SWEET & LOVELY JIVE

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MUSIC: “Sweet and Lovely” Rhino Hi-Five Nino Tempo & April Stevens Download available at walmart.com [or 45 rpm record see note at end]

RHYTHM: Jive PHASE: III + 2 (Spanish Arms & Pretzel Turn)

FOOTWORK: Opposite (Women’s in parentheses) Release Date: 3/28/2008

TIME: 2:57 @ CD(download) speed Modifications: None [speed to suit]

DIFFICULTY: Average

Sequence:

INTRO A B A(1-8) C B A(1-8) CMOD END

INTRO

1-4 6’ apt fcg WAIT;; KICK/BALL CHANGE TWICE; SWIVEL TOGETHER 4 TO CP;
[1-2] Standing appx 6 ft apart in fcg pos M fcg Wall W fcg COH with M’s L & W’s R ft free Wait 2 ms;;

PART A

1-4 CHASSE L & R; CHANGE R TO L ~ CHANGE HANDS BEHIND THE BACK;;;
[1-2] Sd L/cl R, sd L, sd R/cl L, sd R (sd R/cl L, sd R, sd L/clR, sd L); In SCP rk bk L, rec R, chasse L/R, L leading W under jnd ld hnds (rk bk R, rec L, fwd R/cl L, fwd R trg ½ RF under jnd hds to LOP fcg M);

5-8 CHANGE L TO R [COH] ~ R TRNG FALLAWAY;;; ROCK RECOVER KICK/BALL CHANGE;
[5-6] Rk bk L, rec R, sd L/cl R, sd L trg 1/4 RF leading W under jnd ld hnds (rk bk R, rec L, fwd R/cl L, fwd R trg 3/4 LF under jnd hnds); Sd R/cl L, sd R fcg COH (sd L/cl R, sd L), rk apt L, rec R blending to CP;
[7-8] Sd & fwd L/R, L trg 1/4 RF (sd & fwd R/cl L, fwd R trg 1/4 RF), cont trg 1/4 RF bk & sd R/L, sd R fc Wall (cnt trg ½ RF sd L/cl R, sd L); SCP Rk bk L, rec R, kick L/cl L on ball of foot, cl R (rk bk R, rec L, kick R/cl R on ball of foot, cl L);

9-12 CP CHASSE L & R: CHANGE R TO L ~ CHANGE HANDS BEHIND THE BACK;;;
[9-12] Repeat Part A meas 1-4;;;

13-16 CHANGE L TO R ~ R TURNING FALLAWAY;;; ROCK RECOVER FACE CLOSE LOW BFLY;
[13-16] Repeat ms 5-7Part A;;; SCP rk bk L, rec R trg RF to fc, sd L, cl R to low BFLY Wall (rk bk R, rec L trg LF to fc, sd R, cl L);
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PART B

1-4 SPANISH ARMS TWICE;;; ROCK APART RECOVER SIDE CLOSE CP;

[1-2]  Rk apt L, rec R start ¼ RF tm (rk apt R, rec L start ¼ LF tm), cont tm fc RLOD leading W to wrap L/cl R, cl L with jnd lead hnds above W's head (sd R/cl L, sd R); Unwrap W cont ¼ RF tm r/cl L, cl R fc COH (unwrap ¼ RF tm sd L/cl R, cl L to fc M & Wall), Rk apt L, rec R start ¼ RF tm (rk apt R, rec L start 1/4 LF tm);

[3-4]  Cont tm fc LOD leading W to wrap L/cl R, cl L with jnd lead hnds above W's head (sd R/cl L, sd R), unwrap W cont ½ RF tm R/cl L, cl R fc Wall (unwrap ½ RF tm sd L/cl R, cl L fcg M & COH BFLY); Rk apt L, rec R, sd L, cl R to CP (rk apt R, rec L, sd R, cl L);

5-8 POINT STEPS TWICE;; CP CHASSE L & R; SCP ROCK RECOVER SWIVEL 2;

[5-6]  SCP look LOD pt L fwd, fwd L, look RLOD pt R fwd, fwd R (pt R fwd, fwd R, pt L fwd, fwd L); Repeat ms 5;

