MEASURES

INTRODUCTION

1-4 W A I T 1 ; 2 T U R N I N G T R I P L E S ; F A L L A W Y R O C K & S W I V E L 2 ; T H R O W O U T & A N C H O R ;

[WAIT 1 MEAS SS] Closed pos fc COH lead feet free, lead hnds jnd;

[TURNING TRIPLES QaQ QaQ] Chasse fwd L/R, L trng 1/2 RF fc WALL, chasse sd R/L, R to fallaway fc LOD;

[ROCK & SWIVEL 2 QQQQ] Fallway rk L, rec R semi LOD, fwd L, R lead lady to swivel on each step moving in semi LOD;

[THROWOUT QaQ QaQ] Chasse fwd & slightly sd L/R, L lead lady to pickup to cp LOD; chasse slightly bk R/L, R to open fc LOD (trng LF chasse fwd to fc man R/L, R; chasse in place L/R, L)

PART A


SUGAR P U S H _ W H I P _ S U G A R P U S H ; ; ; ; ;

[UNDERARM TURN & HOOK QQ Q&Q Q&Q] Bk L, fwd & X R to lady's R sd tm RF raise jnd lead hnds, press stp sd L trng RF/rec R trng RF, fwd & sd L tm RF; hook RIBL tm RF, sd L tm RF, XRIFL jn right hnds fc LOD lady on man's right side (fwd R, fwd L slght trn LF undr jnd lead hnds, sd R/XLIFR, trn LF bk R fc LOD); chasse inplace L/R, L jn right hnds).

[RIGHT SIDE PASS TUCK TWIRL QQ Q&Q Q&Q] Fwd L, rec R jnd hnds fwd, brng jnd hnds in tap L inplace, mve jnd hnds fwd & up trng lady unldr RF fwd L fc LOD; fwd R fc LOD, (fwd R, fwd L, shpr tm LF fc man & DLC tap R by L, trn RF fwd R LOD strng spin RF under hnds fc man; chasse in place L/R, L fc RLOD).

[FACE LOOP SUGAR PUSH QQ QQ Q&Q] Bk L, bk R to tight bfly jnd right hnds ovr man's head to neck left hnd to lady's right hip, tap L fwd, fwd L lady's right hnd slides dwn man's left arm; chasse in place R/L, R fc LOD (fwd R, fwd L slight trn RF to tight bfly, tap RIBL no wght, bk R; chasse in place L/R, L)

[WHIP QQ&Q Q&Q] Bk L, fwd & X R to lady's R sd tm RF lady into R arm, press stp sd L trng RF/rec R trng RF, sd & fwd L fc RLOD; XRI B L, trn RF sd L release lady fc LOD, chasse in place R/L, R fc LOD (fwd R, fwd L trn RF, bk R/cl L, fwd R betwn man's feet; fwd L trn 1/2 RF, bk R, chasse in place L/R, L).

[SUGAR PUSH QQ QQ Q&Q] Bk L, bk R to tight bfly, tap L fwd, fwd L; chasse inplace R/L, R fc LOD (fwd R, fwd L slight trn RF to tight bfly, tap RIBL no wght, bk R, chasse in place L/R, L).

9-16 W H I P w/ I N S I D E U N D E R A R M to H O O K S N A P F R E E Z E _ H I P P U M P 2 ; ; ; U N D E R A R M to S I D E

C H A S S E _ F A L L A W Y R O C K to T H R O W O U T ; ; ; T U M M Y W H I P ; ; ;

[WHIP INSIDE UNDERARM HOOK SNAP FREEZE QQ&Q QQ&Q] Bk L, fwd & X R to lady's R sd tm RF lady into R arm, press stp sd L trng RF/rec R trng RF, sd & fwd L raise jnd lead hnds; XRIBL take ld hnds over lady's head, trn RF sd L brng hnds dwn, hook RIBL tm RF/sd L trn RF, XRIFL slght over trn fc RLOD; sharp trnLF to fc pttnr & LOD, hold, (fwd R, fwd L trn RF 1/2, bk R/cl L, fwd R betwn man's feet; fwd L trn LF undr ld hnds, trn LF bk R fc man & RLOD, hook LIBR trn LF/sd R trn RF, XLIFR over trn fc LOD; sharp trn RF fc pttnr & RLOD, hold.)

