INTRODUCTION

WAIT;

PART A

1 – 4  JIVE CHASSE L & R;  CHG R to L ~ CHG HNDS BHD BK;;;

5 – 7  CHG L to R [COH] ~ CHG HNDS BHD BK;;;

8 – 10  BASIC ROCK ~ FALLAWAY THROWAWAY;;;

11 – 12  CHICKEN WALKS [2 SLO – 4 QK];;

13 – 16  CHG L to R ~ BASIC ROCK;;;  RK REC KICK BALL CHG;

PART B

1 – 3  JIVE WALKS;  SWIVEL 4;  THROWAWAY;

4 – 7.5  LINK RK;;;  RT TRNG FALLAWAY [2];;

DIFFICULTY LEVEL: INTERMEDIATE
8.5 - 12 **RK & CIRC AWAY 2 TRIPLES;; SWIVEL TOG 4 [NO HNDS]; SD BREAKS [2 SLO – 4 QK];

8.5-12 Rk bk L to SCP, rec R; Start LF (W RF) circ fwd L/R, L, fwd R/L, R; Trng to fc ptnr swivel tog repeating Part B meas 2 end M fc WALL & ptnr with no hnds jnd; Push step L, push step R, cl L, cl R; Push step L/push step R, cl L/cl R, push step L/push step R, cl L/cl R;

13 – 16 **WINDMILL [2];; RK REC – KICK BALL CHG;

13-16 Rk bk L, rec R, fwd LIF/cl R, fwd L trng ¼ LF; sd R/cl L, sd R trng ¼ LF, repeat Part B meas 13 – 14.5 end LOP M fc ptnr & WALL,;; Rk bk L, rec R, kick L ft fwd/take wt on ball of L ft, replace wt on R;

PART C

1 – 5 **LINDY CATCH;; BASIC RK ~ PRETZEL TRN;;;

1-5 Rk apt L, rec R, fwd L/R, L moving RF around W catch at waist with R hnd release L hand [M is in bk of W withR arm around W’s waist] (W rk apt R, rec L, fwd R/L, R); Fwd R, L cont around W, fwd R/L, R(W bk L, R still fc same dir [no trn], bk L/R, L) end LOP M fc ptnr & WALL; Repeat Part 8 – 9.5,;; Rk bk L, rec R; chasse sd & fwd L/R, L trng ½ RF keep M’s L & W’s R hnds jnd,;;

6 – 9 **UNWRAP PRETZEL ~ CHG R to L;; SAILOR SHUFFLES;

6-10 Rk fwd L with R hnd ext fwd, rec R, chasse sd & fwd L/R, L ; Trng ¼ LF still retain M’s L & W’s R hnds sd R/cl L, sd R, Repeat Part A meas 2 – 3 ½ ,;; XL IBO R/sd R, sd L, XR IBO L/sd L, sd R;

10 – 14 **STOP & GO;; CHG L to R ~ AMERICAN SPIN;;;

10-14 Rk bk L, rec R, fwd L/cl R, fwd L (W rk bk R, rec L, IP R/L, R trng ½ LF under jnd hnds to end at M’s R sd); Rk fwd R, rec L, small bk R/cl L, R (W rk bk L, rec R, IP L/R, L trng ½ RF under jnd hnds) end LOP M fc ptnr & LOD; Repeat part A meas 13 – 14.5,;; rk bk L, rec R; sd L/cl R to L, sd L, sd R/cl L to R, sd R (W rk apt R, rec L; Sd R/cl L to R, sd R spinning RF 1 full trn, sd L/cl R to L, sd L) end LOP M fc ptnr & WALL;

15 – 16 **LINK TO WHIP TRN;;

15-16 Rk apt L, rec R start RF trn, sd L/cl R, sd L cont RF trn; XR IBO L, sd & fwd L cont RF trn action, sd R/cl L, sd R complete RF trn to end CP M fc ptnr & WALL;

REPEAT PART A

**ENDING**

1 – 5 **JIVE WALKS; SWIVEL 4; JIVE WALKS to FC; HOLD; QK APT PNT;;

1-5 Repeat Part B meas 1; Repeat Part B meas 2; Repeat Part B meas 1 but end M fc ptnr & WALL; Hold; Qk apt pnt;