SONG FOR A NEW BEGINNING

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Website (with video): www.davisfam.info/~dance/  Release Date: March 2018
Rhythm: Bolero  Phase: 4
Footwork: Opposite except where W’s noted by ( )
Music: "Song for a New Beginning", from the album "Winter Poem"
Artist: Secret Garden (music available online at iTunes Music Store, AmazonMP3)
Sequence: Intro-A-Bridge1-B-C-A-Bridge2-End  Speed: increase about 8% to 48-49 rpm

INTRO
1-6  WAIT; FORWARD BREAK (CLOSING UP); FULL BASIC;; HIP LIFTS (L & R);;

1  (LOP FCG WALL, trl feet free) {wait} wait 1 meas;
2  {fwd brk} sd & fwd R,-, chk fwd L, rec bk R;
3-4  {full bas} blend to CP sd L w/ rise,-, bk R soft knee, fwd L; sd R w/ rise,-, fwd L soft knee, bk R;
S--; S--; 5-6  {hip lifts} sd L,-, draw R to L press wt on R to lift R hip, lower hip; sd R,-, draw L to R press wt on L to lift L hip, lower hip;

PART A
1-4  TURNING BASIC; OPEN BREAK ENDING; R PASS; SHOULDER TO SHOULDER;

1-2  {cp wall} {trng bas w/ op brk ending} sd L trn body RF into high line,-, bk R trn LF w/ slip pvt action, fwd L cont LF trn (sd & fwd R look R,-, slip fwd L close head to CP, sd & bk R cont LF trn) to fc COH in CP; sd R w/ no rise, -, bk L, rec fwd R (sd L,-, bk R, rec fwd L);
3  {r pass} fwd L w/ slight RF trn raise ld hnds to create window,-, XRGB of L trn RF, fwd L to fc WALL (fwd R look at ptr thru window,-, fwd L trn LF, bk R trn LF undr jnd ld hnds);
4  {shldr to shldr} trng to BFLY SCAR sd R,-, fwd L outsdt ptr, rec R;

5-8  BACK SHOU
5-7  {bk shldr to shldr} sd L,-, ck bk R, rec L to fc;
6  {rev U/A trn} sd R w/ rise,-, raise ld hnds ck thru L soft knee, rec R (sd L w/ rise,-, thru R trn LF under jnd ld hnds soft knee, rec L trng to fc ptr);
7  {prep Aida} sd L trng to "V" shape twd LOD,-, thru R, trng RF step sd L;
S--; 8  {Aida line w/ hip rks} cont RF trn bk R in Aida line,-, rk fwd L, rk bk R;

9-12  SWIVEL TO FACE INTO A FENCE LINE; REVERSE UNDERARM TURN; PREPARE

9  {swvl to fc into fence line} sd & fwd L swvl to fc ptr BFLY,-, chk thru R twd LOD, rec L;
10  {rev U/A trn} sd R w/ rise,-, raise ld hnds ck thru L soft knee, rec R (sd L w/ rise,-, thru R trn LF under jnd ld hnds soft knee, rec L trng to fc ptr);
11  {spot trn} sd L,-, thru R trn LF to fc RLOD, rec L trn 1/4 LF to fc ptr WALL in BFLY;
S--(SQQ) 12  {opng out} in BFLY small sd R trng RF,-, lower on R extending L ft to sd & shaping to ptr, rise trng to BFLY WALL (sd & bk L trng RF,-, XLIB of R lowering, fwd L rise trng to BFLY WALL);

13-16  HIP ROCK 3; 2-HAND OPENING OUT; FENCE LINE; LUNGE BREAK;

13  {hip rk 3} rk sd L,-, rk sd R, rk sd L;
14  {opng out} in BFLY small sd R trng RF,-, lower on R extending L ft to sd & shaping to ptr, rise trng to BFLY WALL (sd & bk L trng RF,-, XLIB of R lowering, fwd L rise trng to BFLY WALL);
15  {fence line} sd L,-, cross lunge R, rec L to fc ptr;
S--(SQQ) 16  {lunge brk} sd & fwd R w/ rise,-, lower on R keeping back vertical w/ slight RF trn slide L leg sd & bk, rise on R w/ slight LF trn (sd & bk L w/ rise,-, bk R under body flexing knee pointing L fwd, fwd L) end LOP feg WALL;
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BRIDGE 1

