STEPPIN’ OUT

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CD Cutting Capers/Bright & Sunny Doris Day – Track # 2
Or Contact Choreographer Phase: 6 FOXTROT- (Travel contra
footwork: Opposite Unless Noted) Released: MAY 2012
ck; Telefeather; Dbl Natural;) Degree of Difficulty; Average
Sequence: INTRO – A – B – A MOD – B – A MOD – END

INTRO

1-4 SHAD POS DLW R FT FREE FOR BOTH WAIT 2 MS;; X CHECK REC RONDE; X BEH & UNWIND CP/DLC;

1-2 Shad pos fc DLW both R ft free wait 2 ms;;

1-2 Shad pos fc DLW both R ft free wait 2 ms;;

ss 3-4 [x check ronde] XRIF of L, - , rec L, ronde R beh L; [unwind] XRIB of

ss(sqq) L, -, unwind RF, - (W XRIB of L, -, unwind RF, cl L to R)CP/DLC;

PART A

1-4 BOUNCE FALLAWAY; WEAVE END; X SWVL TWICE; OP BRK W WRAP M TRANS;

sqq 1-2 [bounce fallaway] Fwd L trn LF strong rise, sd R cont trn lower sharply, XLIB

sqq fallaway pos (W XRIB) strong rise, bk R lower sharply (W trn LF sd & fwd L)

qqqq CBJO; [weave end] Bk L, bk R to CP trn LF, sd & fwd L to DW, fwd R

qqqq BFLY/LOD;

qqqq 3-4 [cross swvl twice] Fwd L, swvl LF to fc COH in BJO, with R ft

qqqq pt sd, fwd R swvl RF to SCAR, pt L ft sd (W bk R swvl LF, with L ft pt

ss(qqs) sd, bk L swvl RF, with R ft pt sd) end fc DLW,-.[op brk w wrap m

trans] Bk L lead W to trn LF to wrap pos, - , rec R (W Bk R, rec L trn

L ft to wrap pos, cl R to L) wrap/shad pos fc DLW, - ;

5-8 STEP PT W KNEE LIFT/SHAPE STEP POINT; REPEAT MEAS 5; SD TO FRONT VN

8 W P/U TRANS CP/DLW;


qqqq look DRW lift R ft to outside of L knee,chg sway step fwd R, pt fwd L); Repeat meas 5 SHAD POS/DLW;

qqqq 7-8 [ft vn 8 w p/u trans] Sd L, XRIF of L, sd L, XRIB of L (W sd L, XRIF of

qqqq L, sd L, XRIB of L; sd L, XRIF of L, sd L, XRIB of L) sd L, XRIF of L, sd L, XRIF of L trn

qqqq RF to fc ptr, cl L, - )CP/DLC;

9-12 TRAVELING CONTRA CHK; OP NAT; BK LILT 4 TO SCAR/LOD; HVR X END;

sqq 9-10 [trav contra chk] Fwd L with contra body motion upper body turned to

sqq left, - , cl R to L with rt sway rise sharply to toes, fwd L SCP LOD (W bk

s&s& R contra body, - , cl L to R trng RF rising to toes, fwd R SCP);

qqqq [op nat] Fwd R comm RF trn, - , fwd & sd L cont RF trn, cont RF trn sd

11-12 & bk R (W fwd L,-, fwd R between M’s feet, sd & fwd L) to BJO/DRC;

qqqq [bk lilt scar] bk L in bjo rise,-/sm stp R & lwr, bk L in bjo RF rise,-/sm stp R

qqqq & lwr (W fwd R in bjo rise,-/sm stp L & lwr, fwd R trn LF rise,

[hrv x end] XLIF, rec R, sd L to BJO, XRIF (W XRIB, rec L, sd R, XLIB)

BJO/DLC;

13-16 REV FALLAWAY & SLIP : CHG OF DIR; TELEFEATHER BJO/DLW;;

qqqq 13-14 [rev fall & slip] Fwd L commences LF trn, sd R,cont trn bk L, cont trn

ss slip R in bk of L (W bk R, bk L, XIRIB well under body, trn LF on R &

Slip L fwd) to CP/DLW; [chg of dir] Fwd L blend CP start LF trn, -, cont

trn sd & fwd R, draw L to R CP/DLC;
sqq  
&qqqq  

15-16  
[telefeather] Fwd L comm trn LF, - , sd R cont trn, pt L bk & sd no wgt body fc DRW; comm LF body trn/transfer full wgt to L spin LF on L, sd & bk R trn LF, cont trn sd & fwd L to BJO/DLW, fwd R (W bk R, -, heel trn on R cl L, sd & fwd R; fwd L spin LF/sd R toe spin, cl L cont toe spin, sd & bk R to BJO, bk L in BJO);

PART B

1-4  
3 STEP; DBL NATURAL SPIN; CURV FEAT; SYNCO BK WING CHECK;

sqq  
&ss (sq&q)  

