TAKE IT TO HEART

Music: Engelbert Humperdinck
www.amazon.com Cd Hello Out There
Track #7 Time 3:21 Slow down w/-7%
Available from choreographer

Rhythm: Waltz Phase: IV
Footwork: Opposite except where (Noted)
Release Date: Oct 2014
Choreo: Jos Dierickx Beverlostestwg 14b2 3583 Paal Belgium
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Sequence: INTRO AB BRIDGE AB INTER B END

INTRO

01-06 CP DLC LEAD FOOT FREE WAIT 2 MEASURES; ; DIAMOND TURN ; ; ;
{Wait} CP DLC Ld ft free wt 2 meas; ; [Diamond Turn] Fwd L trng LF, compg ¼ LF trn sd R, bk L to BJO; Staying in BJO & trng LF bk R, compg ¼ LF trn sd L, fwd R; Staying in BJO & trng LF fwd L, compg ¼ LF trn sd R, bk L; Bk R in BJO trng RF, sd L compg ¼ LF trn, fwd R to BJO DLC;

PART A

01-04 TELEMARK to SCP; OP NATURAL; BACK BACK/LOCK BACK; BACK HOVER to SCP;
{Telemark to SCP} Fwd L comm LF trn, sd R w/ a strong LF trn, sd & slightly fwd L (W bk R comm LF trn, cl L [heel trn], sd & slightly fwd R) to SCP DLW; [OP Natural] Thru R stg RF trn, contg RF trn sd L in frnt of W, bk R (W fwd L, R, L) to BJO RLOD; [Bk Bk/Lk Bk] [1,2&3] Bk L, bk R/lk Lif, bk R to BJO; [Bk Hover to SCP] Bk L, bk R risg sitly, rec L (W fwd R, fwd & sd L trng RF risg & brushg R to L, contg RF trn sd & fwd R) to SCP LOD;

05-08 IN & OUT RUNS; ; THRU CHASSE to SCP; CHAIR & SLIP;
{In & Out Runs} Trng RF fwd R, sd & bk L to CP RLOD, bk R (W fwd L, fwd R between M’s ft, fwd L) to BJO RLOD; Trng RF bk L, cont trn fwd R between W’s ft, sd & fwd L (W trng RF fwd R, cont trn sd L in frnt of M, cont trn fwd & sd R) to SCP LOD; [Thru Chasse to SCP] [1,2&3] Thru R, sd to fc prtn L/cl R, fwd L to SCP LOD; [Chair & Slip] Ck fwd R w/bent knee, rec L w/ slight LF trn, sm bk R (W ck fwd L, rec R swvlg 5/8 LF, fwd L) to CP DLC;

09-12 VIENNESE TURNS; ; HOVER TELE; THRU CHASSE to BJO;
{Viennese Turns} Fwd L stg LF trn, sd R cont trn, XLF to fc RLOD (W bk R stg LF trn, sd L cont trn, cl R); Bk R cont LF trn, sd L cont trn, cl R (W fdd LF cont LF trn, rd R cont trn, XLF) to CP DLD; [Hover Tele] Fwd L, fwd & sd R risg & trng 1/8 RF, sd & fwd L to SCP LOD; [Thru Chasse to BJO] [1,2&3] Thru R, trng RF to fc ptr sd L/cl R, sd & fwd L (W fdd LF sd R/cl L, sd & bk R) trng 1/8 LF to BJO DLD;

13-16 CROSS PIVOT to SCAR; CROSS HOVER to BJO; CROSS HOVER to SCAR; CROSS HOVER to SCP;
{Cross Pivot to SCAR} Fwd R in frnt of W beg RF trn, sd L cont RF trn, fwd R (W sm fdd L com RF trn, fndtr M’s ft heel to toe pytng ½ RF, sd & bk L) to SCAR DLD; [Cross Hover to BJO] XLF, sd R hvrng, rec L to BJO; [Cross Hover to SCAR] XLRif, sd L hvrng, rec R to SCAR; [Cross Hover to SCP] XLF, sd R hvrng, rec L (W XRib, sd & bk L w/ strong RF trn, fdd R) to SCP LOD;

17 SLOW SIDE LOCK;
{Slow Sd Lk} Thru R, fwd & sd L rising trng LF, cl R (W Thru L trng LF, sd R trng LF, lk Lif) to CP DLC;
PART B

01-04  TELEMARK to SCP; NATURAL HOVER FALLAWAY; CHECK BACK & RECOVER to a WHIPLASH BJO; BK BK/LK BK;

