SWAN LAKE
By: Tchaikovski

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Music: PEPE PD-0008 CD Track 4
e-mail: d-do@tcp-ip.or.jp
available from choreographer on MP3 file [free] or MD [at cost]

Rhythm: Bolero Phase V + 1 [Rudolph Ronde] + 2 [Alternating Cross Body, Checked Right Pass]
Sequence: Intro - A - B - A (1-8) - B - Ending
Timing: SQQ unless noted by side of measure

**INTRO**

1 - 4 **WAIT:: LUNGE APT & ROLL ACROSS:: LUNGE APT REC W TRN TCH TO SHAD:**

1-2 {Wait} LOP LOD trail ft free wait 2 meas;
3 {Lunge Apart & Roll Across} Lunge sd R sweep trail arm CCW (W CW) to up & out, -. roll LF (W RF), L R end OP LOD;
4 {Lunge Apart Rec W Turn Touch To Shadow} Lunge sd L sweep lead arm CW (W CCW), -. rec R trn RF to fc Wall, cl L (W rec L comm trn 3/4 LF, cont trn tch R to L) end Shadow Wall;

**PART A**

1 - 8 **SHAD FENCE LINE:: SHAD SYNCO CRAB WALKS:: SHAD SPOT TRN W IN 4:: SWEETHEART 2X W TRN TO HNDSHK:: SHAD BRK 2X:: CONTRA BRK::**

1 {Shadow Fence Line} [same footwork] Sd R with body rise, -, cross lunge thru L with bent knee look RLOD, bk R end Shadow Wall;

SQ&Q
2 {Shadow Syncopated Crab Walks} [same footwork] Sd L rise, -, XRIF/sd L XRIF;
3 {Shadow Spot Turn W In 4} Sd L rise, -, XRIF flex knee trn 3/4 LF, fwd L cont trn to fc Wall (W sd L rise, -, XRIF flex knee trn 3/4 LF, fwd L cont trn to fc Wall/cl R) end Tandem Wall;

4-5 {Sweetheart Twice W Turn To Handshake} Sd R rise with right sd stretch hnds extended sd, -. slip fwd L with right sd lead to contra chk action look at ptr, rec R (W sd L rise with left sd stretch hnds extended sd, -. slip bk R with left sd lead to contra chk action look at ptr, rec L); repeat meas 11 in opposite direction with opposite ft jn R-R hnds (W sd R rise with right sd stretch, -, slip bk L with right sd lead to contra chk action look at ptr, rec R trn LF to fc ptr) end Hndshk Wall;

6-7 {Shadow Break Twice} Sd R comm trn LF (W RF) rise, -, cont trn to fc LOD bk L flex knee M’s L arm extended sd W’s L hnd behind M, fwd R: comm trn RF (W LF) fwd & sd L rise, -, cont trn to fc RLOD bk R flex knee M’s L arm behind W & W’s L arm extended sd, fwd L trn LF (W RF) to fc ptr end Hndshk Wall;