1-2  
[3 step] Fwd L - , blend to CP fwd R, fwd L ; ] [dbl nat'l] Fwd L twd DLW between ptr's feet commence RF turn rising, -, swinging L side fwd step fwd and around ptr L cont RF turn, spinning on ball of L cont RF tch L to R to Contra BJO facing LOD (W Bk L twd DW, - , cl R to L (heel turn)/cont RF turn fwd L twd DLW/cont RF turn to end Contra BJO small step fwd R twd RLOD outside ptr in Contra BJO);

sqq  
&sq&q  

3-4  
[curv feat] Fwd R trn RF,-, fwd & sd L trn RF, sm step fwd R (W bk L, 
trn RF bk & sd R, bk L)BJO/DRW; [bk wing chk] Bk L LOD ptr outsdt R, bk R CP/ bk L, bk R under body check ptr outsdt L sd fc RLOD (W fwd R LOD outsdt ptr - ,fwd L CP/fwd R, small fwd L checking outsdt ptr L sd);

sqq  
&qqqq  

5-8  
CROSS SWVL LINK SCP; OP NAT; OUTSD SWVL WHIPLASH; BOUNCE CHG SWAY;

sqq  
&qqqq  

5-6  
[x swvl link] Fwd L RLOD outsdt ptr swvl LF, - , fwd R slight RF trn with slight hovering action, fwd L. (W bk R swvl LF, - , bk L swvl RF with slight hovering action, fwd R)SCP/DLW; [op nat] Fwd R comm RF trn, - , fwd & sd L cont RF trn, cont RF trn sd & bk R (W fwd L,-, fwd R between M's feet, sd & fwd L) to BJO/DRC;

sqq  
&qqqq  

5-8  
[outsd swvl whiplash] Bk L slight RF upper body trn, - , thru R lowering/ronde L CW to pt inside edge of L toe RLOD still down with strong R sway (W thru R trn RF - , ronde L CW trng LF / fwd L swvl LF, 
pt R bk RLOD), - [bounce chg sway] Staying into R knee slowly chg sway to L with bounce action to BJO;

MODIFIED A

1-4  
OUTSIDE CHG SCP; OP NAT; BK LILT 4 SCAR/LOD; HVR X END;

sqq  
&ss&  

1-2  
[outsd chg] Bk L,-, bk R trn LF, sd & fwd L (W fwd R,-, fwd L, fwd R) to SCP; [op nat] Fwd R comm RF trn, - , fwd & sd L cont RF trn, cont RF trn sd & bk R (W fwd L,-, fwd R between M's feet, sd & fwd L) to BJO/DRC;

s&s&  

3-4  
[bk lilt scar] bk L in bjo rise,-/sml stp R & lwr, bk L in bjo trn RF rise,-/sml stp R & lwr (W fwd R in bjo rise,-/sml stp L & lwr, fwd R trn LF rise,-/sm stp L & lwr) SCAR/DLC;

qqqq  

[hvr x end] XLIF, rec R, sd L to BJO, XRIF (W XRIB, rec L, sd R, XLIB) BJO/DLC;

5-8  
REV FALLAWAY & SLIP; CHG OF DIR; TELEFEATHER;

qqqq  
&qqqq  

5-6  

qqqq  
&qqqq  

7-8  
[telefeather] Fwd L comm trn LF, - , sd R cont trn, pt L bk & sd no wgt body fc DRW; comm LF body trn/transfer full wgt to L spin LF on L, sd & bk R trn LF, cont trn sd & fwd L to BJO/DLW, fwd R (W bk R, -, heel trn on R cl L, sd & fwd R; fwd L spin LF/sd R toe spin, cl L cont toe spin, sd & bk R to BJO, bk L in BJO);
REPEAT PART B

REPEAT MODIFIED A

ENDING

1-4  HVR SCP/DLC; FEATHER BFLY/LOD; CROSS SWVL TWICE; OP BRK W
WRAP M TRANS;

sqq  1-2  [hvr] Fwd L, -, fwd & sd R w/slight LF trn, sd & fwd L (W bk R, -, bk &
sd L w/slight RF trn, sd & fwd R) to SCP/DLC; [feat] Thru R, -; Fwd L
lead W to trn LF, fwd R outsd ptr to BFLY/BJO DLC,

qqqq  3-4  [cross swvl twice] Fwd L swvl LF to fc COH in BJO, with R ft
pt sd, fwd R swvl RF to SCAR, pt L ft sd (W bk R swvl LF, with L ft pt
sd, bk L swvl RF, with R ft pt sd) end fc DLW, -;

sqq(qqs)  [op brk W wrap M trans] Bk L lead W to trn LF to wrap pos, -, rec R
(W Bk R, rec L trn LF to wrap pos, cl R to L) wrap/shad pos fc DLW, - ;

5-8  STEP PT W KNEE LIFT/SHAPE STEP POINT; REPEAT MEAS 5; FRONT VN 6
SD LUNGE & SHAPE::

qqqq  5-6  [step pt W knee lift twice Fwd L, pt R, fwd R, pt L (W fwd L, sway R
look DRW lift R ft to outside of L knee, chg sway step fwd R, pt fwd L);
Repeat meas 5 SHAD POS/DLW;

qqqq  7-8  [ft vn 6 sd lunge] Sd L, XRIF of L, sd L, XRIB of L (W sd L, XRIF of L,
sd L, XRIB of L); sd L, XRIF of L, lunge sd L, - stretch LF side/shape
(W sd L, XRIF of L, lunge sd L, - stretch LF side/shape )SHAD/DLW;