SONG OF THE BEACH (Hamabe No Uta)

Music: Alfred Hause
www.cduniverse.com All About Alfred Hause - Japanese Songs
Track #11 Time 3:13
Available from choreographer

Rhythm: Waltz  Phase: V+1 (Spin & Twist)
Footwork: Opposite, except where (Noted)
Release Date: Feb 2014
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Sequence: INTRO AB AB AB END

INTRO

01-04 CP DLW LEAD FOOT FREE WAIT 4 MEASURES ; ; ; ;
   [Wait] CP DLW ld ft free wt 4 meas ; ; ; ;

05-08 WHISK ; THRU RIPPLE CHASSE ; THRU SIDE BEHIND ; ROLL 3 to SCP ;
   [Whisk] Fwd L, fwd & sd R stg rise to ball of ft to SCP LOD, XLib cont to full rise ; [Thru Ripple Chasse] Thru R trn RF, sd & slightly fwd L with slight left sd stretch/cont stretch into sway right cl L look right, sd & fwd L losing sway end SCP DLW ; [Thru sd Behind] Thru R, sd L to fc prtn, XRib (W XLib) ; [Roll 3 to SCP] Rollg LF (W RF) down LOD fwd L to fc RLOD, cl R spinning on toe to fc LOD, fwd L to SCP LOD ;

09-10 CHAIR & SLIP ; DOUBLE REVERSE SPIN ;
   [Chair & Slip] Ck fwd R w/bent knee, rec L w/ slight LF trn, sm bk R. (W ck fwd L, rec R swvlg 5/8 LF, fwd L) to CP DLC ; [Double Reverse Spin to LOD] [1,2/W1,2&3] Fwd L comg LF trn, sd R cont LF trn, spin LF on ball of R bringing L beside R w/ no wgt & keepg knees flexed (W bk R com LF trn on R heel, cont trn on R heel & cl L/sd & bk R contg trn, XLib) to CP DLW ;

PART A

01-04 HOVER TELE ; OP NATURAL ; OVER SPIN TURN to a RIGHT TURNING LOCK ; ;
   [Hover Tele] Fwd L, fwd & sd R rising & trng 1/8 RF, sd & fwd L to SCP LOD ; [OP Natural] Thru R stg RF trn, -, contg RF trn sd L in frnt of W, bk R (W fwd L, -, R, L ) to BJO RLOD ; [Over Spin Trn to a R Trng Lk] Stg RF upper bdy trn bk L pvtg 1/2 RF to fc LOD, fwd R between W's ft heel to toe cont trn leavg L Leg xtnd bk & sd, rec L (W stg RF upper bdy trn fwd R between M's ft heel to toe pvtg 1/2 RF, bk L cont trn brush R to L, fwd R between M's ft) to CP DRW ; [1&2.3] Bk R w/R sd lead comm to trn R/Ik Lif fc COH, cont R trn sd & fwd R between W's ft, fwd L (W Fwd L w/L sd lead comm to trn R/Ik Rib, fwd & sd L cont trng R Xing in frnt of M, fwd R) to SCP LOD ;

05-08 IN & OUT RUNS ; ; WEAVE 3 ; BACK BACK/LOCK BACK ;
   [In & Out Runs] Trng RF fwd R, sd & bk L to CP RLOD, bk R (W fwd L, fwd R between M's ft, fwd L) to BJO RLOD ; Trng RF bk L cont trn fwd R between W's ft, sd & fwd L (W trng RF fwd R, cont trn sd L in frnt of M, cont trn fwd & sd R) to SCP LOD ; [Weave 3] Fwd R DLC, fwd L stg LF trn, contg trn sd & bk R (W fwd L trng LF, sd & bk R to CP, contg LF trn sd & fwd L) to BJO DRC ; [Bk Bk/Lk Bk] Bk L, bk R/Ik Lif, bk L ;

