Stepping About

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Available From Palomino or Choreographer

Record: CD
Phase: IV+1 [Check & Weave]
Released: March 2008
Speed: As per the CD Speed
Footwork Opposite unless Woman’s footwork and/or position is shown in parentheses
Rhythm: Foxtrot
Time: 2:08

Sequence: Intro AA B A C A End

INTRODUCTION

1-4 WAIT 2 MEAS;; TOGETHER & TOUCH TO CLOSED; FEATHER FINISH;
1-2  In Open Facing DLW Wait 2 Measures;;
3  Fwd L, Tch R to L In CP,;
4  Bk R, Trn LF Sd & Fwd L, Fwd R To CBMP DLC;

PART A

1-4 REVERSE TURN;; 3 STEP; NATURAL TURN A ½;
1-2  Fwd L With LF Tn, S & Bk R Cont. LF Trn, Bk L To CP RLOD; Bk R, Sd & Fwd L With LF Trn, Fwd R CBJO DLW; (W Bk R Comm. LF Trn Beside R No Weight Trn LF On R Change Weight To L, (Heel Trn,) Fwd R To CP, Fwd L Cont. LF Trn R, Bk L To CBJO;)
3  Fwd L, Fwd R CP, Fwd L;
4  Fwd R, Trn LF Sd L, (W Heel Turn) Bk R;

5-8 CLOSED IMPETUS; FEATHER FINISH; TELEMARK TO SEMI; CHAIR & SLIP;
5  Bk L, Trn RF Cls R To L With Heel Trn, Sd & Bk L To CP DLW; (W Fwd R, Trn RF Sd L, Brush R To L Fwd R;)
6  Bk R, Trn LF Sd & Fwd L, Fwd R CBMP DLC;
7  Fwd L Comm. LF Trn, Cont. LF Trn Sd R, Sd & Fwd L To SCP/DLW; (W Heel Trn)
8  Fwd R Lunge Step, Rec. L [no rise], XRIB L Trng 1/8 To The L To CP DLC; (W Fwd L Lunge Step, Rec. R [no rise], Swivel LF On R & Fwd L Outside Man’s R To CP DLC;)

REPEAT A

PART B

1-4 REVERSE WAVE;; CLOSED IMPETUS; BACK HOVER TO SCAR;
1-2  Fwd L, Trn LF Sd R (W Heel Turn), Bk L DLW; Curve LF Bk R, Bk L, Bk R;
3  REPEAT MEASURE 5 OF PART A
4  Bk R, Sd and Bk L With Slight Rise, Rec R To SCAR;

5-8 CROSS HOVER TO BJO; CROSS HOVER TO SCAR; CROSS HOVER TO SEMI; FEATHER;
5  Cross L In Front Of R, Sd R With Slight Rise Trng LF, Rec. Onto L To BJO;
6  Cross R In Front Of L, Sd L With Slight Rise Trng RF, Rec. Onto R SCAR;
7  Cross L In Front Of R, Sd R With Slight Rise Trng LF, Rec. Onto L to SCP;
8  Fwd R, Fwd L, Fwd R to CBJO DLC; (W Thru L, Trng LF, Sd & Bk R To CBJO, Bk L)

PART A
PART C

1-4  REVERSE WAVE A ½;  CHECK & WEAVE;;  CHANGE OF DIRECTION;

1  Fwd L,-, Trn LF Sd R (W Heel Turn), Bk L DLW; (W Bk R Comm. LF Body Trn,-, Cl L For Heel Trn, Fwd R To CP;)
2-3  Chk Bk R,-, Rec L Trng LF, Sd & Bk R With Rt Sd Lead; Bk L BJO DLC,-, Bk R Trn LF, Sd & Fwd L DLW, Fwd R BJO DLW; SOO: QQQQ:
4  Fwd L DLW,-, Fwd R DLW With Rt Sh Lead & Trn LF CP DLC, Draw L to R & Brush; (W bk R DLW,-, Bk L DLW With Lft Shld Lead & Trn LF, Draw R To L & Brush;)

5-8  DIAMOND TURN A ½;;  OUTSIDE CHANGE TO BJO;  FEATHER;
5-6  Fwd L start LF Trn,-, Sd R, Bk L To BJO; Bk R,-, Sd L, Fwd R BJO DLW;
7  Bk L,-, Bk R Trng LF, Sd & Fwd L To BJO; (W Fwd R, Fwd L Trng LF, Sd & Bk R To BJO)
8  REPEAT MEASURES 8 OF PART B

PART A

END

1-4  TELEMARK TO SEMI;  NATURAL HOVER FALLAWAY;  SLIP PIVOT BJO;  MANUVER;
1  REPEAT MEASURE 7 OF PART A
2  Fwd R Starting RF Trn,-, Fwd L Trng RF With Rise, Rec. Bk On R; (W Fwd L,-, Fwd R Between Man’s Feet Trng RF With Rise, Rec. Bk On L;) To SCP DRW;
3  Bk L,-, Bk R Trng LF, Fwd L; (W Bk R Starting LF Pivot On Ball Of Foot With Thighs Locked,-, Fwd L Cont. Lf Trn Placing L Near Man’s R, Bk R) To CBJO LOD;
4  Begin RF Trn Fwd R,-, Cnt R Trn Sd L, Cl R; (W Begin RF Trn Bk L,-, Cnt Trn Sd R, Cl L;)

5-8  CLOSED IMPETUS;  BACK HOVER SCAR;  CROSS HOVER SEMI;  THROUGH TO AN OVERSWAY;
5  REPEAT MEASURE 3 OF PART B
6  REPEAT MEASURE 4 OF PART B
7  REPEAT MEASURE 7 OF PART B
8  Thru R,-, Sd & Fwd L To SCP & Stretch R Sd To A Promenade Sway Position, Relax L Knee & Stretch L Sd To An Oversway;