

TENNESSEE WALTZ CHA

RELEASED: February 24, 2011

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PHONE: (408) 540-9910

MUSIC: Song: Tennessee Waltz

Artist: Ireen Sheer

Music Modified: No

E-MAIL: bl_smith25@hotmail.com

Music Source: <http://www.musicload.de>

TIME @ RPM: 2:58 @ 45rpm, suggest 43-44rpm

FOOTWORK: Opposite except where noted

RHYTHM: Waltz (first 6 measures only) & Cha RAL PHASE: Phase IV, Average

SEQUENCE: INTRO, A, B, INT1, A(1-8), BR, B, INT2, C, B(1-10), END

MEAS.

INTRODUCTION – 10 MEASURES (6 WALTZ, 4 CHA)

Position:LOW BFLY FCG WL

1-2 WAIT 2 MEAS;;;

3-6 SWAY L; SWAY R;;

(WZ) SOLO TRN 6;;

7-8 KNEE BEND & CHA;;

(CHA) FENCELINE;;

9-10 KNEE BEND & CHA;;

FENCELINE IN 3 & HLD; X Lunge R, rec L, sd R & hold;

Wait 2 measures in LOW BFLY facing the WALL, lead feet free;; Side L (Lady R) with swaying action; Side R (Lady L) with sway action; Fwd L & trn, sd R & trn, cl L; bk R & trn, sd L & trn, cl R; [BFLY] Bend knees and go down, come back up, sd L/cl R, sd L; X Lunge R, rec L, sd R/cl L, sd R; Bend knees and go down, come back up, sd L/cl R, sd L; X Lunge R, rec L, sd R & hold;

Position:BFLY

1-2 BASIC;;

3-4 AIDA [RLOD];

SWITCH CROSS;;

5-6 CRAB WLK END; NY;;

7-8 SHLDR-SHLDR 2X;;

9-10 ½ BASIC; FAN;;

PART A – 16 MEASURES

Fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R;

Trn LF to RLOD fwd L, sd R trning RF to LOD, bk L/lock R, bk L;

Trn LF sd R, rec L, XRIF/sd L, XRIF;

Sd L, XRIF, sd L/cl R, sd L; Thru R (leg straight), rec L to fc, sd R/cl L, sd R;

Rk fwd L to bfly scar, rec R to fc, sd L/cl R, sd L;

Rk fwd R to bfly bjo, rec L to fc, sd R/cl L, sd R;

Fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R; (Lady – fwd L, trning LF step sd & bk on R making ¼ trn LF, bk L/lk R, bk L, leaving R extended fwd with no weight).

Fwd L, rec R, stp L/stp R, stp L; Bk R, rec L, fwd R/cl L, fwd R on a diagonal; (Lady – cl R, fwd L/fwd R, fwd L, fwd R; fwd L, fwd R turning LF to fc ptnr, bk L/cl R, bk L on a diagonal);

Thru L, rec R to fc, sd L/cl R, sd L; XRIF & trn LF on it to bk-bk, rec L & continue LF trn on it to fc ptnr, sd R/cl L, sd R; XLIF & trn RF on it to bk-bk, rec R & continue RF trn on it to fc ptnr, sd L/cl R, sd L;

11-12 HOCKEY STICK;;

13-15 NY; SPOT TRN 2X;;

16 FENCELINE IN 3 & HLD; Repeat measure 10 from Part A;

Position:BFLY

1-2 ½ BASIC;

WHIP [COH];

PART B – 14 MEASURES

Fwd L, rec R, sd L/cl R, sd L;

Bk R start ¼ LF trn, continue trn ¼ rec fwd L, sd R/cl L, sd R;

(Lady – fwd L outsd man on his LSide, fwd R start LF trn ½ sd L/cl R, sd L;)

Thru L, rec R to fc, sd L/cl R, sd L; Thru R, rec L to fc, sd R/cl L, sd R;

Fwd L, rec R, sd L/cl R, sd L;

Bk R, rec L turning to fc RLOD, sd R/cl L, sd R twd COH;

(W XLIF R trng RF, cont trn rec R to fc M (RLOD), sd L/cl R, sd L);

XLIF of R trng RF on Xing ft 1/2, rec R cont trn to fc ptr, sd L/cl R, sd L

(W XRIB of L, rec L, sd R/cl L sd R);

Xrif of L trng LF on Xing ft 1/2, rec L cont trn to fc ptr, sd R/cl L, sd R

(W XLIF of R trng RF on Xing ft 1/2, rec R cont trn to fc ptr, sd L/cl R, sd L);

Fwd L, rec R, sd L/cl R, sd L;

Bk R, rec L turning to fc WL, sd R/cl L, sd R twd LOD;

(W XLIF R trng RF, cont trn rec R to fc M (COH), sd L/cl R, sd L);

Repeat measures 7-8 of Part A

Repeat measures 3-4 of Part B

11-12 SHLDR-SHLDR 2X;;

13-14 NY 2X;;

Position:BFLY

INTERLUDE 1 – 4 MEASURES

- 1-2 KNEE BEND & CHA;
FENCELINE;** Repeat measures 7-8 of Intro
**3-4 KNEE BEND & CHA;
FENCELINE IN 3 & HLD;** Repeat measures 9-10 of Intro

Position:BFLY

BRIDGE 1 – 1 MEASURE

- 1 FENCELINE IN 3 & HLD;** Repeat measure 10 of Intro

Position:BFLY

INTERLUDE 2 – 2 MEASURES

- 1-2 TIME STEP;
FENCELINE IN 3 & HLD;** XRIB of L, rec L, sd R/cl L, sd R;
Repeat measure 10 of Intro

Position:BFLY, TANDEM

PART C – 8 MEASURES

- 1-2 START CHASE [TDM COH]; TRAV DOOR;** Fwd L trn RF ½, rec fwd R, fwd L/cl R, fwd L (W Rk bk R, rec L, fwd R/cl L, fwd R); sd R look ovr L shldr (W sd L), rec L, XRIF/sd L, XRIF;
3-4 TRAV DOOR; BOTH TRN [TDM WL]; Rk sd L look ovr R shldr (W sd R), rec R, XLIF/sd R, XLIF; fwd R trng LF ½ (W fwd L trn RF to fc wall), rec fwd L, fwd R/cl L, fwd R;
5-6 TRAV DOOR 2X;; Sd L look ovr R shldr, rec R, XLIF/sd R, XLIF; sd R look ovr L shldr, (W sd L), rec L, XRIF/sd L XRIF (W sd R);
7-8 FINISH CHASE [BFLY];; Rk fwd L, rec R, (W fwd R trn LF to fc ptr) bk L/cl R, bk L; bk R, rec L, sd R/cl L, sd R;

Position:BFLY, AIDA

ENDING – 4 MEASURES

- 1-2 KNEE BEND & CHA;
FENCELINE;** Repeat measures 7-8 of Intro
3-4 KNEE BEND & CHA; Repeat measure 9 of Intro;
AIDA IN 3 & HLD [ARMS UP]; To LOD, Trn RF to LOD fwd R, sd L trning LF to fc RLOD, bk R & hold;
On last beat, arms go straight up sharply.