Swing Two Step

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CD: Cowgirl Dreams, Track 6  Artist: Joni Harms  Available from ITunes & other Download Sites
Rhythm: Two Step  RAL Phase II + 2 [Fishtail, Strolling Vine]
Footwork: Opposite unless noted (Woman's Footwork in parentheses)
Timing: Standard RAL 2 Step unless noted.  Time @ 45 RPM: 2:52

Meas
INTRODUCTION

1 - - 4 OP FCNG WAIT 2;; APT, PT; PU, TCH FC LOD;
   1 – 2  Op Fcng DLW Ld Ft free for both Wait 2;;
   3 – 4  Apt L, -, Pt R Twd Ptr, -; Tog R to CP/LOD, -, Tch L, -;
5 - - 8 2 PROG SCIS;; FISHTAIL; WK, FC WALL;
   5 – 6  Sd L, Cl R to L, XLIF to SCAR, -; Blend to Fc Sd R, Cl L to R, XRIF to BJO, - Fc DLC;
   7 – 8  XLIB w/fwd Prog, Fwd R, Fwd L, XRIB w/fwd Prog; Fwd L, -, Fwd R Trng RF to CP/WALL;

PART A

1 - - 4 BROKEN BOX;;;
   1 – 2  Sd L, Cl R to L, Fwd L, -, Rk Fwd, R, -, Rec L, -;
   3 – 4  Sd R, Cl L to R, Bk R, -, Rk Bk L, -, Rec R to Bfly, -;
5 - - 8 2 TRNG 2 STPS BFLY;; TWIRL 2; WK, FC;
   5 – 6  Sd L, Cl R to L, Stp DIAG X line of Prog Pvt _ RF on L, -, Sd R, Cl L, Sd R Pvt _ RF on R, -;
   7 – 8  Sd L, -, XRIB, - (W Sd & Fwd R Trng 1/2 RF, -, Sd & Bk L Trng 1/2 RF);
       Fwd L, -, Fwd R Trng RF to CP/WALL;
9 - - 12 _ BOX; SCIS THRU; 2 FWD 2 STPS;;
   9 – 10  Sd L, Cl R to L, Fwd L, -, Sd R, Cl L to R, XRF to SCP, -;
   11 – 12  Fwd L, Cl R to L; Fwd L, -, Fwd R, Cl L to R, Fwd R, - to OP/LOD;
13 – 16 SD 2 STP APT; SD 2 STP TOG CP WALL; BOX;;
   13 – 14  Sd L, Cl r to L, Sd L, Tch R to L; Sd R, Cl L to R, Sd R trng to Fc Ptr, - CP/Wall;
       Sd L, Cl R to L, Fwd L, -, Sd R, Cl L to R, Bk R, -;

BRIDGE

1  SD, DRAW, CL;
   1  Sd L, Draw R to L, Cl R to L, -;

PART B

1 - - 4 TRAVELING BOX TO SCP;;;
   1 – 2  Sd L, Cl R to L, Fwd L Trng to Rev SCP, -, Twd RLOD Fwd R, - Fwd L to Fc, -;
   3 – 4  Sd R, Cl L to R, Bk R Trng to SCP, -, Twd LOD Fwd L, -, Fwd R, - to SCP/LOD;
5 - - 8 HITCH DBL;; 2 TRNG 2 STPS SCP;;
   5 – 6  Fwd L, Cl R to L, Bk L, -, Bk R, Cl L to R, Fwd R, -;
   7 – 8  Sd L, Cl R to L, Stp DIAG X line of Prog Pvt _ RF on L, -, Sd R, Cl L, Sd R Pvt _ RF on R, - to SCP/LOD;
9 - - 12 SCOOT 4; WK, FC; SD TCH 2X; SD, DRAW, CL;
   9 – 10  Fwd L, Cl R to L, Fwd L, Cl R to L; Fwd, L, -, Fwd R trng RF to CP/Wall;
   11-12  Sd, L, Tch R to L, Sd R, Tch L to R; Sd L, Draw R to L, Cl R to L, -;
13 – 16 LEFT TRNG BOX;;;
   13 – 14  Sd L, Cl R to L, Fwd L trng _ LF, -, Sd R, Cl L to R, Bk R trng _ LF, -;
   15 – 16  Repeat Meas 13-14 Part B;
INTERLUDE

