THE OLDTIMERS POLKA

Choreo by: Don & Linda Hichman, 2336 Pine Forest Dr., Gastonia, NC 28056-9237
Phone: 704-408-0455   Email: DonHichman@yahoo.com   Web Page: www.twistyvines.com   Release: January 2015
Music: The Oldtimers - By Bryan Smith & His Festival Orchestra   Music available as a download from Casa Musica
Footwork: Opposite, directions for man except as noted (W’s in parentheses)
Rhythm: Polka [See Note]   Phase: II   Time: 2:26
Speed: 45 as recorded   Difficulty Level: Easy
Sequence: INTRO, A, A, B, B, A [1-14], Ending

INTRODUCTION

1 – 4   WAIT;;  APT – PNT; P/U – TCH;

PART A

1 – 6   2 FWD 2-STEPS;;  TRAVELLING SCISSORS;;;
1-6   Fwd L, cl R, fwd L, - ; Fwd R, cl L, fwd R, - ; Sd L, cl R, sd & fwd R, - end BJO fc DLW;   Fwd L, - , R, - ; Blend to CP LOD sd R, cl L, sd & fwd R, - end SCAR DLC;   Fwd R, - , L, - ;

7 – 10   HITCH FWD;  HITCH/SCIS to FC;  TWIRL 2;  WALK 2;
7-10   In SCAR fwd L, cl R, bk L, - ; Bk R, cl L, sd & fwd R, - (W fwd L, sd & bk R trng to fc ptnr, cl L, -) end BFLY M fc WALL;   Raise lead hnd & lead W to twirl RF under jnd lead hnds sd L, - , XRIBO L, - ; Sd & fwd L to fc LOD, - , fwd R, - end OP fc LOD;


REPEAT PART A ENDING in BFLY

PART B

1 – 4   FC to FC;  BK to BK;  B-BALL TRN to BFLY;;
1-4   Sd L, cl R, sd & fwd L trng to a bk to bk pos, - ; Sd R, cl L, sd & fwd R blend to BFLY WALL, - ; Sd L, - , rec L trng to OP both fc RLOD, - ; Release hnds sd & fwd L to fc COH (W WALL), - , rec R trng to BFLY WALL, - ;

5 – 10   TWIRL 2;  WALK to CP;  4 TRNG 2-STEPS;;;
5-10   Repeat Part A meas 9;   Fwd L, - , fwd R blend to CP, - ; Sd L, cl R, sd & bk L pivot ½ RF, - ; Sd R, cl L, sd & fwd R pivot ½ RF, - ; Repeat Part B meas 7 & 8;


END Part B END in P/U
END Part A END in BFLY
END Part B END IN P/U
END Part A MEAS 1 – 14

**ENDING**

1 – 2 **TWIRL 2; APT & PNT:**

1-2 Repeat Part A meas 9; Repeat INTRO meas 3;

Note: The figures for Polka are much the same as for Two Step, however, steps should be shortened and danced with a bouncing motion. Also there should be a body sway toward the line of movement, for example, 4 Turning Two-Steps should have a left side sway 1\textsuperscript{st} measure, right side sway 2\textsuperscript{nd} measure, etc.
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HEAD CUES

INTRO: [OP FCG] WAIT;; APT – PNT; P/U – TCH;

PART A: 2 FWD 2-STEPS;; TRAVELLING SCISSORS;;;; HITCH FWD; HITCH/SCIS to FC; TWIRL 2; WALK 2; CIRC AWAY & TOG 4 2-STEPS;;;; ROLL 2; WALK & P/U;

PART A: 2 FWD 2-STEPS;; TRAVELLING SCISSORS;;;; HITCH FWD; HITCH/SCIS to FC; TWIRL 2; WALK 2; CIRC AWAY & TOG 4 2-STEPS;;;; ROLL 2; WALK to BFLY;

PART B: FC to FC; BK to BK; B-BALL TRN to BFLY;; TWIRL 2; WALK to CP; 4 TRNG 2-STEPS;;;; LACE OVER & BK;;;; TWIRL 2; WALK to BFLY;

PART B: FC to FC; BK to BK; B-BALL TRN to BFLY;; TWIRL 2; WALK to CP; 4 TRNG 2-STEPS;;;; LACE OVER & BK;;;; TWIRL 2; WALK & P/U;

PART A: 2 FWD 2-STEPS;; TRAVELLING SCISSORS;;;; HITCH FWD; HITCH/SCIS to FC; TWIRL 2; WALK 2; CIRC AWAY & TOG 4 2-STEPS;;;; ROLL 2; WALK to BFLY;

PART B: FC to FC; BK to BK; B-BALL TRN to BFLY;; TWIRL 2; WALK to CP; 4 TRNG 2-STEPS;;;; LACE OVER & BK;;;; TWIRL 2; WALK & P/U;

PART A [1-14]: 2 FWD 2-STEPS;; TRAVELLING SCISSORS;;;; HITCH FWD; HITCH/SCIS to FC; TWIRL 2; WALK 2; CIRC AWAY & TOG 4 2-STEPS;;;;

ENDING: TWIRL 2; APT & PNT;