[HIP PUMPS QQ] Lift lt ft hip/lwr lt ft hip, lift lt ft hip/lwr lt ft hip;
SPOOKY continued

[UNDERARM SIDE CHASSE QQ Q&Q QQ] Bk L, fwd & X R to lady's R sd tm RF raise jnd lead hnds, in plc L trng RF/rec R trng RF, fwd L fc LOD beside lady trn LF; chasse sd R/L, R trng to fc semi LOD (fwd R, fwd L slght trn LF undr jnd lead hnds, sd R/XLIFR, trn LF bk R fc RLOD tm LF; chasse sd trn to semi L/R, L)

[THROWOUT QaQ QaQ] Fallway rk L, rec R semi LOD, chasse fwd & slightly sd L/R, L lead lady to pickup to cp LOD; chasse slightly bk R/L, R to open fcng fc LOD (fallaway rk R, rec L, fwd tm LF into chasse to fc man R/L, R; chasse inplace L/R, L)

[TUMMY WHIP QQ QQ QQ Q&Q] Bk L, rec fwd & X R to lady's R sd rght hnd to lady's rght hip tm RF, press stp sd L trng RF/rec R trng RF, sd & fwd L pull lady bk release hnd; XRIBL, trn RF sd L, chasse inplace R/L, R fc LOD jn lead hnds (bfly fwd R, fwd L, fwd R/cl L, bk R; bk L, bk R, chasse in place L/R, L jn lead hnds);

PART B

1-8 [HALF WHIP QQ Q&Q QQ Q&Q] Bk L, fwd & X R to lady's R sd tm RF lady into R arm, press stp sd L trng RF/rec R trng RF, R trng to fc semi LOD (fwd R, fwd L slght trn LF undr jnd lead hnds, sd R/XLIFR, trn LF bk R fc RLOD tm LF; chasse sd trn to semi L/R, L),

[SUGAR CHECK & ROLL QQ QQ QQ Q&Q] Bk L, bk R to tight bfly strng body trn RF, tap L fwd cking lady, fwd L strt LF roll; fwd R cont LF roll, fwd L fc RLOD, jn lead hnds, chasse inplace R/L, R fc RLOD; (fwd R, fwd L slght trn RF to tight bfly, tap RIBL no wght trn RF, fwd R strt RF roll; roll RF L, R, chasse inplace L/R, L;)

[LEFT SIDE PASS QQ Q&Q QQ Q&Q] Bk L, fwd & R to lady's L sd tm LF, press stp L trng LF/in plce R trng LF, fwd L fc LOD; chasse in place R/L, R fc LOD (fwd R, fwd L slght trn LF, sd R/XLIFR, trn LF bk R fc RLOD; chasse inplace L/R, L),

[SUGAR BUMP QQ QQ QQ Q&Q] Bk L, fwd R, swvl RF on R lift lift knee & slght bump of hips to lady 1/2 trn, fwd L to RLOD 1/2 trn RF, XRIBL/sd R, sd L fc LOD jn lead hnds (fwd R, fwd L, swvl LF on L lift rght knee & slght bump of hips to man 1/2 trn, fwd R to LOD trn 1/2 LF fc RLOD; XLIBR/sd R, sd L fc RLOD),

[SAILOR SHUFFLE & ANCHOR QQ Q&Q] XLIB of R/sd R, sd L, chasse inplace R/L, R fc LOD; 9-16 [WHIP QQ Q&Q QQ Q&Q] Bk L, fwd & X R to lady's R sd tm RF lady into R arm, press stp sd L trng RF/rec R trng RF, sd & fwd L fc RLOD; XRIBL, trn RF sd L release lady fc LOD, chasse in place R/L, R fc LOD (fwd R, fwd L trn RF, bk R/cl L, fwd R btwn man's feet; fwd L trn 1/2 RF, bk R, chasse inplace L/R, L),

[SIDE BREAK & BODY POPS QQ Q&Q] Ok sd L/sd R & hold legs strght look at prtnr release hold, -flx knees & pop upper body/hold, hold/flex knees & pop upper body fc LOD op fcng;

[HIP ROLL 4 QQQQ] Roll hips sd & bk press into each foot L, R, L tnsfr wght to R jng hands low bfly fc LOD;-

[WRAPPED WHIP QQ QQ QQ Q&Q] Bfly bk L, fwd & X R to lady's R sd raise lead hnds trn RF lady wrap into low tral arms, press stp sd L trng RF/rec R trng RF, sd & fwd L pull lady bk release trail hnds; XRIBL, trn RF sd L, chasse inplace R/L, R fc LOD (bfly fwd R, fwd L undr lead hnds, fwd R/cl L, bk R; bk L release trail hnds, bk R, chasse in place L/R, L;)

[SUGAR PUSH w/ROCKS QQ QQ QQ QQ] Bk L, bk R to tight bfly, sml bk L/rec R, fwd L; rk bk R, rec L, chasse inplace R/L, R fc LOD (fwd R, fwd L slght trn RF to tight bfly, cl R/sml bk L, sml bk R, rk fwd L, bk R, chasse in place L/R, L);

