SWING LOVER

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MUSIC: “Swing Lover”, Indigo Swing, available as a download from Amazon
(cut first 33.5 seconds; music slowed 12-13% or as desired)

RHYTHM/PHASE: West Coast Swing, V+1 [with inside trn] +1 unphased [inside trn]
FOOTWORK: Opposite unless otherwise noted
SEQUENTIAL: INTRO A BRIDGE A B A BRIDGE C C B A ENDING
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INTRODUCTION

1-2 LOP LOD WAIT; 2 SLOW CHICKEN WALKS;
1 {wait} LOP LOD wait one meas;
2 {2 sl chicken walks} Bk L, -, bk R, - (W swivel RF on L then step sd & fwd R, -, swivel LF
on R then step sd & fwd L);

PART A

1-5 INSIDE WHIP WITH INSIDE TURN**;; TUCK & SPIN - LEFT SIDE PASS;;;;
1-2 {inside whip w/ inside trn} Bk L starting to raise ld hnds, XRif trng lady 1/2 LF, press sd L/cl R,
sd L & fwd completing RF trn to loose CP RLOD (W fwd R, fwd L completing ½ trn, bk R/cl L, fwd
R); Raising ld hnds leading W to trn LF XRib, sd & fwd L, anchor R/L, R completing full trn to fc
LOD (W fwd L starting LF trn und ld hnds, fwd R cont trn ½, anchor L/R, L);
3-5 {tuck & spin} Bk L, bk R, tch L, fwd L leading W to spin RF (W fwd R, fwd L, tch R, trng RF
fwd R spinning RF); Anchor R/L, R, [L sd pass] bk L trng 1/4 LF to fc COH, bk R; Sip L/R, fwd L
to fc RLOD, anchor R/L, R (fwd R, fwd L; Fwd R trn LF/XLif, sd & bk R trng LF, anchor L/R, L);
6-8 WRAPPED WHIP;; 2 SLOW CHICKEN WALKS;
6-7 {wrapped whip} Bk L, XRif of L trng RF to W’s R while raising jnd ld hnds and leaving jnd trl hnds
low, press sd L/ rec R trng RF, sd & fwd L to W’s L in wrapped pos (W fwd R, fwd L, fwd R/cl L, bk
R) to wrapped pos RLOD slightly to R of M; XRib of L trng RF releasing jnd trl hnds and keeping ld
hnds low allowing W to step bk, fwd L cont RF to LOP LOD, anchor R/L, R (W bk L, bk R, anchor
L/R, L);
8 {2 sl chicken walks} Bk L, -, bk R (W swivel RF on L then step sd & fwd R, -, swivel LF on R then
step sd & fwd L);

BRIDGE

1-2 SUGAR PUSH W/ EXTRA ROCK;;
1-2 {sugar push w/ extra bk} Bk L, bk R, press L, fwd L (Fwd R, fwd L, tap R in bk, rec bk R);
Rk bk R, rec L, anchor R/L, R (Fwd L, rec R, anchor L/R, L);

REPEAT A

PART B

1-4 UNDERARM TURN TO TRIPLE TRAVEL & ROLL;;;;
1-4 {underarm trn to triple travel & roll} Bk L. comm RF trn, fwd R, sd L/cl R, fwd L to fc WALL joining R
hnds palm to palm (W fwd R, L, R/Lif, bk R trn RLOD passing M und jnd hnds trng RF ½ on last
stp to fc COH); Sd chasse R/L, sd & fwd R, pushing lightly w/ R hnds fwd L, fwd R rolling RF ½ to
fc COH joining L hnds palm to palm (W L/R, sd & bk L, roll RF ½ R, L to fc WALL); Sd chasse
L/R, sd L & fwd trng ½ LF chg to R hnds palm to palm, sd chasse R/L, sd & fwd R trng ½ RF chg to
L hnds palm to palm; Sd chasse L/R, sd & fwd L pushing lightly w/ L hnds, fwd R, fwd L completing
a LF roll 1 1/4 joining ld hnds to fc RLOD & ptr;
PART B (CONTINUED)

