THE BEACH V

[La Playa]

Choreo : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN
Music : Basis Music CD James Last “Guitar A Gogo” Track 6
or available from choreographer on MP3 file  e-mail : d-doi@tcp-ip.or.jp
Rhythm : Rumba  Phase V + 2 [Advanced Hip Twist, Continuous Natural Top]
          + 1 [Continuous Hip Twist]
Sequence : A - Amod - B - A - Ending
Timing : QQS unless noted by side of measure
Speed : 26 MPM [10% Tempo Up]
Footwork : Opposite except where noted
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INTRO
Hndshk Pos fc Wall lead ft free wait 2 meas;;

PART A

1 - 4  ALEMANA TO STACKED R OVR L;;  ADV HIP TWIST;  OVRTRND X BODY END;

1-2  {Alemana}  Fwd L, rec R, sd L,-;  bk R, rec L, sd R jn L-L hnds,-
     (W bk R, rec L, sd & fwd R,-;  fwd L twd LOD comm trn RF under jnd R-R hnds, cont trn
     fwd R twd DRW, cont trn ro fc ptr sd L,-) end Fcg ptr & Wall stacked hnds R over L;
     3  {Advanced Hip Twist}  Raise jnd R hnds to lead W to trn RF to Valsouvienne Pos fwd L trn
        slightly RF, rec R trn bk to fc Wall lower R hnds to XIF of body, bk L IB of R,-
        (W swivel 1/2 RF bk R, rec L swivel 1/2 LF, fwd R outsd ptr swivel 1/4 RF,-)  
        end L-Shape M fc Wall W fc LOD jnd hnds IF of W;
     4  {Overturned Cross Body Ending}  Slip bk R comm trn LF, rec L cont trn to fc COH, sd R,-
        (W fwd L comm trn LF, fwd & sd R cont trn to fc ptr, sd L,-)
        end Fcg ptr & COH stacked hnds R over L;

5 - 8  CUCA TO L HNDSHK;  TRADE PLACES 2X;;  SYNC HIP RKs;

5  {Cucaracha To Left Handshake}  Rk sd L, rec R, release jnd R hnds cl L,- end L-Hndshk COH;
6-7  {Trade Places Twice}  Apt R, rec L trn 1/4 LF release L-L hnds, chg sides with M bhd W sd R
        trn 1/4 LF to fc ptr & Wall jn R-R hnds,-;  apt L, rec R trn 1/4 RF release R-R hnds, chg sides
        with M bhd W sd L trn 1/4 RF to fc ptr & COH,- end Low Bfly COH;
QQ&S  8  {Syncopated Hip Rocks}  In Low Bfly rk sd R, rec L/rec R, rec L,-;

9 - 12  W ROLL L TO FC REV;  OPN CONTRA CHK REC BK;  WHIP TO FAN;
        CHK & LK TO FAN;

9  {W Roll Left To Face Reverse}  Release hnds slip bk R, rec fwd L cont trn to fc RLOD, fwd R
     jn R-R hnds,- (W fwd L twd RLOD, fwd R spiral LF 1 full trn, fwd L trn 1/2 LF to fc ptr,-)
     end Hndshk RLOD;
10  {Open Contra Check Recover Back}  Upper body trn LF relax knee with strong right sd lead
     check fwd L in CBMP, rec R, bk L,-;
11  {Whip To Fan}  Trn 1/4 LF bk R bring W twd LOD, rec L release R hnd & join lead hnds, sd R,-
     (W fwd L, fwd R trn 1/2 LF, sd & bk L,-) end Fan Pos M fc Wall,-;
QQ&S  12  {Check & Lock To Fan}  Fwd L, rec R/el L, sd R,- (W cl R, fwd L/lk RIF, bk L,-);
“The Beach V”  

**13 - 16 CHECK HDY STK w/X LUNGE;;  HDY STK W SPIRAL ON 3 & OVRTRND TO FC;;**

13-14 {Checked Hockey Stick With Cross Lunge} Fwd L, rec R, cl L catch W’s tummy with R-hnd,- (W cl R, fwd L, fwd R trn LF to fc Wall,-) end Tandem Wall; 
chk fwd R with lunge action hnds extended sd looking at ptr, rec L, sd R,- (W chk fwd L with lunge action hnds extended sd looking at ptr, rec R trn RF to fc RLOD, sd & bk L,-) end Fan Pos M fc Wall; 
15-16 {Hockey Stick W Spiral On 3 & Overturned To Face} Fwd L, rec R, cl L raise jnd lead hnds across IF of his forehead to lead W to spiral,- (W cl R, fwd L, fwd R spiral LF I full trn under jnd lead hnds,-); bk R, rec L, reach sd R jn R-R hnds,- (W fwd L, fwd R trn LF to fc COH, sd L,-) end Hndshk Wall; 

**PART A mod**

**1 - 16 ALEMANA TO STACKED R OVR L;;  ADV HIP TWIST;  OVRTRND X BODY END;  CUCA TO L HNDSHK;;  TRADE PLACES 2X;;  SYNC HIP RKS;  W ROLL L TO FC REV;  OPN CONTRA CHK REC BK;  WHIP TO FAN;  CHK & BK TO FAN;  CHKD HDY STK w/X LUNGE;;  HDY STK W SPIRAL ON 3 & OVRTRND TO BJO;;**