[7-8]  Repeat ms 1 Part A; SCP rk bk L, rec R, swivel walk L, R (rk bk R, rec L, swvl wk R, L);

9-12 [no rock] PRETZEL TURN; DOUBLE ROCK; UNWRAP PRETZEL SCP;; DOUBLE ROCK;

[9-10]  Progressing LOD lower lead hnds chasse sd & fwd L/R, L trng ½ RF (sd & fwd L/R, R trng ½ LF), chasse sd R/L, R (sd L/R, L); Rk L XIF to LOD ext M's R & W's L hds to LOD, rec R, rk L XIF to LOD, rec R (rk R XIF to LOD, rec L, rk R XIF to LOD, rec L);

[11-12]  Chasse sd L/R, L trng ½ LF (sd R/cl L, sd R trng ½ RF) to CP Wall, chasse sd R/L, R (sd L/R, L); SCP rk bk L, rec R, rk bk L, rec R (rk bk R, rec L, rk bk R, rec L);

13-17 RIGHT TURNING TRIPLE; RIGHT TURNING FALLAWAY ROCK RECOVER;;; SWIVEL WALKS 4; ROCK THE BOAT TWICE;

[13-14]  Trng 1/4 RF sd L/cl R, sd L, trng 1/4 RF sd R/cl L, sd R fc COH (trng 1/4 RF sd R/cl L, sd R, trng 1/4 RF sd L/cl R, sd L); SCP RLOD Rk bk L, rec R, trng 1/4 RF sd L/cl R, sd L (rk bk R, rec L, trng 1/4 RF sd R/cl L, sd R);

[15-17]  Trng 1/4 RF sd R/cl L, sd R, SCP LOD rk bk L, rec R (trng 1/4 RF sd L/cl R, sd L, SCP rk bk R, rec L); Swivel walk fwd L, R, L, R (fwd R, L, R, L); Fwd L with R knee straight leaning forward, with rocking motion and relaxed knees cl R (fwd R with L knee straight leaning forward, with rocking motion & relaxed knees cl L), repeat leg action fwd L, cl R (fwd R, cl L, fwd R, cl L);

PART C

1-4 2 FORWARD TRIPLES; SWIVEL WALKS 4; THROWAWAY; KICK/BALL

CHANGE TWICE;

[1-2]  Fwd L/R, L, fwd R/L, R (fwd R/L, R, fwd L/R, L); Repeat ms 16 Part B;

[3-4]  Sd L/cl R, fwd L to LOP folding W in front fcg LOD (sd R/cl L, trng LF to fc RLOD sd R), sd R/cl L, sd & fwd R (sd & bk L/cl R, sd L); Repeat ms 3 Intro;

5-8 CHANGE L TO R ~ LINK ROCK SCP;;; ROCK RECOVER FACE CLOSE LOW BFLY;

SWEET & LOVELY JIVE (Kristine & Bruce Nelson)

PART C [MODIFIED]

1-4  2 FORWARD TRIPLES; SWIVEL WALKS 4; THROWAWAY; KICK/BALL
    CHANGE TWICE;
    [1-4] Repeat ms 1-4 Part C;

5-8  CHANGE L TO R ~ LINK ROCK SCP;  ROCK RECOVER KICK/BALL CHANGE;
    [1-3] Repeat ms 5-7 Part C;  Repeat ms 8 Part A;
    END

1-3+ 2 FORWARD TRIPLES; SWIVEL WALKS 4; POINT STEPS; POINT FREEZE,
    [1-2] Repeat ms 1-2 Part C;
    [3+] Repeat ms 5 Part B;  Pt L (pt R) to LOD looking LOD & freeze,

Note: Also on 45 record Atlantic Oldies Series OS13070  Artist: April Stevens & Nino
Tempo (Flip “Deep Purple”) [speed to suit] Music is shorter than CD by 2 measures at end
45 Record Sequence:  INTRO A B A(1-8) C B  A(1-8) CMOD ALT. END
ALTERNATE END

1+  POINT STEPS; POINT FREEZE,
    [1+] repeat ms 3+ of END;