; VINE 3 ; FORWARD to SCAR CHKG/W DEVELOP ; On the word "BYE" BACK & HIP ROCK 2 ;
[Turning Basic] Repeat meas 5 Part A to BFLY COH ; [Vine 3] To LOD Sd R, - , XLib (W XRib), sd R ; [ Fwd to SCAR Chkg/W Develope & Wait] [S,S] In BFLY Fwd L trng to SCAR outsd W checking & DLC, - , - , - (W bk R trng to SCAR, bring L ft up R leg to insd of R knee, extend L ft fwd) ; [On the word"Bye" Bk & Hip Rock 2] Bk R to fck ptr, - , sd L rolLg L hip, rec R rolLg R hip to BFLY COH ;

05-06 TURNING BASIC ; LUNGE & SIT LINE ; ;
[Turning Basic] Sd L w/ RF upper bdy trn, - , bk R comm trng ¼ LF, fwd L cont trn (W sd R w/ RF upper bdy trn, - , fwd L comm trng ¼ LF w/ slip action, bk R cont trn) to WALL ; [Lunge Break] [S] releasg trail hnds Lower on L extend R leg bk & sd extend trail arm to sd (W bk L in sit line extend ld arm to sd) ;