[Telemark to SCP] Repeat meas 1 Part A; [Nat Hover Fallaway] Fwd R, fwd L risg & trng RF, rec R (W fwd L, trng RF fwd R between M’s ft, rec L) to SCP DRW; [Ck Bk & Rec to a Whiplash BJO] [1,2-] Bk L in SCP ckg, rec R pt L to DRW trn body LF to swivel W (W bk R in SCP ckg, rec L swivel LF ronde R CCW) to BJO DRW, -: [Bk Bk/Lk Bk] (12&3) Bk L, bk R/lk Lif, bk R to BJO;

05-08  IMPETUS to SCP; WEAVE 6 to BJO; ; ; FORWARD FACE CLOSE;

[Impetus to SCP] Bk L w/ RF bdy trn, cl R [heel trn] contg RF trn, fwd L (W fwd R outs! ptr pvtg RF, sd & fwd L contg RF trn arnd M, brush R & fwd R) to SCP LOD; [Weave 6 to BJO] Thru R, trng ¼ lft fc fwd L to CP COH, sd & bk R (W thru L, trng ½ lft fc sd & bk R to CP, sd & fwd L) to BJO RDC; Trng ¼ lft fc sd & bk L to CP DRW, trng ¼ lft fc sd & fwd R to CP DLW, fwd L (W Sd & fwd R to CP, trng ¼ lft fc sd & fwd L, bk R) to BJO DLW; [Fwd Fc Cl] Fwd R, sd L turn to fc, cl R to CP WALL;

09-12  WHISK to ½ OP; OP IN & OUT RUNS; ; ; SLOW SIDE LOCK;

[Whisk to ½ OP] Fwd L, fwd & sd R stg rise to ball of ft to SCP LOD, XLib (W XRib) cont to full rise to ½ OP LOD; [Op IN & Out Runs] Fwd R begin RF trn, sd & fwd L XIF of W cont trn, sd & fwd R to 1/2 LOP LOD w/ free arms out to sd (W fwd L, R, L); Fwd L, R, L (W fwd R begin RF trn, sd & fwd L XIF of M cont trn, fwd & sd R to ½ OP LOD w/ free arms out to sd; [Slow Sd Lk] Repeat meas 17 Part A;

13-16  TURN LEFT & R CHASSE to BJO: OUTSIDE CHANGE to SCP; OP NATURAL; HESITATION CHANGE;

[Turn Left & R Chasse to BJO] [1,2&3] Fwd L stg to trn LF, contg LF trn sd R/cl L, sd & bk R to BJO RLOD; [Outsd Chg to SCP] Comm LF trn bk L, - , bk & sd R cont LF trn, sd & fwd L (W fwd R, L, R) to SCP DLW; [Op Natural] Repeat meas 2 Part A; [Hesitation Chg] [1,2-] Trng upper bdy RF bk R, sd R contg RF trn, draw L to CP DL;

BRIDGE

01-04  DIAMOND TURN ; ; ;

[Diamond Turn] Repeat meas 3,4,5 & 6 Intro ; ; ;

INTER

01-05  OP REVERSE TURN: BACK CHASSE to a SYNCOPATED REVERSE UNDERARM TURN; OP NATURAL; BACK CHASSE to a SYNCOPATED UNDERARM TURN; CHANGE OF DIRECTION;

[Op Reverse Turn] Fwd L trng LF, sd R cont LF trn, bk L to BJO; [Bk & Chasse /W Syncop Reverse Underarm Turn] Sd & bk R cont LF trn, sd L/cl R raising ld hnd (W fwd L cont LF trn, sd R/cl L trng LF under ld arms, bk R), sd & fwd L to BJO DLW; [Op Natural] Fwd R stg RF trn , cont trn sd & bk L, bk R w/ R sd ld (W bk L trng RF, fwd R between man’s feet, fwd L) to BJO RDC; [Bk & Chasse /W Syncop Underarm Turn] Sd & bk L trng RF, sd R/cl L raising ld hand (W fwd R trng RF, fwd L/cl RF trng RF under ld arms, sd & bk L), sd & fwd R to BJO DLW; [Chng of Direction] [1,2-] Fwd L, fwd R trng LF 1/4, draw L to CP DL;

ENDING

01-04  REPEAT MEAS 13,14,15 & 16 Part B ; ; ;

05-08  DIAMOND TURN 3 ; ; ; SLOW BACK to a SLOW LEFT LUNGE & HOLD;

[Diament Turn] Repeat meas 3,4,5 Intro ; ; ; [Slow Bk to a Slow Left Lunge a Hold] [1,-,2] Slow Bk R, -, sd & slightly fwd on L and flex L knee making slight RF body rotation, look at ptr & hold;