1-15 Repeat meas 1 thru 15 Part A;';;;;;;;;
16 {W Overturned To Bjo} bk R, rec L, sd R trn slightly LF blend to Bjo,- (W fwd L, fwd R spiral LF, fwd L to M’s right sd,-) end Bjo Wall; 

**PART B**

**1 - 4 CONT HIP TWIST 1 1/2;;  BK TO AIDA;;**

1-3 {Continuous Hip Twist One And A Half} Fwd L on ball of ft with pressure into floor and slight RF upper body trn to look at ptr, rec R trn upper body bk, bk L almost IB of R,- (W swivel 1/2 RF on L bk R, rec L swivel 1/2 LF on L, fwd R outsd ptr swivel 1/4 RF,-) end L-Shaped CP M fc Wall W fc LOD; 
bk R, rec L, fwd R almost IF of L slightly upper body trn RF,- (W fwd L swivel 1/2 LF, fwd R swivel 1/4 RF, fwd L tbd M’s right sd slightly upper body trn RF,-) end Bjo Wall with W slightly M’s right sd; 
repeat meas 1; 
4 {Back To Aida} XRB trn slightly RF, cont trn bk L, cont trn sd & bk R,- (W fwd L comm trn LF, sd R cont trn, sd & bk L,-) end Aida Line Pos fc RLOD; 

**5 - 8 SWITCH RK TO 1/2 OP;  SYNC WK w/SWITCH;  BK BRK;  SYNC WK w/SWITCH;;**

5 {Switch Rock To Half Open} Trn LF to fc ptr bring jnd hnds thru blend to Bfly rk sd L, rec R, rec L to Half OP LOD,; 

**QQ&S**

6 {Syncopated Walk With Switch} Fwd R, L/R, L trn sharply RF to Left Half OP RLOD,-; 
7 {Back Break} Bk R, rec L, fwd R,-; 
8 {Syncopated Walk With Switch} Repeat meas 6 Part B on opposite ft to opposite direction end Half OP LOD; 

**9 - 12 BK BRK:  FAN:  ALEMANA LEAD TO SPOT TRN;;**

9 {Back Break} Repeat meas 7 Part B on opposite ft to opposite direction; 
10 {Fan} Fwd R trn RF to fc Wall, cl L, sd R,- (W fwd L, fwd R trn LF to fc RLOD, sd & bk L,-) end Fan Pos M fc Wall; 
11 {Alemana Lead} Fwd L, rec R, cl L,- (W cl R, fwd L, fwd R trn LF to fc ptr pt L sd,-); 
12 {Spot Turn} XRF trn 3/4 LF, rec L cont trn to fc ptr, sd R,- end CP Wall;
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13 - 16 \textbf{FWD BASIC TO CONTINUOUS NAT TOP:::;}  
1 \{Forward Basic\} Fwd L, rec R, fwd & sd L comm trn RF to fc RLOD,- (W bk R, rec L, comm trn RF XRIF between M’s feet,-);  
2-4 \{Continuous Natural Top\} Cont trn XRIB, cont trn sd L, cont trn XRIB to fc DLW,- (W cont trn sd L, cont trn XRIF, cont trn sd L,-);  
raise jnd lead hnds to lead W to underarm trn sd L, cont trn XRIB, cont trn sd L to fc COH,- (W fwd R trn LF under jnd lead hnds, sd L, cont trn RF XRIF,-);  
cont trn XRIB, raise jnd lead hnds to lead W to underarm trn sd L, cont trn cl R jn R-R hnds,- (W cont trn sd L, fwd R trn LF under jnd lead hnds to fc ptr, sd L,-) end Hndshk Wall;

REPEAT PART A

END

1 - 4 \textbf{FWD BASIC TO SHAD; SYNC WHEEL TRANS; BK LUNGE W CARESS;} \textbf{HCKY STCK END M TRANS;}  
1 \{Forward Basic To Shadow\} Fwd L, rec R, rec L trn 1/8 RF pulling jnd R-R hnds to lead W to trn to Shad,- (W bk R, rec L, fwd R trn 3/8 LF,-) end Shad DRW;  
QQ&S 2 \{Syncopated Wheel Transition\} Wheel RF fwd R, L/R, L,- (W bk L, R/L, R, L) end Shad Wall both R ft free;  
(QQ&QQ) SS 3 \{Back Lunge W Caress\} Bk & sd R with lunge action M’s L hnd on W’s L upper arm both look at ptr,-, W’s R hnd caressing M’s left cheek without contact,-;  
(SS) SS 4 \{Hockey Stick Ending M Transition\} Rec L,-, fwd R jn lead hnds,- (W rec L, fwd R trn LF to fc ptr, bk L,-) end LOP Fcg Wall;  
(QQS)

5 - 6 \textbf{LUNGE & SIT LINE REC SD; CRAB WK TO CHAIR;}  
5 \{Lunge & Sit Line Recover Side\} Flex R knee slide L sd & bk raise R hnd up & bk, straighten R knee draw L to R, sd L blend to Bfly,- (W sm bk R flex R knee L extended fwd raise L hnd straight up, rising on R rec L, sd R,-) end Bfly Wall;  
6 \{Crab Walk To Chair\} Lower body swivel LF but upper body remains fcg ptr fwd R, sd L lower body fcg ptr, cross lunge thru R look LOD,-;