ST. ELMO’S FIRE

CHOREO: Karen and Ed Gloodt, 300 Beaumont, Ardmore, OK 73401
Email: egloddt@netscape.net 580-226-0445

MUSIC: St. Elmo’s Fire, Owen Richard, Hollywood Love Songs, track 12
available as download from Amazon (slow 8-10%, or as desired)

RHYTHM: Slow Two Step

PHASE: PH IV+1(triple traveler) +2 (the square, passing x chasse) above average difficulty

FOOTWORK: Opposite, unless otherwise noted (W’s footwork in parentheses)

SEQUENCE: INTRO A B A B C INTERLUDE A B C INTERLUDE A B (1-6) ENDING

INTRODUCTION

1-4 BFLY WALL WAIT; SOLO TURN 6 TO BFLY;
1-2 [wait] BFLY wait;
3-4 {solo turn 6} Fwd L trng LF away from ptr, -, sd R cont trn, cl L to fc RLOD: Bk R cont trn, -, sd L, cl R to BFLY;

PART A

1-4 SIDE BASIC; BASIC ENDING LADY WRAP; FWD RUN 2; PICKUP RUN 2 TO LOW BFLY;
1 [sd basic] Sd L, -, XRif, rec L;
2 [basic ending lady wrap] Sd R, -, XLif leading W to trn LF, rec R trng to fc LOD (W sd L, -, XRif trng LF, rec L to fc LOD);
3 [fwd run 2] Fwd L, -, fvd R, fvd L;
4 [p/up run 2] Fwd R leading W to P/UP, fwd L, fvd R to low BFLY (W P/UP L, -, bk R, bk L);

5-8 TRAVELING CROSS CHASSE; PASSING CROSS CHASSE; 2 BACK CROSS CHASSES BFLY WALL;;
5 [traveling x chasse] W/ hnds at waist level elbows in fwd L trng slightly LF, -, sd & fvd R, XLF (W bk R slight LF trn, -, bk & sd L, XRif);
6 [passing x chasse] Sd R bringing L sd strongly fvd, -, pass W on inside of circle sd L, XRIF to fc LOD (W bk L to fc COH, -, cont trng sd R, XLF of R to end fcg LOD);
7-8 (2 bk x chasses) Bk L bringing R sd bk, -, diag sd R, XLF of R; Bk R bringing L sd strongly bk to lead W fvd LOD, -, sd L to fc WALL, XRIF to BFLY (W XLF);

PART B

1-4 UNDERARM TURN; OPEN BREAK; CHANGE SIDES UNDERARM; BASIC ENDING TO PICKUP;
1 [undarm trn] Sd L, -, XRif, rec L (W sd R comm to trn RF under lead arms, -, XLF trng to fc RLOD, fwd R trng to fc ptr);
2 [op brk] Sd R, -, rk apt L, rec R;
3 [chg sds] Fwd L leading W to trn LF under joined hnds, -, sd R to fc COH, XLF (W fvd R trnng LF und joined hnds to momentarily fc RLOD, -, sd L to fc ptr & wall, XRIF);
4 [basic ending to p/up] Sd R, -, XLIF, rec R leading W to P/UP (W sd L, -, XRIB, XLF to CP RLOD);

5-8 LEFT TURN INSIDE ROLL; BASIC ENDING; 2 OPEN BASICS TO BFLY;; [3rd & 4th TIMES TO P/UP]
5 [left trn inside roll] Fwd L trng LF to fc WALL, -, sd R, XLF (bk R trng LF ¼ -, sd L trng LF under arms, sd R cont trng LF to fc ptr);
6 [basic ending] Sd R, -, XLIB of R, rec R (Sd L, -, XRIB of L, rec L);
7-8 [op basics] Blending to left ½ OP sd L, -, brk bk R, rec L; Sd R, -, brk bk L, rec R to BFLY;

REPEAT A

REPEAT B PICKING UP

PART C

1-4 TRIPLE TRAVELER LOD;; BASIC ENDING TO BFLY;
1-3 [triple traveler]; Fwd L trng LF to fc COH, -, sd R, XLF (W bk R trng LF ¼ -, sd L trng LF under hnds, sd R cont trng LF to fc ptr); Fwd R spiral LF und jnd hnds, -, lowering hnds fvd L, R (W trn fc LOD fvd L, -, fvd R, fvd L); Fwd L bringing hnds down & bk, -, fvd R bringing hnds up around leading W to roll RF (W fvd R comm RF trn, -, sd & bk L trng RF und jnd hnds, cont RF trn fvd R to loose CP);
4 [basic ending] Sd R, -, XLIB of R, rec R to BFLY (Sd L, -, XRIB of L, rec L);
PART C (CONT)

5-8  2 LUNGE BASICS;; UNDERARM TURN; LUNGE REC SIDE TO FC RLOD /LADY LARIAT TO LOP;
5-6  [lunge basics] Sd L, -, rec R, XLIF (XRIF); Sd R, -, rec L, XRIF;
7  [undarm trn] Sd L, -, XRIB of L, rec L (Sd R comm to trn RF under lead arms, -, XLIF trng to fc LOD, fwd R to M’s R sd);
8  [lunge rec sd/lady lariat] Sd R twd LOD leading W to lariat, -, rec L trng LF RLOD, sm sd R to LOP (W fwd L, -, fwd R circling beh M, fwd L to LOP RLOD);

9-10  OUTSIDE ROLL: OPEN BASIC;
9  [outside roll] Fwd L tocing twd ptr bring joined hnds down & bk, -, fwd R, fwd L bringing hnds up & around leading W to roll RF to loose CP (W fwd R comm RF trn, sd & bk L trng RF und joined hnds, cont RF trn fwd R);
10  [op basic] Sd R, -, brk bk L, rec R to ½ OP;

INTERLUDE

1-4  THE SQUARE;;;
1-4  [the square] Like a switch M XIF of W sd L, -, trng RF to step sd R twd COH in L ½ OP, XLIF of R (W fwd R, -, sd L twd COH, XRIF of L starting to XIF of M); Fwd R, -, sd L twd RLOD, XRIF of L starting to XIF of W (W like a switch XIF of M sd L, -, trng RF to step sd R twd RLOD in ½ OP, XLIF of R); Like a switch M XIF of W sd L, -, trng RF to step sd R twd WALL in L ½ OP, XLIF of R (W fwd R, -, sd L twd WALL, XRIF of L starting to XIF of M): Fwd R, -, sd L twd LOD, XRIF of L (W like a switch XIF of M sd L, -, trng RF to step sd R twd LOD in ½ OP, XLIF of R to BFLY);

REPEAT A
REPEAT B PICKING UP
REPEAT C
REPEAT INTERLUDE
REPEAT A
REPEAT B (1-6)

ENDING

1-4  UNDERARM TURN; REVERSE UNDERARM TURN BFLY; SYNC TWIST VINE 8 (W MUSIC);
1  [undarm trn] Sd L, -, XRIB of L, rec L to BFLY (Sd R comm to trn RF under lead arms, -, XLIF trng to fc RLOD, fwd R trng to fc ptr);
2  [rev undarm trn] Slowing slightly sd R, -, XLIF leading W to trn LF, rec R trng to fc BFLY (W sd L, -, XRIF trng LF, rec L to BFLY);
3-4  [twist vine 8] Matching notes sd L, -, XRIB (W XLIF)/sd L, XRIF (W XLIB); Sd L, XRIB, sd L, XRIF;
5  SIDE LUNGE & SHAPE;
5  [sd lunge] Sd L on soft knee, -, lowering to oversway line leaving R toe pointed RLOD & stretching L sd look up & to RLOD, -;