

SOUND OF MUSIC

Music: Hisao Sudo Cd Dance with Fascion Vol.7
Track # 16 Time 2:34 Slow Down w/ 5%
Available from choreographer

Rhythm: Foxtrot **Phase : IV + 1 (Double Reverse Spin)**

Footwork: Opposite , except where (Noted)

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Sequence: **INTRO AB AB END**



INTRO

01-04 CP DLW LEAD FOOT FREE WAIT 2 MEASURES ; ; WHISK ; THRU FACE CLOSE :

{**Wait**} CP DLW ld ft free wt 2 meas ; ; {**Whisk**} Fwd L, -, sd & fwd R, XLib (*W XRib*) to SCP DLC ; {**Thru Fc Cl**} Thru R, -, sd L trng to fc ptr, cl R to CP DLW ;

PART A

01-04 HOVER ; OP NATURAL ; BACK TWISTY VINE 4 ; IMPETUS to SCP :

{**Hover**} Fwd L, -, fwd & sd R rise to ball of ft, fwd L to SCP DLC ; {**OP Natural**} Fwd R stg RF trn, -, sd L contg trn to CP, bk R (*W fwd L, -, fwd R between m's legs, fwd L*) to BJO RLOD ; {**Bk Twisty Vine 4**} Bk L, sd R, XLif, sd R to BJO RLOD ; {**Impetus to SCP**} Bk L comm RF trn, -, cl R trng RF on L heel then xfer wgt to flat of R ft then rise, contg RF bdy trn sd & fwd L twd LOD (*W fwd R between M's ft comm RF trn, -, sd L acrs LOD, brush R to L contg RF trn & step sd & fwd R*) to SCP LOD ;

05-08 IN & OUT RUNS ; ; THRU VINE 4 ; CHAIR & SLIP :

{**In & Out Runs**} Fwd R stg RF trn, -, sd & bk DLW on L to CP, bk R (*W fwd L, -, fwd R between M's ft, fwd L*) to BJO RLOD ; Bk L trn RF, -, sd & fwd R between W's ft cont RF trn, fwd L (*W fwd R stg RF trn, -, fwd & sd L cont trn, fwd R compg trn*) to SCP DLC ; {**Thru Vine 4**} [QQQQ] XRif (*W XLif*), sd L fcg ptr, XRib (*W XLib*), sd L to SCP LOD ; {**Chair & Slip**} Lun thru R, -, rec L, slip R bhd L (*W lun thru L, -, rec R, swvlg LF on R slip fwd L outsd M's R ft*) to CP DLC ;

09-12 TELEMAR to SCP ; NATURAL HOVER FALLAWAY ; SLIP PIVOT ; CROSS PIVOT to SCAR :

{**Telemark to SCP**} Fwd L rising comm LF trn, -, sd & arnd ptr R now backg LOD, contg LF trn sd & fwd L twd DLW L sd ldg (*W bk R toe to heel, -, bring L alongside R ft without wgt then trn on heel of R to face DLW then xfer wgt to the flat of the L foot, contg LF trn sd & fwd R twd DLW R sd ldg*) to SCP DLW ; {**Nat Hover Fallaway**} Fwd R w/ slight bdy trn to R, -, fwd L on toe trn RF w/ rise, rec bk R (*W fwd L, -, fwd R on toe between M's ft trn RF w/ rise, rec bk L*) to SCP DRW ; {**Slip Pivot**} Bk L, -, bk R trn LF keep L leg extended, fwd L (*W bk R stg LF pvt on ball of ft w/ thighs locked L leg extended, -, fwd L cont trn plc L near M's R ft, bk R*) to BJO DLW ; {**Cross Pivot to SCAR**} Fwd R in frt of W strt RF trn, -, sd L cont RF trn, fwd R (*W sm bk L strt RF trn, -, fwd R btw M's ft heel to toe pvtg 1/2 RF, sd & bk L*) to SCAR DLW ;

13-16 CROSS HOVER to BJO ; CROSS HOVER to SCAR ; CROSS HOVER to SCP ; FORWARD FACE CLOSE :