1 - - 3  SD, DRAW, CL; SD, CL 2X; SD, STP THRU;
   1 - - 2  Sd L, Draw R to L, Cl R to L, -; Sd, L, Cl R to L, Sd, L Cl R to L;
   3  Sd L, -, XRIF of L to SCP, -;

REPEAT PART A

REPEAT BRIDGE

PART B (MODIFIED)

1 - - 4  TRAVELING BOX;;;
   1 - - 4  Repeat Part B Meas 1 - 4
5 - - 8  HITCH DBL;; 2 TRNG 2 STPS SCP;;
   5 - - 8  Repeat Part B Meas 5 - 8
9 - - 12  SCOOT 4; WK, FC; SD TCH 2X; SD, DRAW, CL;
   9 - 12  Repeat Part B Meas 9 - 12
13 – 15  BOX;; SD, DRAW, CL;
   13 – 14  Repeat Meas 16 Part A
   15  Sd, L, Draw R to L, Cl R to L, - to CP Wall;

PART C

1 - - 4  STROLLING VINE;;;
   1 – 2  Sd L, -, XRIB, -; Sd L, Cl R to L commencing LF Trn, Fwd L completing _ LF Trn Fc COH;
   3 – 4  Sd R, -, XLIB, -; Sd R, Cl L to R commencing LF Trn, Fwd R completing _ RF Trn Fc Wall;
5 - - 8  TRAVELING DOORS 2X;;;
   5 - 6  Rk Sd L, -, Rec R, -; XLIF of R, Sd R, XLIF of R, -;
   7 – 8  Rk Sd R, -, Rec, L, -; XRIF of L, Sd L, SRIF of L, -;

REPEAT PART B Meas 9-16

END

1 - - 4  _ BOX; SCIS THRU PU; 2 PROG SCIS;;
   1 – 2  Sd L, Cl R to L, Fwd L, -; Sd R, Cl L to R, XRIF to Fc LOD, -(Sd L, Cl R to L, XLIF Trng LF to FC RLOD
in CP, -);
   3 – 4  Repeat Intro Meas 5 – 6
5 - - 8  FISHTAIL; WK, FC; SD, DRAW, CL; APT, PT;
   5 – 6  Repeat Intro Meas 7 – 8;;
   7 – 8  Sd L, Draw R to L, Cl R to L; Stp Apt on L, - Pt R Twd Ptr, -;
Swing Two Step

Intro  Op Fcng Wait 2; Apt, Pt; PU, Tch Fc LOD;
2 Prog Scis Bjo;; Fishtail; Wk & Fc;

A  Broken Box;;;;
2 Trng 2 Stps Bfly;; Twirl 2; wk, Fc;
_ Box; Scis thru; 2 Fwd 2 Stps;;
Sd 2 Stp Apt; & Tog to CP; Box;;

Brg  Sd, Draw, Cl;

B  Traveling Box;;;;
Hitch Dbl;; 2 Trng 2 Stps SCP;;
Scoot 4; Wk & Fc; Sd Tch 2X; Sd, Draw, Cl;
Left Trng Box;;;;

Int  Sd, Draw, Cl; Sd Cl 2X; Sd, Stp Thru;

A  Broken Box;;;;
2 Trng 2 Stps Bfly;; Twirl 2; wk, Fc;
_ Box; Scis thru; 2 Fwd 2 Stps;;
Sd 2 Stp Apt; & Tog to CP; Box;;

Brg  Sd, Draw, Cl;

B  Traveling Box;;;;
Hitch Dbl;; 2 Trng 2 Stps SCP;;
Scoot 4; Wk & Fc; Sd Tch 2X; Sd, Draw, Cl;
Box;; Sd, Draw, Cl;

C  Strolling Vine;;;;
Traveling Doors 2X to SCP;;;;

B  Scoot 4; Wk & Fc; Sd Tch 2X; Sd, Draw, Cl;
Left Trng Box;;;;

End  _ Box; Scis thru PU; 2 Prog Scis;;
Fishtail; Wk & Fc;  Sd, Draw, Cl; Apt, Pt;