SWING LA LA

By: Eddie & Helen Palmquist 1953, Arranged 1979 by Eddie & Audrey Palmquist

Record: Capital 4933 (La La La La La La La La Jackie Gleason)

Position: Intro - OP Fcq M Fcq Wall.

Footwork: Opposite, directions for M (except where noted).

Sequence: INTRO, A, B, A, C, B, A, TAG.

INTRO: WAIT (1 Meas 4 Bell Tones) in OP Fcq M Fcq wall;

PART A

AWAY/TWO-STEP, TDC/TWO-STEP, AWAY/TWO-STEP, FC/TWO-STEP;

1-2 Fwd LOD do 4 U Two-steps tiling slightly bk-to-bk & fc-to-fc on 4 th two-step fc ptr M's back to COH both jds arms about waist high;

(FLY) SD/CL, SD/CL, SD/CL, APT/DCF, (CHG SD) W TRN LF UNDFR 2, 3; M TRN LF UNDFR 2, 3, APT/DCF; CHG HDS, SCP HDS BK (1, 2, 3, 4); APT/DCF, TDC/2, 3; SD/CL, SD/SCP, BK BK, Fcq; NOTE: M's L & W's joined thru Meas 3-8;

3-8 Bfly M Fcq wall small steps sd L/CL R, sd L, sd R/CL L, sd R;

4-5 (CHG SD) APT L, rec R, M Fwd small steps Fwd L/CL R, Fwd L (W trn LF under jnd M's L & W's R jds passing R shoulders); M trn LF under his own L arm to fc W & COH R/L, (R cont trn under to fc wall), apt L, rec R;

6- (CHG of Hds behind back) A Fwd L/R, L trn LF wrap into W's R arm chng R to R hd hold (W Fwd to M's R sd R/L, R cont LF to fc wall R/L, R as W L/R, L trn RF COH M chng W's R hd to his back end of OP M Fcq wall;

7-8 Apt L, rec R, tag L/R, L to CP wall; Sd R RLD/CL L to R, sd R blend to SCP LOD, R bk M, rec R;

(SOLO TRN) Fwd TRN, TRN, SD/CL, TRN; Fwd TRN, TRN, SD/CL, TRN (OP); Fwd, 2, 3, BRUSH; Fwd, 2, 3 (EC), TCH;

9-10 SCP drop hds make 2 solo trns LOD M trn LF (M RF) in 4 th two-steps end UD LOD;

11-12 In OP Fwd L/R, L, brush R; Fwd, R L, R trn to fc, tch L and Bfly M Fcq wall;

PART B

(FLY WALL) SD/CL, SD/CL, SD/CL, SD/CL, APT, TQC, TSC, TRN (W TRN LF R/L, R to VARS); KICK, STP, KICK, STP; TRN, 2, KICK, STP, KICK, STP, W TRN, 2; KICK, STP, KICK, STP; BOTH, TRN, KICK, STP, KICK, STP, STP (W TRN RF L/R, L to FC PTR);

1-2 Bfly wall Sd L/CL R, sd L LOD, sd R/CL L, sd R RLDQ; Apt L, tag R, release hds M steps L/R in place as (W trns LF 2 in 3 steps R/L, R) and Vars Pos Fcq wall; NOTE: Retain both hd hold throughout Meas 3-7;

3-8 (Identical ftrk) Kick L Fwd,stp L in pl, kick R Fwd, stp R in pl; M L/R in pl at same time trn RF 1/2 end L Vars Fcq COH, Kick L, stp L in pl; Kick R, stp R in pl, M steps L/R in pl fc COH he raises his R arm & trns W one full LF trn ending Vars fc COH with M & W R hds jnd behind M's head & M's L arm across W's chest; Repeat Kick, stp, kick, stp, M raise R arm overhead stp L/R in pl trnng in nw ptr LF (WRF) and R Vars Pos Fcq wall, kick, stp, kick, stp, M stp L/R in pl as (W trns RF L/R, L) and OP fcq pos; NOTE: Timing in Meas 3-7 for both lst KICK, STP, KICK, STP, STP, STP, even counts; 1, 2, 3, 4; 5, 6 (Repeat Part A Meas 1-12 end in SCP LOD)

PART C

(SCP) Fwd, 2, 3, 4, -; PICKUP, 2, 3, 4, - (DIAMOND) SD, Fwd (BJO), Fwd (TRN, LF), -; SD, BK, BK (TRN, LF), -;

(CP RLDQ) SD, Fwd, Fwd (TRN, LF) (W SD to SCP, PCLP to BJO, BK Trn), -; SD, BK, BK (CP, LODQ), -;

1-2 SCP LOD Fwd L/R, L; - M Fwd R/L, R (W Pick up to CP LODQ), -;

3- (DIAMOND) SD & Fwd L DCL, Fwd R DCL to Bjo, Fwd L trn LF 2 Bjo COH, -;

4-5 SD & bk R,D L/D, bk L/D, bk R trn LF to CP RLDQ, - (DIAMOND variation) M sd & Fwd L Dwl (W trn to SCP), Fwd R Dwl (W trn BJO), Fwd L trn LF Bjo wall (W sd R trn SCP thru L trn to Bjo, bk R trn LF to CP M Fcq LODQ);

6- SD & bk R Bjo DCR, bk L DCR in Bjo, bk trng LF to CP M Fcq LODQ;

BLEND SCP, TRN, BJO, Fwd (CP), -; Fwd R/L, R, -; Fwd L/R, L (W to SCP), -; MANU, PIV, SCP, -; TWHL RF, 2, 3 (OP), -; Fwd, 2, 2, 3, FC, TCH (FLY) M Fcq WALL;

7- CP LOD sd & Fwd L DCL trn W to SCP, Fwd R DCL trn W to Bjo, Fwd L LOD blend CP, -;

8-10 CP Fwd LOD R, L, R, - Fwd L, R trn W to SCP LOD on last steps; Many R, piv RF L/R to SCP LODQ, -; Fwd L, R to fc Bfly wall, tch;

REPEAT PART B: REPEAT PART A: TAG; SNAP TWHL RF, 2, 4, APT, -;