Suavemente

Choreographed by: Olga & Bill Cibula, 5296 Prince of Wales, Montreal, QC, H4V 2N1, Canada, (514) 487-6261 email montreallmm@videotron.ca

Released: June 2006

Music Recording: “Suavemente” (artist Elvis Crespo) on several CDs

(Note: Music edited contact choreographer.)

Speed: 45 rpm

Footwork; Directions for Man – Opposite for Lady

Sequence; Intro A B A C A C Ending

MEAS.

INTRO
1 - 4 In OP Fcg WALL, Lead Ft Free both, WAIT (2);;; DIAG. CUCARACHAS w/ARMS 2X;;
1 - 2 In OP Pos Fcg Wall, No hnds joined, Lead Ft Free both, Wait 2 measures;;
3 - 4 [Diagonal Cucarachas w/Arms 2X] Sd & Bk L rolling L hip while sweeping L arm up, Rec R bringing L arm down and beh L hip, Cl L to R, - ; Sd & Bk R rolling R hip while sweeping R arm up, Rec L bringing R arm down and beh R hip, Cl R to L ending in Latin CP, - ;

PART A
1 - 4 BASIC; CHG HNDS BEH BK: LADY UNDER to X-HANDS; TWIRL Lady RF;
1 [Basic] Sd L, Cl R to L, Sd L, Cl R to L;
2 [Chg Hnds Beh Bk] Releasing trailing hnds Fwd L towards Lady’s R shoulder (Fwd R prepare to pass Man’s R shoulder), Sd & Fwd R trng ¼ LF to fce LOD taking Lady’s R hnd into Man’s R hnd chg beh back (Sd & Fwd L trng ¼ RF), Bk & Sd L trng ¼ LF to fce COH chg hnds to lead hnd hold (Sd & Bk R trng ¼ RF), Cl R to fce ptr in R/R shake hnds at waist level;
3 [Lady Under to X-Hands] Fwd L raising joined R/R hnds & passing R shoulders (Fwd R bringing joined hnds up), Fwd R trng ¼ RF (Sd & Fwd L trng ¼ LF bringing joined hnds over Lady’s head), Sd & Fwd L trng ¼ RF (Sd & Bk R trng ¼ RF), Sd R to fce ptr & Wall joining L/L hnds low in x-hnds pos R over L at chest level;
4 [Twirl Lady RF] Raising joined R/R hnds above heads Stepping In Plc L, R lowering R/R hnds & raising L/L hnds, L, R lowering x-hnds (Trng RF on the spot under joined R/R hnds Lady completes 1 revolution to fce Man lowering R/R hnds & raising L/L hnds above heads then lowering x-hnds);

5 - 8 TWIRL Lady LF; Man UNDERARM RF TRN; TWIRL Lady LF; BASIC w/LOOPS;
5 [Twirl Lady LF] Raising L/L hnds high Step In Plc L, R lowering L/L hnds & raising R/R hnds, L, R (Trng LF on the spot under joined L/L hnds Lady completes 1 revolution to fce Man lowering L/L hnds & raising R/R hnds above heads);
6 [Man Underarm RF Trn] XLIF of R trng ¼ RF under raised R/R hnds towards RLOD (Sd R), Rec R trng ¼ RF raising L/L hnds & lowering R/R hnds (Rec L), Sd & Fwd L trng ¼ RF under joined L/L hnds (Rec R), Sd R to fce ptr L/L hnds high R/R hnds low (Rec L);
7 [Twirl Lady LF] Repeat Measure 4 of Part A.
8 [Basic w/Loops] Sd L towards LOD looping R/R hnds over Mans neck, Cl R, Sd L looping L/L hnds over Mans neck, Cl R ending in Bfly;

PART B
1 - 4 SIDE SEPARATION 4 MEAS;;;
1 - 4 [Side Separation 4 Meas] Sd L moving towards LOD (Sd R), Cl R to L (Cl L to R), Sd L (Sd R), Tch R to L trans. to same footwork (Cl L to R); Step Sd R moving towards RLOD away from Lady chg hnd hold to L/L palms tchg & maintaining them at shoulder level (Step Sd R moving towards LOD away from Man), Cl L to R (Cl L to R), Sd R (Sd R), Tch L to R (Tch L to R); Step Sd L maintaining hnds at shoulder level moving toward Lady & LOD (Step Sd L moving toward Man & RLOD), Cl R to L (Cl R to L), Sd L (Sd R), Cl R to L fchg Lady in Latin CP (Tch R to L fchg Man in Latin CP); Sd L (Sd R moving toward LOD), Cl R to L (Cl L to R), Sd L (Sd R), Sd R (Sd L);