5-8 ANCHOR STEP - MAN'S UNDERARM TURN BOTH FACE WALL;; TURKEY WALKS TO LOP RLOD;

5-6 {anchor stp - M's undarm trn both fc WALL} Anchor R/L, R, bk L, XRif trng ¼ RF;
Press sd & fwd L trng ¼ RF und ld hnds/cl R, fwd L to fc LOD, flare R/in pl L, R trng to fc WALL
(Anchor L/R, L, fwd R, fwd L; Looping ld hnds over M's head fwd R/XLif, R trng LF to fc RLOD,
flare L/in pl R, R to fc WALL);
7-8 {turkey walks to LOP RLOD} Passing beh W & traveling LOD w/jazz hnds sd L, cl R, sd L, cl R;
Sd L, cl R, trg RF sip L, cl R to slight pos joining ld hnds fcg RLOD (Moving RLOD sd R, cl L,
sd R, cl L; Sd R, cl L, trg LF sip R, cl L to slight V pos);

REPEAT A
REPEAT BRIDGE

PART C

1-4 SIDE WHIP;; SURPRISE WHIP;;

1-2 {side whip} Bk L, rec R comm RF trn, cont slight RF trn press L sd twd LOD, hold (W fwd R,
fwd L trng ½ RF, bk R/cl L, fwd R); Hold leading W fwd, fwd L leading W to fc, bk to anchor
R/L, R to LOP LOD (W fwd L, fwd R trng ½ LF, bk to anchor L/R, L);
3-4 {surprise whip} Bk L, XRif to W's R, press sd L trng RF 1/4/ cl R, sd & fwd L to fc RLOD (Fwd R,
fwd L trng 1/2, bk R/cl L, fwd R); Leading W to swvl to SCP ck fwd R, rec L leading W to trn
under RF, anchor L/R, R to fc ptr & RLOD (Swvlg RF ck bk L, rec R starting RF trn und lead hnds,
fin trn L/R, L to fc ptr ld hnds joined);

5-8 UNDERARM TURN M HOOK TURN - RIGHT SIDE PASS/TUCK & SPIN;; 2 KICKBALL CHANGES;

5-7 {undarm trn/M hook trn} Bk L, fwd R trng RF and leading W und ld hnds, press stp sd Ltrng RF/rec
R trng RF, fwd & sd L (W fwd R, fwd L trng LF und ld hnds, sd R/XLif, trng LF bk R to fc LOD);
Releasing hnds and trng RF hook Rib/sm sd & bk L to fc LOD, XRif to fc WALL extending R hnd
back to W (joining R hnds anchor L/R, L) (R sd pass pass w/tuck & spin) sd L leading W forward,
rec R (fwd R, L); Tch L tucking W in, trng LF fwd L releasing hnds, anchor in pl R/L, R to fc LOD
joining ld hnds (Trng LF to fc M tap R, trg RF fwd R spinning RF to fc M, anchor stp L/R, L);
8 {2 kickball chgs} Kick L fwd/cl L on ball of ft, sip R, kick L fwd/cl L on ball of ft, sip R;

REPEAT C
REPEAT B
REPEAT A

ENDING

1-2+ UNDERARM TURN BOTH HOOK TURN HOLD 1 SNAP FREEZE;; & HOLD;

1-2+ {undarm trn both hook trn hold 1 bt snap freeze} Bk L, fwd R trng RF and leading W und ld hnds,
press stp sd L trng RF/rec R trng RF, fwd & sd L (W fwd R, fwd L trng LF und ld hnds, sd R/XLif,
trng LF bk R to fc LOD); Keeping ld hnds joined & trng RF hook Rib/rec L to fc LOD, XRif, hold
one bt, sharply trn on R to fc RLOD [L ft ptd to ptr & hnd on hip] (hook Lib/rec R, XLif, hold
one bt, sharply trn on L to fc LOD [R ft ptd to ptr & hnd on hip]); Hold as music fades;

**If preferred, just do whip turn with inside turn**