PART C

1-8 [WHIP QQ QQ QQ QQ] Bk L, fwd & X R to lady's R sd tm RF lady into R arm, press stp sd L trng RF/rec R trng RF, sd & fwd L fc RLOD; XRIBL, trn RF sd L release lady fc LOD, chasse inplace R/L, R fc LOD (fwd R, fwd L slght trn RF, bk R/cl L, fwd R btwn man's feet; fwd L trn 1/2 RF, bk R, chasse in place L/R, L);
[CHEEK TO CHEEK & ROLL QQ QQ Q&Q] Bk L, fwd R, swvl RF on R lift lft knee & slght bump of lft hip to lady, fwd L to WALL strt LF roll; cont roll LF R/L, sd R fc LOD in lead hnds (fwd R, fwd L, swvl LF on L lift rght knee & slght bump of rght hip to man, fwd R to WALL strt RF roll; cont RF roll L/R, sd L fc RLOD).

[SAILOR SHUFFLE & ANCHOR Q&QQ&Q] XLIB of R/sd R, sd L, chasse inplace R/L, R fc LOD;

[MAN'S UNDERARM TURN QQ Q&Q Q&Q] Bk L, fwd & sd R to lady's L sd trn RF under lead hnds; press stp sd L trng RF/rec R trng RF, fwd L fc LOD, chasse inplace R/L, R fc LOD; (fwd R, fwd L slght trn LF; sd R/XLIFR, trn LF bk R fc RLOD; chasse inplace L/R, L);

[SURPRISE WHIP QQ&QQ QQQ&Q] Bk L, fwd & X R to lady's R sd trn RF lady into R arm, press stp sd L trng RF/rec R trng RF, sd & fwd L fc RLOD; trn lady RF ck fwd XRIFL, rec bk L raise lead hnds lead lady fwd & undr, chasse inplace trn LF R/L, R fc LOD (fwd R, fwd L trn RF, bk R/cl L, fwd R betwn man's feet fc LOD; trn 1/2 RF bk L, rec fwd R trn 1/2 RF undr lead hnds, chasse inplace L/R, L fc RLOD);

ENDING 1-9 UNDERARM TURN to TRIPLE TRAVEL & ROLL TOGETHER to TURNING TRIPLES;;;;;;

ROCK RECOVER & SWIVEL WALK 6;; THROWOUT & ANCHOR; PRESS RISE EXTEND;

[UNDERARM to TRIPLE TRAVEL & ROLL QQ Q&Q Q&Q Q&Q QQ QQ Q&Q QQ QQ QQ QQ] Bk L, fwd & X R to lady's R sd trn RF raise jnd lead hnds, press stp sd L trng RF/rec R trng RF, fwd L in right hnds fc WALL; chasse sd R/L, R Sltght push w/ rght hds strt roll RF; roll RF L, R comp 1 1/2 roll to lft hd star fcng COH, chasse sd R/L; L trn 1/2 LF to fc WALL in rght hd star, chasse sd R/L, R trn 1/2 RF to fc COH in lft hd star; chasse sd L/R, sd L trn LF, roll LF 1 1/4 R, L to fc RLOD; in place R/L, R, (fwd R, fwd L slght trn LF undr jnd lead hnds, sd R/XLIFR, sd R trn LF; chasse sd trn to fc COH in right hnds L/R, L strt roll RF, roll R, L 1 1/2 fc WALL lft hnd star; chasse sd R/L, R trn 1/2 RF fc COH, sd chasse L/R, L trn LF to WALL; chasse sd R/L, R trn RF, roll RF 1 1/2 L,R fc LOD, in place L/R, L,)

[TURNING TRIPLES QQ QaQ QaQ] Bk L, fwd R blnd to cp strt RF trn; chasse fwd L/R, L trn 1/2 RF fc WALL, chasse sd R/L, R to fallaway fc LOD;

[ROCK & SWIVEL 6 QQQQQQQQ] Fallaway R L, rec R semi LOD, fwd L, R; L, R, L, R lead lady to swivel on each step moving in semi LOD;

[THROWOUT QaQ QaQ] Chasse fwd & slightly sd L/R,L lead lady to pickup fc LOD; chasse slightly bk R/L,R to open fcng fc LOD (trn LF chasse fwd to fc man R/L,R; chasse in place L/R,L),

[PRESS & EXTEND SS] Press fwd L sit into R,- rise on R extend trail arms up & out as music fades,- (May do small body ripple as you rise & extend)

Sequence: Intro A, B, C, A, End