8 {Contra Break} Sd & fwd R rise with right sd stretch, -, slip fwd L flex knee with right shoulder lead to contra check action, rec bk R (W sd & bk L rise with left sd stretch, -, slip bk R flex knee with left shoulder lead to contra check action, rec fwd L);
9 - 17 ALTERNATING X BODY 1 1/2::: HALF MOON:: NY: RIFF TRN; DBL U/A TRN;
HIP LIFT:
9-11 {Alternating Cross Body One And A Half} Keep R-R hnds jnd & bk L rise trn LF,-, bk R
flex knee with slip action, fwd L cont trn to fc ptr & COH (W sd & fwd R rise,-, fwd L twd DLC
outsd ptr flex knee trn 1/2 LF, bk R cont trn to fc ptr) end Shkhnd COH; sd & fwd R rise,-,
fwd L twd DLC ouds ptr flex knee trn 1/2 LF, bk R cont trn to fc ptr & Wall (W sd & bk L rise
trn LF,-, bk R flex knee with slip action, fwd L cont trn to fc ptr) end Shkhnd Wall;
repeat meas 9 end Shkhnd COH;
12-13 {Half Moon} Sd R comm trn RF with right side stretch to “V” shape twd ptr,-, cont trn slip fwd L
shaping to ptr, rec bk R tm to fc ptr; trn 1/4 LF sd & fwd L with left side stretch,-, slip bk R,
cont trn fwd L to fc ptr jn lead hnds (W sd L comm trn LF with left side stretch,-, cont trn slip
fwd R, rec bk L tm to fc ptr; trn 1/4 RF sd & fwd R raising left arm tm slightly away but
looking at ptr,-, slip fwd L LF of M trn 1/2 LF, bk R cont trn to fc ptr) end LOP Fcg Wall;
14 {New Yorker} Sd R rise trn RF,-, slip fwd L flex knee to LOP RLOD, bk R tm LF to fc ptr;
15 {Riff Turn} Sd L, lead W to spin RF cl R, sd L, lead W to spin RF cl R (W sd R, spin RF 1 full
trn on R cl L, sd R, spin RF 1 full trn on R cl L);
16 {Double Underarm Turn} Sd L rise and raise jnd lead hnds,-, XRIF flex knee trn 3/4 LF under
jnd lead hnds, fwd L cont trn to fc ptr (W sd R rise,-, XLIF flex knee trn 3/4 RF under jnd lead
hnds, fwd R cont trn to fc ptr) end LOP Fcg Wall;
17 {Hip Lift} Blend to CP sd R rise bring L ft to R ft,-, with slight pressure on L lift hip, lower hip;

PART B

1 - 8 TRNG BASIC TO OPN BRK::: CHKD R PASS: M TRN TO LUNGE BRK: L PASS;
BRK BK TO 1/2 OPN: FWD MANUV PVT; RUDOLPH & BK TO BJO:
1 {Turning Basic} Sd & slightly fwd L (W sd R) rise with body tm RF,-, slip bk R flex knee tm
LF, cont trn sd & fwd L to fc COH;
2 {Open Break} Sd R rise,-, release CP bk L flex knee chk action press W bk lead hnd hold, fwd R
(W sd L rise,-, bk R flex knee chk action, fwd L) end LOP Fcg COH;
3 {Checked Right Pass} Fwd & sd L rise comm trn RF raise lead hnds to create window trail hnd
on W’s R hip chkg her fwd motion, XHRB cont trn around W, fwd & sd L to W’s left sd
(W Fwd R rise lead hnd as if comm underarm tm then lower,-, XLIF, sd & bk R)
end mod Wrapped Pos fc Wall;
4 {M Turn To Lunge Break} Fwd R ronde L tm RF to fc ptr & COH,-, lower on R with slight
body tm RF lead W to bk lunge, rise on R with slight body tm LF to rec (W sd & bk L rise,-,
bk R with contra check like action, rec fwd R) end LOP Fcg COH;
5 {Left Pass} Fwd L twd DLC to Scar rise lead W tm RF to shape body RLOD,-, slip bk R flex
knee, fwd L tm LF to fc Wall (W Fwd R rise tm 1/4 RF with back to M,-, sd & fwd L flex knee
strong tm LF, bk R cont trn to fc ptr) end LOP Fcg Wall;
6 {Break Back To Half Open} Sd R rise trn LF to Half Open Pos,-, XLIF flex knee, fwd R;
7 {Forward Maneuver Pivot} Fwd L rise,-, fwd R tm 1/2 RF blend to CP, bk L pivot 1/2 RF
(W fwd R rise,-, fwd L, fwd R pivot 1/2 RF) end CP LOD;
8 {Rudolph Ronde & Back To Bjo} Cont trn RF fwd R between W’s feet lead W to ronde R CW,-,
XLIF momentary SCP LOD raise jnd lead hnds lead W to tm LF, bk R (W cont trn sd & bk L
ronde R CW to SCP,-, bk R, trn LF to Bjo fwd L) end Bjo LOD prepare for Wrap;
9 - 17 **WRAP & UNWRAP: AIDA PREP: AIDA LINE & SWITCH RK: SYNCO CHG SDS: AIDA PREP: AIDA LINE & HIP RK S: FC & SPOT TRN:**
**SHLDR TO SHLDR w/ARM: CUCA W TRN M TCH TO SHAD:**

