

SONG OF FOUR SEASONS

J-POP By : Yohko Seri



Choreo : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN
Music : Available from choreographer on MP3 file [free] or MD [at cost]
 Special thanks to Suzue Sugisawa for giving us the sound e-mail : d-doi@tcp-ip.or.jp
Rhythm : Bolero Phase V + 2 [Rudolph Ronde, Double Ronde Twist Turn]
Sequence : Intro - A - B - A - A(1-8) - Ending **Speed** : 24 MPM
Timing : SQQ unless noted by side of measure **Footwork** : Opposite except where noted
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INTRO

1 - 8 **WAIT;; W FWD TRN TO SLO HIP RK; SHAD FENCE LINE; SYNCO SLIP PIVOT;
SLO X LUNGE & REC; SLIP PIVOT; CUCA W TRN TRANS;**

1-2 {Wait} Hndshk Pos fc Wall both R ft free wait 2 meas;;
 SS 3 {W Forward Turn To Slow Hip Rock} Cl R (W fwd R twd M's right sd trn 1/2 LF) blend to
 Shadow Pos,-, [hereafter same footwork] sd L with hip roll CCW,- end Shadow Wall;
 4 {Shadow Fence Line} Sd R with body rise,-, cross lunge thru L with bent knee look DRW, bk R;
 SQ&Q 5 {Syncopated Slip Pivot} Sd L with LF upper body trn rise,-, slip bk R flex knee cont trn/fwd L cont
 trn to fc COH, sd R end Shadow COH;
 6 {Slow Cross Lunge & Recover} Cross lunge thru L with bent knee look DLC,-, extend, rec R;
 7 {Slip Pivot} Sd L with LF upper body trn rise,-, slip bk R flex knee cont trn, fwd L cont trn to fc
 Wall end Shadow Wall;
 8 {Cucaracha W Turn Transition} Sd R rise,-, rec L, cl R (W sd R rise,-, rec L trn 1/2 LF to fc ptr,
 tch R to L) end CP Wall; [hereafter opposite footwork]

PART A

1 - 8 **HALF BASIC; BRK BK TO HLF OPN; FWD MANUV PIVOT TO SLO RUDOLPH;;
BK W SWVL DEVELOPE; FWD BRK; NAT TOP 6;;**

1 {Half Basic} Sd L rise,-, bk R with slipping action and with flexing knee, fwd L;
 2 {Break Back To Half Open} Sd R rise comm trn LF to Half Op Pos,-, chk bk L flex knee, fwd R
 (W sd L rise comm trn RF, chk bk R flex knee, fwd L);
 3 {Forward Maneuver Pivot} Fwd L rise,-, fwd R flex knee pivot 1/2 RF blend to CP, bk L pivot
 1/2 RF (W fwd R rise,-, fwd L flex knee, fwd R pivot 1/2 RF) end momentary CP LOD;
 4 {Slow Rudolph Ronde} Fwd R between W's feet as if to start pivot RF but stop action by flexing
 R knee keep L ft bk with left sd stretch,-,- (W bk L trn LF to SCP comm ronde R CW keep right
 sd into M,-,cont ronde, XRIB with no wgt) end momentary SCP LOD;
 5 {Back W Swivel Develope} Bk L lead W to swivel LF,-, pt R bk,- (W shift wgt to R swivel LF on
 R blend to Bjo,-, bring L ft up to insd of R knee, extend L ft fwd) end Bjo LOD;
 6 {Forward Break} Sd & fwd R rise blend to LOP Fcg,-, fwd L flex knee with contra check like
 action, bk R;
 7-8 {Natural Top 6} Sd & slightly fwd L comm trn RF blend to CP,-, XRIB cont trn, sd L cont trn;
 XRIB cont trn,-, sd L cont trn to fc Wall, cl R (W comm trn RF XRIF,-, cont trn sd L, cont trn
 XRIF; cont trn sd L,-, cont trn XRIF, cont trn sd L to fc ptr) end CP Wall;

9 - 18 OPENING OUT 2X;; TRNG BASIC;; X BODY W SYNCO ROLL; OPN FECE LINE; W SYNCO ROLL; OPN FENCE LINE; W SYNCO ROLL; SLO HIP RKS;

