TAKE ME IN YOUR ARMS

Music: Claudio Novelli
www.casa-musica-shop.de/album.aspx?id=10624
Prandi Sound - Nature Spring Vol.1
Track # 17 Time: 2:36 Available from choreographer

Rhythm: Waltz Phase: V Easy
Footwork: Opposite except where (Noted)
Release Date: Dec 18
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INTRO
01-04 CP DLC LEAD FOOT FREE WAIT 4 MEASURES ; ; ;
{Wait} CP DLC ld ft free wt 4 meas ; ; ;

05-09 REVERSE WAVE ; ; IMPETUS to SCP ; THRU SYNCOPATED VINE ; SLOW SIDE LOCK ;
{Reverse Wave} Fwd L comm LF trn, sd R twd LOD trng LF (W heel trn), bk L to BJO DRC ; Bk R, bk L, bk R in
CP fcg R LOD ; {Impetus to SCP} Bk L w/ RF bdy trn, cl R [heel trn] contg RF trn, fwd L (W fwd R outsdt ptr pvtg
RF, sd & fwd L contg RF trn arnd M, brush R & fwd R) to SCP DLC ; {Thru Syncop Vine} [12&3] Thru R, sd L/
XRib (W XLib), sd L to SCP LOD ; {Slow Sd Lk} Thru R, fwd & sd L rising trng LF, cl R (W Thru L trng LF, sd R trng
LF, Ik Lif) to CP DLC ;

PART A
01-04 OP REVERSE TURN ; BACK & CHASSE to BJO DLW ; FWD CHECKG/W DEVELOPE ; SLOW OUTSIDE SWIVEL ;
{OP Reverse Turn} Fwd L com LF trn, trng LF sd R, bk L compg 3/8 LF trn (W bk R comm LF trn, cl L [heel trn],
fwd R outsdt ptr) to BJO RLOD ; {Bk & Chasse to BJO} [12&3] Bk R trng LF, sd L/cr R, sd & fwd L to BJO DLW ;
{Fwd Check/W Develop} [1--] Fwd R out r-sd W checkg, - - (W bk L, bring R ft up L leg to insd of L knee,
extend R ft fwd) to BJO DLW ; {Slow Outsdt Swivel} [1,--] Bk L trng body RF, draw R across L (W fwd R, swivel
RF) to SCP LOD, - -

05-08 WEAVE 6 to SCP ; ; CROSS HESITATION ; HESITATION CHANGE ;
{Weave 6 to SCP} Fwd R DLC, fwd L stg LF trn, contg trn sd & bk R to fc DRC (W fwd L trng LF, sd & bk R to CP,
contg LF trn sd & fwd L LOD to BJO) ; Bk L LOD, bk R trng LF trn, sd & fwd L (W fwd R outsdt ptr, fwd L, fwd R)
to SCP DLW ; {Cross Hesitation} [1,--/123] Fwd R, w/o chg wgt trn ¼ LF on ball of R ft, cont trng LF on ball of
R ft ckg (W fwd L stg LF trn, sd R arnd M trng LF, contg LF trn cl L) to BJO DRC ; {Hesitation Chng} [12-] Trng
upper bdy RF bk L, sd R contg RF trn, draw L to CP DLC ;

PART B
01-04 DIAMOND TURN/[OPTION] W INSIDE TURNS ; ; ;
{Diamond Turn} Fwd L trng LF, compg ¼ LF trn sd R, bk L to BJO DRC ; Staying in BJO & trng LF bk R, compg ¼
LF trn sd L, fwd R (OPTION W fwd L comp LF trn under lead hands fc RDC, small sd R cont LF trn, small sd L
compg LF trn) to BJO DRW ; Repeat meas 1,2 Part B to BJO DLW & DLC ; ;

05-08 VIENNESE TURNS ; ; HOVER TELE ; WHIPLASH to BJO ;
{Viennese Turns} Fwd L stg LF trn, sd R cont trn, XLib to fc RLOD (W bk R stg LF trn, sd L cont trn, cl R) ; Bk R
cont LF trn, sd L cont trn, cl R (W fwd L cont LF trn, sd R cont trn, XLib) to CP DLW ; {Hover Tele} Fwd L, fwd R
rising w/ l-shouldr lead, sd & fwd L to SCP LOD ; {Whiplash to BJO} [1,--] Thru R, trng bdy RF to ptr point L
LOD (W thru L, point R fwd, swivel slowly on L LF to fc ptr) to BJO DLW, - -

09-12 WHISK ; NATURAL WEAVER ; ; FWD FWD/LOCK FWD ;
{Whisk} Fwd L, fwd & sd R stg rise to ball of ft to SCP LOD, XLib (W XRib) cont to full rise ; {Natural Weave}
Fwd R trng RF, sd L, bk R (W fwd L, R btwn M’s ft, fwd L) to BJO DRW ; Bk L, bk R in CP trng LF, cont LF trn fwd
L to BJO DLW ; {Fwd Fwd/Lk Fwd} [1,2&3] Fwd R, fwd L/k Rib, fwd L ;
13-16  **OP NATURAL : OVER SPIN TURN INTO a RIGHT TURNING LOCK to SCP ; ; SLOW SIDE LOCK :**

[**OP Natural**] Fwd R stg RF trn, cont trn sd & bk L, bk R w/ R sd Id (W bk L trng RF, fwd R btwn man’s feet, fwd L) to BJO DRC ; [**Over Spin Turn Into a R-Trng Lock**] Stg RF upper bdy trn bk L pvtg ½ RF to fc LOD, fwd R btwn W’s ft heel to toe cont trn leavg L leg xtnd bk & sd, rec L (W stg RF upper bdy trn fwd R btwn M’s ft heel to toe pvtg ½ RF, bk L cont trn brush R to L, fwd R btwn M’s ft) to CP DRW ; [1&23] Bk R w/R sd lead comm to trn RF/lk Lif fc COH, cont R trn sd & fwd R btwn W’s ft, fwd L (W Fwd L w/L sd lead comm to trn RF/lk Rib, fwd & sd L cont trng R Xing in frt of M, fwd R) to SCP LOD ; [**Slow Sd Lk**] Repeat meas 9 Intro ;

**ENDING**

01-04  **THRU to a PROMENADE SWAY ; CHANGE to OVER SWAY ; EXIT to HOVER SCP ; THRU CHASSE to SCP :**

[**Thru to a Promenade Sway**] [12-] Thru R (W thru L), sd & fwd L twds DLC, stretch R sd gradually to look over the jnd Id hnds usg full meas ; [**Chng to Oversway**] With no chg wgt relax L knee keepg R leg xtnd w/ slight LF upper bdy trn & stretch L sd both w/ hd well to L (W relax R knee & w/ LF upper bdy trn slowly change hd from R to L usg full meas) ; [**Exit to Hover to SCP**] [12-] Rec R, risg sltly & brushg L to R, fwd L (W rec L trng RF risg & brushg R to L, contg RF trn sd & fwd R) to SCP LOD ; [**Thru Chasse to SCP**] [12&3] Thru R, sd to fc prtn L/cl R, fwd L to SCP LOD ;

05  **THRU LILT to CHAIR :**

[**Thru Lilt to Chair**] [1&2] Fwd R/small fwd L w/ rise, strong fwd R lunge action bending knee, -;