{**Cross Hover to BJO**} XLif (*W XRib*), -, sd R rise trn LF, rec L to BJO DLC ; {**Cross Hover to SCAR**} XRif (*W XLib*), -, sd L w/ rise comm RF trn, rec R to SCAR ; {**Cross Hover to LOD**} XLif, -, sd R hvrg, rec L (*W XRib, -, sd & bk L w/ strong RF trn, fwd R*) to SCP LOD ; {**Fwd Fc Cl**} Fwd R, -, sd L to fc ptr, cl R to CP DLW ;

PART B

01-04 WHISK ; WHISK in 4 ; THRU SIDE X-BEHIND ; ROLL 3 to SCP :

{**Whisk**} Repeat meas 3 Intro ; {**Whisk in 4**} [QQQQ] Thru R in SCP, trng twd ptr cl L to CP WALL, sd R, XLib (*W XRib*) to SCP LOD ; {**Thru Sd X-Behind**} Thru R, -, sd L, XRib (*W XRib*) to mom LOP RLOD ; {**Roll 3 to SCP**} Bk & sd L stg LF roll twd LOD, -, cont trn on ball of L ft & cl R, cont roll sd & fwd L to SCP LOD ;

05-08 PROMENADE WEAVE ; ; CHANGE of DIRECTION ; DOUBLE REVERSE SPIN :

{Promenade Weave} [SQQ;QQQQ] Thru R comm LF turn, -, fwd L trng to CP fcg DLC, sd & bk R in BJO bkg LOD ; Bk L, blendg to CP bk R down LOD, sd & fwd L pointg DLW bdy trns less, fwd R w/ L sd ldg (*W thru L comm LF trn, -, sd & bk R trng to CP, sd & fwd L in BJO ; Fwd R w/ hd to R & well into M's R arm, trng hd to L & blendg to CP fwd L down LOD, sd & bk R, bk L*) to BJO DLW ; **{Chng of Direction}** [SS] Fwd L, -, fwd & sd R trng LF 1/4, draw L to CP DLC ; **{Double Reverse Spin}** [SS/W1&2,3] Fwd L comg LF trn, -, sd R cont LF trn, spin LF on ball of R bringing L beside R w/ no wgt & keepg knees flexed (*W bk R com LF trn on R heel, cont trn on R heel & cl L/sd & bk R contg trn, lk Lif*) to CP DLW ;

09-12 DRAG HESITATION ; BACK FEATHER ; HOVER CORTE ; SLOW OUTSIDE SWIVEL to SCP :

{Drag Hesitation} [SS] Fwd L, -, stg LF trn sd R, contg LF trn draw L to BJO DRC ; **{Bk feather}** In BJO thruout bk L, -, bk R, bk L ; **{Hover Corte}** Bk R stg ½ LF trn, -, cont trn sd & fwd L rising & compg trn, rec R to BJO LOD ; **{Slow Outsd Swivel to SCP}** Slow Bk L, -, XRif without weight, -, (*W fwd R outsd M, -, swvl RF on ball of R foot, -*) to SCP LOD, -;

13-16 WEAVE 3 to BJO ; SPIN TURN ; BACK & L CHASSE to SCP ; SLOW WHIPLASH to DLW ;

{Weave 3 to BJO} Thru R comm LF trn, -, fwd L cont LF trn, sd & bk R (*W fwd L picking up, -, sd R trng LF, contg trn fwd L*) to BJO RLOD ; **{Spin Turn}** Begin RF upper body trn bk L toeing in pivot ½ RF, -, cont trn fwd R betw W's ft, rec sd & bk L (*W begin RF upper body trn fwd R heel to toe betw M's ft pivot ½ RF, -, cont trn bk on L toe, fwd R*) to CP DLW ; **{Bk & L Chasse to SCP}** [1,2&3] Bk R, -, trng LF chasse sd L/cl R, sd & fwd L to BJO DLW ; **{Slow Whiplash to DLW}** [S] Thru R, -, swivel RF ronde L CW (*W Thru L, -, swivel LF ronde R CCW*) to BJO DRW, -;

REPEAT PARTS A,B

ENDING

01-02 HOVER ; CHAIR & HOLD :

{Hover} Repeat meas 1 Part A ; **{Chair & Hold}** [S,-,-,-] Thru R relax R knee both fwd poise, -, hold as music fades, -;