TENNESSEE WALZT

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Record: Roper 277 Rhythm: Waltz (205)853-4616
Roundalab Phase Rating: Phase VI SLOW CONSIDERABLY FOR COMFORT

INTRO
1 - 4 WAIT 1; SD DRAW LEFT; SD DRAW RIGHT; STEP THRU TO REV AND CHASSE;
1-2 Bfly/Wall wait 1 meas; Sd L,dr R,-;
3-4 Sd R,dr L,-; Step thru to RLOD on L,chasse to RLOD sd R/cl L, sd R;
5 - 8 CHAIR,REC,SIDE; STEP THRU TO LOD AND CHASSE; CHAIR,REC,SIDE;
CONTRA CK AND RECOVER;
5-6 Chair thru to RLOD on L,rec on R,step sd twd LOD on L to Bfly/ Wall; Step thru to LOD on R,chasse to LOD sd L/cl R, sd L;
7-8 Chair thru to LOD on R,rec on L,step sd twd RLOD on R to CP; Lower and step fwd L with R shoulder lead look at top of W's head(W lower & step bk R with R shoulder fwd look well to L), rec on R to CP/Wall; (Note: Remain in Bfly until end of meas 7.)

PART A
1 - 4 WHISK; CHASSE TO SEMI; BIG TOP; FWD TO THE RIGHT LUNGE;
1-2 Step fwd L,fwd and sd R start rising to ball of ft,XLIB of R cont rising to SCP/DC; Step thru on R, sd L/cl R,fwd L to SCP/DC;
3-4 Thru R start LF spin, cont LF spin XLIB of R, cont spin slip R bk past L(W thru L start LF spin, sd R around M to CP cont spin, cont spin brush L to R and step fwd L)CP/DW; (Note: M's timing is 1,hold/2,3; W's timing is 1,2/hold,3;) Step fwd on L, flex L knee move sd and fwd DW onto R keeping L sd in twd ptr and flex R knee as wgt is taken(W step bk on R, flex R knee move sd and bk DW onto L keeping R sd in twd ptr and flex L knee as wgt is taken),--;
5 - 8 ROLL RECOVER SLIP TO CP; MINI TELESPIN; HESITATION CHANGE;
5-6 Roll upper body RF, rec on L, trng LF step bk on R(W roll upper body RF, rec on R, trng LF slip L fwd)to CP/DC; Fwd L, fwd R trng LF, sd and bk L keeping L sd in twd W(W bk R, bring L to R for heel trn and chg wgt to L,fwd R);
7-8 Spin LF on L, cont spin cl R to L(W fwd L/fwd R spin LF on R, cl L)CP/RLOD,--; Bk L trng RF, sd R trng RF, dr L to R to CP/DC;
9 - 12 DOUBLE REVERSE SPIN; CHECKED REVERSE AND SLIP; MANUV; PIVOT 3;
9-10 Step fwd L trng LF, fwd and sd R around W spinning on ball of R ft, cont LF spin on R bringing L to R no wgt(W bk on R start LF heel trn, cont heel trn chg wgt to L, fwd and sd R trng LF/lock LIF of R)to CP/LOD; Fwd L DC, fwd R on toe trng LF and ckg fwd motion, trng RF rec bk on L(W bk R, cl L to R on toes trng LF and ckg motion, trng RF slip R fwd)to CP/LOD;
11-12 Manuv on R, sd L, cl R to CP/RLOD; Pivot RF down LOD L,R,L to CP/LOD;
13 - 16 CHECKED NATURAL AND SLIP; DOUBLE TELMARK; THRU TO PROMENADE SWAY;
13-14 Fwd R, fwd L on toe trng RF and ckg fwd motion, trng LF rec bk R(W bk L, cl R to L on toes trng RF and ckg motion, trng LF slip L fwd)to CP/LOD; Fwd L trng LF, sd R cont trn, sd & fwd L(W bk R start LF trn, bring L to R for heel trn and chg wgt to L, strong step fwd R)SCP;
15-16 Fwd R start LF trn/fwd L cont trn, sd & fwd R, cont trn sd & fwd L(W fwd L trng LF to CP/SD & bk R, bring L to R and cont trng on toes of both feet, sd and fwd R)to SCP/DW; Step thru on R, sd & fwd L stretch body upward look over jnd lead hands),--;
1 - 4  CHANGE SWAY, REC, TO SEMI;  CHASSE TO SEMI;  THRU, RONDE, RISE TRANS;  SAME FOOT LUNGE;

1-2  Chg sway to look RLOD, rec on R with hovering action, rec on L to SCP/LOD;  Repeat action of meas 2 of Part A;

3-4  Step thru on R, ronde L CW (W ronde R CCW) rise to toes in SCP & M closes on the "&" count as W touches;  Lower on L & extend R sd twd RLOD (W cross thighs and extend R RLOD), both transfer wgt to R and sway to RLOD with M looking over W's head and W looking well L;

5 - 8  RECOVER TO A HINGE LINE;  RISE TRANSITION, BACK/LOCK, BACK;  ROYAL SPIN;  MANUV;

5-6  On the "&" count roll shoulders and look LOD/rec on L, relax L knee and trn body LF leaving R leg extended (W roll shoulders and look LOD on "&" count/rec on L, bring R to L and swivel R CCW, lower slightly on L & extend R fwd RLOD in a Hinge Line);  M rise on L and tch R to L, bk R/lock LIF of R, bk R (W rise on L and close R to L, fwd L/lock RIB of L, fwd L) Bjo/DW;

7-8  Small step bk L trng RF, fwd R outsprt cont RF trn, fwd L cont RF trn (W fwd R DRC outsprt ptr, ronde L ft CW up, then down with no wgt) to Contra Bjo/DW;  Manuv on R, sd L, cl R to CP/RLOD;

9 - 12  RUNNING SPIN AND WEAVE;  NATURAL PIVOT;  RUMBA CROSS;

9-10  Bk L pivot 1/2 RF, fwd R cont trn/sd L, bk R (W fwd R pivot 1/2 RF, bk L cont trn/sd R, fwd L) Contra Bjo/DRW;  Bk L, bk R trng LF sd and fwd L (W fwd R, fwd L, sd and BK R) to Bjo/DW;

11-12  Manuv on R, pivot RF L, R to CP/RLOD;  Fwd L with L shoulder lead/cross RIB of L trng RF on toes, cont trn step sd L, sd R (W bk R/ cross LIF of R trng RF on toes, cont trn sd R, sd L) to CP/RLOD;

13 - 16  RUMBA CROSS;  HOVER TELEMARK;  CHAIR, REC, SIDE;  CONTRA CK & RECOVER;

13-14  Repeat action of meas 12 of Part B ending CP/RLOD;  Fwd L, fwd & sd R, rec L to SCP/LOD;

15-16  Chair thru on R, rec to fc ptr on L, and step sd R to CP/Wall;  Lower & step fwd L with R shoulder lead, rec on R (W bk R, rec L to CP/Wall);

ENDING

1 - 4  SD DRAW LEFT;  SD DRAW RIGHT;  STEP THRU TO REV AND CHASSE;

1-2  Last time thru meas 15 of Part B end in Bfly and repeat action of meas 2 & 3 of Intro;

3-4  Repeat action of meas 4 & 5 of Intro;

5 - 6  STEP THRU TO LOD AND CHASSE;  CHAIR;

5-6  Repeat action of meas 6 of Intro;  Chair thru with forward poise and hold;  (Note: Remain in Bfly for entire Ending.)

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