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## Summertime Foxtrot

### Foxtrot 6 + 1

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**Plus figures: Four Feathers**

Intro A Am B B C Ending

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### Intro

Start in Closed position Line & Wall, trail foot free:

1. **Start in Closed position Line & Wall, trail foot free:**
   - **Wait 1;**
   - Timing: 1234;
   - Man: - - - -;
   - Woman: - - - -;
   - Position: Closed DLW

2. **Sway Right & Left;**
   - Timing: SS;
   - Man: with right elbow leading sway R, -;
   - Woman: with left elbow leading sway L, -;
   - Position: Closed DLW

3-4 **Natural Turn;;**
   - Timing: SQQ, SQQ;
   - Man: fwd R start rf body turn, -,
   - Woman: side L across lady and turn rf 3/8, back R;
   - Position: Closed RLOD; C-Banjo DLC;
   - Back L start rf body turn, -
   - Close R for rf heel turn 3/8, fwd L;
   - Fwd R and turn rf 3/8, -,
   - Side L, back R;

### A

Start in Semi LOD, trail foot free:

1-4 **Four Feathers;**
   - Timing: SQQ, SQQ, QQQQ, SQQ;
   - Man: fwd R in Closed, -
   - Woman: fwd L outside partner, fwd R to C-Banjo;
   - Position: C-Banjo DLW; Sidecar DLC; C-Banjo RLOD; C-Banjo DLC;
   - Fwd L to Closed, -
   - Fwd R outside partner in Sidecar, fwd L;
   - Turn if ½ still on the outside but now in Banjo RLOD
   - Back R, back L to Closed, back R in Banjo, back L to C-Banjo;
   - Back R and turn 2/8 lf,
   - Fwd and side L, fwd R outside lady in C-Banjo;
   - Fwd L towards line and turn 2/8 if, -
   - Back and side R, back L in C-Banjo;

5 **Three Step;**
   - Timing: SQQ;
   - Man: fwd L blending to Closed,
   - Woman: - , fwd R, fwd L;
   - Position: Closed DLW

6 **Open Natural;**
   - Timing: SQQ;
   - Man: fwd R commence rf turn 3/8, -
   - Woman: side L across LOD continue turn, back R;
   - Position: Banjo RLOD

7 **Outside Spin Reverse|Center;**
   - Timing: SQQ;
   - Man: small step back L and turn rf 3/8, -
   - Woman: fwd R heel toe and turn rf 3/8, rec side and back L to Closed and turn rf 3/8;
   - Position: Closed DRC

8 **Right Turning Lock**
   - Timing: Q&QS;
   - Man: trail shoulder leading
   - Woman: trail shoulder leading
   - Position: Semi

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CD: Strictly Ballroom, the Soho Collection, Waltz and Foxtrot – Summertime # 16 – Warner/Chappell North America

(if not found on the internet contact choreographer)

Speed ------- as original music
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to Semi;

starting rf turn side R towards line/ cross LiF continue turning, fwd R between lady’s feet completing rf 4/8 turn, fwd L to Semi, -;

9 Thru to a Hinge; QQS; (QQS;)

thru R, fwd and side L turning lf to face lady, lower left knee swaying slightly right, -;

10 Rec to Same Foot
Lunge Line;

rec R and rise, -, and lower and turn body lf, -;

11 Change Sway; ----/

slowly change sway by lifting right side, ---/

12 Telespin Ending to
Semi; & &

turn body if 2/8 to momentarily Closed Sidecar LOD;

transfer weight and toe pivot if ½ on L, -, side R and continue toe pivoting to DLW, fwd L to Semi;

13 Whiplash;

thru R to Closed, -, turn body rf and point L, -;

14 Back Hover to
Closed;

back L, -, back and side R and Hover Action, rec fwd L down line;

15-16 Natural Turn;;

Repeat Intro 3-4

Ammod

Start in Semi LOD, trail foot free:

1-13 Repeat A 1-13

14 Back Whisk;

back L, -, back and side R to Closed and rise, cross LiB to full rise on ball to Semi;

15 Syncopated Whisk;

thru R to Closed position, -, close L / side R and rise, cross LiB to full rise on ball in tight Semi;

16 Feather;

thru R, -, side and fwd L, fwd R outside lady to CBanjo;

B

Start in Closed DLW, lead foot free:

1 Hover Telemark;

fwd L, -, fwd and side R and Hover Action turn rf back R, -, back and side L Semi and Hover Action and

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2 Curved Feather Checking; SQQ; [man is on the outside of the curve strong sway to the trail side feet well under the body] thru R and turn rf 3/8 to Banjo, -, fwd L outside partner and turn rf 1/8, fwd R and turn rf 1/8 to C-Banjo; thru L to Banjo, -, side and back R and turn rf 1/8, back L and turn rf 1/8 to C-Banjo; fdd R outside man, -, swivel rf ½ to Semi, -; thru L to Closed, -, side and raise body checking, fwd L and turn lf 2/8; back R, -, back and side L and rise, turn If to open and hook RiB to full rise on ball checking; thru L and turn lf 4/8 blending to Closed , -, side and back R, back L; back R commence lf turn 7/8, close L for heel turn and then spin on L/ side R and spin, cross LiF; repeat;  

3 Slow Outside Swivel; SS; back L in CMBP, -, cross RiF with no weight, -; thru R to Closed, -, side L and raise body checking; back R and turn If 2/8; back, -, back and side L and rise, turn If to open and hook RiB to full rise on ball checking; thru L and turn lf 4/8 blending to Closed , -, side and back R, back L; C-Banjo DLC  

4 Thru to a High Line & Slip; SQQ; thru R to Closed, -, side L and raise body checking; back R and turn If 2/8; thru L to Closed, -, side R and raise body checking, fwd L and turn lf 2/8; fdd R outside lady to C-Banjo; thru L and turn lf 4/8 blending to Closed , -, side and back R, back L; C-Banjo DLC  

