SEQUENCE:

DANCE LEVEL

RHYTHM:

NOTE:

FOOTWORK:

MUSIC

CHOREOGRAPHERS:

PAGE 1 OF 2

SUSPENDED IN TIME

CHOREOGRAPHERS: Russ and Judy Francis, 142 E. 1450 N. Layton, UT, 801-628-4752, Email: rounded-by-pass@comcast.net

MUSIC: CD The Xanadu Sound Track Track #4 "Suspended in Time" Artist: Olivia Newton-John - Or Obtain From Choreographers

FOOTWORK: Opposite For Woman Except Where Noted

NOTE: May use [Option f/wd/lck/fwd – or – bk/lck/bk] where applicable

RHYTHM: Rumba

DANCE LEVEL: Phase IV+2 (Up Hip Twist & Stop N' Go Hckystik)

SPEED: 50 RPM

RELEASED: MAY 2010

SEQUENCE: INTRO – A – B – C - INT – A – B – C - END

INTRO

1 – 8

BTFY FCNG WALL WAIT;; BASIC;; BRK BK – OPN; KIKI WLK -3; CIR AWY -3; BK TOG -3 – HND SHK;

(Basic) Fwd L, rcvr R, diag bk L to brk R, lo cvr L, arcng f/wd R to BTFY, f/wd L, clo R, f/wd L to BTFY SHK/HND;

(Brk BK – Opn) Fndng lead hnds & trng ½ lft fc bkn L, fndng R to BPO/LOD, f/wd R, (Kiki WLk -2) Fndng R, fwd R, fndng R to BTFY, (Cir AWY -3) Fndng hnds trng 3/8 f/wd L, fndng R, fld R to HND SHK/WALL;

(Continued On Page 2)
14 – 15  
**BK ½ BASIC; SPT TRN IN -4;**

*(Bk ½ Basic) Bk R, rcvr L, fwd R;* *(Spt Trn In –4) Rlsng hnds trng ½ rt fc thru L, pvtng ½ rt fc rcvr R to BTFY/WALL, sd L, clo R;*

**INT**

1 – 4  
**CHASE PEEK-A-BOO – HND SHK;***


**REPEAT PARTS “A” - “B” - “C”**

**END**

1 – 4  
**BASIC;; SD WLK -3; THRU CHAIR & HOLD;**

*(Basic) Fwd L, rcvr R, diag bk L; bk R, rcvr L, diag fwd R;* *(Sd Wlk –3) Sd L, clo R, sd L;* *(Thru Chair & Hold) Trng ¼ lft fc to SEMI/LOD thru R soften knee to Chair Position & Hold;*