- 9-10 {Opening Out Twice} Blend To Bfly sm sd & fwd L rise comm LF upper body rotation,-, lower on L complete body trn extend R ft sd, rise and rotate bk to fc Wall (W sd & bk R rise comm LF body rotation,-, XLIB lower, fwd R trn to fc ptr); cl R rise comm RF upper body rotation,-, lower on R complete body trn extend L ft sd, rise and rotate bk to fc Wall (W same footwork on opposite ft with meas 9);
- 11-12 {Turning Basic} Blend to CP sd & slightly fwd L (W sd & slightly fwd R between M’s feet) rise with upper body trn LF to look RLOD (W’s head closed),-, comm trn 1/2 LF bk R with slip pivot action, sd & fwd L cont trn to fc COH; sd R rise,-, XLIF bent knee with contra chk action, rec R end CP COH;
- (SQ&Q) 13 {Cross Body W Syncopated Roll} Sd & bk L trn LF rise,-, slip bk R flex knee cont trn lead W to roll LF and release lead hnds, fwd L cont trn to fc Wall jn trail hnds (W sd & fwd R rise,-, fwd L XIF of M comm roll LF/bk R cont trn, fwd L cont trn to fc Wall) end OP Wall;
- SS 14 {Open Fence Line} In OP sd R rise,-, cross lunge thru L with bent knee look DRW, bk R;
- (SQ&Q) 15 {W Syncopated Roll} Sd L,-, rec R,- (W sd L,-, XRIB comm roll LF/fwd L cont trn, sd & bk R complete 1 full LF revolution) end LOP Wall;
- 16 {Open Fence Line} In LOP repeat meas 14 on opposite ft to opposite direction;
- (SQ&Q) 17 {W Syncopated Roll} Sd R,-, rec L, rec R (W sd R,-, XLIF comm trn LF/bk R cont trn to fc ptr, sd L) end CP Wall;
- SS 18 {Slow Hip Rocks} Rk sd L with hip roll CCW,-, rec R with hip roll CW,-;

PART B

1 - 8 SYNCO TRNG BASIC; CONTRA CHK & SWITCH; DBL RONDE TWIST TRN w/ REV TWIRL END;; NY; RIFF TRN; DBL UNDERARM TRN; HIP LIFT;

- SQ&Q 1 {Syncopated Turning Basic} Sd L rise with body trn RF,-, slip bk R flex knee trn LF/cont trn sd & fwd L to fc COH, sd & fwd R end CP COH;
- 2 {Contra Check & Switch} Comm upper body trn LF flex knees with strong right sd lead chk fwd L twd DLC in CBMP,-, rec R comm strong trn RF leave L ft almost in pl, cont strong trn rec L with soft knees (W comm upper body trn LF flex knees with strong left sd lead bk R in CBMP look well left,-, rec L comm strong trn RF leave R ft almost in pl, cont strong trn rec R between M’s feet with soft knees) end CP DRW;
- (SQ&Q&) 3-4 {Double Ronde Twist Turn With Syncopated Reverse Twirl Ending} Sd & fwd R between W’s feet twd RLOD ronde L CW comm trn RF 1 full trn,-, cont trn sd & fwd L twd DRC, cont trn XRIB flex knees (W sd L twd DRC ronde R CW comm trn 7/8 RF,-, cont trn XRIB, cont trn sd & fwd L) end momentary Modified CP M fc DRW W fc COH; unwind RF on both feet to fc Wall,-, shift wgt to L (W fwd R around M cont trn to fc LOD,-, rev twirl 1 3/4 revolutions L/R, L/R to fc ptr) end LOP Fcg Wall;
- QQQQ 5 {New Yorker} Sd R rise trn RF,-, slip fwd L flex knee to LOP RLOD, bk R trn LF to fc ptr;
- 6 {Riff Turn} Sd L raise lead hnds to start W into right spin, cl R lead W to complete spin, sd L keep lead hnds up, cl R (W sd & fwd R comm RF 1 full spin under jnd lead hnds, cont spin cl L, sd & fwd L cont spin, complete second full spin cl L) end LOP Fcg Wall;
- 7 {Double Underarm Turn} Sd L rise and raise jnd lead hnds,-, XRIF flex knee trn 3/4 LF under jnd hnds, fwd L cont trn to fc ptr (W sd R rise,-, XLIF flex knee trn 3/4 RF under jnd hnds, fwd R cont trn to fc ptr);
- 8 {Hip Lift} Blend To CP sd R rise bring L ft to R ft,-, with slight pressure on L lift hip, lower hip;

REPEAT PART A

REPEAT PART A MEAS 1 THRU 8

END

**1 - 5 AIDA PREP; AIDA LINE & HIP RKS; FWD SPIRAL FC; AIDA PREP;
AIDA LINE & SWITCH LUNGE;**

- 1 {Aida Preparation} Blend to SCP sd & fwd L rise,-, thru R flex knee comm trn RF, sd L cont trn release trail hnds and jn lead hnds;
- 2 {Aida Line & Hip Rocks} Trn RF bk R rise to slight “V” Bk-To-Bk Pos fc RLOD trail hnds up & out lead hnds fwd,-, rk sd L with hip roll CCW, rec R hip roll CW;
- 3 {Forward Spiral Face} Release lead hnds fwd L twd RLOD,-, fwd R spiral LF 1 full trn, fwd L cont trn LF to fc ptr end LOP Fcg Wall;
- 4 {Aida Preparation} Trn slightly RF sd & fwd R rise,-, thru L flex knee comm trn RF, sd R cont trn release lead hnds and jn trail hnds;
- SS 5 {Aida Line & Switch Lunge} Trn LF bk L rise to slight “V” Bk-To-Bk Pos lead hnds up and out trail hnds fwd,-, trn RF to fc ptr bring jnd trail hnds thru lunge sd R lead hnds extended sd,-;