Sweet Sarah Cha

CHOREOGRAPHERS: Kristine and Bruce Nelson, 823 S. Charles, Naperville, IL 60540, (708) 527-1188

RECORD: CEM 37040A (Sarah's Cha) or Green 14247A (Tico Tico Cha Cha)

FOOTWORK: Opposite-directions for Man except where noted

SPEED: 43 rpm (or to suit)

PHASE: III +2 Cha Cha (Alemana, Peek-a-Boo Chase) +1 Unphased (New Yorker in 4)

SEQUENCE: INTRO, A,B,A,B1-15, ENDING

Meas:

INTRODUCTION

1-4 (Tandem Wall) WAIT;; PEEK-A-BOO; M BK,REC,SD CHA (W TURN,REC,SD CHA)

BFLY;

1-2 Tandem position both facing Wall (M left foot (W right foot) free) Wait;;

3-4 Rk sd L looking to right (W Sd R looking over left shoulder), rec R, in plc L/R, L; Bk R, rec L, sd R/cl L, sd R (W fwd L trng 1/2 RF, rec fwd R, sd L/cl R, sd L) to BFLY;

PART A

1-4 SHOULDER to SHOULDER twice;; NEW YORKER; (Start) CRAB WALKS;

1-2 Xlf SCAR RLOD (W XRib), rec R to fc, sd L/cl R, sd L; Xlf BJLO LOD (W XLib), rec L to fc, sd R/cl L, sd R;

3-4 Thru L to LOP RLOD, rec R to BFLY, sd L/cl R, sd L; XRlf, sd L, XRlf/sd L, XRlf;

5-8 (finish) CRAB WALKS; SPOT TURN; OPEN BREAK; WHIP;

5-6 Sd L, XRlf, sd L/XRlf, sd L; XRlf, trn LF (W RF)/rec L cont turn to fc, sd R/cl L, sd R;

7-8 Apt L extend R hand up, rec R, sd L/cl R, sd L; Bk R trng 1/4 left fc, rec fwd L cont left fc trn 1/4, sd R/cl L, sd R (W fwd L outside M's left side, fwr L trng 1/2 left fc, sd L/cl R, sd L) to end BFLY COH;

9-16 Repeat Part A meas 1-8 starting COH & ending BFLY Wall;;;;

PART B

1-4 NEW YORKER IN 4; NEW YORKER; NEW YORKER IN 4; NEW YORKER;

1-2 Thru L to LOP RLOD, rec R to fc, sd L, rec R; Thru L to LOP RLOD, rec R to BFLY, sd L/cl R, sd L;

3-4 Thru R to OP LOD, rec L to fc, sd R, rec L; Thru R to OP LOD, rec L to BFLY, sd R/cl L, sd R;

5-8 ALEMANA; LARIAT;;

5-6 Fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R (W circ under M's L W's R hd fwr L Xlf of R trn RF, fwr R cont trn, sd L/cl R, sd L to fc COH at M's R sd);

7-8 Sd L, rec R, cl L/R, L; Sd R, rec L, cl R/L, R; (W circ clockwise around M fwr R, fwr L, fwr R/cl L, fwr L; fwr L, fwr R, fwr L/cl R, sd L) to BFLY Wall;

9-12 NEW YORKER IN 4; NEW YORKER; NEW YORKER IN 4; NEW YORKER;

9-12 Repeat Part B meas 1-4;;;;

13-16 CHASE to Tandem;; PEEK-A-BOO; M BK,REC,SD CHA (W TURN,REC,SD CHA) BFLY;

13-14 Fwd L trng 1/2 RF (W bk R), rec fwr (W rec fwr L), fwr L/cl R, fwr L; Fwd R trng 1/2 LF (W fwr L trng 1/2 RF), rec fwr L (W rec fwr R), fwr R/cl L, fwr R to Tandem Wall;

15-16 Rk sd L looking to right (W Sd R looking over left shoulder), rec R, in plc L/R, L; Bk R, rec L, sd R/cl L, sd R (W fwr L trng 1/2 RF, rec fwr R, sd L/cl R, sd L) to BFLY;

ENDING

Rk SD,CHA/CHA,POINT;;

1 Sd R, rec L/cl R, point L sd LOD, hold (W Rk Sd L, rec R/cl L, point R sd RLOD, hold); [Note arm movements for man and woman: on recover/close cross hands in front at chest height, on point extend arms to side at shoulder height palms to floor i.e. "SAFE" & hold]

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SWEET SARAH CHA
(WAIT TANDEM BOTH FACING WALL MAN'S L LADY'S R FREE)
(SLOW 43)