SONG OF FOUR SEASONS
J-POP By: Yohko Seri

Choreo: Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN
Music: Available from choreographer on MP3 file [free] or MD [at cost]

Rhythm: Bolero Phase V + 2 [Rudolph Ronde, Double Ronde Twist Turn]
Sequence: Intro - A - B - A - A(1-8) - Ending
Timing: SQQ unless noted by side of measure

Speed: 24 MPM
Footwork: Opposite except where noted
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INTRO

1-8 WAIT:: W FWD TRN TO SLO HIP RK; SHAD FENCE LINE; SYNCO SLIP PIVOT;
SLO X LUNGE & REC; SLIP PIVOT; CUCU W TRN TRANS;
SLO
1-2 {Wait} Hndshk Pos fc Wall both R ft free wait 2 meas.;
SS 3 {W Forward Turn To Slow Hip Rock} Cl R (W fwd R twd M’s right sd trn 1/2 LF) blend to
Shadow Pos, - [hereafter same footwork] sd L with hip roll CCW, - end Shadow Wall;
SQ&Q 4 {Shadow Fence Line} Sd R with body rise,-, cross lunge thru L with bent knee look DRW, bk R;
5 {Syncopated Slip Pivot} Sd L with LF upper body trn rise,-, slip bk R flex knee cont trn/fwd L cont
trn to fc COH, sd R end Shadow COH;
6 {Slow Cross Lunge & Recover} Cross lunge thru L with bent knee look DLC, - extend, rec R;
7 {Slip Pivot} Sd L with LF upper body trn rise,-, slip bk R flex knee cont trn, fwd L cont trn to fc
Wall end Shadow Wall;
8 {Cucaracha W Turn Transition} Sd R rise,-, rec L, cl R (W sd R rise,-, rec L trn 1/2 LF to fc ptr,
tch R to L) end CP Wall; [hereafter opposite footwork]

PART A

1-8 HALF BASIC; BRK BK TO HLF OPN; FWD MANUV PIVOT TO SLO RUDOLPH;;
BK W SWVL DEVELOPE; FWD BRK; NAT TOP 6;;

1-8 {Half Basic} Sd L rise,-, bk R with slipping action and with flexing knee, fwd L;
2 {Break Back To Half Open} Sd R rise comm trn LF to Half Op Pos, - , chk bk L flex knee, fwd R
(W sd L rise comm trn RF, chk bk R flex knee, fwd L);
3 {Forward Maneuver Pivot} Fwd L rise,-, fwd R flex knee pivot 1/2 RF blend to CP, bk L pivot
1/2 RF (W fwd R rise,-, fwd L flex knee, fwd R pivot 1/2 RF) end momentary CP LOD;
4 {Slow Rudolph Ronde} Fwd R between W’s feet as if to start pivot RF but stop action by flexing
R knee keep L ft bk with left sd stretch,-, - (W bk L trn LF to SCP comm ronde R CW keep right
sd into M,-, cont ronde, XRB with no wgt) end momentary SCP LOD;
5 {Back W Swivel Develope} Bk L lead W to swivel LF,-, pt R bk,- (W shift wgt to r swivel LF on
R blend to Bjo,-, bring L ft up to insd of R knee, extend L ft fwd) end Bjo LOD;
6 {Forward Break} Sd & fwd R rise blend to LOP Fcg,-, fwd L flex knee with contra check like
action, bk R;
7-8 {Natural Top 6} Sd & slightly fwd L comm trn RF blend to CP,-, XRB cont trn, sd L cont trn;
XRB cont trn,-, sd L cont trn to fc Wall, cl R (W comm trn RF XRF,-, cont trn sd L, cont trn
XRF; cont trn sd L,-, cont trn XRF, cont trn sd L to fc ptr) end CP Wall;
"Song Of Four Seasons" (Continued)

9 - 18 OPENING OUT 2X:: TRNG BASIC:: X BODY W SYNCO ROLL; OPN FECE LINE:: W SYNCO ROLL; OPN FENCE LINE; W SYNCO ROLL; SLO HIP RKS;

9-10 {Opening Out Twice} Blend To BIfy sm sd & fwd L rise comm LF upper body rotation, lower on L complete body trn extend R ft sd, rise and rotate bk to fc Wall (W sd & bk R rise comm LF body rotation, XLIB lower, fwd R trn to fc ptr); cl R rise comm RF upper body rotation, lower on R complete body trn extend L ft sd, rise and rotate bk to fc Wall (W same footwork on opposite ft with meas 9);

11-12 {Turning Basic} Blend to CP sd & slightly fwd L (W sd & slightly fwd R between M’s feet) rise with upper body trn LF to look RLOD (W’s head closed), comm trn 1/2 LF bk R with slip pivot action, sd & fwd L cont trn to fc COH; sd R rise, XLIF bent knee with contra chk action, rec R end CP COH;

(SQ&Q)