**9**
{Wrap & Unwrap} Bk L rise lower lead hnds to momentary Wrap, slip bk R flex knee comm unwrap, fwd L trn LF to fc DLC (W fwd R trn 1/2 LF to momentary Wrapped Pos fc LOD,-, fwd L across M comm trn LF release jnd trail hnds, sd R cont trn to fc DLW) end LOP “V” Pos;

**10**
{Aida Preparation} Sd & fwd R rise,-, thru L flex knee trn LF (W RF) , sd R cont trn release lead hnds and jn trail hnds;

**11**
{Aida Line & Switch Rock} Trn LF bk L rise to slight “V” Bk-To-Bk Pos lead hnds up and out trail hnds fwd,-, trn RF to fc ptr sd R chkg bring jnd trail hnds thru and jn lead hnds, rec L;  

**SQ&Q**
**12**
{Syncopated Change Sides} Raise jnd lead hnds and passing behind W sd & slightly fwd R,-, fwd L/fwd R comm trn LF, fwd L cont trn to fc ptr (W fwd L diagonally across line under jnd lead hnds,-, fwd R/fwd L lower jnd hnds comm trn RF, fwd R cont trn to fc COH) end LOP Fcg Wall;

**13**
{Aida Preparation} Sd & fwd R rise,-, thru L flex knee trn LF (W RF) , sd R cont trn release lead hnds and jn trail hnds;

**14**
{Aida Line & Hip Rocks} Trn LF bk L rise to slight “V” Bk-To-Bk Pos lead hnds up and out trail hnds fwd,-, rk sd R with hip roll CW (W CCW), rec L with hip roll CCW (W CW);

**15**
{Face & Spot Turn} Sd R trn sharply RF to fc ptr and pt L sd,-, XLIF cont trn 3/4 RF, fwd R cont trn to fc ptr end LOP Fcg Wall;

**16**
{Shoulder To Shoulder With Arm} Release hnds sd L rise,-, XRIF to Bjo flex knee with lead arm up palm out trail hnd on R hip, bk L trn to fc ptr;

**17**
{Cucaracha W Turn M Touch To Shadow} Sd R,-, rec L, tch R to L (W sd L,-, rec R trn 1/2 RF, cl L) end Shadow Wall both R ft free;

**REPEAT PART A MEAS 1 THRU 8**

**REPEAT PART B** except before starting meas 1 “blend to CP”

**END**

1 - 5 **SHAD FENCE LINE: M UNDER; W UNDER; SHAD SYNCO CRAB WALK:**
**SD X LUNGE:**

**1**
{Shadow Fence Line} Repeat meas 1 Part A;

**2**
{Man Under} Sd L rise,-, XRIF flex knee trn 3/4 LF under jnd left hnds, rec L cont trn to fc Wall (W sd L rise,-, XRIF flex knee, rec L) end Shadow Wall;

**3**
{Woman Under} Sd R rise,-, XLIF flex knee lead W to trn RF, rec R (W sd R rise,-, XLIF flex knee 3/4 RF under jnd left hnds, rec R cont trn to fc Wall)

**SQ&Q**
**4**
{Shadow Syncopated Crab Walk} Repeat meas 2 Part A;

**SS**
**5**
{Side Cross Lunge} Sd L with body rise,-, cross lunge thru R with bent knee look LOD,-;