MEASURES
1 - 4

WAIT; RISE & DRAW CLOSE; CONTRA CHECK; REC. SWITCH; FEATHER
1. Wait 1 man in Thrownway Oversway pos fc wall man L knee relaxed & R ft pointing sd & bk body taxpd to L look at WC R knee relaxed & L ft pointing bk twd LDB body taxpd to L look well to L;

SQQ
2. Straighten L leg,-, draw R twd L, close R to L to CP to wall(W straighten R leg,-, draw L twd R, close L to R to CP);

SQQ
3. Flex R knee fwd L with R shoulder lead & look at L,-, rec R, sd & fwd L to SCP/DLC(W flex L knee bk R on toe keeping heel off floor look well to L,-, rec L, sd & fwd R to SCP/DLC);

SQQ
4. Thru R(W thru L commence L fc trn),,-, fwd L(W sd & bk R to BJO), fwd R;

PART A

OPEN TELEMARK; NATURAL HOVER CROSS; TOP SPIN TO RLOD;

SQQ
1. Fwd L DLC commence L fc trn),,-, fwd & sd R trn L fc(Wcl L to R heel trn),
   Fwd L in SCP/DLC;

SQQ
2-3. Fwd R DLC twd trn RF,,-, sd L twd wall cnt RF trn, sd & fwd R CP/DLC; XLRB of R to Scar on top of body slight L look at ptr, rec bk R, sd L DLC, fwd R DLC Contra-BJO or prepare for Top Spin(W fwd L DLCW,,-, fwd R trn RF, sd & bk L; XLRB of L to Scar trn body to L look L, rec L, sd R DLC, bk L DLC ak);

QQQQ
4. Step bk on L trn LF, bk R cont LF trn, sd & fwd L, fwd R BJO DRW & check (L-W fwd R twd trn LF, fwd L cont LF trn, sd & bk R, bk L);

5 - 8

TOP SPIN TO LLOD; CLOSED TELEMARK; NATURAL WEAVE;

QQQQ
5. Repeat move 4 to Contra-BJO DLC;

SQQ
6. Fwd L DLC commence L fc trn),,-, fwd & sd R trn L fc(Wcl L to R heel trn),
   sd & fwd L to Contra-BJO DLCW cl sd & bk R);

QQQQ
7-8. Fwd R,,-, fwd L trn R fc(W cl L to R heel trn), sd & bk R twd DRW with R shoulder lead; Bk L in BJO, bk R commence L fc trn, sd & fwd L trn L fc,
   fwd R to Contra-BJO DLC;

PART B

THREE STEP; NATURAL TELEMARK; THRU = PREP SAME FOOT LUNGE;

W AERIAL SWIVEL TO HINGE LINE;

SQQ
1. Fwd L to CP,,-, fwd R, fwd L;

SQQ
2. Fwd R commence R fc trn),,-, fwd & sd L trn R fc(Wcl R to L heel trn),
   fwd R in RSCP/DLC;

SQQ
3. Thru L(W R),,-, at 263 sd & slightly fwd R twd LDB, relax R knee & look well to R(W fwd L trn 3/8 RF, then back R trn body to L & looking well to L extending L ft twd to RLOD);

SQQ
4. Rec sd L lead W to rec fwd L(W swivel 1/2 LF on ball of L ft lift R leg bk from hip bent at the knee),,-, at 263 M slowly relax L, knee trn body to L look at WC(W lower into L, extend R ft fwd LLOD look well to L in Hinge Line);

5 - 8

W ACROSS TO BANJO; MANEUVER; RUNNING SPIN & WEAVE;

QQQ
5. M straighten L leg trn body to R(W rec R between M's ft trn RF),,-, fwd R between L's ft cont RF trn(W sd & bk L twd RF, fwd L to BJO DLCW cl bk R);

SQQ
6. Fwd R outside ptr trn RF to CP fac RLOD(W bk L trn RF to CP),,-, sd L cl R;

QQQQ
7 - 8. Bk L pivoting 1/2 RF,,-, fwd R cont RF trn/smld sd & bk L DLC, bk R DLC in Contra-BJO DRW(W fwd R between M's ft trn 1/2 RF,,-, bk L cont RF trn/smld sd & fwd R, fwd L in Contra-BJO), Bk L DLC, bk R to CP trn LF, sd & fwd L, fwd R in Contra-BJO DLC;
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PART C

1 - 4

**DOUBLE REVERSE SPIN; HOVER:** QUICK OPEN REVERSE; TURN L.-.

**CHASSE SEMI:**

SQQ 1  Fwud L commence LF trn., fud & sd R and L hand f/ft to R heel trn.

