HIGHLIGHTS - STÄNDCHEN

Music: Klaus Hallen
iTunes/slow waltz collection
Track # 3  Time 2:42  Slow Down w/ -10%
Available from choreographer

Rhythm: Waltz  Phase: IV
Footwork: Opposite except where (Noted)
Release Date: Augst 16
Choreo: Jos Dierickx  Beverlosestwg  14b2  Paal Belgium
Email: jos.dierickx@telenet.com
Sequence: INTRO ABC ABC C END

INTRO

01-04  BFLY POS WALL  LEAD FOOT FREE WAIT 2 MEASURES ; ; TWIRL VINE ; CHAIR & SLIP ;
[Wait] BFLY POS WALL ld ft free w/ 2 meas ; ; {Twirl Vine} Sd L, XRib, sd L (W full RF tm undr jnd ld hnds fwd R, sd & bk L, fwd R) to SCP LOD ; ; {Chair & Slip} Ck fwd R w/bent knee, rec L w/ slight LF trn, sm bk R (W ck fwd L, rec R swvlg 5/8 LF, fwd L) to CP DLC ;

PART A

01-04  TELEMARK to SCP ; IN & OUT RUNS ; ; THRU CHASSE to SCP ;
{Telemark to SCP} Fwd L comm LF trn, sd R w/ a strong LF trn, sd & slightly fwd L (W bk R comm LF trn, cl L [heel trn], sd & slightly fwd R) to SCP DLW ; ; {In & Out Runs} Trng RF fwd R, sd & bk L to CP RLOD, bk R (W fwd L, fwd R btwn M’s ft, fwd L) to BJO RLOD ; ; Trng RF bk L, cont trn fwd R btwn W’s ft, sd & fwd L (W trng RF fwd R, cont trn sd L in frnt of M, cont trn fwd & sd R) to SCP LOD ; ; {Thru Chasse to SCP} [1,2&3] Thru R, sd to fc prt L/cl R, fwd L to SCP LOD ;

05-06  THRU to a LEFT WHISK ; SYNCOPATED UNWIND to BJO LOD ;
{Thru to a Left Whisk} Thru R, sd & fwd L to CP. XRib trn upper bdy to L (W thru L, sd & slightly bk R to CP, XLib) to SCP DRW ; ; {Syncop Unwind to BJO LOD} [W 1,2&3] Unwind RF w/ wgt on both feet, -,- (W arnd M fwd R, fwd L/Ik Rib, fwd L) to BJO LOD ;

07-10  SLOW OUTSIDE SWIVEL to SCP ; WEAVE 6 to BJO ; ; OP NATURAL ;
{Slow Outsd Swivel to SCP} [S] Bk L trng body RF, allow R to draw bk slightly in front of L (W fwd R, swivel RF) to SCP LOD, - ; ; {Weave 6 to BJO} Fwd R DLC, fwd L stg LF trn, contg trn sd & bk R to fc DRC (W fwd L trng LF, sd & bk R to CP, contg LF trn sd & fwd L to BJO) ; ; {Op Natural} Fwd R stg RF trn , cont trn sd & bk L, bk R w/ R sd ld (W bk L trng RF, fwd R btwn man’s ft , fwd L) to BJO DRC ;

11-12  OVER SPIN TURN ; BACK & CHASSE to BJO ;
{Over Spin Turn} Trng upper bdy RF bk L ptvgt ½ RF & leavg R in frt, fwd R heel to toe btw W’s ft contg RF trn, rec sd & bk L compg ½ RF trn (W trng upper bdy RF fwd R btw M’s ft ptvgt ½ RF, bk L contg trn & brush R to L, contg RF trn sd & fwd R) to CP DRW ; ; {Bk & Chasse to BJO} [1, 2&3] Bk R trng LF, sd L/d R , sd & fwd L to BJO DLW ;

PART B

01-04  CROSS PIVOT to SCAR ; CROSS HOVER to BJO ; CROSS HOVER to SCAR ; CROSS HOVER to SCP ;
{Cross Pivt to SCAR} Fwd R comm RF trn, sd L cont RF trn, fwd R (W sm bk L comm RF trn, fwd R btw M’s ft heel to toe ptvgt ½ RF, sd & bk L) to SCAR DLW ; ; {Cross Hover to BJO} XLib, sd R hvrng, rec L to BJO ; ; {Cross Hover to SCAR} XRif, sd L hvrng, rec R to SCAR ; ; {Cross Hover to SCP} XLib, sd R hvrng, rec L (W XRib, sd & bk L w/ strong RF trn, fwd R) to SCP LOD ;

05-06  WEAVE 3 to BJO ; HESITATION CHANGE ;
{Weave 3 to BJO} Fwd R DLC, fwd L stg LF trn, contg trn sd & bk R (W fwd L trng LF, sd & bk R to CP, contg LF trn sd & fwd L LOD) to BJO DRC ; ; {Hesitation Chng} [1,2-] Thrg upper bdy RF bk L, sd R contg RF trn, draw L to CP DLC ;
07-10 OP REVERSE TURN; BACK & CHASSE to BJO; OP NATURAL; BACK & CHASSE to SCAR;
[OP Reverse Turn] Fwd L com LF trn, trng LF sd R, bk L compg 3/8 LF trn [W bk R comm LF trn, cl L [heel trn], fwd R outs L ptr) to BJO RLOD ; [Bk & Chasse to BJO] [1,2&3] Bk R trng LF, sd L/cl R, sd & fwd L to BJO DLW ; [OP Natural]
Repeat meas 10 Part A ; [Bk & Chasse to SCAR] [1,2&3] Trn RF bk L cp DRC shape to lft, sd R/cl L trn RF, fwd R DLW lose shape ptr RF to SCAR DLW ;
11-12 CROSS HOVER to SCP; CHAIR & SLIP;
[Cross Hover to SCP] Repeat meas 4 part B ; [Chair & Slip] Repeat meas 4 Intro ;

PART C

01-04 OP REVERSE TURN; HOVER CORTE; BACK & CHASSE to SCAR DRW; FORWARD CHECK/W DEVELOPE;
[OP Reverse Turn] Repeat meas 7 Part B ; [Hover Corte] Bk R, trng LF sd & fwd L LOD leavg R leg in pl, compg ½ LF trn rec. R [W fwd L, trng LF sd & fwd R & brush LF to R, fwd L] to BJO DLW ; [Back & Chasse SCAR] [1,2&3] Trn RF bk L shape to lft, sd R/cl L trn RF, fwd R DRW lose shape ptr RF to SCAR DRW ; [Fwd Ck/W Develope] Fwd L outs L checking, -; (W bk R, bring L ft up R leg to insd of R knee, extend L ft fwd) ;

05-08 BACK & CHASSE to SCP; THRU HOVER to BJO; BACK HOVER to SCP; SLOW SIDE LOCK;

ENDING

01-03 TELEMARK to SCP; THRU to PROMENADE SWAY & CHANGE to OVERSWAY ;
[OP Telemark] Repeat meas 1 Part A ; [Thru to Promenade Sway] [1,2,-] Thru R, sd & fwd L twds DLC, stretch R sd gradually to look over the jnd ld hnds usg full meas ; [Chng to Oversway] [S,,-] Gradually relax L knee stretch left sd look ptr [W look well left),-;