1-2 UNDERARM TURN; HIP LIFT:

- SD L (LOP FCG WALL) \{U/A trn\} sd L, XRIB of L, rec L (sd R comm RF trn under jnd ld hnds, fwd L trn RF 1/2, rec fwd R trn RF to fc ptr);
- \{hip lift\} blend to CP sd R, draw L to R press wt on L to lift L hip, lower hip;

PART B

1-4 SPOT TURN; HAND TO HAND; LACE ACROSS; BOLERO WALK 3:

- \{spot trn\} sd L, thru R trn LF to fc RLOD, rec L trn 1/4 LF to fc ptr & WALL in BFLY;
- \{hnd to hnd\} sd R, trn to OP LOD bk L, rec fwd R;
- \{lace across\} passing bhd W diag across line of progression w/ ld hnds jnd fwd L, cl R, fwd L (passing in front of M diag across line of progression under jnd ld hnds fwd R, cl L, fwd R);
- \{bolero wk 3\} in LOP pos fwsd R, fwsd L, fwsd R;

PART C

1-4 SPOT TURN; HAND TO HAND; LACE ACROSS; FACE FOR SWAY R, & TWIRL 2:

- \{spot trn\}\{hnd to hnd\}\{lace across\} repeat Part B, meas 1-3, beginning fcsd COH & progressing toward RLOD;;;
- \{fc for sway R & twirl 2\} trn to fc ptr & WALL sd R w/ sway, raise ld hnds sd L leading W to twirl RF, XRIF of L (trn to fc ptr sd L w/ sway, twirl RF under jnd ld hnds R, L);

5-8 HIP CHECK LUNGE & LADY REV TWIRL (into an); OPEN VINE 4; NEW YORKER; PROMENADE SWAY, SLOW R LUNGE & HOLD;

- \{hip chk lunge & W rev twirl\} lunge sd L chkg W w/ R hnd on her R hip, raise ld hnds rec R leading W to twirl LF, cl L (lunge sd R chkg, twirl LF under jnd ld hnds L, R);
- \{op vine 4\} sd R, thru L to LOP pos RLOD, trn LF to fc ptr sd R, trn LF to OP pos LOD bk L;
- \{NY\} trng RF to fc ptr sd R cont RF trn w/ rise to fc RLOD, ck thru L soft knee, rec R trn LF to fc ptr;
- \{prom sway, slo R lunge & hold\} sd L into prom sway pos, sd R bending R knee to R LUNGE pos,;

PART A

1-4 TURNING BASIC; OPEN BREAK ENDING; R PASS; SHOULDERS TO SHOULDERS;

5-8 BACK SHOULDERS TO SHOULDERS; REVERSE UNDERARM TURN; PREPARE AIDA; AIDA LINE w/ HIP ROCKS;

9-12 SWIVEL TO FACE INTO A FENCE LINE; REVERSE UNDERARM TURN; SPOT TURN (BFLY); 2-HAND OPENING OUT;

13-16 HIP ROCK 3; 2-HAND OPENING OUT; FENCE LINE; LUNGE BREAK;

BRIDGE 2

1 SLOW SIDE, MAN CHECK FORWARD (LADY DEVELOPE);

- \{slo sd, M chkg fwd (W develop\}) sd L blending to BFLY DLW, chk fwsd R outsd ptr, (sd R w/ small LF trn, bk L bring R ft up L leg to insd of L knee, extend R ft fwsd);
END

1-4 SLOW BACK (LADY REV TWIRL); FORWARD BREAK (CLOSING UP); TURNING BASIC (to a); SLOW R LUNGE & HOLD;

1 (BFLY DLW) (slo bk (W rev twirl)) rec L,-, raise ld hnds leading W to twirl LF small sd R, cl L (fwd R,-, twirl LF undr jnd ld hnds L, R);
2 (fwd brk) sd & fwd R,-, chk fwd L, rec bk R;
3 (trng bas) sd L trn body RF into high line,-, bk R trng LF w/ slip pvt action, fwd L cont LF trn (sd & fwd R look R,-, slip fwd L close head to CP, sd & bk R cont LF trn) to fc COH in CP;
4 (slo R lunge & hold) sd R bending R knee to R LUNGE pos,-,-;