5 - 8 WRAP LADY; WHEEL AROUND in 8;; UNWRAP;
5 [Wrap Lady] Raising lead hnds leading Lady under joined hnds Sd L (Lady trns 1/8 LF in plc R), Rec L (Lady cont trng 1/8 LF in plc L), Sd L (Lady cont trng LF 1/8 in plc R), Rec R lowering joined hnds in Wrap pos hnds crossed chest high w/ M positioned slightly off Lady’s L shoulder (Lady trns LF 1/8 in plc L) end both fchg same direction; ..........Continued.
6 - 7 [Wheel Around in 8] In Wrap pos Wheel RF 1 complete revolution covering 2 Measures Fwd L, R, L, R (Lady Bks up); Fwd L, R, L, R (Lady Bks up) ending in same plc as starting.
8 [Unwrap] Raising lead hnds leading Lady to Unwrap under joined hnds Sd L (Lady trns 1/8 RF in plc R), Rec R (Lady cont trng 1/8 RF in plc L), Sd L (Lady cont trng 1/8 RF in plc R), Rec R (Lady cont trng 1/8 RF in plc L) ending in Latin CP;

PART A
1 - 4 BASIC; CHG HNDS BEH BK: LADY UNDER to X-HANDS; TWIRL Lady RF;
5 - 8 TWIRL Lady LF; Man UNDERARM RF TRN; TWIRL Lady LF; BASIC w/LOOPS;

PART C
1 - 4 BASIC; SCALLOP BRK; LA YUNTA;;
1 [Basic] Repeat Measure 1 of Part A.
2 [Scallop Brk] Trng ¼ LF away from ptr Bk L lowering slightly, Rec R rising to fce ptr, Sd L, Cl R to L;
3 - 4 [La Yunta] In Plc L raising hnds above head & bringing them together, In Plc R, In Plc L using only L hnd to hold Lady’s hnds above head, In Plc R looping Lady’s hnds over Man’s head leaving them resting around neck ; In Plc L Sliding R hnd down Lady’s shoulder & side to waist, In Plc R, L, R gradually blending to Bfly,
5 - 8 BASIC; SCALLOP BRK; LA YUNTA;;
5 [Basic] Repeat Measure 1 of Part A.
6 [Scallop Brk] Repeat Measure 2 of Part C.
7 - 8 [La Yunta] Repeat Measures 3-4 of Part C.

PART A
1 - 4 BASIC; CHG HNDS BEH BK: LADY UNDER to X-HANDS; TWIRL Lady RF;
5 - 8 TWIRL Lady LF; Man UNDERARM RF TRN; TWIRL Lady LF; BASIC w/LOOPS;

PART C
1 - 4 BASIC; SCALLOP BRK; LA YUNTA;;
5 - 8 BASIC; SCALLOP BRK; LA YUNTA;;
End La Yunta by releasing hnd hold.

ENDING
1 - 4 CONGA WALKS L & R;; CONGA WALKS FWD & BK;;
1 - 2 [Conga Walks L & R] No hnd hold Trng ¼ to LOD Fwd L, Fwd R, Fwd L trng ½ to RLOD, Tap with R heel; Fwd R, Fwd L, Fwd R trng ½ to RLOD, Tap with L heel;
3 - 4 [Conga Walks Fwd & Bk] Trng ¼ to COH Fwd L, Fwd R, Fwd L, Tap Bk R flexing left knee leaning upper body fwd; Bk R, Bk L, Bk R, Tap L flexing R knee leaning upper body bkward ending in Bfly;
5 - 8 SEPARATION w/ARMS; WRAP LADY; WHEEL ½; STEP UNWRAP RONDE & POINT;
5 [Separation w/arms] Taking small steps backing away from ptr & sweeping arms up and out to side & back to Bfly pos in 4 steps L, R, L, R;
6 [Wrap Lady] Repeat Measure 5 of Part B.
7 [Wheel ½] Repeat Measure 6 of Part B end fcg Wall.
8 [Step Unwrap Ronde & Point] In Plc Step L, Raising lead hnds leading Lady to Unwrap under joined hnds (Trng ½ RF on R Lady Ronde cw to fce ptr in Bfly), Pt R to side no wgt (Pt L to side no wgt), - :