Take My Breath Away

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Music: Top Gun - Take My Breath Away, Berlin, Motion Picture Soundtrack, MP3 download Amazon.com

Footwork: Opposite unless noted (Woman’s Footwork in parentheses)

Timing: Standard unless noted. Time @ Recorded Speed: 4:09 min. (as downloaded)

Rhythm: Bolero RAL Phase IV+2 (Contra Break, Riff Turn) + 1 (Qtr Trng Basics) Degree of Difficulty: ABOVE AVG

Sequence: INTRODUCTION – A – B – A – B (1-4) – C - B – A – B – ENDING

Meas

INTRODUCTION

[1 - 4] INTRO BEATS, WAIT HLF OP/LOD ;; BL WLKS ;;
1-2 [Half-Op/iod & Wait] Wait in half-op facing line of dance ; ;
3-4 [Bolero Walks] Step forward L, -, R, L; Step forward R, -, L,R ;

PART A

[1 - 4] OP FENC LN & REC TO FC (BFLY/W) ;; SD SERP CHECK;; LNGE BRK TO CP/W ;
1 [Open Fence Line] Sd L w/bdy rise, -, xRif of L ckg, rec L to fc;
4 [Lunge Break] Sd & fwd R op fcg fc DRW jnd ld hnds, -, lower on R extnd lft to sd & bk good tone press lady bk, st rise on R brng W fwd (sd & bk L opn fcng, -, bk R contra ck action slight sit line action, rec fwd L st rise);

[5 - 8] TRNG BASIC ;; TRNG BASIC ;
5-6 [Turning Basic] Sd & slightly fwd L with slight RF upper bdy trn, -, bk R commm tfc ¼ LF w/slp ptv action, sd & fwd L turn ¼ LF to fc cp/coh; sd & fwd R, -, fwd L w/contra ck action, rec R;;
7-8 [Turning Basic] Sd & slightly fwd L with slight RF upper bdy trn, -, bk R commm left fc ¼ LF w/slp ptv action, sd & fwd L turn ¼ LF to fc CP/W; sd & fwd R, -, fwd L w/contra ck action, rec R;;

[9 - 12] ST TRNG BAS LOD : OP BRK ; STP BK TO CUDDL EMBRACE HIP RK ; HIP RK 2 SLWS ;
9 [Start Turning Basic to LOD] Sd & slightly fwd L with slight RF upper body turn, -, bk R trn ¼ LF w/slp ptv action, sd & fwd L trn ¼ LF to fc cp/co/lod;
10 [Open Break] Sd & fwd R, -, bk L, fwd R;
11 [Step Back to Cuddle Hip Rock] Step Bk L, -, and with hp rolling action rk sd R, rec L;
SS 12 [Cuddle Hip Rock in 2 Slows] Rk R, -, with hp rolling action rec L, -

[13 - 16] (REC TO FC BFLY/W). START RIFF TRN ; UNDRM TRN ; REV UNDRM TRN ; RT PASS LADIES

[OVRTRNED (RLOD/COH):]

13 [Rec to Face Wall, Start Riff Turn] Rec R to fc wall, -, Sd L raise ld hnds to start W into RF spin, cl R as W completes spin (W rec L, -, comm RF spin sd R, cl R to complete one full RF spin);
14 [Underarm Turn] Sd L raise ld hnds, -, XRIF ld W to trn RF und ld hnds, fwd L (sd &fwd R, -, fwd L commncng rfc trn, rec R to fc);

15 [Reverse Underarm Turn] Sd R, -, X Lif, rec R (sd L, -, XRif trng ½ LF und ld hnds, fwd L to fc);
16 [Right Pass Lady Overturned Diag. RLOD/COH] Fwd L & sd comm Rf trn, -, xib R cont trn RF, fwd L to face rlod/coh (Fwd R, -, fwd trn L w/LF trn, cl R cont LF trn under raised ld hnds cont overtrn to face rlod/coh);