13 {Cross Body W Syncopated Roll} Sd & bk L trn LF rise, slip bk R flex knee cont trn lead W to roll LF and release lead hnds, fwd L cont trn to fc Wall jn trail hnds (W sd & fwd R rise, fwd L XIF of M comm roll LF/bk R cont trn, fwd L cont trn to fc Wall) end OP Wall;

(SQ&Q)

14 {Open Fence Line} In OP sd R rise, cross lunge thru L with bent knee look DRW, bk R;

(SS)

15 {W Syncopated Roll} Sd L, rec R (W sd L, XIRIB comm roll LF/fwd L cont trn, sd & bk R complete 1 full LF revolution) end LOP Wall;

(SQ&Q)

16 {Open Fence Line} In LOP repeat meas 14 on opposite ft to opposite direction;

(SS)

17 {W Syncopated Roll} Sd R, rec L, rec R (W sd R, XLIF comm trn LF/bk R cont trn to fc ptr, sd L) end CP Wall;

(SQ&Q)

18 {Slow Hip Rocks} Rk sd L with hip roll CCW, rec R with hip roll CW,;;

PART B

1 - 8 SYNCO TRNG BASIC; CONTRA CHK & SWITCH; DBL RONDE TWIST TRN w/ REV TWIRL END:: NY; RIFF TRN; DBL UNDERARM TRN; HIP LIFT;

SQ&Q

1 {Syncopated Turning Basic} Sd L rise with body trn RF, slip bk R flex knee trn LF/cont trn sd & fwd L to fc COH, sd & fwd R end CP COH;

2 {Contra Check & Switch} Comm upper body trn LF flex knees with strong right sd lead chk fwd L twd DLC in CBMP, rec R comm strong trn RF leave L ft almost in pl, cont strong trn rec L with soft knees (W comm upper body trn LF flex knees with strong left sd lead bk R in CBMP look well left, rec L comm strong trn RF leave R ft almost in pl, cont strong trn rec R between M’s feet with soft knees) end CP DRW;

3-4 {Double Ronde Twist Turn With Syncopated Reverse Twirl Ending} Sd & fwd R between W’s feet twd RLOD ronde L CW comm trn RF 1 full trn, cont trn sd & fwd L twd DRC, cont trn XIRIB flex knees (W sd L twd DRC ronde R CW comm trn 7/8 RF, cont trn XIRIB, cont trn sd & fwd L) end momentary Modified CP M fc DRW W fc COH;

(SQ&Q&)

unwind RF on both feet to fc Wall, shift wgt to L (W fwd R around M cont trn to fc LOD, rev twirl 1 3/4 revolutions L/R, L/R to fc ptr) end LOP Fcg Wall;

5 {New Yorker} Sd R rise trn RF, slip fwd L flex knee to LOP RLOD, bk R trn LF to fc ptr;

QQQQ

6 {Riff Turn} Sd L raise lead hnds to start W into right spin, cl R lead W to complete spin, sd L keep lead hnds up, cl R (W sd & fwd R comm RF 1 full spin under jnd lead hnds, cont spin cl L, sd & fwd L cont spin, complete second full spin cl L) end LOP Fcg Wall;

7 {Double Underarm Turn} Sd L rise and raise jnd lead hnds, XIRIB flex knee trn 3/4 LF under jnd hnds, fwd L cont trn to fc ptr (W sd R rise, XLIF flex knee trn 3/4 RF under jnd hnds, fwd R cont trn to fc ptr);

8 {Hip Lift} Blend To CP sd R rise bring L ft to R ft, with slight pressure on L lift hip, lower hip;
"Song Of Four Seasons" (Continued)

REPEAT PART A

REPEAT PART A MEAS 1 THRU 8

END

1 - 5  **AIDA PREP; AIDA LINE & HIP RKS; FWD SPIRAL FC; AIDA PREP; AIDA LINE & SWITCH LUNGE:**

   1  {Aida Preparation} Blend to SCP sd & fwd L rise,-, thru R flex knee comm trn RF, sd L cont trn release trail hndsd and jn lead hndsd;
   2  {Aida Line & Hip Rocks} Trn RF bk R rise to slight “V” Bk-To-Bk Pos fc RLOD trail hnds up & out lead hndsd fwd,-, rk sd L with hip roll CCW, rec R hip roll CW;
   3  {Forward Spiral Face} Release lead hndsd fwd L twd RLOD,-, fwd R spiral LF 1 full trn, fwd L cont trn LF to fc ptr end LOP Fcg Wall;
   4  {Aida Preparation} Trn slightly RF sd & fwd R rise,-, thru L flex knee comm trn RF, sd R cont trn release lead hndsd and jn trail hndsd;
   SS 5  {Aida Line & Switch Lunge} Trn LF bk L rise to slight “V” Bk-To-Bk Pos lead hndsd up and out trail hndsd fwd,-, trn RF to fc ptr bring jnd trail hndsd thru lunge sd R lead hndsd extended sd,-;