CH IV+1, Sugar

Choreo: Casey & Sharon Parker, 11168 Loduka Dr, Manteca, Ca. 95336  email: trustme@pacbell.net
Artist: Jennifer Nettles (2:55)
Footwork: Opposite, Unless noted (W’s footwork in parenthesis)
Rhythm: Cha  Phase: IV+1 (Double Cuban)
Sequence: Intro – A – B – A – B - Int – C – B (1-7) – End

Intro

1 – 4  Wait 2 meas ;;  Tog & Pt Sd 4X ;;
1-2  [Wait 2 meas]  8 ft apt M fcg WALL W fcg COH lead ft free wait 2 meas ;;

Part A

1 – 8  Basic ;;  New Yorker OP LOD ;  Walk ;  Sliding Door 2X ;;  Circle Away & Tog BFLY ;;
3  [New Yorker]  Swiveling RF (LF) to LOP RLOD thru L, rec R swiveling LF (RF) to BFLY, sd L/cl R, sd L to OP LOD ;
4  [Walk]  Fwd R, Fwd L, Fwd R/cl L, Fwd R ;
5-6  [Sliding Door 2X]  From OP LOD releasing contact with partner and with W passing in front of M rk apt L, rec R, Xrif/sd R, Xrif to LOP LOD ;  Releasing contact with partner and with W passing in front of M rk apt R, rec l, Xrif/sd l, Xrif to OP LOD ;
7-8  [Circle Away & Tog]  Releasing contact and separating from partner and moving away in a LF (RF) circular pattern fwd L, fwd R, fwd L/cl R, fwd L to both fc RLOD approx. 8 ft from partner ;  Continue LF (RF) circular pattern toward partner fwd R, fwd L, fwd R/cl L, fwd R to BFLY WALL ;

Part B

1 – 4  BFLY WALL  Dbl Cuban ;  Spot Trn LOD ;  Dbl Cuban ;  Fence Line LOD ;
1  [Dbl Cuban]  BFLY WALL  Xrif/rec R, sd L/rec R, Xrif/rec R, sd L (Xrif/rec L, sd R/rec L, Xrif/rec L, sd R) ;
2  [Spot Trn]  Xrif commence ½ LF trn (RF), rec L complete trn to fc partner, sd R/cl L, sd R to BFLY WALL ;
3  [Dbl Cuban]  BFLY WALL  Xrif/rec R, sd L/rec R, Xrif/rec R, sd L (Xrif/rec L, sd R/rec L, Xrif/rec L, sd R) ;
4  [Fence Line]  In BFLY WALL cross lunge thru R with bent knee, rec L, sd R/cl L, sd R ;
5 – 9  Alemana ;;  Qk Cucarachas ;  Op Vine 7 & Close ;;
5-6  [Alemana]  Fwd L, rec R, sd & bk L/cl R, small sd & bk L leading W to begin RF trn (bk R, rec L, sd & fwd R/cl L, sd & fwr R commencing RF trn) ;  Bk R, rec L, sd R/cl L, small sd R (trng RF under jnd lead hands fwr L, cont trn fwr R, to BFLY sd L/cl R, sd L ) ;
7  [Qk Cucarachas]  Sd L/rec R, cl L, sd R/rec L, cl R ;
8-9  [Op Vine 7 & Cl]  Sd L trng RF (LF) to LOP RLOD, bk R, trng LF (RF) to BFLY WALL sd L, thru R ;  Sd L trng RF (LF) to LOP RLOD, bk R, trng LF (RF) to BFLY WALL sd L, cl R ;

Int

1 – 2  Shoulder to Shoulder 2X ;;
1-2  [Shldr-Shldr 2X]  Fwd L to BFLY SCAR (bk R), rec R to BFLY WALL, sd l/cl R, sd L ;  Fwd R to BFLY BJO (bk L), rec L to BFLY WALL, sd R/cl L, sd R ;
Part C

1 – 4  
Chase w/ Underarm Pass ;;  
New Yorker LOD ;  Aida to RLOD ;

1-2  
[Chase w/ Undrm Pass]  
Fwd L commence ½ RF trn keeping lead hnds joined, rec fwd R, fwd L/cl R, fwd L (bk R keeping lead hnds joined, rec L, fwd R/cl L, fwd R twd M’s L sd) ;  
Bk R raising joined lead hnds leading W to trn LF under jnd lead hnds, rec L to BFLY COH, small sd R/cl L, small sd R (Fwd L, fwd R trng ½ LF under jnd lead hnds to fc ptr BFLY COH, sd L/cl R, sd L) ;

3  
[New Yorker]  
Swiveling RF (LF) to LOP LOD thru L, rec R swiveling LF (RF) to BFLY, sd L/cl R, sd L to BFLY COH ;

4  
[Aida]  
Thru R twd RLOD, sd L trng LF (RF), bk R/lk L in front, bk R to AIDA LINE POS ;

5 – 8  
Switch Cross ;  
Cucaracha LOD ;  
Chase w/ Underarm Pass ;;

5  
[Switch Cross]  
Trng LF to fc ptr sd L checking in BFLY COH, rec R, XLif/sd R, XLif (trng RF to fc ptr sd R checking in BFLY, rec L, XRif/sd L, XRif) ;

6  
[Cucaracha]  
Sd R, rec L, sd R/cl L, sd R ;

7-8  
[Chase w/ Undrm Pass]  
Fwd L commence ½ RF trn keeping lead hnds joined, rec fwd R, fwd L/cl R, fwd L (bk R keeping lead hnds joined, rec L, fwd R/cl L, fwd R twd M’s L sd) ;  
Bk R raising joined lead hnds leading W to trn LF under jnd lead hnds, rec L to BFLY WALL, small sd R/cl L, small sd R (Fwd L, fwd R trng ½ LF under jnd lead hnds to fc ptr to BFLY WALL, sd L/cl R, sd L) ;

Ending

1 – 4  
Op Vine 3 & Close BFLY ;  
Qk Cucarachas ;  
Op Vine 3 & Close ;  
Qk Cucarachas ;

1  
[Op Vine 4]  
Sd L trng RF (LF) to LOP RLOD, bk R, trng LF (RF) to BFLY WALL sd L, cl R ;

2  
[Qk Cucarachas]  
Sd L/rec R, cl L, sd R/rec L, cl R ;

3  
[Op Vine 4]  
Sd L trng RF (LF) to LOP RLOD, bk R, trng LF (RF) to BFLY WALL sd L, cl R ;

4  
[Qk Cucarachas]  
Sd L/rec R, cl L, sd R/rec L, cl R ;

5-8  
Alemana ;;  
New Yorker RLOD ;  
Aida 3 & Hold ;

5-6  
[Alemana]  
Fwd L, rec R, sd & bk L/cl R, small sd & bk L leading W to begin RF trn (bk R, rec L, sd & fwd R/cl L, sd & fwd R commencing RF trn) ;  
Bk R, rec L, sd R/cl L, small sd R (trng RF under jnd lead hands fwd L, cont trn fwd R, to BFLY sd L/cl R, sd L ) ;

7  
[New Yorker]  
Swiveling RF (LF) to LOP LOD thru L, rec R swiveling LF (RF) to BFLY, sd L/cl R, sd L to BFLY WALL ;

8  
[Aida 3 & Hold]  
Thru R twd LOD, sd L trng LF (RF), bk R to AIDA LINE POS, - ;