PART B

[1 - 4] TRN W BACK BOTH W/2 S HIP RKS & HNDSHAKE RT : CONTRA BRK, REC TO STKED HNDS RT

[OVR LFT ; BK WLKS WITH EXPLOSION TO CP/RLOD ; ;]

SS 1 [Turn Her Back both w/2 Slow Hip Rks & Shake Hands] M trn partner to fc both with 2 slow hip rocks R, -, L, - (W stp L swiieving, -, rec twnds partner R, -);
2 [Open Contra Break & Rec to Stacked Hands Rt Over Left] Sd & fwd R w/trd sd stretch, -, slip fwd L smal stp w/trd should ld to contra ck action extnd the bdy in, -, rec bk R stcking bth hnds rt over left;

3-4 [Back Walks with Explosions to CP/RLOD] Stp Bk L, -, Bk R, Bk L explndng rt hnds up and bk in clockwise motion like in swimming backstroke; Stp Bk R, -, Bk L, Bk R explndng lt hnds up and bk in clockwise motion (ladies counter-clockwise motion also like in swimming backstroke);

2nd time only: curve meas 4 bk wks to end bfly/w

[5 - 8] QTR TRNG BASICS (OP/LOD) ;

5-8 [Quarter Turning Basics] Sd & slightly fwd L with slight RF upper body turn, -, bk R commg turn 1/8 LF w/slp ptv action, sd & fwd L turn 1/8 LF to fc cp/w; sd & fwd R, -, fwd L w/contra ck action, rec R; Sd & slightly fwd L with slight RF uppr bdy trn, -, bk R commg turn 1/8 LF w/slp pivot action, sd & fwd L turn 1/8 LF to fc cp/lod; sd & fwd R, -, fwd L
w/contra ck action, rec R (W sd L w/fc trn to fc lod, -, sm sd R, cl L);
*Last time: end meas 7 cp/lod

PART C

1 - 4

X BDY (LOP-FCG/COH) : DBL HND HOLD OPG OUTS 2X ;; BRK BK TO HLF OP REV ;

1
[Cross Body] Trng LF step sd & bk L, -, cont trn & slp bk R, fwd L to lop-fgc/coh;

2-3
[Double Hand Hold Opening Outs 2X] Join trig hnds (bfly) cl R to L w/bdy rise comm bdy rotation to R, -, lower on R complete upper bdy trn & extnd L ft to sd, rise & rotate RF (W sd & bk L w/bdy rise comm bdy rotation to match M, -, W xRib of L lowering, W fwd L in bfly); Cl L to R w/bdy rise & lower on R complete upper bdy trn & extnd R ft to sd, rise & rotate LF (W sd & back R w/bdy rise comm bdy rotation to match M, -, W xLib of R lowering, W fwd R in bfly);

4
[Break Back to Half Open Reverse] Sd R, -, xrossg L bhd & bk to hlfop/rlod, rec fwd R;

5 - 8
BL WLK ; FWD-, MANUV, PIVOT (CP/RLOD) ; NY 2X ;;

5

[Bolero Walk] Fwd L, -, fwd R, fwd L;

6
[Forward, Manuver, Pivot to CP/RLOD] Fwd R, -, maneuver L, pivot R to fc CP/RLOD;

7-8
[New Yorker 2X] Sd L w/ rise to wall, -, thru R to fc Wall, bk L to sd; Sd R w/ rise, -, thru L to fc coh, bk R to fc to bfly/rlod;

9 - 12

X BDY TO LOP-FCG/LOD ; REV UNDRM TRN (BFLY/W) ; HIP RK S 2 SLS ; RT PASS LADIES

OVRTRN (RLOD/COH);

9
[Cross Body to LOP-FCG/LOD] Trng LF step sd & bk L, -, cont trn & slp bk R, fwd L to lop-fgclid;

