

SONG OF FOUR SEASONS III

J-POP By : Yohko Seri



Choreo : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN
Music : Available from choreographer on MP3 file [free] or MD [at cost]
Special thanks to Suzue Sugisawa for giving us the sound e-mail : d-doi@tcp-ip.or.jp
Rhythm : Bolero Phase III + 2 [Aida, Switch Rock] **Speed :** 24 MPM
Sequence : A(2-8) - B - A - B - B(1-8) - Ending **Footwork :** Opposite except where noted
Timing : SQQ unless noted by side of measure **Released :** Apr, 2005 **Ver.** 1.0

INTRO

CP Wall trail ft free wait 1 meas then start from meas 2 Part A cueing starts from "Basic Ending"

PART A

1 - 8 BASIC;; HND TO HND; NY; SD TO SERPIENTE & FENCE REC;;; REV UNDERARM TRN;

- 1-2 {Basic} Sd L with body rise, -, bk R with slipping action and with flexing knee, fwd L; sd R rise, -, slip fwd L flex knee, bk R;
- 3 {Hand To Hand} Sd L rise, -, trn RF to LOP RLOD slip bk R flex knee, fwd L trn LF to fc ptr;
- 4 {New Yorker} Sd R rise, -, trn RF to LOP RLOD slip fwd L flex knee, bk R trn LF to fc ptr;
- 5-7 {Side To Serpiente & Fence Recover} Blend to Bfly sd L, -, thru R, sd L; XRB fan L CCW (W CW), -, XLIB, sd R; thru L fan R CCW (W CW), -, cross lunge thru R with bent knee look
- 6-7 LOD, bk L trn to fc ptr end Bfly Wall;
- 8 {Reverse Underarm Turn} Sd R rise, -, XLIF flex knee, bk R (W sd L rise, -, XRIF flex knee trn 3/4 LF under jnd lead hnds, fwd L cont trn to fc ptr);

PART B

1 - 8 UNDERARM TRN; BRK BK TO 1/2 OP; W ROLL ACROSS; W ACROSS BK; SPOT TRN; SHLDR TO SHLDR w/ARM 2X;; LUNGE BREAK;

- 1 {Underarm Turn} Sd L rise, -, XRB flex knee, fwd L (W sd R rise, -, XLIF flex knee trn 3/4 RF under jnd lead hnds, fwd R cont trn to fc ptr);
- 2 {Break Back To Half Open} Sd R rise, -, trn LF to 1/2 OP LOD slip bk R flex knee, fwd L;
- 3 {W Roll Across} Fwd L, -, R, L (W fwd R, -, fwd L twd DLC comm trn LF, bk R cont trn to fc LOD) end Left 1/2 OP LOD;
- 4 {W Across Back} Fwd R, -, L, R (W fwd L, -, fwd R twd DLW comm trn RF, bk L cont trn) end 1/2 OP LOD;
- 5 {Spot Turn} Fwd L rise, -, fwd R flex knee trn 1/2 LF, fwd L cont trn to fc ptr;
- 6-7 {Shoulder To Shoulder With Arm Twice} Sd R rise, -, XLIF to Scar flex knee with trail arm up palm out lead hnd on L hip, bk R trn to fc ptr; sd L rise, -, XRIF to Bjo flex knee with lead arm up & out trail hnd on R hip, bk L trn to fc ptr;
- 8 {Lunge Break} Blend to LOP Fcg sd & fwd R rise, -, lower on R with slight RF body trn lead W to bk, rise on R with slight LF body trn to rec (W sd & bk L rise, -, XRB with contra chk like action, fwd L);

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(Continued)

9 - 18 OPENING OUT 2X;; BRK BK TO L 1/2 OPN; M ROLL ACROSS; M ACROSS BK; SPOT TRN; SHLDR TO SHLDR w/ARM 2X;; TIME STEP; HIP LIFT;

- 9-10 {Opening Out Twice} Blend to Bfly sm sd & fwd L rise comm body rotation to LOD,-, lower on L complete trn extend R ft to sd, rise and rotate bk to Bfly (W sd & bk R rise comm body rotation to match ptr,-, XLIB lower, fwd R rotate bk); cl R rise comm body rotation to RLOD,-, lower on R complete trn extend L ft to sd, rise and rotate bk to Bfly (W sd & bk L rise comm body rotation to match ptr,-, XRIB lower, fwd L rotate bk);
- 11 {Break Back To Left Half Open} Sd L rise,-, trn RF to Left 1/2 OP RLOD slip bk R flex knee, fwd L;
- 12 {M Roll Across} Fwd R,-, fwd L twd DRW comm trn LF, bk R cont trn to fc RLOD (W fwd L,-, R, L) end 1/2 OP RLOD;
- 13 {M Across Back} fwd L,-, fwd R twd DRC comm trn RF, bk L cont trn (W fwd R,-, L, R) end Left 1/2 OP RLOD;
- 14 {Spot Turn} Fwd R rise,-, fwd L flex knee trn 1/2 RF, fwd R cont trn to fc ptr;
- 15-16 {Shoulder To Shoulder With Arm Twice} Sd L rise,-, XRIF to Bjo flex knee with lead arm up palm out trail hnd on R hip, bk L trn to fc ptr; sd R rise,-, XLIF to Scar flex knee with trail arm up palm out lead hnd on L hip, bk R trn to fc ptr;
- 17 {Time Step} Sd L rise,-, XRIB (W XLIB) flex knee, fwd L;
- 18 {Hip Lift} Blend to CP sd R bring L to R,-, with slight pressure on L lift hip, lower hip;

REPEAT PART A

REPEAT PART B

REPEAT PART B MEAS 1 THRU 8

END

1 - 5 AIDA PREP; AIDA LINE & SWITCH RK; SPOT TRN; SD WALK 3; CL & LUNGE APT;

- 1 {Aida Preparation} Sd L rise to slight opn “V” shape,-, thru R flex knee comm trn RF, sd L cont trn to V Bk-To-Bk;
- 2 {Aida Line & Switch Rock} Bk R to aida line,-, trn LF to fc ptr sd L chkg bring jnd hnds thru and blend to Bfly, rec R;
- 3 {Spot Turn} Sd L rise release jnd hnds,-, XRIF (W XLIF) flex knee trn 3/4 LF (W RF), fwd L cont trn to fc ptr;
- 4 {Side Walk 3} Blend to Bfly sd R,-, cl L, sd R;
- 5 {Close & Lunge Apart} Cl L,-, trn RF (W LF) to LOP RLOD lunge sd R, sweep trail arm CCW to up & out look ptr;