spin LF on ball of R ft bring L to R ног wgt CP to wall(W fud & sd R and M trn LF to look LF of R)

SQQ 2  Fwud L., fud & sd R rising to ball of ft, see fud L to SCP/LOD;

SQQ 3  Fwud R(W fud L commence LF trn.), trn LF/sd & bk R, bk L to

Contra-Bjo fac R LOD(W sd & bk R cont LF trn to CP/sd & fud L, fud R outside ptr);

SQQ 4  sd & bk R trn 1/4 LF to fe wall(W sd & fud L trn 1/4 LF to fe center),-

sd L/ol R, fud L trn to SCP/LOD(W sd & L/ol R to R, fud R trn to SCP);

5 - 9

**THRU.-THROWAWAY OVERSWAY; RISE & W AERIAL SHIVEL TO SEMI; PROMENADE LEAVE; CHANGE OF DIRECTION:**

SQQ 5  Thru R(W L.), sd & fud L, relax L knee & point R ft sd & bk body trnd
to L look at W(W sd & fud R trn LF, relax R knee & sliding L ft under body past the R ft to ptr bk fud LOD look well to L);

SQQ 6  Slowly straighten L leg drawing R ft fud L & trn body slightly LF to semil(W slowly survival RF on ball of R ft to semli lifting L leg bk from hip bent at

the knee);

SQQ 7-8  Thru R(W L.), fud L trn LF to CP, sd & bk R to Contra-Bjo DRC(W sd &

bk R to CP cont on R ft then fud L), bk L, bk R trn LF, sd & fud L,

fud R to Contra-Bjo DL(W fud R, fud L trn LF, sd & bk R, bk L DL-L);

SQQ 9  Fwud L commence LF trn., fud R toe pointing to LOD & R shoulder lead
cnt cont trn LF, draw L to R and CP fud LOD(W bk R commence LF trn, bk L

with L shoulder lead cont trn LF, draw R to L);

INTERLUDE

**HOVER TELEMARK; THRU.- RIPPLE CHASSE; FEATHER:**

SQQ 1  Fwud L., sd & fud R rising slightly with body trn 1/8 RF, fud L on toes in

SCP(W bk R., sd & bk L rising slightly with body trn 1/8 RF brush R to L,
fud R on toes to SCP);

SQQ 2  Thru R trn head to R with R sway CP(W thru L trn head to L with L sway

CP), sd L/ol R holding sway, sd & fud L to SCP/LOD;

SQQ 3  Repeat action meas 4 of intro;

ENDING

1 - 4

**THREE STEP; NATURAL TELEMARK; THRU.- PREP SAME FOOT LUNGE;**

W AERIAL SHIVEL TO HINGE LINE;

1-4  Repeat action meas 1-4 part B);

5 - 8

**OPEN IMPETUS; CHAIR.- RECOVER SIDE; DEVELOP; THRU.- CHASSE**

SEM:

SQQ 5  M straighten L leg trn body to RCW see R between M's ft trn RF),-.

fud R cont RF trn, sd & fud L to SCP/LOD(W sd & fud L and M cont RF trn

bringing R ft bk to brush L, sd & fud R to SCP/LOD);

SQQ 6  Thru R lunge step & check(W L.), see bk L trn to fe ptr & wall, sd R(W

trak bk R trn to fe ptr & wall, sd (L);

SQQ 7  Wth L sway XLIB of R wall under body part wgt(W XLIB of L wall under

body with slight R sway),-., taking full wgt to L ft change sway to R look

at W, hold(W survial LF on R ft to Contra-Bjo bring L ft up R leg to out-

side of R knee, extend L ft fud);

SQQ 8  Thru R trn to fe ptr(W bk L trn to fe ptr), sd L/ol R, fud L to SCP/LOD;

9 - 11

**WHIP/FLASH; FAN BEHIND SIDE, THRU FAN; THRU HINGE**

SS 9  Thru R(W L.), survial on R to fe ptr & take L to R, holding in CP fac wall

(W survial on L to fe ptr & take R to L, holding in CP);

QQS 10  Quickly fan L ft CCW behind L, sd R, thru L slowly fan R ft CCW trn to SCP

LDD(W quickly fan R ft CW behind R, sd L, thru R slowly fan L ft CW,-.)

QQS 11  Thru R(W L), sd & fud L, relax L knee & extend R leg look at W(W sd R

survial LF, XLIB of R relaxing L knee & extending R ft look well to L),-;

**NOTE TIMING OF LAST 3 MEASURES**