10
[Reverse Underarm Turn to Wall] Sd R, -, XLif, rec R to wall (sd L, -, XRif trng ½ LF und Id hnd, to rev L fc);

11
[Hip Rocks 2 Slows] Rk L, -, with hip rolling action rec R, -;

12
[Right Pass Ladies Overturned RLOD/COH] Fwd L & sd comm RF trn, -, xib R cont trng RF, fwd L to face rold/coh (Fwd R, -, fwd trn L w/LF trn, bk R comm LF trn under raised Id hnds to fc ptr diag lod but W contin overtrng to fc rev);

ENDING

1 - 3

SYNC HP RK S 2X ;; DIP BK TO CUDDLE EMBRACE :

1-2

[Syncopated Hip Rocks] Step L in place, -, rec R/ rec L, rec R; Repeat Meas 1;

3

[Dip Back to Cuddle Embrace] Step Bk L to cuddle embrace position & hold, -;-;

INTRO 1-4 Intro beats, Wait Half Open;; Bolero Walks ;;

A 1-16 Open fence line to face Bfly/W; Serpiente ;; Lunge Brk to CP ; Trning Basic ;; Trning Basic ;; Start Trng Basic to LOD ; Op Break ; Step Bk to Cuddle Hip Rk; Cuddle Hip Rk 2 Slows ; Rec to Wall, Riff Trn ; Underarm Turn ; Rev Underarm Trn ; Rt Pass Ladies overturned to diagonal Rev & Cntr;

B 1-8 Man turn her back Both 2 Slow Hip Rks & Shake Rt Hnds; Contra Brk Rec, to Stack Hnds Rt over L; Bk Walks w/explosion to CP/RLOD ; ; Qtr Trng Basics OP/LOD;;;

A 1-16 Open fence line to face Bfly/W; Serpiente ;; Lunge Brk to CP ; Trning Basic ;; Trning Basic ;; Start Trng Basic to LOD ; Op Break ; Step Bk to Cuddle Hip Rk; Cuddle Hip Rk 2 Slows ; Rec to Wall, Riff Trn ; Underarm Turn ; Rev Underarm Trn ; Rt Pass Ladies overturned to RLOD/C;

B(1-4) 1-4 Man turn her back Both 2 Slow Hip Rks & Shake Rt Hnds; Contra Brk Rec, to Stack Hnds Rt over L; Bk Walks w/explosion Curving to BFLY/W ; ;

C 1-12 Cross Body ; Dble Hnd Hold Opening Outs 2X ;; Break Brk to Half Open Rev. ; Bolero Walk ; Forward-, Manuuv, Pivot to Face CP/RLOD ; NY 2X ;;Cross Body LOPNFCG/LOD ; Rev Underarm Trn to Wall; Hip Rks 2 Slow ; Rt Side Pass Ladies Overturned to RLOD/C ;

B 1-8 Man turn her back Both 2 Slow Hip Rks & Shake Rt Hnds; Contra Brk Rec, to Stack Hnds Rt over L; Bk Walks w/explosion to CP/RLOD ; ; Qtr Trng Basics OP/LOD;;;

A 1-16 Open fence line to face Bfly/W; Serpiente ;; Lunge Brk to CP ; Trning Basic ;; Trning Basic ;; Start Trng Basic to LOD ; Op Break ; Step Bk to Cuddle Hip Rk; Cuddle Hip Rk 2 Slows ; Rec to Wall, Riff Trn ; Underarm Turn ; Rev Underarm Trn ; Rt Pass Ladies Overturned to RLOD/C;
1-8 Man turn her back Both 2 Slow Hip Rks & Shake Rt Hnds; Contra Brk Rec, to Stack Hnds Rt over L; Bk Walks w/explosion to CP/RLOD ; ; Qtr Trming Basics CP/LOD ; ; ;

ENDING 1-3 Sync Hip Rks 2X;; Stp bk to cuddle embrace ;