

# THE BIRTH OF THE BLUES

**Music:** Helen Shapiro  
[www.amazon.com/](http://www.amazon.com/)  
Time 2:53 Available from choreographer

**Rhythm:** Foxtrot **Phase:** IV+2 (Curved Feather + Curving Three Step)

**Footwork:** Opposite except where (Noted)

**Release Date:** Dec 19

**Choreo:** Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

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**Sequence:** INTRO AB AB END



## INTRO

### 01-04 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; TWIRL/VINE 3 ; SLOW SIDE LOCK ;

**{Wait}** BFLY POS WALL Id ft free wt 2 meas ; ; **{Twirl/Vine 3}** Sd L raisg Id-hnds, -, XRib, sd L (*W full RF trn undr jnd Id-hnds fwd R, -, sd & bk L, fwd R*) to SCP LOD ; **{Slow Sd Lock}** Thru R, -, fwd & sd L rising trng LF, cl R (*W thru L trng LF, -,sd R trng LF, XLif*) to CP DLC ;

## PART A

### 01-04 DIAMOND TURN/W INSIDE TURNS ; ; ;

**{Diamond Turn / W Inside Turns}** Fwd L trng LF, -, compg ¼ LF trn sd R, bk L to BJO DRC ; Staying in BJO & trng LF bk R raisg Id-hnds, -, compg ¼ LF trn sd L, fwd R (*W fwd L comm LF trn under Id-hnds fc RDC, -, small sd R cont LF trn, small sd L compg LF trn*) to BJO DRW ; Repeat meas 1,2 Part A to BJO DLW & DLC ;

### 05-08 TELEMARK to SCP ; THRU TWISTY VINE 4 to ½ OP ; OP IN & OUT RUNS ; ;

**{Telemark to SCP}** Fwd L comm LF trn, -, sd R contg LF trn, sd & fwd L (*W bk R comm LF trn bringing L ft beside R w/ no wgt, -, cont trng LF on R heel & chg wgt to L, sd & sltly fwd R*) to SCP DLW ; **{Thru Twisty Vine 4 to ½ OP}** [QQQQ] XRif (*W XLif*), sd L fcg ptr, XRib (*W XLif*), sd L to ½ OP LOD ; **{OP In & Out Runs}** Fwd R comm RF trn, -, sd & fwd L ifo W contg trn, sd & fwd R to ½ LOP LOD w/tl-arms out to sd ; Fwd L, -, R, L (*W fwd R comm RF trn, -, sd & fwd L ifo M contg trn, fwd & sd R*) to ½ OP DLC w/ Id-arms out to sd ;

### 09-12 OP NATURAL ; IMPETUS to SCP ; PROMENADE WEAVE ; ;

**{OP Natural}** Thru R comm RF trn, -, fwd & sd L cont RF trn to CP, bk R w/ r-sd lead (*W thru L, -, fwd R, fwd L*) to BJO ; **{Impetus to SCP}** Bk L comm RF trn, -, cl R heel trn, fwd L (*W fwd R btw M's ft heel to toe pvt ½ RF, -, sd & fwd L cont trn arnd M brush R to L, fwd R*) to SCP LOD ; **{Promenade Weave}** [SQQ;QQQQ] Fwd R, -, fwd L stg LF trn, contg trn sd & bk R (*W fwd L in pick up action, -, sd & bk R trng LF to CP, cont trng on R then fwd & sd L*) to BJO RLOD ; Bk L, bk R twd DLC trng LF to CP, sd & fwd L twd DLW, fwd R (*W Fwd R outsd ptr, fwd L trng LF to CP, sd & bk R contg LF trn to fc COH, bk L*) to BJO DLW ;

### 13-16 CHANGE of DIRECTION ; CURVING THREE STEP Checkg ; OUTSIDE CHECK ; HESITATION CHANGE ;

**{Chng of Direction}** [SS] Fwd L, -, fwd & sd R trng ¼ LF, draw L to CP DLC ; **{Curving Three Step Checkg}** Fwd L stg to trn LF, -, contg LF trn sd & fwd L, contg LF trn fwd R to CP RLOD Checkg ; **{Outsd Check}** Bk R with checkg action, -, sd L DW w/ lft-shoulder lead, fwd R in BJO DRW w/ checkg action ; **{Hesitation Chng}** [SS] Trng upper bdy RF bk L, -, sd R contg RF trn, draw L to CP DLC ;

## PART B

### 01-04 OP REVERSE TURN ; HOVER CORTE ; BACK & CHASSE to SCAR ; CROSS SWIVEL to BJO/W DEVELOPE ;

**{OP Reverse Turn}** Fwd L stg LF trn, -, sd R contg trn, bk L compg 3/8 LF trn (*W bk R stg LF trn, -, sd L cont trn, fwd R outsd ptr*) to BJO RLOD ; **{Hover Corte}** Bk R stg ½ LF trn, -, cont trn sd & fwd L rising & compg trn, rec R to BJO LOD ; **{Bk & Chasse to SCAR}** [SQ&Q] Bk L, -, trng RF to RLOD chasse sd R/cl L, sd & fwd R trng to SCAR DRW ; **{Cross Swivel to Bjo/W Develope}** [S--] Fwd L outsd ptr/swvlg on L foot ¼ LF to DLW, pt R sd & bk RLOD, hold shaping twd W to BJO DLW (*W bk R/swvlg LF on r-foot to fc DRC, bring lft-foot [w/ toe pointed down] up r-leg to insd of r-knee, extend lft-foot fwd*) ;