09-12 OP IMPETUS ; NATURAL WEAVE ; ; CROSS PIVOT to SCAR ;
   [OP Impetus] Bk L w/ RF bdy trn, cl R [heel trn] contg RF trn, fwd L (W fwd R outsd ptr pvtg RF, sd & fwd L contg RF trn arnd M, brush R & fwd R) to SCP LOD ; [Natural Weave] Fwd R trng RF, sd L, bk R to BJO DRW ; Bk L, bk R in CP trng LF, cont LF trn fwd L to BJO DLW ; ; [Cross Pivote to SCAR] Fwd R comm RF trn, sd L cont RF trn, fwd R (W sm bk L comm RF trn, fwd R btw M's ft heel to toe pvtg ½ RF, sd & bk L) to SCAR DLW ;
13-16  CHECK RECOVER SIDE to BJO ; CHECK RECOVER SIDE to SCAR ; CROSS HOVER to SCP ; SLOW SIDE LOCK :
   [Ck Rec Sd to BJO & SCAR] XLif (W XRib) chkg, rec R, sd L to BJO ; XRif (W XLib) chkg, rec L, sd R to SCAR ; [Cross
   Hover Semi] XLif (W XRib), sd R rise, rec L to SCP DLC ; [Slow Sd Lk] Thru R, sd & fwd L to CP, cl R trng slightly LF (W
   thru L stg LF trn, sd & bk R cont trn to CP, lk Lf) to CP DLC ;

   PART  B

01-04  DIAMOND TURN ; ; ; ;
   [Diamond trn] Fwd L trng LF, compg ½ LF trnsd R, bk L to BJO ; Staying in BJO &trng LF bk R, compg ¼ LF trn sd L, 
fwd R ; Staying in BJO &trng LF fwd L, compg ¼ LF trmsd R, bk L ; Bk R in BJO trng RF, sd L compg ¼ LF trn, fwd Rto
BJO DLC ;

05-08  OP TELEMARK ; HOVER FALLAWAY ; SLIP PIVOT ; OP NATURAL ;
   [OP Telemark] Fwd L comm LF trn, sd R w/ a strong LF trn, sd & slightly fwd L (W bk R comm LF trn, cl L [heel trn],
   sd & slightly fwd R) to SCP DLW ; [Hover Fallaway] Fwd R, fwd L rise ckg, rec R to SCP DLW ; [Slip Pivot] Bk L, bk R
trng LF, fwd L (W bk R stg LF pvt on ball of ft w/thighs locked & leaving L leg extended, fwd L cont trn plc L near M’s
R ft, bk R) to BJO LOD ; [OP Natural] Repeat meas 2 Part A ;

09-12  TIPPLE CHASSE PIVOT to a SPIN & TWIST ; ; ; BOX FINISH ;
   [Tipple Chasse Pivot to Spin & Twist] Bk L comm RF trn, cont RF trn sd R/cl L, cont slight RF trn fwd R between W’s 
ft and pvt ½ RF to CP almost LOD ; Bk L pivot RF, fwd R heel to ball cont turn, sd L twds DLW (W fwd R between M’s
ft pvtg RF, bk L cont trn, cl R) ; XRib w/partial wgt/unwind RF ch wgt to R, cont turn, stp sd L DLW (W fwd L/R
around M, fwd L turn RF, cl R) to CP DLW ; [Box Finish ] Bk R, sd & bk L trng 1/4 LF, cl R to CP DLC ;

13-16  VIENNESE TURNS TWICE ; ; ; ;
   [Viennese Trns x 2] Fwd L stg LF trn, sd R cont trn, XLif to fc RLOD (W bk R stg LF trn, sd L cont trn, cl R) ; Bk R cont
LF trn, sd L cont trn, cl R (W fwd L cont LF trn, sd R cont trn, XLif) to CP DLW ; Repeat meas 13,14 Part B ; ;

REPEAT PARTS A,B

ENDING

01-04  HOVER TELE ; OP NATURAL ; OVERSPIN TURN ; BOX FINISH to DLW ;
   [Hover Tele] Repeat meas 1 Part A ; [OP Natural] Repeat meas 2 Part A ; [Over Spin Trn] Repeat meas 3 Part A ;
   [Box Finish to DLW] Repeat meas 12 Part B to DLW ;

05-08  WHISK ; THRU to a PROMENADE SWAY ; CHANGE to OVERSWAY :
   [Whisk] Repeat meas 5 Part Intro ; [Thru to a Prom Sway] [S,S,-]Thru R, Sd & fwd L twds DLC, stretch R sd gradually
to look over the jnd Id hnds usg full meas ; [Chng to Over Sway] [S] w/no chg wgt relax L knee keepg R leg
extended w/ slight LF upper bdy trn & stretch L sd both w/ hd well to L (W relax R knee & trn upper bdy slowly LF
usg full meas) ;