5 Whisk; SQQ; fdd L, -, fwd and side R and rise, hook LiB to full rise on ball checking to Semi; fdd L commence lf turn 7/8, -, side and fwd R around the lady and spin, close L without weight and continue spinning on R [the lady pulls the man around]; Repeat;  

6 Feather; SQQ; thru R, -, side and fwd L, fwd R outside lady to C-Banjo; thru L and turn lf 4/8 blending to Closed , -, side and back R, back L; C-Banjo DLC  

7-8 Double Reverse; twice; SS; (SQ&Q ;) fdd L commence lf turn 7/8, -, side and fwd R around the lady and spin, close L without weight and continue spinning on R [the lady pulls the man around]; Repeat;  

Repeat B  

C  

Start in Closed DLW, lead foot free:  

1 Traveling Contra Check; SQQ; turning upper body left and with strong CBM fdd L, -, pull R together and rise, fdd L to Semi; turning upper body left and with strong CBM back R, -, pull L together and rise, turn to Semi and fdd R;  

2 Thru Ripple Chasse; SQQ; thru R and turn rf 1/8 to face, -, change to trail sway turn head to right side L/ close R, turn If 1/8 fdd L to Semi; thru L and turn lf 1/8 to face, -, change to trail sway turn head to left side R/ close L, turn rf 1/8 fdd R to Semi;  

3-4 Natural Twist Turn; end Closed Reverse | Wall; SQQ; SQQ; fdd R start of body turn, -, side and back L across lady to Closed, cross RiB; unwind rf with weight now on both feet, -, continue enwinding rf changing weight to R, side L across lady; fdd L start of body turn, -, fwd R between man’s feet to Closed, fwd L outside man; fdd R around man, fwd L and turn sharply rf, fwd R between man’s feet;  

5 Back Chasse to Banjo; SQQ; back R and turn If 1/8, -, side L/ close R, turn If 1/8 side and fdd L to Banjo; fdd L and turn If 1/8, -, side R/ close L, turn If 1/8 side and back R to Banjo; back L start of body turn, -;  

6 Half Natural; SQQ; fdd R start of body turn, -, Banjo DLW  

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7-8 Spin & Twist; end Closed Reverse | Wall; SQQ; Q&QS; 
   side L across lady and turn rf 3/8, back R; 
   back L and pivot ½ rf, -, fwd R between lady’s feet and spin rf 3/8, side and back L in reverse direction; 
   cross RiB with partial weight/ unwind rf changing weight to R, continue turning on right, side L across lady; 
   trail shoulder leading back R backing DLC/ cross LiF turning body lf, with strong trail sway back R [momentarily in Closed Sidecar] and turn lf 2/8, fwd L to Semi, -; 
   trail shoulder leading fwd L down DLC/ cross RiB turning body lf, with strong trail sway fwd L [momentarily in Closed Sidecar] and turn body lf 2/8, fwd R to semi, -; 
   back R start lf body turn, -, side R across lady and turn 4/8, point and touch L/turn body lf 2/8 to momentarily Closed Sidecar LOD; 
   transfer weight and toe pivot lf ½ on L, -, side R and continue toe pivoting only to DRW, back L in Closed; 
   back R start lf body turn, -, close L for heel turn 2/8 to Semi, side and fwd R/pickup L to momentarily Closed Sidecar; 
   rec R, -, and lower and turn body lf, -; 
   rec R, -, head still to left lower to sit on man’s right knee, -; 

9 Turning Lock to Semi; Q&QS; 
   back R and turn lf 1/8, -, side L/ close R, turn lf 1/8 side and fwd L to Semi; 
   fwd L and turn lf 1/8, -, side R/ close L, turn rf 1/8 side and fwd R to Semi; 
   back toe pivot on R, -, side L and continue toe pivoting to DLC, fwd R to Closed; 

10 Wing; Repeat Amod 15 
   SQQ; (SQQ;) 
   Semi DLW 

11-12 Telespin to Closed; Reverse | Wall; 
   SQQ&; SQQ; (SQQ&; SQQ;) 
   fwd L start lf body turn, -, side R across lady and turn 4/8, point and touch L/turn body lf 2/8 to momentarily Closed Sidecar LOD; 
   back R start lf body turn, -, close L for heel turn 2/8 to Semi, side and fwd R/pickup L to momentarily Closed Sidecar; 
   rec R, -, and lower and turn body lf, -; 
   rec R, -, head still to left lower to sit on man’s right knee, -; 

13 Back Chasse to Semi; SS; 
   back R and turn lf 1/8, -, side L/ close R, turn lf 1/8 side and fwd L to Semi; 
   fwd L and turn lf 1/8, -, side R/ close L, turn rf 1/8 side and fwd R to Semi; 
   Semi DLW 

Ending 

Start in Closed DLC, lead foot free: 

1 Thru to a Hinge; SQQ; Repeat A 9 
   SQQ; 
   Wall " 

2 Hold; ----; Hold;  
   " 

3 Rec to Same Foot Lunge Line; SS; Repeat A 10 
   SS; 
   Wall " 

4 Fwd Developé; SS; 
   fwd L and rise outside lady checking, -, -, -; 
   fwd L, -, bring right foot up L leg to inside of L knee toes pointing down, extend right foot fwd stretch and slowly lower keeping leg straight, -; 

5 Same Foot Lunge; SS; 
   rec R, -, and lower and turn body lf, -; 
   rec R, -, head still to left lower to sit on man’s right knee, -; 

6 Change Sway< ----; Repeat A 11 
   " 
   " 

Described according to Roundalab phase IV, V 2003 and VI 2002.