**05-08 FORWARD TWISTY VINE 4 ; IN & OUT RUNS ; ; CURVED FEATHER ;**

**{Fwd Twisty Vine 4}** [QQQQ] Fwd R (*W bk*) to DLW, sd L to fc ptr, XRib to SCAR, sd & fwd L to BJO DLW ; **{In & Out Runs}** Trng RF fwd R, -, sd & bk L, bk R (*W Bk L trng RF, -, fwd R btwn M's ft, fwd L*) to BJO RLOD ; Trng RF bk L, -, contg trn fwd R btwn W's ft, sd & fwd L (*W trng RF fwd R, -, cont trn sd L ifo M, cont trn fwd & sd R*) to SCP DLC ; **{Curved Feather}** Fwd R stg RF trn, -, contg RF trn sd & fwd L, contg upper bdy RF trn fwd R outsd W (*W fwd L stg slight RF trn, -, sd & bk R cont trn, bk L*) to BJO DRW ;

**09-12 QUICK DBL OUTSIDE SWIVEL ; WEAVE ENDING ; THREE STEP ; OP NATURAL ;**

**{Quick DBL Outsd Swivel}** [SS] Bk L, XRif w/ no weight (*W In BJO fwd R, swvl RF on ball of r-foot*) ending in SCP, fwd R, lvng L w/ no weight (*W in SCP fwd L, swvl LF on ball of lft-foot*) ending to BJO DRW ; **{Weave Ending}** [QQQQ] Bk L, trng LF & blendg to CP bk R, sd & fwd L cont LF trn, fwd R to BJO DLW ; **{Three Step}** Fwd L, -, sd & fwd R btwn W's ft, fwd L ; **{OP Natural}** Fwd R outsd W's feet trng RF, -, sd L twd Wall, bk R w/ r-shoulder lead BJO (*W bk L, -, cls R heel turn, fwd L outsd M to BJO*) ;

**13-16 BACK FEATHER ; BACK THREE STEP ; CLOSED IMPETUS ; FEATHER FINISH [2<sup>de</sup> TIME: PICK UP to SCAR] ;**

**{Bk Feather}** Bk L, -, bk R w/ r-shldr ld, bk L (*W fwd R btw M's ft, -, fwd L, fwd R outsd ptr*) to BJO RLOD ; **{Bk Three Step}** Bk R to CP, bk L, R (*W fwd L on heel, fwd R, L heel to toe*) to CP RLOD ; **{Closed Impetus}** Comm RF upper bdy trn bk L, -, heel trn on L & cl R, sd & bk L (*W commg RF upper bdy trn fwd R btw M's ft, -, sd & fwd L contg RF trn arnd M, brush R to L & fwd R btw M's ft*) to CP DLW ; **{Feather Finish}** Bk R, -, bk & sd L trng  $\frac{1}{4}$  LF, fwd R to BJO DLC ; **[2<sup>de</sup> Time: Pick Up to SCAR]** Bk R, -, bk & sd L, cl R to SCAR DLW ;

**ENDING**

**01-04 QUICK FORWARD STEP SWIVEL to BJO & SCAR ; FORWARD TWISTY VINE 4 ; HOVER TELE ;**

**HOVER FALLAWAY to BJO ;**

**{Quick Fwd Step Swivel to BJO & SCAR}** [Q&Q&] Step fwd L swvl LF leave r-ft out to sd to BJO DLC, -, step fwd R swvl RF leave lft-ft out to end in SCAR DLW, - ; **{Fwd Twisty Vine 4}** [QQQQ] Fwd L (*W bk*) to DLW, sd R trng LF to fc ptr, XLib to BJO DRC, sd & fwd R trng RF to SCAR DLW ; **{Hover Tele}** Fwd L, -, fwd & sd R rising & lft-shouldr lead, sd & fwd L to SCP LOD ; **{Hover Fallaway}** Fwd R, -, fwd L risg & ckg, rec R (*W fwd L, -, R trng  $\frac{1}{2}$  LF, fwd L*) to BJO DLW ;

**05-08 BACK HOVER to SCP ; OP NATURAL ; BACK TWISTY VINE 4 ; QUICK BACK STEP SWIVEL to SCAR & BJO ;**

**{Bk Hover to SCP}** Bk L, -, bk R risg sltly, rec L (*W fwd R, -, fwd & sd L trng  $\frac{1}{2}$  RF risg & brushg R to L, contg RF trn sd & fwd R*) to SCP DLC ; **{OP Natural}** Repeat meas 9 Part A ; **{Bk Twisty Vine 4}** (QQQQ) Bk L in BJO, sd R trng to fc ptr, XLif (*W XRib*) to SCAR, sd & bk R trng to BJO ; **{Quick Bk Step Swivel to SCAR & BJO}** [Q&Q&] Step bk L swvl RF leave r-ft out to sd to SCAR DRC, -, bk R swvl LF leave lft-ft out to d to BJO DRW, - ;

**09-11 QUICK BACK STEP SWIVEL to SCAR & BJO ; DIP BACK & TWIST ;**

**{Quick Bk Step Swivel to SCAR & BJO}** Repeat meas 8 Ending ; **{Dip Bk & Twist}** [SQ] Bk L w/ flexed knee, -, *twist on ball of both feet/cont trn shift wgt to L* ;