SWAN LAKE III

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Music: “Swan Lake”, Tchaikowsky, Pepe PD-008 CD, Trk #4 CD
Thanks to Daisuke and Tamae Doi for the music

Seq: Intro, A, B, A 1-8, B, End  Time: 3:00  Release 3/12
Rhythm & Phase: Bolero, Phase 3+2 (Turning Basic, Aida) Difficulty Level: Average

INTRO

1-4  CP WALL WAIT 2--; HIP LIFT 2X--;  
1-4  In CP Wall wait 2--; Sd L, -, lift right hip, lower right hip; sd R, -, raise left hip, lower left hip;

PART A

1-4  BASIC--; NEW YORKER 2X BFLY--;  
1-2  [Basic] In loose CP Wall sd L, -, rk bk R, rec L; sd R, -, rk fwd L, rec R;
3-4  [New Yorker 2X] Release CP sd L twd LOD trng fce LOD, chk thru R, rec L to fce ptrnr; sd R twd RLOD trng to fce RLOD, -, ck thru L, rec R fce ptrnr;

5-8  FENCELINE LOD; CRAB WALKS RLOD--; FENCELINE RLOD;  
5  [FenceLine] In BFLY Wall sd L twd LOD, -, thru R, rec R to fce ptrnr;
6-7  [Crab Walks] In BFLY sd R twd RLOD, -, XLIF, sd R; XLIF, -, sd R, XLIF;
8  [FenceLine] Sd R twd RLOD, -, thru L, rec R to fce ptrnr;

9-12  SPOT TURN LOD; BRK BACK HALF OP LOD; BOLERO WALKS FCE--;  
9  [Spot Turn] Sd L twd LOD trng LF, -, cont trng sd R twd LOD, rec L tng LF to fce ptrnr;
10  [Brk Bk LOD] Sd R twd RLOD, -, swvl on R tng Lf bk L to fce LOD, rec fwd R to Hlf OP LOD;
11-12  [Bolero Walks] Fwd L, -, fwd R, fwd L; fwd R, -, fwd L, fwd R tng to fce ptrnr blnd CP Wall;

13-16  TURNING BASIC--; SYNC TURNING BASIC w/ CHECK; UNDERARM TURN;  
13-14  [Turning Basic] Blnd CP sd fwd L, -, trng 1/4 LF slip RIBL, sd fwd L cont trng 1/4 CP DLC; sd R, -, rk fwd L, rec R;
15  SQ&Q  [Sync Turning Basic] Blnd CP sd fwd L, -, trng 1/4 LF slip RIBL/sd fwd L cont trng 1/4 CP DLC, fwd R checking;
16  [Underarm Turn] Sd L raise joined lead hands, -, slight turn RF XRIB, rec fwd L CP Wall (W sd R, -, XLIF under joined lead hands, fwd R twd RLOD fce ptrnr);

17  HIP LIFT;  
17  [Hip Lift] Sd R, -, raise left hip, lower left hip;

PART B

1-4  BASIC--; HAND TO HAND 2X--;  
1-2  [Basic] In loose CP Wall sd L, -, rk bk R, rec L; sd R, -, rk fwd L, rec R;
3-4  [Hand to Hand 2X] Sd L twd LOD swvl RF, -, rk bk R to fce RLOD, rec L to fce ptrnr; sd R twd RLOD swvl Lf, -, rk bk L to face LOD, rec R to fce ptrnr;

5-8  AIDA PREPARATION; AIDA LINE W/ HIP ROCKS; FCE SPOT TURN CP; HIP LIFT;  
5  [Aida Prep] Sd fwd L to “V” pos LOD, -, thru R trng slight RF (W LF), sd fwd L twd LOD strong trng RF release trail hands to fcg Wall (W tmg LF);
6  [Aida Line Hip Rocks] cont trng RF (W LF) bk R to Aida Line fcg RLOD, -, rec fwd L, rk bk R;
7  [Spot Turn] Fwd L tng LF to fce ptrnr, -, thru R twd LOD trng LF, cont trng LF rec fwd L to fce ptrnr;
8  [Hip Lift] Blnd CP sd R, -, raise left hip, lower left hip;

9-12  HALF BASIC HANDSHAKE; SHADOW NY 2X--; LUNGE BREAK;  
9  [Hlf Basic Handshake] Sd L twd LOD, -, rk bk R, rec L to right hndsk;
10-11  [Shadow NY 2X] Sd R twd RLOD, -, rk fwd L to fce RLOD, rec R to fce ptrnr in handshake; sd L twd LOD, -, rk fwd R to fce LOD, rec L to fce ptrnr;
12  [Lunge Break] Release hndsk join lead hnds sd R twd RLOD, -, lower on R extend L sd and bk, rise on R;
13-16 UNDRARM TRN; REV UNDRARM TRN; SPOT TRN LOD; SYNC BRK BK FACE;

13 [Undrarm Trn] Sd L twd LOD, -, XRIB, rec fwd L to fce ptnr (W sd R, -, fwd L turning under joined rt hands, cont trng sd fwd L to fce ptnr);

14 [Rev Undrarm Trn] Sd R twd RLOD, -, XLIF twd DRW, rec R trng to fce ptnr (W sd L twd RLOD, -, fwd R trng LF under joined lead hands, sd L to fce ptnr);

15 [Spot Turn] Sd L twd LOD, -, thru R trng LF, cont trng LF rec fwd L to fce ptnr;

16 SQ&Q [Sync Brk Bk to CP Wall] Sd R twd RLOD swvl LF, -, rk bk L to fce LOD/rec R to fce ptnr, cls L to CP Wall;

17 HIP LIFT;

17 [Hip Lift] Sd R, -, raise left hip, lower left hip;

END

1-5 HALF BASIC; BRK BK HLF OP LOD; BOLERO WALKS FACE; HIP LIFT-_LOWER;

1 [Half Basic] Sd L twd LOD, -, bk R, rec L;

2 [Brk Bk LOD] Sd R twd RLOD, -, swvl on R trng Lf bk L to fce LOD, rec fwd R to Hlf OP LOD;

3-4 [Bolero Walks] Fwd L, -, fwd R, fwd L; fwd R, -, fwd L, fwd R trng to fce ptnr bind CP Wall;

5 [Hip Lift] Sd R, -, raise left hip, lower left hip; As music fades lower on L and look at ptnr,